

Depth lifts Dallas girls, 60-53

By JOHN HOINSKI
Staff Writer

Dallas High girls' basketball coach Kit Karuza said before the season began that one reason he believed his squad would be a contender for the Wyoming Valley Conference title was because of its depth.

And that assessment came to pass on Monday night as the Lady Mounts posted a hard-fought 60-53 victory at Crestwood, regarded as one of the top teams in the conference.

"We had two guards with three fouls in the first half and another with four," Karuza explained. "And even though the people we put in didn't do much scoring, they did keep us in the game and we had the lead at the half."

"We have a solid first six players but we are finding out we can use nine and 10 players who can come in and do the job to the extent where we can get by."

Two of those players Karuza used in Monday night's game were Renee Balberchak and Tracy Karuza, both of whom had fine games against Nanticoke on Tuesday.

"They didn't score any points but they played well enough where they could come in and spot those people in foul trouble," Karuza noted.

Dallas did get enough points from Joann Cook, however, who had a game-high 18 points, Lori Brokenshire (12) and Tammy Daveski who poured in 17.

"We had a nice game from all three of those girls," Karuza noted. "And Tammy Daveski is showing signs of really coming through. I think those 17 points were a career high for her."

"But, overall, I was pleased with our performance," Karuza continued. "I was pleased because we won a game we could have lost and we never quit. We are not clicking on all cylinders yet, but I don't know if I want them to yet."

"Don't get me wrong. I would still like to win," the coach added. "But you don't want your team to peak too early. It's hard to maintain that level of play throughout an entire year. We would like to hit that level heading into the playoffs and

the districts if we get that far." Monday's win was a big step in the right direction. Although the Comets played without two of their starters, their misfortune allowed the Mountaineers to come up with a big win. And if Dallas can capture two of its next three games, Karuza feels his team will be in good shape.

"Meyers and Seton Catholic are both good teams," Karuza said. "In fact, the first three teams we play are all in contention for the title. But we got off to a good start and we will also have Crestwood at home in the second half. And that will be to our advantage."



Lady cagers

The Back Mountain region has good representation on the King's College women's basketball team this season. Coach Robin Cummins, a new mother as of November, with the birth of son, Reed, resides in Kunkle with her husband, Dwight. Pictured are three area Lady Monarchs. From left, Kathy Walsh, Ronda Hudzik and Kim Rinehimer. Walsh and Rinehimer played at Dallas High School and Hudzik, for Lake-Lehman. Rinehimer is a freshman. Walsh and Hudzik are juniors.

Be good to your feet

For many people, just the thought of Christmas shopping makes their feet hurt. Running from store to store, pounding the pavement in search of the right gift, often after a hard day's work, can be too much for anyone's feet to bear.

"But," says Dr. James Fox, medical director of the state Health Department's Division of Environmental Health, "you know you're going to do it, so why not do it right?"

"Plan to do your shopping on

days off. That way your feet will not be putting in a full day's work before tramping through the stores. If that's not convenient, and it probably isn't for most people, prepare your feet for the job they have to do."

Fox offers these tips for Christmas shopping foot comfort:

- Be sure your feet are clean and dry.
- Trim toenails, but not too short.

Bowling news

Hambos shut out Roth Novelty in the Back Mountain Bowl League lead by F. Adams 539 and L. Coolbaugh's 525. R. Clemow's 538 was high series for Roth. Monk Plumbing dropped four points to Back Mt. Sporting Goods, whose S. Wickard hit pins for a big 225 (590) and D. Wickard rolled 544. K. Spencer walloped pins for 223 (578) and K. Orkwis knocked them down for 550 to aid Back to Basics take three from Sweet Valley Outfitters. F. Cornell helped by posting 542. B. Mazer rolled 233 and Glen Mazer hit 224 (521) for the outfitters. G.H. Harris and Country Surrey divided evenly with C. Kazokas walloping pins for 232 (592) for Harris and B. Shalata tumbling them for 212 (562) for the Surrey team.

Last week Back to Basics picked up three from the Hambos, Brown's Oil blanked Country Surrey, Sweet Valley Outfitters copped three from Gebhardt's, Back Mt. Sporting Goods earned three from Roth Novelty and G.H. Harris split 2-2 with Monk Plumbing. High scorers were R. Harris 571, A. Wendel 553, T. Doughton 210 (554), S. Wickard 540, Gary Mazer 218 (560) and F. Cornell 217 (558).

In the Imperialette League, two weeks of bowling showed the Jean Shop losing four to Mahaffey Oil but taking three from Humphrey's Apparel. D. Scavone Motors picked up three from Schmid's Amoco but lost

three to Lombardo Bakery. Lombardo's took three from Humphrey's Apparel while Mahaffey shut out Schmid's. Hitting high scores were J. Clark 172-178 (515), N. Katyl 186, B. May 179 (473), 172 (492), F. Marth 170, S. Johnson 179, J. Wertman 182 (471) and E. Feher 191 (500).

Bayo Ice took all from G.H. Harris in the Community Service League with D. Wickard hammering the pins for 254 (643) and F. Cornell adding 214 (575). J. Shultz added 551. J. Wade hit a walloping 209-230-235 (674) to lead Herb's Pro Shop to four points from Roth Novelty. M. Schmoll contributed 214 (571). Glen Mazer rolled 538 for the losing five. Picketts Charge shut out Smith's Country Store with four of their men hitting in the high 500's. D. Eddy Jr. rolled 226 (598), J. Baur 573, Beames rolling 562 and D. Eddy Sr. hitting 545. J. Halowich posted 527 for the grocer. L. Hoover's 553 sparked Besecker's Realty to three points from WEPCO (formerly Fino's Pharmacy).

