



Wilkes College

Continuing Education

Fall Course Offerings — 1986



PROFESSIONAL DEVELOPMENT

1. Dying With Dignity In A Technological Age: Ethical, Medical, and Legal Aspects

This course will explore the medical, ethical, and legal ramifications of life sustaining treatments in the event of terminal illness or injury. Experts of each facet will discuss this urgent topic and will promote an awareness of the various procedures and alternatives of the various procedures such as a living will. This course is offered in cooperation with the Family Service Association. 1 C.E.U.

Coordinator: Mrs. Pauline Friedman
Vice President of the Board of Directors of Family Service Association

Panel: Rev. Jule Ayers
Pastor Emeritus First Presbyterian Church
 Dr. David W. Greenwald, *Department Head of Hematology & Oncology, Wilkes-Barre General Hospital*
 Ms. Catherine Pages, *Assistant Executive Director Concern For Dying*
 Attorney Allen T. Reishtein
 Rabbi Herbert Rosenblum
Spiritual Leader Temple Israel
 Sister Sienna Finley
Associate Professor College Misericordia

Dates: Wednesdays, October 22, 29; November 5, 12, 19
Time: 7:00 p.m. to 9:00 p.m.
Place: Bedford Hall Room 13
Cost: \$30.00

2. Financial Survival In The 80's

In this very complex economic environment, investors must become aware of the new opportunities available in the financial markets. This course will focus on Tax Reform, Fixed Income Investment, the Stock Market, Mutual Funds, Real Estate, Retirement Planning, and Educational Planning.

Instructor: Mr. David L. Capin, *Account Executive*
Dates: Mondays, October 20, 27; November 3, 10, 17
Time: 7:00 p.m. to 9:00 p.m.
Place: Stark Learning Center Room 160
Cost: \$50.00

3. Selling For Yourself and Your Company

Everyone Sells Everyday
 This course is intended to make each participant aware of their inborn selling qualities. By developing these qualities, they can be used for individual gains, self-enrichment, personal relationships and work advantages.

For the employer, it gives them the opportunity to develop in their staff the personal selling traits that would reflect in better company representation at any level.

Instructor: Ms. Vivian Kozloski
Dates: Thursdays, October 2, 9, 16, 23, 30
Time: 7:30 p.m. to 9:00 p.m.
Place: Bedford Hall Room 12
Cost: \$25.00

4. Financial Planning For Women

This practical course encourages women to organize and manage their financial lives. It is designed to build confidence and develop skills for making investment decisions in these changing economic times.

Instructor: Ms. Susan C. Yelen, *Financial Consultant*
Dates: Tuesdays, October 14, 21, 28; November 11, 18, 25
Time: 7:30 p.m. to 9:00 p.m.
Place: Kirby Hall Room 102
Cost: \$50.00

Wilkes College Division of Graduate Studies and Continuing Education in cooperation with Wilkes College Small Business Development Center, U.S. Small Business Administration, NET Ben Franklin Technology Center, and the Greater Wilkes-Barre Chamber of Commerce Small Business Development Council is conducting two special courses for small business:

5. Financial Management for Small Business

- Topics:**
- Financial Planning Objectives, Using Financial Statements
 - Forecasting Profits and Obtaining Capital
 - Cash Flow Management, Budgeting and Control
 - Pricing Policy

Coordinator: Mr. Fred Lohman, *Director Wilkes College Small Business Development Center*
Dates: Wednesdays, October 8, 15, 22, 29
Time: 6:30 p.m. to 9:30 p.m.
Place: Stark Learning Center room 441
Cost: \$25.00

6. Start Your Own Business

It is possible to start a small profitable business from scratch with little or no cash cost or cash risk. Four instructors and a local banker have started two small, profitable businesses from scratch. They and eight other small business plans will be discussed.

Instructor: Mr. Mark Chamberlain, *Trust Officer*
Dates: Saturdays, October 18, 25
Time: 8:30 a.m. to 12:00 p.m.
Place: Stark Learning Center room 204
Cost: \$65.00

PERSONAL IMPROVEMENT

1. Superlearning with Self-Hypnosis

This course is an introduction to whole-brain learning through self-hypnosis. Students learn to understand, identify and use subconscious potentials to help them learn with greater confidence, ease and effectiveness.

This training presents a proven effective state-of-the-art accelerated learning technology used internationally to help students tap and use the other 90% of their mind power to learn faster and better.

Self-hypnosis is a natural state of increased awareness and mental control through which we can gain access to subconscious resources for improved concentration, memory/recall, reading, writing, and creativity and problem-solving abilities.

This training can help you to learn faster and more easily, get better grades, acquire a valuable competitive edge and find added enjoyment and interest in learning.

Instructor: Mr. Frederick G. Sam
Certified Master Hypnotist/Hypnotherapist
Dates: Wednesdays, October 1, 8, 15, 22, 29
Time: 6:30 p.m. to 9:00 p.m.
Place: TBA
Cost: \$60.00

Wilkes College is an equal opportunity institution and prohibits and rejects any discrimination in admissions or hiring practices based on race, age, sex, color, creed, national origin, handicap, and religion.

