Wednesday, April 12, 1989

Dallac DA

The Dallas Post 10

Dallas, PA

SPORTS

Lake-Lehman volleyball team faces rebuilding year

Madaadau Amil 40 400

By CHARLOT M. DENMON Staff Writer

The Dallas Post

"We re a young team with very little experience, so we are entering as many tournaments as we can in order to gain experience," Coach John Baranowski explained about his boys volleyball team, who had a 3-1 record going into this week.

The Knights, who have been practically unbeatable for the past several years, lost all but one starter through last June's graduation. The lone returning starter is John Baranowski, the coach's son.

Two weeks ago the Knights played in the Northeastern York Tournament where they finished third on their court, then moved over to play second place Northeastern York and were defeated.

the top three.

"In these tournaments, if you finish below third place you never know what or where you placed," Baranowski explained.

There are 30 boys out for this year's team with only Baranowski a returning starter. Others showing good potential are Michael Paraschak, middle; and David Callahan, setter and outside; juniors Jason Kirchner, hitter; Mike Taylor, playing for his first year; Rob Miroslaw, Mark Stroud, back row passer and Mike Kukosky, defense.

There are also sophomores Ben Haughney, middle; Jason Turner, passer and possible setter; Chris Tawes, who has a nice serve; Mike

This past week, the Knights went Doerfler, defense; and Brian Marto York to play but did not finish in uca, a hard worker, possibly able to play back row, or front row, middle.

"We need sharpening of our skills and more swiftness," Baranowski said.

The Knights lost three All-Staters in Allen Andes, Alex Frederick and Eric Maruca, and Andy Sabalusky and Rocky Lopasky, leaving the team with no experience. Baranowski has a nice group of sophomores and some hard-

working freshmen. He has two good assistants in his wife, Jeris, who is a former girls coach, and volunteer assistant Chuck James, former player.

The Knights were scheduled to play Tunkhannock, Tuesday, April



Gate of Heaven cheerleaders compete at Hoban

The Gate of Heaven cheerleaders placed fourth in a recent West Side League competition at Bishop Hoban High School, Wilkes-Barre. They also cheered the boys basketball team (League Chamions) to victory throughout the school-year competitions.

Kneeling, first row: Megan Heffron, Captain; Maria Farris, Co-captain.

Second row, from left, Melinda Henry, Corin Schall, Melanie Kuniskas, Amy Jones, Lori Scott. Third row, Sr. Davida, Principal; Deborah Gregor, Amy Beth Hannigan, Amy Beardsworth, Kelly Dowd, Maria Hosey, Mrs. Jackie Heffron, moderator.

DALLAS BOYS PRACTICE-Dallas Senior High boys volleyball practice their skills to prepare for their game with Coughlin last night and for Pittston Area set for Thursday. (C.M. Denmon Photo)

Hurt by graduation, Dallas volleyball team off to slow start

By CHARLOT M. DENMON Staff Writer

Dallas Volleyball Coach Donna Trebilcox has 19 athletes out for the boys senior high volleyball team this season, but only two are returning starters.

"Senior Greg Steuben was a starter on last year's team and Eric Nardone, a junior, saw some action on last year's varsity," Trebilcox said. "This year's team is a new one and with little experience. Last year our record was 5-8 and we're hoping to better that, but we got off to a bad start and are currently 0-4."

Two of the games lost by Dallas, to Crestwood and Hanover, were close but the Mountaineers also lost to North Pocono and LakeLehman, two of the strongest teams in the league.

This year's squad includes Steuben and Nardone, Dave Zachary, Charles Lamoreaux, Myron Pitcavage and Tom Mertz. Other players are Joe Boyle, senior; Ron Fitch, Matt Campbell, Dave Crake, Dave Shumway, juniors; Mark Lubinski, and David Matthews, seniors; Mark Lamoreaux, Scott Bearley, Pete McDonald, Ned Palka, Brian Miller and Jeff Polachek, freshmen.

Trebilcox explained. "This year's team is well-balanced. We have no one outstanding player. Myron and Dave are setters but in the 6-2 format we play, we can also use them as hitters. Greg and Eric are power hitters and blockers and Tom and Charlie are good utility players. Bill Boyle is often used to sub in hitting and can play the back line position." Volleyball is a very difficult game, it is a different type of sport and it takes some of our boys who excel in other sports time to adjust to it."

Mrs. Trebilcox is in her third year of coaching the boys team and is also coaching the College Misericordia women's team. It is only in recent years that volleyball has become competitive. Trebilcox has attended clinics and seminars, watched exceptionally good teams and has read books about the sport.

The Mountaineers played Coughlin last night and are scheduled to play Pittston at home tomorrow (Thursday) at 4:30 p.m.

