

# COMMUNITY

## Jaycees sponsor Santa visits

The Back Mountain Jaycees will hold Santa Claus visits in the Back Mountain area during the month of December. Santa Claus will visit the homes of children up to 8 years of age.

Donation will be \$5 per child and canned goods are needed for the community Food Bank. A small gift will be provided for each child. Please provide the following information:

name, address, phone number, children's name, sex and age and directions from the Dallas Post Office to your home.

Mail to Back Mountain Jaycees, P.O. Box 217, Dallas, Pa. 18612, or call 823-2500 or 288-4884. Someone will contact you to let you know the date and time of Santa's arrival.



**TOP BOOK PRINTS AT OFFSET** - Shown last week during an author's visit to Offset Paperback in Dallas were, from left, Gary Moyer, Joe Makaewicz, Tony Hillerman, the author, Richard Long, Larry Chaban. Photo contributed.

## 'A Thief of Time' author visits Dallas Offset for autographs

Offset Paperback Mfgs. Dallas, has started production of Harper and Row Publishers first venture into the mass-market paperback industry.

"A Thief of Time," by Tony Hillerman, rolled off the presses last Thursday for the first time while the author was on hand to sign the first editions.

Dennis Nusall, technical sales

representative at Offset Paperback, stated "Harper wants to put a real dent in the mass paperback market (soft-cover, pocket sized paperbacks) by coming up with a group of selected authors and more attractive book covers."

Offset was chosen recently by Harper and Row's new paperback division to produce six titles each month.

## Religious services

**COMMUNITY CHURCH OF DALLAS** (across from Chapel Lawn Cemetery on Harveys Lake Memorial Highway.) 675-3723. Pastor Dale S. Brown. SUNDAY, 9:45 a.m. Sunday School; 11 a.m. Morning Worship, (Jr. Church and Nursery); 6 p.m. Family Bible Hour. WEDNESDAY, 6:00-8:00 p.m. AWANA clubs (age 3-6th grade); Thursday, 7:00 p.m. Prayer Fellowship.

**DALLAS UNITED METHODIST CHURCH** - 4 Parsonage St., Dallas. 675-0122. Rev. Michael A. Bealla, Pastor. SUNDAY, Morning Worship 10:30 a.m., Church School 9:00 a.m.

**THE FELLOWSHIP EVANGELICAL FREE CHURCH** - Hildebrandt Road, Dallas. 675-6426. Pastor, Rev. Dwight Hodne; Assistant Pastor-Minister of Youth, Rev. John Butch Jr. - SUNDAY, 9 a.m. Morning Worship, also a Junior & Beginners Church; 10:30 a.m., Sunday School; 7 p.m., Informality & ministering to one another sets this service apart. Nursery is provided for all services; WEDNESDAY, 7:30 p.m., Prayer and Worship; THURSDAY, 9:15 a.m., Women's Bible Study with nursery provided; 7 - 8:30 p.m., F.C.Y.F. weekly youth meeting with in-depth Bible Study.

**FIRST ASSEMBLY OF GOD CHURCH** - 340 Carverton Rd., Trucksville. Pastor Tim Tanner. SUNDAY, Sunday School, 10 a.m.; Morning Worship, 11 a.m.; Sunday, 6:30 p.m.; WEDNESDAY, Family night, 7 p.m.

**GATE OF HEAVEN CHURCH** - Machell Ave., Dallas. 675-2121. Pastor, William Cusick; Assistant Pastor, Michael Sullivan. Mass Schedule: SATURDAY, 5 p.m.; SUNDAY, 7, 8:30, 11 a.m., 12:15 p.m.; MONDAY, Novena Devotions and Mass, 7:30 p.m., Rosary at 7:15 p.m. CONFESION; Saturday, 4 - 4:50 p.m.

**HUNTSVILLE CHRISTIAN CHURCH** - (1 block west of Huntsville Reservoir Dam, RD 4, Box 197, Dallas. 675-0611, Pastor Cliff Jones. SUNDAY, Worship service 9:30 a.m., Sunday School 11 a.m.

**IDETOWN UNITED METHODIST CHURCH** - Pastor, Rev. Michael Shambora; Layleader, Mr. Henry Bergstrasser. 10 a.m., Church Worship; Sunday School, 11 a.m.

**JACKSON UNITED METHODIST CHURCH** - Pastor, Rev. Michael Shambora.

SUNDAY: 8:45 a.m. Church Worship; 8:45 a.m. Sunday School.

