

SCHOOL

School Menus

DALLAS SCHOOLS

Mar. 9 - 15
THURSDAY - Baked chicken w/ gravy, buttered rice, sliced carrots, chocolate nut bar, choice of milk.
FRIDAY - Tender pierogies w/ butter-onions, sweet buttered peas, cinnamon applesauce, choice of milk.
MONDAY - California burger w/ lettuce-tomato, French fries, chilled peaches-raisins, choice of milk.
TUESDAY - Zesty BBQ chicken, buttered twisty pasta, carrot coins, tropical banana, choice of milk.
WEDNESDAY - Philly cheese steak w/ onions, nacho chips, pickle spear, cinnamon applesauce, choice of milk.

LAKE-LEHMAN SCHOOLS

Mar. 9 - 15
THURSDAY - Turkey-gravy, mashed potatoes, garden peas, cranberry sauce, roll-butter, ice cream, milk.
FRIDAY - French bread pizza, tossed salad w/ dressing, potato chips, pineapple tidbits, milk.
MONDAY - Veal parmesan, buttered elbow macaroni, seasoned broccoli, roll-butter, peaches, milk.
TUESDAY - Chicken nuggets w/ honey dip, French fries, mixed garden vegetables, roll-butter, vanilla pudding, milk.
WEDNESDAY - Sloppy Joe on bun, minestrone soup-crackers, cherry crisp, milk.

WEST SIDE TECH

Mar. 9 - 15
 Breakfast
THURSDAY - Banana cake, variety of cereal, chilled apple juice, milk.
FRIDAY - Cookies, choice of cereal, chilled fruit mix or juice, milk.
MONDAY - Banana muffin w/ butter, choice of cereal, orange juice, milk.
TUESDAY - Variety of cereal, chilled juice or banana, milk.
WEDNESDAY - Ham-pancakes w/ syrup-butter, juice, milk or cereal

Lunch
THURSDAY - Open face turkey sandwich-gravy, mashed potatoes, cranberry sauce, pumpkin spice bars, milk.
FRIDAY - Pizza twins, fresh vegetables, celery-carrots-broccoli w/ creamy vegetable dip, variety of chilled fruit, chocolate chip cookies, milk.
MONDAY - Ham patties/relish on soft bun, hash browns, chilled pineapple, banana cream pie, milk.
TUESDAY - Pork bar-b-que on seeded bun, French fries, chilled pears-applesauce dump cake, milk.
WEDNESDAY - Baked chicken, candied sweet potatoes, buttered carrots, roll-butter, peanut butter cake/frosting, milk.



Scholastic art participants

Art students from Dallas Senior High School participated in the 1989 Regional Scholastics Art Competition held at the F.M. Kirby Center for the Performing Arts on February 5. The students won numerous awards including certificates of merit, gold key awards, gold key finalist awards, a portfolio finalist award, and special awards. Dallas High School has won three consecutive National Hallmark Awards in final competition on the National level.
 Row 1, Aria Pierson, certificate of merit; Andrea Brinola, gold key finalist award, Hallmark award and Wyoming Valley Art League award; Lynn Baluh, certificate of merit; Terri Bartleson, certificate of merit; Lisa Hite, certificate of merit; Heidi Strazdus, 4 gold keys and gold key portfolio finalist.
 Row 2, Mrs. Jane Walzak, Art Instructor; John St. Clair, certificate of merit; Justine Pilecki, 3 gold keys, and gold key finalist award; Stacey McCuen, gold key award; Kurt Lupinsky, 5 gold keys; Todd Barket, gold key award; David Zachary, certificate of merit.



Regional art winners

Three Dallas Senior High School students have won special and finalist awards in the 1989 Regional Scholastics Art Competition which was held at the F.M. Kirby Center for the Performing Arts on February 5. Their art work will be forwarded to New York City where it will be judged in the final National Competition. Dallas Senior High School has won three consecutive National Hallmark awards. Mrs. Jane Walzak is the students' art instructor at the high school. Students: Senior, Justine Pilecki, received three gold keys and a gold key finalist award. Sophomore, Andrea Brinola, received a gold key finalist award, Hallmark award, and the Wyoming Valley Art League award. Senior, Heidi Strazdus, received four gold keys and her portfolio of eight pieces is a finalist award for National Competition.



Dallas students aid quake victims

The Dallas Middle School sixth grade social studies class of Mrs. Maryann Storz recently conducted a Goodwill Project as part of their international studies. Students chose to aid the earthquake victims in Armenia. The students performed special chores at home for payment which was donated to the American Red Cross Armenian Relief Fund.
 First row, from left, Heather Patton, Joe Hayer, Ruth Yale, Brian Achuff, Roxanne Rizzo.
 Second row, Sheila Brutko, Jaime Bottoms, Nicole Pilecki, James Wallace.
 Standing, Jennifer Sabatura, Adam Molesky, Scott Wasik, Jennifer Jones, Adam Hoover.

