# To your health

FREE

FREE Horse manure.

4182. 37-tfn-P

1036. 12-4-P

Upper Demunds Rd.

Dallas. Call after 4 p.m. or on weekends. 675-

FREE wood for the taking

any day or time. Cut, not split. 693-3322 or 696-

WANTED

WANTED Any pieces of Empress China made in

Japan to complete my

bicycle. preferably in

good cond. Call Mike,

records. Must be in good

cond. Call 288-4061. 14-4-

WANTED Men's 26"

824-2348. 14-tfn-P

WANTED TO BUY any

set. Call 288-4061. 12-4-P

#### **REAL ESTATE**

WANTED: Farm house. Professional couple looking to buy farm house with outbuildings & acreage. Call collect 1-655-8906. 14-9-P

### FOR RENT

HARVEYS LAKE large fficiency apartment \$225 per month, includes electric & hot water Heat paid by tenant. Call 639-2171. 14-2-P **ROOM FOR RENT** private entrance & bath. \$200 a month. Call 639-2171. 14-2-P

#### **HELP WANTED**

HOUSEKEEPER-CHILD **CARE** Back Mt. couple seeks mature responsible individual for general housekeeping & child care. Occasional evenings & weekend responsibility. Transportation & refrences required. Call 821-6444. 12-4-P **GET PAID** for reading books! \$100.00 per title Write: PASE-C1518, 161 S. Lincolnway, N. Aurora, IL 60542. 13-4-P PERSON to clean 1 day per week. Own transportation and references necessary Call 675-1042. 13-4-P MATURE WOMAN to work

20 hours weekly. Telemarketing from 12 noon - 4 p.m. Must be responsible person. 134 Tioga St. Tunkhannock, Pa. Also salespeople. 836-2600 call 10 a.m. - 5 p.m. 13-3-P

STUDENT FOR YARD WORK cutgrass wtractor, weed wacker \$35 for two-4 hour days per week. Minimum age 16, now thru October 675-0693 evenings. 14-2-

As a Christmas Around the World Supervisor. Work June thru Nov. No exp. necessary. FREE TRAINING. Incentive programs. Call direct or collect (717) 587-1214. 14-4-P

LPN — Private duty for 4 yr. old handicapped child. Wed. Thurs. Fri. & Sat. 4 p.m. to 8 p.m. Sunday 12 p.m. to 8 p.m. \$7 per hour. Shavertown, call 696-4512. 14-2-P

MEDICAL TRANSCRIPTIONIST Full time position w-group physician practice. Exp. required. Excellent typing skills needed. Competitive salary wbenefits. Send resume to Dallas Post, P.O. Box 366G, Dallas, Pa. 18612. 15-1-P

DO YOU NEED a part time job to supplement your

#### AUTO

'86 CHRYSLER 5TH

possible factory options

51,000 miles, \$2,800.

1982 Z28 CAMARO Fully

equipped auto., t-top,

automatic, exc. cond. runs well. Asking \$850.

**AUTOPARTS** 

2 KELLY MUD & SNOW

radial tires P1850R13

HEADERS for sm. block

SNOW TIRE A78x13,

4081. 13-4-P

675-4081, 13-4-P

4081. 13-4-P

4081. 13-4-P

new in box \$50. 675-

351 MODIFIED MOTOR

49,000 mi. \$125. 675-

76-79 ASPEN OR VOLARE

SW, parts, rear bumper,

\$20; gas tank \$10; rear

hatchback glass trunk lid, \$25; slant 6 manifold

w-carb. \$10; muffler, \$5.;

'68 Chevy V8, parts, dr.

pump, distri. master cyl

\$10. ea. 825-9538. 13-4-P

bumper, grille, also rear

tail lights \$25 for all; 75-76 Ford & Mercury 351 400, V8 radia. 34<sup>3</sup>/<sub>4</sub>

4 dr. parts, parts only; 62-66 Chevy 2 spd.

\$40. 825-9538. 13-4-P

COMPLETE UNIVERSAL

powerglide auto. trans.

**UNDERDASH** AC unit for

1967 Ford or Mercury 289

eng. \$50. 825-9538. 13-4-

PAIR GOODYEAR EAGLE

245-50VR 16, like new,

\$75. 822-7814. 13-4-P

TRAILER HITCH, Class I,

fits GM or Chevy, \$25.