**KUNKLE UNITED METHODIST CHURCH** - RD 1, (Kunkle) Dallas. 675-0556. Pastor, Rev. Michael Willis. SUNDAY Church service starts at 9:45 a.m. Sunday School Classes for all ages 10:45 a.m.

**LEHMAN UNITED METHODIST CHURCH** - Pastor, Rev. Michael Shambora.

Layleader Mr. Don Weidner; 10 a.m. Sunday School; 11:15 a.m. Church Worship.

**PRINCE OF PEACE EPISCOPAL CHURCH** - Main St., Dallas. 675-1723. The Rev. John S. Prater, Rector. SUNDAY, Holy Communion, 8 a.m., Holy Communion, 10 a.m., 1st, 3rd, and 5th Sunday; Morning Prayer, 10 a.m.; Church School 10 a.m.

**ST. PAUL'S LUTHERAN CHURCH** - 196 N. Main St., Shavertown. 675-3859. Pastor, Rev. Harold R. Baer, Jr. Service of Worship, 8:30 a.m. and 11:00 a.m.; Church school 9:45 a.m.; Adult Bible study Thursday eve. 7:00 p.m.

**ST. THERESE'S CHURCH** - 64 Davis St., Shavertown. 696-1144. Pastor, Rev. Joseph F. Meighan; Deacon, James P. Feerick. DAILY MASS, 8:30 a.m. SATURDAY, 4:30 p.m.; SUNDAY, 7:30 a.m., 9 a.m., 11 a.m.; Holy Day, Vigil: 7:30 p.m. Day: 9:00 a.m. & 4:30 p.m.; CONFESIONS: Daily at 8:15 a.m.; Saturday, 3:45 p.m. to 4:15 p.m. Rectory hours, M-F, 9 a.m. - 5 p.m.

**SHAVERTOWN UNITED METHODIST CHURCH**, 163 N. Pioneer Ave., corner of West Center St., Shavertown. 675-3616. Pastors, Rev. James A. Wert, Rev. Harriet L. Santos. Music Director, Rosendo E. Santos. SATURDAY: 5:30 p.m., Chapel Service. SUNDAY 9 a.m. Chapel Service; 9:30 a.m. Sunday School for all ages; 11 a.m. Worship Service; 6:00 p.m. Children's Choir TUESDAY: 7:00 p.m. ToughLove Meeting; WEDNESDAY: 9:30 a.m. Back Mt. Community Women's Fellowship; 7:30 p.m. Bible study; 7:30 p.m. Chancel Choir rehearsal. THURSDAY: Bible studies at 10:00 a.m. and 7:30 p.m.

**TRINITY UNITED PRESBYTERIAN CHURCH**, 105 Irem Rd., Dallas. 675-3131. SUNDAY: Church School for all ages, youth choir rehearsal; 9:30 a.m. - 10:45 a.m., Superintendent, Mary Chappell; Morning worship at 11 a.m. (Nursery provided). TRINITY NURSERY SCHOOL - Monday thru Thursday, 9-11:30 a.m.; 11:30-2 p.m.

**TRUCKSVILLE FREE METHODIST CHURCH**, 370 Carverton Road, Trucksville, Pastor Rev. Warren W. Hoover, 696-2535. SUNDAY: Sunday School at 9:30 a.m. Morning Worship Service at 10:45 a.m. Sunday Vesper Service 6:30 p.m. Prayer Service 7:30 p.m. Wednesday.

**TRUCKSVILLE UNITED METHODIST CHURCH** - Church Rd., Trucksville. 696-3897. Pastor, Rev. Shillabeer. SUNDAY, 9:30 a.m. & 11 a.m. morning services Sunday School 9:30 a.m. all ages.; Coffee fellowship; 10:30 a.m. UMYF, 7 p.m. Sundays, Bible Study 10 a.m. Thursdays.

**VERNON BAPTIST CHURCH**, "Independent" Rt. 292, Vernon, RD 2, Box 114, Tunkhannock, Pastor, James A. Cummings, 333-4935. SUNDAY, Sunday School, 10:45 a.m., Morning Worship 10:45 a.m., Evening Worship 6:00 p.m. WEDNESDAY, Family night Bible studies and clubs, 7 p.m.



## Troop 281 raises food for needy

Members of Boy Scout Troop #281 from Dallas recently participated in the 1989 Scouting for Food Good Turn, coordinated through the Penn Mountains Council. More than 400 cans and foodstuffs were collected to be distributed to needy families throughout the Thanksgiving holiday.

