

SPORTS

Lake-Lehman Sports Roundup

By CHARLOT M. DENMON
Staff Writer

FIELD HOCKEY SHUT OUT

The Crestwood Comets shut out the Lady Knights 4-0 last Wednesday at the Lehman field to assure a tie and come within one game of taking the Wyoming Valley field hockey title for the second consecutive year. The Comets were to play GAR Friday but the game was postponed because of the weather.

Jen Sinco sparked the Comets with two goals and two assists. She scored the first one off an assist by Sue Hudock, then Pam Nicholson scored the second goal off an assist from Sinco.

In the second half Sinco scored unassisted and Dawn Aufero ended the scoring when she took an assist from Sinco and knocked it in to move the score to 4-0.

KELLY STRIKES FOUR TIMES IN WIN

The Black Knights soccer team shut out Wyoming Area 6-0 last Tuesday in the game played on the Warriors field.

Brian Kelly scored four goals and Glenn Nilsson scored two and added an assist to pace the Knights to their 6-0 win. Nilsson scored the first goal unassisted at 4:21 in the first half, then scored a second one unassisted at 10:40 in the first period. Kelly scored his first goal in the second period, and three more in the third period. He scored two of them unassisted and scored one off an assist by Nilsson and one off an assist from Rob Miroslaw.

VOLLEYBALL NOW HAS 9-2 RECORD

Lake-Lehman girls volleyball team ran their record to 9-2 last Thursday when they defeated the Wyoming Warriors 15-3, 15-2, paced by Karen Stefanowicz, who had five kills. Melanie Raspen and Jill Smigelski helped in the win with four kills each.

The Lake-Lehman jayvees also won, defeating the Warriors 15-9, 15-1.

CROSS COUNTRY WINS TRI-MEET

In a tri-meet with Tunkhannock and Pittston, the Knights ran their record to 12-4 by defeating the Tigers 26-31 and the Patriots 19-38.

Charlie Jacoby came in first for the Knights eight seconds in front of his team mate Jim Hutchins. Jason Yencha finished fourth for the Knights, Jim Rogers came in sixth, Eric Cambell ninth.

Dallas Sports Roundup

FIELD HOCKEY TOPS ABINGTON HEIGHTS

Goals by Wendy Hozempa and Sue Richardson combined with some outstanding saves by Molly Connolly led the Dallas field hockey team to a 2-0 shutout over the Abington Heights Comets last Wednesday.

Both teams went without a score until less than three minutes remained in the first half and Hozempa found a hole in the Comet defense and scored unassisted to give Dallas a 1-0 lead.

Halfway through the second half, Sue Richardson took an assist off Hozempa and scored the Mountaineers' second goal.

The win moved the Lady Mountaineers to 11-2 and were scheduled to play Wallenpaupack Friday but the game was delayed due to inclement weather.

VOLLEYBALL LOSES TWO

Dallas girls volleyball team dropped to 6-5 last week when they were upset by Pittston Area in three games, Tuesday, and swept by Tunkhannock Thursday by big scores.

The Tigers swept the Lady Mountaineers 15-6, 15-3 led by Amy Houseknecht and Diane Hayden who each had eight points. Houseknecht also had eight kills and two other Tigers added five apace.

Earlier in the week Pittston Area upset Dallas in three games 15-10, 6-15 and 15-13 on the Dallas floor.

Aria Pearson had nine kills and two aces and Wendy Cave had three aces and two kills. Ann Fauls added four kills and an ace.

OLIVER FINISHES FIRST

Steve Oliver came in first in last Tuesday's cross country tri-meet with Wyoming Area and Hazleton but it wasn't enough as three Warriors placed second, third and fourth to finish with wins over Dallas and Hazleton. The Mountaineers picked up one win by defeating Hazleton 15-49.

Matt Samuels came in fourth for Dallas, J. Smith placed seventh, Rogers came in eighth and Jones ninth.

In the girls meet Gretchen Schuler took first for Dallas but Hazleton defeated Wyoming 25-30 and Dallas 27-28. The Dallas Mountaineers captured one by taking Wyoming 27-28. Lynn Baluh, Kerry Burke, Chris Gladey and Cindy Delinsky also placed in the top runners for Dallas.

