

Schools/colleges

Front and center



Ricky Bonomo

Bonomo does it again!

Ricky Bonomo, son of Mr. and Mrs. Richard Bonomo of Sweet Valley, was recently selected as "Outstanding Athlete of the Year" by the Killer Bees Athletic Association, in a tie vote with Raghieb Ismael, Meyers High School athlete.

Ricky and his brother, Rocky, are well known throughout the local area and the entire Northeast for their top performances in high school and college wrestling circles. While Rocky has completed his degree at Bloomsburg University and is presently an assistant coach at Bucknell, Ricky is completing his art major at Bloomsburg and, at the same time, staying in wrestling as an assistant coach at Bloomsburg helping the lighter weights by working out with them.

When Ricky receives his degree in art, his goal is to find a position in a college where he can teach art and also coach judo, wrestling, bowling, swimming and other subjects in the phys ed program. Rocky is also certified to teach art and physical education.

The Bonomo brothers and their Lake-Lehman classmate Mike Leskowsky were the first three high school state champs from the Back Mountain and in 1987 in the national competition, including Divisions I, II and III, Ricky finished first in the nation in the 118-lb. division to become overall national champion in his weight class.

Ricky was national champion for three consecutive years, as a sophomore, junior and senior and is one of only two college wrestlers in Pennsylvania to win three consecutive titles. The other wrestler was Nate Carr (150-lbs.) at Iowa State University. He is also only the sixth man in the nation to win three consecutive titles at 118-lb. In all, there are only 31 wrestlers from all weight classes to win titles three consecutive years, in the tournament which has been in existence for close to 60 years.

Ricky has found that many of the moves in judo are very similar to wrestling and in his first year he didn't have to attend all of his judo classes.

In his senior year in high school, Ricky wrestled at 112, Rocky at 119, and Mike Leskowsky at heavyweight, to lead their Lake-Lehman team to the state championship.

Both Ricky and his brother played football in high school as defensive cornerbacks under varsity coach Tom Hisiro. Their wrestling coach at that time was Shorty Hitchcock, who is now coach at Millersville State University.

The Bonomos see Hitchcock often during wrestling season and Ricky said it will be interesting at the Bloomsburg Invitational Wrestling Tournament when all three come together with their schools' teams-Ricky as an assistant at Bloomsburg; Rocky as assistant coach at Bucknell University and Hitchcock as head coach at Millersville.

High school highlights

BY PATTI STROUD & MATT REINERT

The weather continued to affect our school schedule. The warming trend was welcome.

The sports scheduled continued as usual with the boys' basketball team defeating Seton Catholic and the girls' squad beating Northwest.

Mid-term testing started and continued through Wednesday, Jan. 27. Wednesday marked the end of the marking quarter with new classes beginning on Thursday.

The upcoming activities at the high school include Teacher Appreciation Week, the Donkey Basketball Game and the starting plans for class trips.

This past week at Lake-Lehman High School, once again our days were shortened due to inclement weather. Tuesday was a snow day and Wednesday was an Act 80 early dismissal.

Tuesday's snow was a welcome sight for our ski club, for they left at 5 a.m. Wednesday morning bound for Hunter Mountain. They enjoyed excellent conditions. It was the warm-up for February's trip to Jackson Hole.

The winter sports schedule is continuing. The junior high wrestlers have now won 44 consecutive dual meets.

The annual doubles ping-pong tournament was completed this week with the team of Anthony Monaco and Brett Evans being crowned champions.

The Key Club is currently taking carnation orders to be delivered for Valentine's Day.

Several of our band members are participating in districts this weekend. Congratulations.

Mrs. Carol Pyle, Librarian, retired after 17½ years of service at Lake-Lehman High School. We wish Mrs. Pyle good luck as she leaves the halls of Lake-Lehman.



Koprowski speaks

Mike Koprowski, guest speaker at this year's Dallas Cowboys Mini-Football team banquet, spoke to them about his experiences when he played with the Cowboys as a young boy. Mike, outstanding runningback for this year's Dallas High School Mountaineers, brought his Cowboy jersey (36) with him to show to the boys.

King's Alumni plan homecoming

The Alumni Association of King's College will sponsor its 38th annual Homecoming celebration Saturday and Sunday, Feb. 6-7.

This year's Homecoming will honor the classes of 1958, 1968, 1973, 1978 and 1983.

Saturday's events include women's basketball vs. Juniata at noon, men's varsity basketball vs. Juniata at 2 p.m., and a cocktail party and dinner dance in the Sheehy Dining Hall from 7 p.m. to 1 a.m. All athletic events on Saturday will be held

in the Scandon Physical Education Center, Main and Jackson Streets.