In the Sunday Night Couples League, Shaver's Bangers copped three points from Wilson's Meances paced by Dave's 233 (595) and Anne's 178. Barbara hit 203 (475) for the Meances. Superstrickers took three from Booth's Highballers while Matthews picked up three from Piccillo lead by Vic's 229

(616) and Don's 502. C. Doty's 176-180-188 (544) and S. Mathers 174 aided the Turkeys in blanking Ugly Ducklings in the Back Mt. Farmers League. R. Titus hit pins for 177 (487) for the ducklings. Despite M. Delaney's 529 the black Sheep lost three to the Chickies. The Thoroughbreds took three from the Mules while the Moo Moos picked up three from the Barn Cats helped by P. Brooks 502.

In the Native Textiles League Pin Pluckers took three from the Alley Cats and Ball Busters copped three from the Nit Wits. S. Johnson's 178 (472) paced The Beats to three from the Road Runners and L. Morris' 487 set the pace for the Sandbaggers three points from the Ringers. L. Wolfe's 506 helped Lew's Cals divide evenly with Bad News Bowlers.

M. King rolled 184 to lead Tom Reese girls to three points from Hoagie Bar in the Bowlerettes League and C. Badman's 178 (482) was high for Brent Long who picked up three from Franklin's.

Ron's 534 and Larry's 532 were good enough for one point from the Water Front girls in the Lakers League. Bea rolled 501 and Essie hit 185 for the girls. S.V.C. TV shut out Duke's Girls and the Academy men picked up three from PISH Construction boys, with none of them hitting high scores.

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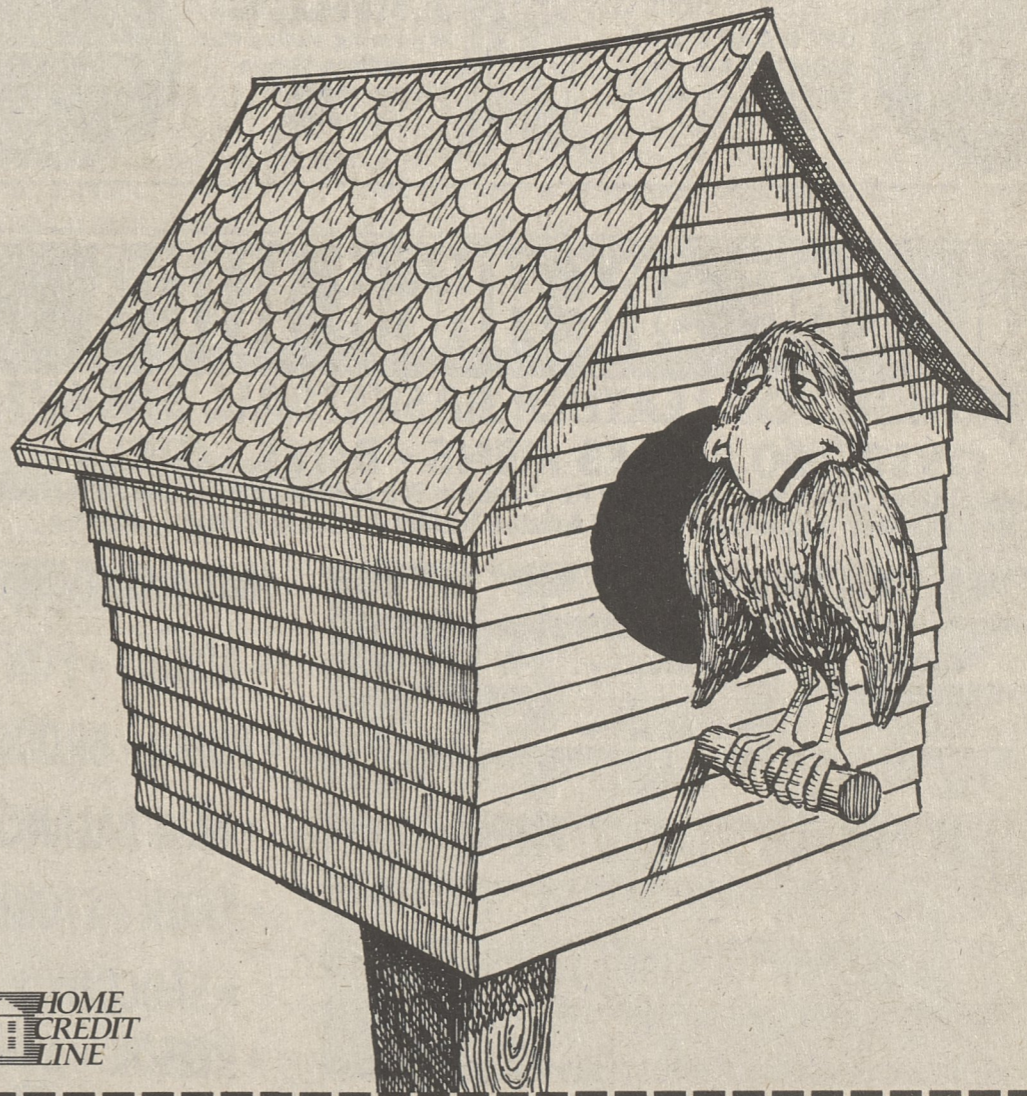
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