FREE

**HEALTH SCREENINGS** 

Blood Pressure

Wednesday, April 27th

1:00 to 3:30 P.M.

at

THE MEADOWS NURSING CENTER

55 W. Center Hill Rd., Dallas, PA

(All Purpose Room, First Floor)

PUBLIC INVITED - For Information Call 675-8600

Vision plus Eye Glass

Adjustments and Minor Repairs

Cholesterol

4-P

shaft, wiper motor, PS

'68 CHEVY BELAIRE frt.

almost new recap \$5. 735-1072. 15-4-P

654-6276. 15-1-P

air, \$6,200 neg. 696-

4907. 14-4-P

822-7418. 13-4-GR

GF

1980 BUICK SKYLARK body AVENUE every possible parts, new & used. Call 696-1927 before 2 p.m.

option, 2,000 orig. miles, \$14,000. 822-7418. 13-4-15-4-P 350 BUICK motor 79 FORD THUNDERBIRD all Complete \$60. 655-9220. 15-4-P

**AUTOPARTS** 

TRUCKS 81 GMC SIERRA PICK UP, uto., 302 half-ton heavy H.D. suspension, limited slip, low 76 DODGE ASPEN 6 cyl. mileage, radio, brown color, good cond. \$3495. Call 675-2459 after 6 p.m. 15-1-P

## RECREATIONAL

LARK TRUCK CAMPER 81/2 truck camper, side entrance, 3 burner stove, P21570D14 & rims for GM Camaro or Firebird, new oven, bathroom, double sink, heater, hot water cond. \$25 ea.; 2 summit new \$25 ea.; 2HR78-15, fair free. 477-5659. 14-4heater, sleeps 5 comfortably. Exc. cond. Must see to appreciate Call 639-2935 or 639-5678. 3-tfn-P Ford truck, just rebuilt, Holley carb., 4 barrel, 750 off of Chevy truck, \$65. 477-2354. 14-4-P 83 ALLEGRO CLASS A motor home. Generator roof, air, awning, fully self contained. \$23,000. FOUR 185x14" Radial tires 822-7814. 13-4-GR \$20 ea. 825-9509. 15-4-P 18' 1973 LARK w-awning new tires, stove, refrigerator, shower, etc. Sleeps 6, \$1995.00. Call 477-5300 or 823-2-PM15"RIMS \$15 ea.; 2-165-80R13, \$40 pr. 675-4522. 15-4-GR

#### LOST & FOUND

SEVERAL TIRES P19575R14, new on Chry. rim, \$45; P19575R14, fair on Chry. FOUND young adult male cat, grey tiger striped Trucksville area. Call rim, \$35; P19575R14 spare worthy on Chry. rim, \$25; Pr. P20575R14, 696-1443. 15-4-P **FOUND** Female Shelty \$30; 4-P20575R15 \$10 ea. Collie on Mathers Drive Shavertown. 696-4237: 4- BUD STYLE hubcaps,

#### **MOBILE HOME**

FOR RENT 14' wide mobile home. 2 bdrms. No pets **References and security** Call 333-4944. 13-tfn-P FOR SALE 3 bedroom trailer. New furnace, pump hot water heater Must be moved. \$6,000. Call 333-5153 after 4 p.m. 15-4-P

#### **BUSINESS**

13'x7' CONCESSION STAND Fully equipped to DER specifications. 1 yr. old. \$2600. For more information call 477-5300 wx191/2 h., \$25; 65 Chevry or 823-4522. 15-4-GR

#### ANIMALS

SILVER SHOW SADDLE youth, exc. cond. Must see to appreciate \$450 Call after 6 p.m. 477-5483. 14-tfn-P

REG. QUARTER HORSE Gelding, 8 years old, black. Skip Brick bloodlines, mother producer of many champions. Goes Western or English, may

#### ANIMALS

3 PUPPIES (doodles) 1/2 poodles, 1/2 dachsund \$10, eq. 298-2015 or 298-2761. after 11 a.m. 15-4-

FEMALE POODLE sm. \$75 nego. 477-5418, good home only. 15-4-P

GOOD HOME WANTED for 6 yr. old tan shephard collie mix female, spayed. All shots, needs room to run. Call 822-8391. 15-4-P CHOW-CHOW COLLIE MIX free. 675-8746. 13-4-P LIGHT PONY DRIVING HARNESS for team of ponies \$75; Single pony driving harness \$50. 696-1290. 14-4-P

ENGLISH SPRINGER SPANIEL PUPS AKC reg shots, ready now. \$125. 655-4406 after 5 p.m. 15-2-P

# **ADOPTION**

HAPPILY MARRIED **COUPLE** desires to adopt white newborn. Expenses paid. Confidential, Call collect 516-289-7866. 10-12-P

MUSICAL USED FLUTE, Best offer. 675-3713. 38-tfn-P

SAXOPHONE - Conn alto plus case, 5 mo. old \$500. Call 675-0108. 14-4-

**ELECTRIC GUITAR** needs strings \$30. Call 829-0874 after 6 p.m. 14-4-P HAMMOND SPINET ORGAN 12 pedals, draw bar, \$75. 477-5879. 15-4-GUITAR 7 amp, exc. cond. \$50. 639-2701. 15-4-P

**5 STRING** Sovereign banjo, \$75. 675-5674. 15-4-P MAGNUS table organ \$25. 735-7873. 15-4-P

FREE FREE Horse manure. You haul away. 639-5678. 13-

Staff Writer

of

# **Meadows offers free screenings** screenings were conducted in February BY CHARLOT M. DENMON

and last November.