On Sunday, Mass will be celebrated at 11 a.m. in the J. Carroll McCormick Campus Ministry Center and will be followed by a continental breakfast to be served in the Moreau Auditorium of the ministry center.

More information on any of the Homecoming activities can be obtained by contacting a staff member of the King's Alumni Office at 826-5879 from 8:30 a.m. to 4:30 p.m.

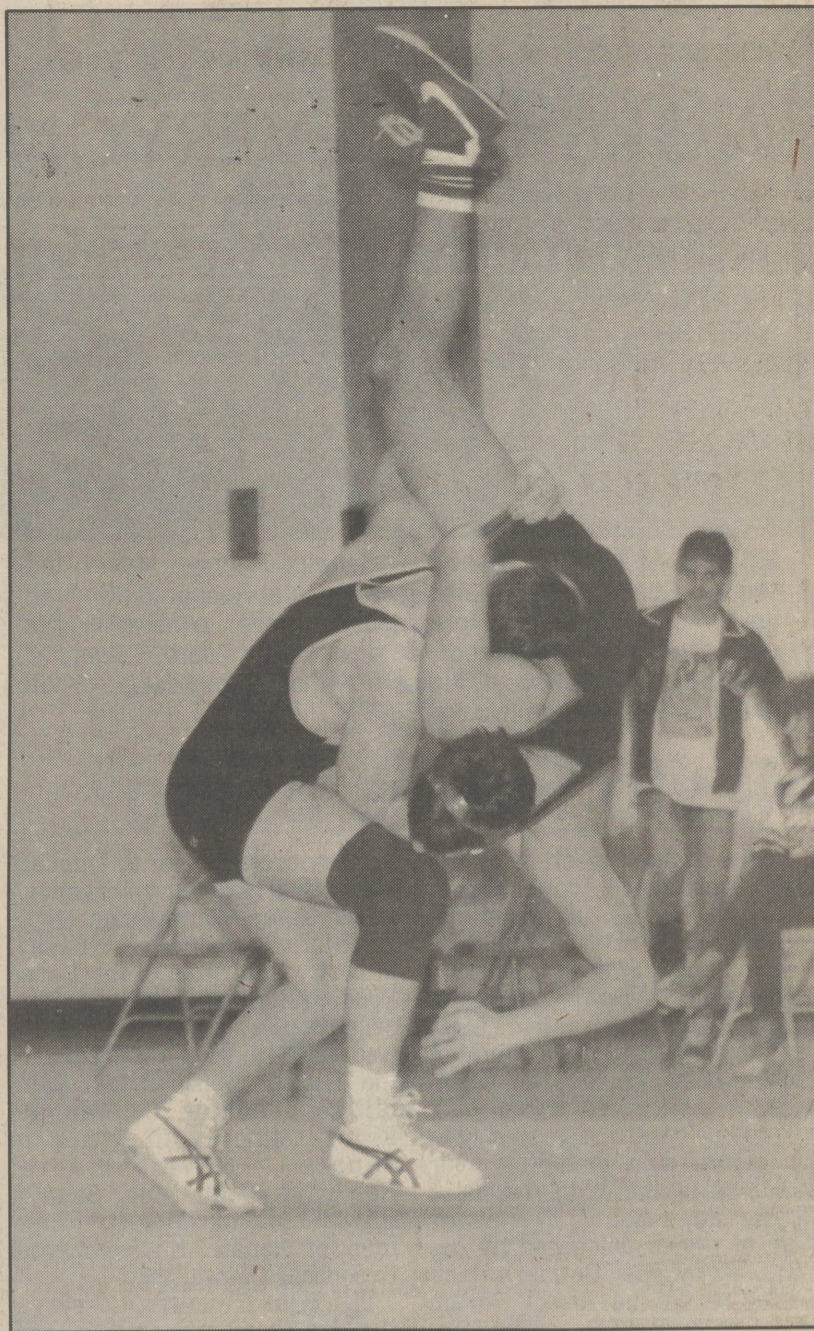


SEM AUCTION NETS \$21,000 — A 15 year-old tradition at Wyoming Seminary helps fund many activities

Association makes donation

At a recent meeting of the Wyoming Seminary Upper School Parents' Association, Mary Parente, chairperson of the Talent Auction held on the west side prep school's campus in late fall, presented a check to Ronald Mosca, Treasurer of the Association, in the amount of \$21,000. The Talent Auction has been the main fund raising activity of the Association for the past 15 years.

With this most recent gift, the Association will have given over \$152,000 to the Upper School for various programs and activities of the faculty and students. Shown in the photo from left, are Judy Friedman, Vice President of the Parents Association, Kingston; Mary Parente, Harveys Lake; Ronald Mosca, Dallas; and Joseph Moore, President of the Association, Shavertown.