The win moved the girls to 8-7 in the standings.

Luksic plays important role for King's team

At 6-8, Dallas High School graduate Mike Luksic is the tallest player on the King's College basketball roster this season.

Thanks to the Eagle System in the King's gym, Mike has increased his weight by 20 pounds since his freshman year and is much stronger.

"Mike should help us under the boards in his sophomore season," observed Coach Ken Atkins.

"He gained good experience with our junior varsity under Coach Skip Millford last season and also gained limited varsity experience," he added.

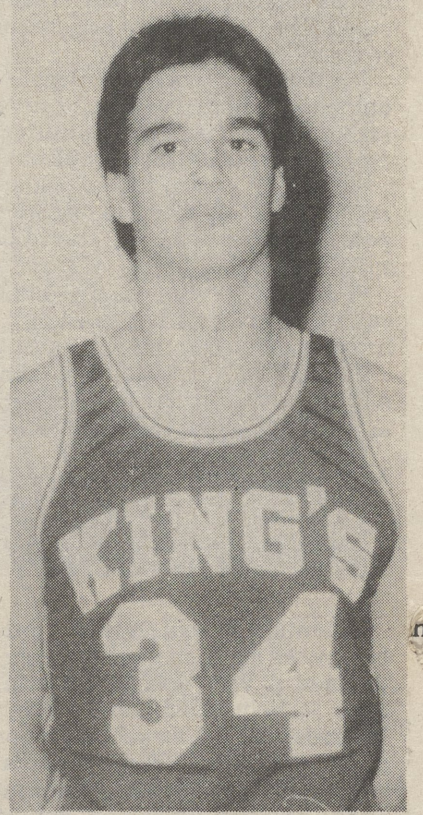
Coach Atkins admits he will have one of his youngest teams in seven years with no seniors on the squad.

But he feels his sophomores gained valuable experience as freshmen and several were starters.

"Our co-captains are both sophs in John Snyder from GAR and Jeff Thomas out of Hanover Township Area.

Luksic expects to see the Kingsmen tangle with a big Scranton team for MAC honors, although the Crusaders from Syracuse, defending MAC champions, are loaded to repeat.

"If our young players can produce, King's could be tough to



Mike Luksic

handle this season," commented Luksic.

Late sports results

DALLAS FIELD HOCKEY WINS 5-2

Dallas girls field hockey team downed Wallenpaupack's hopes for a playoff spot Monday when they defeated the Buckhorns 5-2.

Renee Strauser scored two goals for the Mountaineers, one that tied the score at 2-2 five seconds before the first half ended and the winning goal 33 seconds into the second half. Sue Richardson and Amy Shelly each scored a goal in the second half to add insurance points for the Dallas team.

The Buckhorns only hope to make the playoffs is to have Tunkhannock defeat Tunkhannock this past Tuesday. A loss by Seminary would tie them with Paupack forcing a post-season playoff for fourth place.

KNIGHTS FIELD HOCKEY EARNS PLAYOFF SPOT

Lake-Lehman earned a playoff spot Monday by edging Berwick 3-2 in overtime when Tracy Wargo scored for the Knights at 6:51 in the overtime period. It was Wargo's second goal of the game having

tied it at 2-2 with a goal 21:30 to send the match into the extra period.

Wendy Skibitsky scored a goal off an assist from Wargo in the first period and Trudy Wandel set up the winning shot for Wargo in the overtime.

The Knights with an 11-3-1 record may tie Wyoming Seminary for third if the Blue Knights defeat Tunkhannock. A win by Seminary Tuesday (yesterday) will force a playoff between the Black Knights and the Blue Knights.

DALLAS SOCCER TEAM FINISHES UNDEFEATED

Dallas soccer team defeated Wyoming Valley West 3-1 Monday to end the season undefeated. Ken Klimovitz scored two goals for the Mountaineers, the first off an assist by Jeff Tinner at 9:44 in the game and his second goal unassisted in the second period. Brian Fett scored the other goal for Dallas off an assist by Masley with 33 seconds left in the first period. The win gave the Mountaineers their division title and advanced them to the playoffs.

