## SCHOOL

Wrestling clinic

this weekend

By CHARLOT M. DENMON

workout gear to the clinic.

Staff Writer

at Lake-Lehman

A wrestling clinic will be held at Lake-Lehman High School, Friday, October 21 and Saturday, October 22. Registration will be Friday, 5 to

Friday sessions will be from 6 to 9 p.m. Saturday sessions will be from 9 a.m. to noon and 1 to 4 p.m. Because of the Fall sports at Lake-Lehman lockers will not be available so all wrestlers are reminded to wear

Registration fee is \$15.00 and checks should be made payable to varsity wrestling coach Ed Ladamus. Fee may be paid day of registration or mailed to Ladamus at

Clinic instructors will be the

Lrhman-Jackson Elementary

Bonomo brothers, Rick and Rocky;

John Reese, Wilkes College and Jack

Davis, Clarion University. There will

also be three student assistants,

Mike Cole, Clarion; Dennis Meijas

obtained by calling Ladamus at 675-

Additional information may be

and Andre Miller, Wilkes College.

School, Lehman, Pa. 19627.



Penn State kids get ready for Election day

Penn State Wilkes-Barre held a Voter Registration Day for students, staff and faculty, co-sponsored by the League of Women Voters and student clubs at the Lehman campus. Standing, left to right, Matt Morcos, Dallas; Bruce Weeks, Dallas; Kellie Faigle, Springville; Sean Mazzatosta, Kingston and Renee Mintz, League member, Kingston. Seated are Nancy Bodman, Catawissa; Sharon Ulichney, vice-president of Student Activities, Shavertown; and Andy Richards, president of the Photo Club, Harveys Lake.



Vespico meets state cabinet member

Sunny Anne Vespico, a Harveys Lake resident, recently met with State Secretary of the Department of Public Welfare, John A. White. Sunny represented the fifth and sixth grades social studies classes at Lake-Noxen Elementary School under the direction of Mr. Arramande Cassagrande. A letter signed by all the students was presented to Secy. White inviting him and Governor Casey to visit their classes. Mr. Cassagrande's students are currently studying American history and have recently held primary elections. Presidential class elections will be held in November to coincide with the national election for President of the United States.

**Day Care** 

(continued from page 1)

teaches basic language and math skills in preparation for kindergarden. The pre-schoolers usually have class in the afternoon, but is it felt that the children can be involved in the learning process any time of the day. The basic routine for toddlers includes arts and crafts, creative play and story time.

"There is some structure with the educational part of the program, but the learning often depends on how the day is going," said Linda Thorn, who is supervisor of the Wee Care center in Shavertown.

The family environment between the staff at Wee Care and the children who go there is an important aspect of the program. Many children currently enrolled in the program came as infants and stayed until completion of preschool. There is very little turnover of the staff there and they tend to get very involved with the children who make Wee Care their second home, said Thorn.

"We feel sometimes as if we are raising the kids. It's hard to leave a job like this behind," said

Small Wonders, a new day care center off Carverton Road in Trucksville, is a cross between a structured program with an academic focus and a safe and homey environment for children to interact and learn socialization

The center just opened in

December, and has plenty of room to grow with a capacity of 60 children and 16 currently enrolled. The rates at the center are infants \$75.00 weekly, toddlers \$65.00 and pre-

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schoolers \$50.00 weekly.

The educational aspect depends on when the child is ready to sit down and learn, according to Cletta Salavantis, who is owner and director of Small Wonders.

The center uses the Alphaphonics learning method which is a type of educational tool whereby basic math and language skills are taught through the use of a fantasy game with the characters Astro and Astra, said Salavantis.

Another unique feature of Small Wonders is the monthly theme program in which a different issue is explored each month. Some of the issues explored by the children include: "all about me" in September "our body" in January, and "people in the community" in May. This program developed out of 10 years of consultations between the center's owners and the teachers, and the children are given tests on what they have learned at the beginning and end of each program.

Salavantis said, "It's hard to leave your kids behind and go off to work. I want to create an atmosphere where parents feel good about leaving their kids here, and don't drive off feeling



## School lunch menus

**LAKE-LEHMAN SCHOOLS** Oct. 19 - Oct. 25

WEDNESDAY - Hamburg on bun, pickle chips, chicken noodle soup-

crackers, pears, milk. THURSDAY - Spaghetti w-Italian

meat sauce, tossed green salad, Italian bread-butter, jello, milk. FRIDAY - Pizza or peanut butter-

jelly sandwich, potato chips, carrotcelery sticks, pineapple tidbits, milk. MONDAY - Toasted cheese sandwich, pickle chips, tomato soup-

crackers, fruit cocktail, milk. TUESDAY - Meatball hoagie, buttered broccoli, corn chips, banana pudding, raisin snack, milk.

