

Killer cold:

Exposure to cold water can be life threatening in any season but it's especially critical this time of the year. Hypothermia is the cooling of the body's temperature that can lead to unconsciousness or even death.

Signs of hypothermia include shivering, pale appearance, constricted pupils and slow labored breathing. Someone suffering from these symptoms who doesn't get medical attention can become unconscious and eventually die.

The Commission offers a free publication to all boaters and sportsmen explaining the personal safety skills to use when around cold water.

For a free copy of this publication, send a self-addressed, stamped envelope to the Pennsylvania Fish Commission, Bureau of Boating, P.O. Box 1673, Harrisburg, PA 17105-1673.

Post sports tell it all!



BROTHERS WRESTLE —Four sets of brothers, who are members of the Back Mountain Elementary Club, are shown above with their coaches. Seated, from left, are assistant coach Jerry Naugle, Nick Raczkowski, Matt Raczkowski, Allen Raczkowski, Aaron Gingo, Matt Gingo; standing, Robert Farber, Brad Kohli, Rob Kohli, Joe Farber, Bob Farmer, Coach Mike Mussman.

Brothers potential high school champs

Each season since it was organized the Back Mountain Elementary Wrestling Club has received much attention for its squad of outstanding young wrestlers but this year, Coach Mike Mussman and his assistants have an unusual situation.

Their team includes four sets of brothers, all from the Back Mountain area. These boys are the three sons of Mr. and Mrs. Allen Raczkowski of Lake Silkworth; two sons of Mr. and Mrs. Robert Farber, Centermoreland; sons of Mr. and Mrs. Gene Gingo of Shavertown; and sons of Ron Kohli, New Jersey and Rebecca Kohli of the Back Mountain.

The Raczkowski brothers are Allen, age 11, in his first year of wrestling after having overcome some physical illnesses; Matt, age 10, 55 lbs.; wrestling for two years and Nick, age 7, 45 lbs. also wrestling for two years. The boys are students at Lehman-Jackson Elementary

School. This season, Allen placed fourth in the Nittany Lions Tournament. Matt took first place in his weight class, January 23 at Benton and in his first year of wrestling took first place and won the Penn League title at 45 lbs. Nick, who started wrestling at age six, came in third at Benton. Both boys have numerous trophies in dual meets during the past two years.

Sons of Mr. and Mrs. Farber are Bob, age 11, 85-lbs., wrestling for the past seven years and Joe, age 9, 95 lbs., wrestling for five years. Bob has been district champ for five years and a one-time regional champion and came in seventh in state competition. He has placed fifth, third, first and seventh in the state tournaments. Joe placed eight in state competition.

Aaron Gingo, age 10, 90-lbs. SEE CHAMPS, page 10

Saluting the Back Mountain Girls' Basketball Teams



DALLAS GIRLS CAGERS - 1st row, from left, Joyce Tinner, Patti Covert, Renee Balberchak, Sue Starolis, Eileen Kalinowski; 2nd row, Jean Novitsky, Lisa Hite, Laura Poynton, Jennifer Besecker, Holly Gavazzi; back row, Aria Pierson, Melanie Langdon and Tracy Karzu. (Charlot M. Denmon Photo)



LAKE-LEHMAN GIRLS CAGERS - 1st row, from left, Wendy Skibitsky, Karen White, Pam Coolbaugh, Carolyn James; 2nd row, Renee Dymond, Deidre Mazur, Michele Barcheski, Michelle Lucas and Alison Davis. (C. M. Denmon Photo)

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