Dallas Post/Lynn Sheehan

WHAT A FALL! — A Black Knight wrestler tries for a pin over his Coughlin opponent but is successful only in getting him up in the air. Seconds later the Crusader escaped from the hold but eventually lost to Lake-Lehman's wrestler.

L-L loses to Coughlin

Lake-Lehman's wrestling team dropped its season record to 3-5 last week after losing meets to Coughlin 37-10 and 38-28 to Wyoming Area giving up four bouts by forfeits.

The Knights handed the Warriors 18 points by forfeit in three of the first four bouts and Warrior Mark Granteed gave his team an additional six points to move their team scores by flattening 105 Tony Monaco in 5:35.

With the score 24-0 for the Warriors, 126-lb. Mark Rogowski handed the Knights two points by wrestling to a 6-6 draw with Wyoming's Jason Prokopchak.

132-lb. Matt Reinert continued undefeated for Lake-Lehman by taking a superior 13-3 decision from John Morgan to move the score to 24-7. 138-lb. P.J. Goodwin moved the team score to 24-13 by pinning Warrior Joe Zanta in 4:32.

The tables turned in the Warriors favor in the next bout when 145-lb. Ed Higgins was turned over and pinned by Wyoming's Keith Coolbaugh and 155-lb. Mark Amato handed his Warriors six on a forfeit to move the team score to 36-13.

The final three bouts went to the Knights when 167-lb. Tim Bernick pinned Jeff Pepe in 1:49, 187-lb. Ed Kelly flattened Keith Irace in 4:33 and Hwt. J.J. Konigus picked up three for the Knights by defeating Paul Pascoe 9-5.

Wednesday night's meet got off to a good start by taking two

first period wins and a major decision and combining them with other wins to defeat the Knights 37-10.

The win kept the Crusaders on the heels of undefeated Valley West with a 6-1 record. They moved in front 16-0 by taking the first four bouts.

98-lb. Chris Smith lost a close 2-0 bout to Crusader Chad Michaels and 105-lb. Tony Monaco dropped a 7-2 decision to Bill Frenchie. 112-lb. Rob Frankelli added six points to Coughlin's team score by pinning Matt West in :29 seconds and 119-lb. Joe Katsock moved the Crusaders to 24-0 by taking a major 11-2 bout from Jason Clancy.

The Knights had high hopes when 126-lb. Mark Rogowski shut out Gary Slusser 6-0 and 132-lb. Matt Reinert continued undefeated by taking a 9-0 major decision from Mike Flannery.

The local squad's hopes were dimmed when 138-lb. P.J. Goodwin lost 4-0 to Crusader Rich Tomalis, 145-lb. Ed Higgins was rolled over by Rob Everett in 22 seconds and 155-lb. Tim Bernick lost a hard-fought 4-2 bout to John Shubzda.

167-lb. Phil Finn added six more to the Crusaders team score by a forfeit and 185-lb. Gary Kenzakowski took a 3-0 decision from Knight Ed Kelly. Hwt. J.J. Konigus was a bright spot for the Knights when he decided Bucky Greely 6-5.

School lunch menus

GATE OF HEAVEN SCHOOL

Feb. 8 - 12

MONDAY - Hamburg on bun, cheese, onion rings, mixed vegetables, applesauce, chocolate cake, milk.

TUESDAY - Chicken nuggets-sauce, buttered noodles, corn, pears, milk, ice cream cone.

WEDNESDAY - Tacos w/lettuce-tomato-cheese, green beans, pineapple, popsicle, milk.

THURSDAY - Turkey dinner (free for all), mashed potatoes-gravy, cranberry sauce, candied sweet potatoes, warm apples-cinnamon, milk or milkshake.

FRIDAY - No school.

WEST SIDE TECH

Feb. 8 - 12

MONDAY - Variety of cereal, peanut butter crackers, chilled juice, milk.

TUESDAY - Chocolate chip cookies, variety of cereal, fruit cup or juice, milk.

WEDNESDAY - Cereal assortment, breakfast cake, fruit juice, milk.

THURSDAY - Cereal assortment, breakfast cake, fruit juice, milk.

FRIDAY - In service. No school.

Lunch

MONDAY - Hamburg-bun, relish-chopped onions-cheese slices, crisp hash browns, chilled pears, chocolate chip cookies, milk.

TUESDAY - Meatball hoagie, seasoned green beans, chilled fruit cup, Tech peanut butter squares, milk.

WEDNESDAY - Pork bar-b-que, lettuce on seeded bun, spiced applesauce, brownie, milk.

THURSDAY - Hot roast beef sandwich-gravy, mashed potatoes, seasoned corn, sweetheart cup-cake, milk.

FRIDAY - No school.

LAKE-LEHMAN SCHOOLS

Feb. 8 - 12

MONDAY - Steak hoagie, onion rings, green beans, pears, milk.