Education grants available now

The first of more than 30,000 expected 1989-90 State Grant and Federal Student aid applications have arrived at the Pennsylvania Higher Education Assistance Agency and are being processed to provide financial aid to needy students for the 1989-90 school year to help finance costs of study at colleges and universities, and at business, technical, and nursing schools.

PHEAA Executive Director Kenneth R. Reeher said that in addition to access to state grant aid, the PHEAA application also serves as an application for and access to funds under Federal Pell Grants and campus-based financial aid at most Pennsylvania schools and colleges. He noted that the State Grants can amount to as much as \$2,000 and the Federal Pell Grant as much as \$2,200 for the neediest students for the current academic year. Both of these figures are expected to increase for the academic year beginning in September.

Reeher added that the PHEAA application is processed at no charge to students so that it saves the State's neediest families more than \$2 million a year in application processing fees.

"Students should apply well before the May 1, 1989 State Grant filing deadline for most students," said Reeher, "because many schools have earlier deadlines and award their financial aid on a first-come, first-served basis. Of course,

PHEAA cannot promise State Grant aid to late applicants, so we remind students now to get their applications in on time."

Reeher said that May 1 is also the deadline for two other programs, the PHEAA-funded Scholars in Education Awards Program and the Federal Paul Douglas Teacher Scholarship Program. These programs make substantial awards, ranging from \$1,500 to more than \$6,000 a year, to outstanding students who want to become teachers. Recipients must agree to teach for specified periods of time in exchange for the scholarships or repay them as loans including interest.

Reeher said the ideal time to apply for grants is just after the family completes its 1988 federal income tax return since figures from the tax return must be placed on the state grant application. While he noted that estimated income figures can be used if the tax return is delayed, families are accountable for their estimates. PHEAA uses various means to verify the accuracy of data supplied on the applications including verification of income with the state

and federal income tax bureaus. Families authorize this when signing the applications. Students should not delay filing because they are unsure of the school or college they will attend. The student's choice of school or college can be changed instantaneously through computer communications with the colleges if a choice of college is not final at the time the grant application is due. But, Reeher emphasized, late applicants cannot be assured that funds will be available to provide them with State Grants.

Pennsylvania residents during the current academic year have been awarded \$116 million in State Grants averaging \$1,170 each and \$109 million in Federal Pell Grants averaging over \$1640.

Only first-time applicants for two-year certificate and associate degree programs can apply later than the May 1 deadline. Such two-year programs are offered mainly at community colleges and at some business, trade and technical schools. They have until August 1 to submit their applications.

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Area students named to Who's Who

Thirty seven Penn State Wilkes-Barre students were included in the 1989 edition of "Who's Who Among Students in American Junior Colleges." Selection was based on their academic achievement, service to the community, leadership in extracurricular activities, and potential for continued success in the future.

The directory of "Who's Who In American Junior Colleges," begun in 1934, lists campus leaders from more than 1,400 institutions of higher learning in all 50 states,

the District of Columbia and several foreign nations.

Back Mountain students named this year from Penn State Wilkes-Barre are: Loren E. Williams, Shavertown; Sharon Ulichney, Shavertown; Wendy Bebey, Dallas; Paula Wandel, Dallas; Jennie Updegraff, Lehman; Andy Richards, Harveys Lake; Scott Pearson, Sweet Valley; John Kuderka, Falls; Eric Savignano, Lehman; John Kielar, Harveys Lake.

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JOHN P. BRADY, M.D.
 gladly announces the opening of his Shavertown Office for the practice of Internal Medicine located at Dr. Michael Bucan's office, 8 West Center Street, Shavertown. Dr. Bucan will continue to see his patients at regular hours. Dr. Brady will continue to see patients at his Swoyersville Office. Dr. Brady graduated from Wilkes College and Hahnemann Medical College in Philadelphia. He specialized in Internal Medicine training at the University of Texas and Mercy Hospital, Scranton. Internal Medicine specializes in adolescence and adult medicine in treating Diabetes, Hypertension, Cardio/pulmonary Disease, Gastro-intestinal Disorders and Arthritic conditions. Dr. Brady is currently on the medical staffs of Nesbitt Hospital, Kingston and Wilkes-Barre General Hospital. He participates in both Mediavare and Blue Cross and accepts most private insurances as payment. Laboratory and EKG services will be offered.

Appointments can be made by calling 287-5588
 Monday through Thursday 9:00 a.m. - 5:00 p.m.