DALLAS SCHOOLS Oct. 19 - 25

**WEDNESDAY** - Mexican tacos (2) w-lettuce, tomato, cheese, buttered peas-carrots, smooth rice pudding topped w-cherries, choice of milk.

THURSDAY - Hot ham-cheese on bun, crisp French fries, mixed vegetables, orange half, choice of milk.

FRIDAY - Baked elbow macaroni w-tomato meat sauce, mozzarella cheese, fruit gelatin, fresh yellow cake w-icing, choice of milk.

MONDAY - Hot dog on bun, baked beans, oven fries, chilled pears, choice of milk.

TUESDAY - Cheesy steak sub, potato puffs, mixed garden vegetables, chilled applesauce, choice of

WEST SIDE TECH Oct. 19 - 25 Breakfast

WEDNESDAY - Pumpkin bars, assorted cereal, orange wedges, milk. THURSDAY - Variety of cereal, chilled orange juice, coffee cake,

FRIDAY - Fruit oatmeal bars, assorted cereal, apple or orange juice, milk.

MONDAY - Pastry, assorted cereal, chilled juice or fruit, milk. TUESDAY - Peanut butter crack-

ers, variety of cereal, chilled orange juice, milk.

WEDNESDAY - Deli hoagie wlettuce-tomato, chips, fresh fruit bowl, chocolate cookies, milk.

THURSDAY - School made lasagna w-meat sauce, fresh garden salad, choice of dressing, Italian bread-butter, fruit and oatmeal bars,

FRIDAY - Fish on bun-tartar sauce, cream cole slaw, chilled fruit, tandy cake, milk.

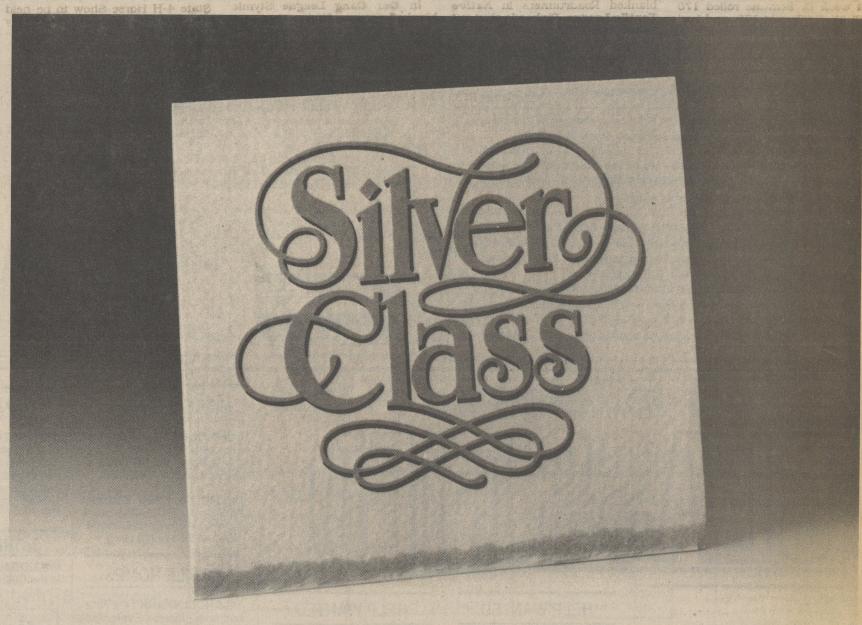
MONDAY - Salisbury steak-bacon-gravy, mashed potatoes, seasoned corn, roll-butter, chocolate chip cookies, milk.

TUESDAY - Italian meatballs on hard roll, buttered green beans, fresh fruit, raspberry creamsicle cake,



Area farmers meet PA Department of Agriculture head

Pennsylvania State Department of Agriculture Secretary Boyd Wolff hosted more than 30 Luzerne County farmers for an informal luncheon recently at Penn State Wilkes-Barre, as part of the Wilkes-Barre Capitol for a Day program. Secretary Wolff answered questions and discussed budget issues and this summer's drought in one-on-one discussions with the farmers, Penn State staff, and representatives of the Penn State Cooperative Extension, whose northeast regional office is located at the campus in Lehman. Shown from left are Rudolph "Boots" Chapin, president, Luzerne County Chapter, Pennsylvania Farmers Association; Priscilla Allison, director of academic affairs, Penn State Wilkes-Barre; Sec. of Agriculture Boyd Wolff; Donna Grey, Penn State Agricultural Extension Agent, Luzerne County; Alan Major and Helen Major, of Lehman; and Will Conyngham, Hayfield and Hillside Farms, Shavertown.



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- Additional 5% discount (where applicable) on trades completed through Midlantic Securities Corp.
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