Shown at time of collection are, from right, first row, David Ertley, Ben Sappe, Randy Hozempa, Eric McTague, Jared Dukas and

David Petrikonis. Second row, in chairs, are, David Pelton, Donald Hosey, Tim Raub, Greg Riley, John Tomedi, Brian Achuff, Charles Wasserott V, and Dean Evans. Third row, Charles Wasserott IV, Scoutmaster; Chris Welch, Eric St. Clair, Craig Bowersox, Richard Sylvia, Chad Williams, David Townsend, James Galliford, John St. Clair, Junior Assistant Scoutmaster and John Achuff, Assistant Scoutmaster. Throughout the council scouts collected 27,724 cans of food.

## The Jean Store

Gerald Ave., Dallas  
675-5069

Hours 10 - 6 Mon. - Sat.  
Everything Must Go To The Walls

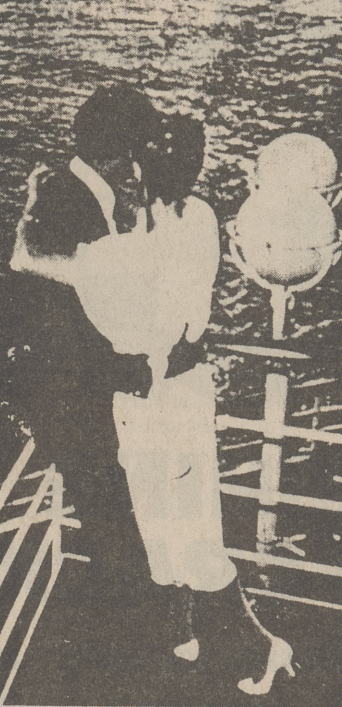
**GOING OUT OF BUSINESS SALE**

All Jeans, Shirts, T-shirts, etc.

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## TRAVEL AGENCY

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675-8282



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DR. ROBERT GREENHALGH PRESENTS

# TO YOUR HEALTH

## Cosmetics - How to protect your skin from them

I've heard that some ingredients in cosmetics can cause skin problems or allergic reactions. Which ingredients should I avoid?

Most cosmetics companies extensively test their products before making them available to the public. Relatively few products cause problems except in some sensitive people.

One ingredient that has received some attention because of its skin sensitization or allergic effects is PABA (para-aminobenzoic acid), familiar to us as the chemical sunscreen in suntanning lotions. PABA is often put into make-up base and lipstick today because of all the recent attention given to the dangers of too much sun exposure. PABA also prevents breakdown of the cosmetic itself. Although it's convenient to have a sunscreen included in your make-up, PABA can cause a skin rash that looks like a sunburn.

If you suspect PABA is irritating your skin, check the label to find out which of the several formulations of PABA it is. Then either find a make-up with a different PABA formulation (your pharmacist can help you with this) or with a different sunscreen altogether, or buy make-up without sunscreen and find a separate sunscreen that you tolerate well.

A second cosmetic product that has received attention lately is the glue used to apply artificial nails. Many dermatologists say they're seeing increased instances of in-

flammation in the nail area due to increased use of fake nails by both men and women. If you experience even slight irritations, discontinue using the nails. If the irritation remains or gets worse, it's best to see a dermatologist rather than to try to treat it yourself.

Perfumes and colognes can irritate your skin, as can the fragrance in lotions or make-up bases and lipstick. The fragrance problem is easier to avoid than it used to be, because several cosmetics companies now make fragrance-free product lines.

Other products that cause skin reactions in some individuals include eye shadow and other eye make-ups, antiperspirants, and hair dyes. Formaldehyde, that ubiquitous substance found in many household products, may also be found in cosmetics, and can cause a number of different reactions, including eye irritations and headaches.

If you suspect that you are sensitive to some ingredient in your cosmetics, the only way to determine which product is the culprit is trial and error. If the condition persists no matter which product you use, a dermatologist may be able to help you to find other causes. Stress and environmental factors can also cause skin irritations.

Some so-called hypoallergenic make-ups may actually contain potential irritants such as preservatives in the form of vitamin C and E. To get a list of truly nonallergenic cosmetics, you can write to the Asthma and Allergy Foundation of America, 1302 18th St. NW, Suite 303, Washington, D.C. 20036.

This health awareness is brought to you as a service to the Back Mountain community by Robert Greenhalgh, M.D. Dr. Greenhalgh is a Back Mountain physician who offers general pediatric, gynecology, and geriatric medical care, on a personal basis. Board-Certified in Family Practice, he is on staff at Mercy, Nesbitt, and Wilkes Barre General Hospital.

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