TUESDAY - Toasted cheese sandwich, pickle chips, tomato soup-crackers, peaches, peanut butter cookie, milk.

WEDNESDAY - Spaghetti w-Italian meat sauce, tossed green salad, roll-butter, fruited jello, milk.

THURSDAY - Chicken nuggets w-dip, French fries, peas, roll-butter, frosted cake, milk.

FRIDAY - No school. Teacher in-Service.

DALLAS SCHOOLS

Feb. 3 - 9

WEDNESDAY - Lzy lasagna w-garlic bread or peanut butter-jelly sandwich w-cheese stick, crunch fresh veggies, orange wedge, choice of milk.

THURSDAY - Sloppy Joe on bun or super square slice pizza, later lots, vegetable medley, choice of milk, Bonus: Pretzel rod.

FRIDAY - Powerhouse meatball hoagie or turkey salad in a pocket, rice w-gravy, sweet peas, fruited jello, choice of milk, Bonus: Nachos w-cheese sauce.

MONDAY - Chicken nuggets w-honey sauce or juice Texas hot dog, buttery elbow macaroni, mixed vegetables, apple wedge, choice of milk.

TUESDAY - Macaroni croque casserole w-garlic bread or peanut butter-jelly, w-cheese stix, carrot-celery stix, chilled peaches, choice of milk.

CHAMPS

(continued from page 8)

and Matt Gingo, age 7, 65-lbs. and Matt Gingo, age 7, 65-lbs. are the sons of Mr. and Mrs. Gene Gingo. They are students at Dallas Elementary School. Matt has been wrestling for three years, and Aaron for five. Aaron has been district and regional champ twice. He won his first district title at 65-lbs. at six years of age and last year he placed fifth in the AAU Eastern Nationals. Matt recently took firsts in the Back Mountain tournament and the Y tournament and placed third in the Wyoming Tournament. Both boys have placed in various other competition.

This is the first year for Bob and Brad Kohli since they moved here from Ohio. Bob, age 10, wrestles at 97-lbs. Brad, age 8, wrestles varsity and took third in the Wyoming Area Tournament and came in second at the YMCA tournament.

These boys, like their team mates, enjoy the wrestling program and look forward with enthusiasm to practice and to their meets. Their record going into tonight's meet with YMCA is 2-0-1.

The team is also practicing for the Back Mountain Club's tournament, Feb. 28 at West Side Vo-Tech, Pringle.

There will be four divisions in elementary and one in junior high. Elementary divisions are PeeWee, six and under; Bantam, seven and eight; Midget, nine and 10; and Junior, 11 and 12, no seventh graders. Junior division is for 13 and 14 year olds.

The tournament will be dedicated to the late William Walko, past coach of the Back Mountain Elementary team.

The entry fee is \$6 if sent in by Feb. 23 and \$7 for walk-in participants. Entries are limited to 400 wrestlers.

MOTORCYCLES

1983 YAMAHA black, 50cc, special. Make an offer. Call 675-3713K 18-1fn-P

FULL FACE MOTORCYCLE helmet, made by Bell, black, \$80, sz. 7 1/2 exc. cond. 696-4907, 3-4-P

FREE

FREE Horse manure, Upper Demunds Rd., Dallas. Call after 4 p.m. or on weekends. 675-4182, 37-1fn-P

MUSICAL

STANDARD SIZE GUITAR, 6 string, Very good cond. \$40. 333-5362, 4-4-P

LOST & FOUND

LOST 1 rear carpet floor mat maroon w-black rubber backing. Lost in vicinity of Carpenter & Hillside, Ave., Harveys Lake. If found, please call 639-5069, 41-1fn-P

LOST Bassett Hound, 3 yrs. old, Monday Jan. 4, 7 p.m. in Broadway area, wearing black nylon collar. Black & Brown mixed, answers to Baron. Reward for his whereabouts. Not neutered. 256-3356, 1-4-P

LOST black tool box between vicinity of Grstlauer Auto Repair on Rt. 118 & Jamison City. Call 925-6202, 1-4-P

REAL ESTATE

GOVERNMENT HOMES for \$1.00 (U Repair) BUY DIRECT! Reposs & Tax SEIZED Properties. Call TODAY for FACTS! 1-518-459-3546 Ext. H6112 (Toll-Refundable) 24 HRS. 2-3-P

WANTED: FARM HOUSE Professional couple looking to buy farm house with outbuildings & acreage. Call collect. 1-655-8906, 2-9-P

BUSINESS

FOR SALE: Local children's clothing businesses, fully stocked. Scranton-Wilkes-Barre area. Only serious inquiries. If interested call (717) 654-9583, 2-3-P

WANT YOUR PHOTO?

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