'We have had wonderful support from civic groups, churches, scouts individual volunteers and our auxiliary," sbid Ms. Gregorski. "Our volunteers have increased in number from 25 to 110 and we now have 35 to 40 candy stripers. We can't express enugh how much we apprecipte the support we have had from the Back Mountain community," Ms. Gregorski said.

In honor of the volunteers, The Meadows will hold a Recognition Luncheon during National Health Week this month. Two of the residents will

home, The Meadows has had two American Red Cross Blood Drives. The community room is available to various organizations as a meeting place and interested groups may obtain additional information by contacting Ms. Gregorski.

Nursing students from College Misericordia, music students and other college volunteers also assist the staff personnel with residents. The Meadows Auxiliary is an active group and conduct numerous activities for the residents. They are presently planning a Mother's Day Social for May 7 and also making plans for only fundraiser of the year "Market on the Pond", a flea market, which has been very successful in the past. Last year the proceeds of the flea market were used to purchase a van which transports the residents to the doctor's and other places it is necessary for them to go.



FREE HEALTH SCREENINGS - As a community service, The Meadows Nursing Center, 55 W. Center Hill Road, Dallas, will sponsor free health screenings on Wednesday, April 27. Eye glass adjustments and minor repairs will also be offered. All community residents are invited to participate, no appointment necessary. For more information, please call 675-8600, Ext. 115. Shown at planning session for Vision Screening are, seated from left, Jack Keller, Optician and Mark Kelly, Administrator, Pugliese Eye Clinic; standing, Joseph P. Pugliese, C.O.T., Technical Administrator, Pugliese Eye Clinic; Marilyn Gregorski, Director of Marketing & Public Relations, Meadows Nursing Center; Dr. Jay B. Tanner, Staff Optometrist, Pugliese Eye Clinic.







Marilyn Gregorski, director of activi-

ties at The Meadows, announced

recently that the third in a series of

Health Fairs will be conducted at The

take advantage of the free screening at

the Fair for cholesterol, blood pres-

sure, vision and proper eye care. Geis-

inger Medical Center will be in charge

Company, the blood pressure and Pug-

the cholesterol testing, Wellness

The public is invited and urged to

Meadows, Wednesday, April 27.

income? Permanent part time retail sales position. Exc. working conditions. Salary plus incentives. Paid training program. Employee discounts on purchases. Pick up application at Picture Barn, Dallas Shopping Center between 10 a.m. & 5 p.m. 15-2-P

**RELIABLE HANDYMAN** for small repairs & paint jobs. References required. Call 675-3061 after 5 p.m. 15-2-P

A DREAM JOB Home based, write your own paycheck. No investment. Free kit. Call 842-6187. 15-2-P

X-RAY TECHNICIAN -Part time position with busy medical practice. Evening & weekend hours available. Competitive salary. Reply to Dallas Post, Box 366F, Dallas, PA 18612. 15-1-P

HIRING! Government jobs your area. Many immediate openings without waiting list or test. \$15,000-\$68,000. Call (602) 838-8885. Ext. B2026. 15-3-P

779-3551 after 3 p.m. 13be good prospect for SET OF 4 74 Michlin 185-Gymkhanna horse. TR13" car tires. \$90; set of 4-14" wire hub caps, Needs some work and aggressive rider. 639-\$60. 822-7814. 13-4-P 5678. 37-tfn-P PR. GOODYEAR VECTOR

All season P205-70R14" \$50. 822-7814. 13-4-P 2 LT-235-15 6 ply highway tread, very low mil. \$70 pair. 477-5506. 14-4-P 288-3930. 15-4-P

BIRD CAGE w-stand, \$15. 287-6724. 13-4-P AIRLINE ANIMAL CRATE for large dog, \$75 new sell for \$50. Exc. cond.

Introducing MEDIFAST by the Nutrition Institute of Maryland **"Weight Reduction** without **Calorie Counting''** 

Harry Alexanderian, M.D. 654-1018 288-6491







-SPIRIT.

We salute those who share their time and talent so generously, and we invite you to join them.

For information about General's Volunteer Program call 829-8111 Extension 3029.



VHA.