Bowling notes

Steve Vigorito hammered the pins for a 725 series, 256-278-191, in the Roth Novelty Classic Men's Leágue last week to lead Back Mountain Coffee in taking all from Newell Fuel. Jarrett Roan added 218 (580) and Ken Orkwis hit 577. Larry Lavelle rolled 217 (529) to aid in the win. K. Spencer, Jr. rolled 235 (602) and Bo arfoss hit pins for 549 for the fuel boys. Hartman Insurance took all three points from Valley Chevrolet with the five members hitting in the 500's. D. Moore hit 246 (563), D. Prynn 220 (565), R. Strazdus 544, Red Harned 542 and B. Harris 568. The car dealer men were paced by R. Clemow's 220 (589), J. Brady Jr. 547, and Glen Mazer 210 (521). Noon's Service made it 2-1 over Bonanza Beverage led by M. Schmoll's 228 (571). The beverage men were paced by R. Andrasko's 241 (572) and A. Faux' 545. The Locker Room copped two points from Triangle Building team paced by Gary Mazer's 215-242 (617), K. Spencer, Jr.'s 583, Ken B.'s 215-248 (610) and F. Tregan's 574. Fieldhouse picked up two points from Gino's Shoes led by J. Grohowski's 540. T. Doughton's 217 (556) was high for the shoe dealer. In the Ladies Country League Grotto Pizza moved into first place by half game by taking three points from Back Mt. Bowl while Castlettes droped to second by splitting evenly with G.H. Harris. Faux Inn remained in third spot by copping three points from Fashion Vending. Nancy Stredny rolled 196 for the inn team. Goody Two Shoes shut out Tiger Lilies in Back Mt. Barriettes League paced by B. Doletski's 473 and X Marks the Spot took three from Alf's. Monday Nite Blues divided 2-2 with Desirables sparked by M. Faux' 180-177 (526) and E. Feher's 196 (494). Essie Brady toppled pins for 190 and M. Carkhuff hit them for 176 for the Desirables In Back Mt. Farmers League Dean Doty's 567 paced the Chickies in taking all from the Turkeys whose Sharon Mathers rolled 471 and Connie Doty added 178. Ugly ducklings blanked the Longhorns despite the Longhorns D. Neiman rolling 491. L. Coolbaugh hit the pins for 552 and P. Coolbaugh posted 179 to lead the Mules to four points from the Black Sheep who were paced by W. Lathrop's 506. The Barn Cats and Thoroughbreds split evenly with the cats H. Dickinson hitting the high game with 17 Alfalfa shut out Spanky in Our Gang League sparked by Ken Bevan's 233-216-237 (686) and A. Novak's 559. Marie Carkhuff gave 188. T. Considine hit 535 for Spanky. Butch took all from Chubby led by B. Searfoss' 584 and Millie Dingle's 171. L. Searfoss rolled 175 for Chubby. Wheezer picked up three from Stymie paced by M, Carkhuff's 218 (534) and Sandy Daly's 180 (505). F. Tregan hit 241 (563) for the losing five and Darlene Hudak hit 174. Buckwheat copped three from Porky with neither team hitting high scores. In two weeks of bowling in the Quartet League the Chosen Few took three from Hi Fives and divided 2-2 with Rolling Stones. Jane's Guys picked up three from Rolling Stones and three more from the Hi Fives. High scorers were few with Jane Cummings hitting 194 and 170, Stanley S. 546, and Rockv G. 500.

McNeely's 184 and C. Smith's 170. Back Mt. Bowl picked up three points from G.H. Harris paced by A. Pickering's 171 and K. Scavone's 474 while Grotto Pizza took three points from Fashion Vending sparked by M. Faux's 183-196-177 556) and J. Lamoreaux's 180.

In the Back Mt. Barriette League the Desirables blanked the Tiger Lilies aided

the Stones. The Chosen Few picked up three points from Jane's Guys paced by Beth S.'s 177 while J. Cummings 191 was high for the Guy's five.

CIDNA LAOT AND BY

In Our Gang League Butch blanked Stymie helped by B. Searfoss' 563. F. Tregan rolled 597 for Stymie but it wasn't enough. Chubby took three from Alfalfa aided by D. Jenkins, Jr.'s 231 (592) and Linda Searfoss' 180 (472), D. Bevan hit 210. K. Bevan's 214 (582) was high for the losing team. Porky picked up three from Wheezer paced by D. Moore's walloping 234 (615) while Spanky divided equally with the Buckwheat team with no one on either team able to hit high scores. Black Sheep took four from the Thoroughbreds paced by W. Lathrop's 249 (634) and M. Delaney's 200-202 (590) in the Back Mt. Farmers League. R. Ockenhouse'S 504 was high for the losing team. The Mules copped three from the Barn Cats led by N. Kozemchak's 172 and the Longhorns made it three over the Turkeys sparked by S. Vigorito's 235-227 (630) and D. Neiman's 196 (528). The Turkeys 175 (471) for the Pins

had A. Hospodar's 172, C. Doty's 1/2-190 (504) and D. Williams 506. The Chickies dropped three points to the Ugly Ducklings despite D. Doty and R. Rood rolling 528 series. J. Grohowski set the pace for the ducklings with 214 (614).