KNIGHTS SOCCER WINS

Lake-Lehman soccer team shut out Seton Catholic 4-0 Monday to earn a spot in the playoffs. Glen Nilsson scored two goals, one off an assist by Kelly and one unassisted. Brian Kelly scored off a short pass by Rich Lamoreaux in the third period of the game to insure the Knights win. Jason McDade scored the other goal for the Knights taking an assist from Nilsson.

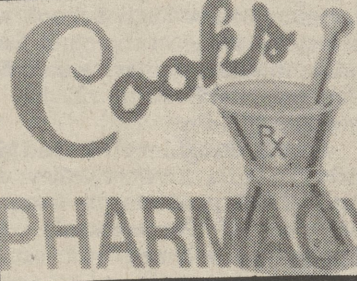
The Knights were scheduled to play Wallenpaupack Tuesday for a wild card spot in the playoffs.

DALLAS UPSET BY VALLEY WEST

Kim Kester had seven serves for Valley West to lead the team in a 2-1 upset over Dallas girls in volleyball Monday.

The Lady Spartans had games of 15-1, 4-15, and 15-9 in defeating Dallas.

Excellent defense by Sue Moran helped the Spartans take the game.

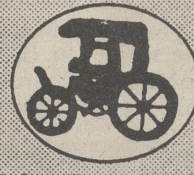


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Correction

The copy in the Dallas School District Ad in the Oct. 18 edition should have read:

"The Dallas Board of School Directors, Administration, Faculty and Students take pride in being associated with The Dallas Post's 100th Anniversary Edition."

Attention: Harveys Lake Voters

We need a change of leadership on the Harveys Lake Council.

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Bill Mann
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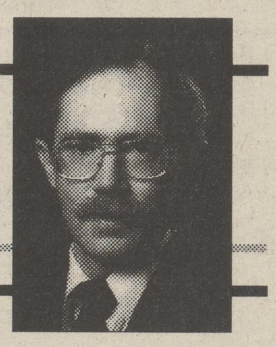
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DR. ROBERT GREENHALGH PRESENTS

TO YOUR HEALTH



Otitis Media - Middle Ear Infections

Why are my children so prone to ear infections?

The ear infections your child suffers from are most likely middle ear infections, known as otitis media. Middle ear infections, which affect half of all children by age one, and ninety percent of them by age six, is a swelling or infection of the middle ear. The problem is caused by any one of a variety of bacteria or viruses, or by allergy or fungus. Often there is a cold or throat infection before the onset of the middle ear infection.

Bacteria and viruses get into the middle ear through the eustachian tube, which opens into the mouth and throat. A cold or sore throat can prevent the tube from draining normally, and a blocked tube is the perfect place for bacteria or viruses to grow. In some cases, the increased pressure of the fluid within the middle ear can force infection into the porous mastoid bone next to the ear, or break the eardrum. The combination of a small eustachian tube and a relatively immature immune system makes children more prone to middle ear infection.

Middle ear infections can be very painful with symptoms that include a sense of fullness in the ear, fever and hearing loss. Hearing is affected when the accumulated fluid prevents the eardrum from vibrating—necessary for transmitting sound into the interior portions of the ear.

Otitis media is never a problem to be treated lightly, because if hearing is impaired for any length of time, a child can quickly get behind in learning and language skills. Otitis media is the most common cause of hearing loss in children.

Antibiotics are used successfully in treating otitis media in most children. However, in children who have stubborn or recurrent middle ear problems that affect hearing and classroom learning, a minor surgical procedure to drain the fluid may be necessary. Some children may, at that time, require the placement of a tiny tube through the eardrum that provides continuous drainage for as long as the tube remains in place, usually between 6 months to a year.

This health awareness is brought to you as a service to the Back Mountain community by Robert Greenhalgh, M.D. Dr. Greenhalgh is a Back Mountain physician who offers general pediatric, gynecology, and geriatric medical care, on a personal basis. Board-Certified in Family Practice, he is on staff at Mercy, Nesbitt, and Wilkes-Barre General Hospital.

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