Alley Cats blanked the Roadrunners in the Native Textiles League led by E. Smith's 215 (574) and Joan Teetsel's 170 (494). Despite Besta outscoring the Suds in all games, they had to forfeit four to the Suds due to the absence of three of their (Besta) bowlers. T. Johnson rolled 514 and S. Johnson hit the pins for 210 (522). Ray Pick led the Suds with 515. Ringers took all from the Beer Bowlers aided by J. Brady Jr.'s 213 (574) and Tammy Muntz's 186 (520). Pinheads copped three and a half games from the Sandbaggers paced by R. Strazdus' 511. Ballbusters picked up three from Wild Pins aided by R. Clemow's big 245-229 (663) and B. Clemow's 170-183-177 (530) and K. Howell's 174. L. Wolfe rolled 226 (550) and Jayne Ide hit



RESULTS FROM APRIL 5

Faux Inn shut out the Castlettes in the Ladies Country League led by M.

by E. Brady's 173-174 (494) and B. Ishley's 176 (494). X Marks The Spot took all from Goody Two Shoes led by T. Williams 193-170 (508) and Alf picked up three points from Monday Nite Blues paced by Johnson's 179 (501) and C. Smith's 172. B. Price rolled 201-180 (519) and E. Feher hit pins for 185 (483) for the Blues

Cardinals shut out the Chickadees in the Bowlerettes League helped by N. Moser's 182-185 (516) and D. Davis' 199 (488). The Cockatiels copped three from the Woodpeckers led by L. Jolley's 181.

In the Quartet's League Hi Fives shut out the Rolling Stones led by I. Katyl's 168-168 (468) despite Tom M. rolling 174 for

In the recent Junior High School District Wrestling Tournament, Dallas Junior High School had four athletes place in the final four. Frank Natitus, Jon Pomrinke, and Chris Updyke eached earned a fourth place medal. Eric Williams won a gold medal for his first place finish in the 90-lb. weight class. This is the second year that Williams has won a gold medal at the district championships. Pictured from left, Frank Natitus, Jon Pomrinke, Eric Williams and Chris Updyke

REPORTER/COPY EDITOR

Cover meetings and other stories, produce copy on our Apple MacIntosh computer system. Potential to become a full-time position. Back Mountain resident preferred.

Apply to The Dallas Post, 309-415 Plaza, Dallas. Call 675-5211

PSI

Penn State Wilkes-Barre softball team to kick off season The Penn State Wilkes-Barre softball team kicked off its 1989 season, Saturday, April 1 with an away game at Bucks County College at 12 noon under the direction of new coach, Anne Holmes. The team hosted their first home game of the season facing the Penn State Hazleton campus on Sunday, April 2, 1 p.m. at Hollenback in Wilkes-Barre, the Penn State Wilkes-Barre home field. Pictured are team members, from left, front row, Tari Wisecarver, Wyalusing; Bette Knowles, Wyalusing; Amy Hall, Hancock, New York; Colleen Gerrity, Wilkes-Barre, Wendy Bebey, Lehman. Back row, Caroline Dunnachie, Bangor; Carol Chilson, Wilkes-Barre; Kim Weidner, Lehman; Nancy Yarashas, Courtdale; Maria Mera, Nanticoke.

Missing from photo, Erin Misset, Wyoming and Richelle Blaine, Wilkes-Barre.

Teener League tryouts scheduled

Back Mountain Sports Club, sponsors of Back Mountain Teeners League baseball, have announced tryouts will be conducted on Sunday, April 16 and Sunday, April 23 at the Dallas Junior High field. Tryouts begin at 1 p.m. All 13-year-old players along with new sign-ups this year must attend at least one tryout

DELIVERY PERSON

Needed to deliver The Dallas Post to news dealers and stores Wednesday mornings in your own car. Good rate for 3-4 hours work weekly.

Apply to The Dallas Post, 309-415 Plaza, Dallas Call 675-5211



Reasonably Priced Produced on State-of-the-Art Laser **Typesetting Systems**

- * Resumes
- * Forms
- * Posters
- * Flyers
- * Bill Stuffers
- * Invitations
- * Envelopes and Letterheads

Fast Turnaround Always See A Proof Reasonable Rates

THE G ALLAS OST

309-415 Plaza Dallas, PA 675-5211