2. Advanced Self-Hypnosis

This class is recommended for persons who wish to experience further learnings in self-hypnosis to achieve a fuller realization of their self-hypnotic powers.

You will add to and build upon your present self-hypnosis skills and learn more about how to most effectively use self-hypnosis and autosuggestion. Through combined lecture, demonstration, practice and discussion, this training will help you to further explore and utilize your natural hypnotizability for self-help and improvement. Topics will include: Dynamics of Change, Advanced Methods of Trance Utilization, Ideomotor Signaling, Anchoring, Imagery Conditioning, Reframing, Post-Hypnotic Autosuggestion and more.

Instructor: Mr. Frederick G. Sam
Certified Master Hypnotist/Hypnotherapist
Dates: Wednesdays, November 5, 12, 19; December 3, 10
Time: 6:30 p.m. to 9:00 p.m.
Place: TBA
Cost: \$60.00

3. How To Improve Your Grades

"How to improve your grades" is a 4-hour seminar designed for high school and college students who would like to improve their GPA. The seminar will discuss common barriers to achieving top grades and action steps to overcome them. The speaker will provide you with his own academic experiences which led him to a management position with a major corporation. Specific topics covered will include:

- Our Personal abilities
- Note taking
- Study habits
- Test taking

Instructor: Mr. Mark Thibodeau, *Manger/Engineer*
Dates: Tuesdays, October 7, 14
Time: 7:00 p.m. to 9:00 p.m.
Place: Stark Learning Center Room 166
Cost: \$20.00

4. Basic Photography and the Darkroom

A basic course to discuss both technical and aesthetic problems in color and black and white photography. A working knowledge of a 35mm camera is helpful.

Instructor: Mr. Mark Cohen
Dates: Mondays, October 27; November 3, 10, 17, 24
Time: 7:00 p.m. to 9:00 p.m.
Place: Stark Learning Center Room 7
Cost: \$50.00 including materials

5. Outdoor Experimental Field Study

This course in Outdoor Experimental Field Study presents a broad survey of specific non-traditional outdoor activities from the standpoints of ecology and self-actualization. Instruction includes technical analysis of equipment and systems, as well as a study of usage/impact upon the ecosystems of the planet. Emphasis is placed upon the development of outdoor skills and how knowledge of these skills adds to the self-actualization process. Enrollment limited.

Saturday, September 20, 9:00 a.m. to 4:00 p.m.
Canoeing — This course of instruction is designed for the beginner. Course topics will include basic canoe handling techniques and canoe safety.

Saturday, October 4, 7:00 a.m., to Sunday, October 5, 4:00 p.m.
Backpacking — The instruction is designed for beginners with little or no exposure to the principles of backpacking and multi-day hiking. Emphasis will be placed on equipment selection, menu planning, clothing, conditioning, hiking techniques, and minimum impact land travel. Rentals available for sleeping bags and backpacks. All other equipment will be provided (tents, stoves, cookgear). Evening orientation Tuesday, September 23, 7:00 p.m. to 9:00 p.m. Bedford Hall Room 11.

Sunday, November 2, 9:00 a.m. to 4:00 p.m.
Rock Climbing — This course of instruction is designed for the beginner with little or no exposure to rock climbing. The course will cover knots, rope handling, hardware use, rappelling (descending) and the basic techniques of balance and friction climbing.

Saturday, November 15, 7:00 a.m. to 6:00 p.m.
Spelunking (Caving) — This experience is intended for the individual who has never been caving. Students will explore a non-technical cave. Everyone should expect to do some crawling and end up muddy and wet, but happy! Preceding each activity, participants will meet in Shaffer Lecture Hall Lobby.

Instructors: Mr. William Toothill
 Wilkes College Climbing Incorporated
 Mr. George Smith
 Wilkes College Climbing Incorporated
Cost: \$125.00

Activities may be scheduled on an individual basis at the following fees:

- Backpacking \$40.00
- Rock Climbing \$30.00
- Caving \$35.00
- Canoeing \$20.00

For those participants attending all activities, a special orientation class will be held Tuesday, September 30, 7:00 p.m. to 9:00 p.m. in Bedford Hall Room 11.

6. Biofeedback For Relaxation

This course is intended for individuals interested in using biofeedback equipment and relaxation techniques to learn to control their responses to stress. Course participants will have the opportunity to use muscle, temperature, brain wave, and galvanic skin response. Enrollment limited.

Instructor: Dr. Dennis Gold, *Clinical Psychologist*
Dates: Thursdays, November 13, 20; December 4, 11, 18
Time: 7:00 p.m. to 9:00 p.m.
Place: Capin Hall Room 15
Cost: \$135.00

CULTURAL ENRICHMENT

1. Contemporary Latin America

Emphasis on the literature (short stories and drama) of major countries, with excursions into film, art, and other humanistic studies. An optional New York theater trip.

Instructor: Dr. Charlotte V. Lord, *Professor Emeritus Occasional guest lecturers on special issues*
Dates: Tuesdays, September 2, 9, 16, 23, 30; October 7, 14, 21, 28; November 4
Time: 2:00 p.m. to 4:00 p.m.
Place: Shaffer Lecture Hall, Stark Learning Center Room 101
Cost: \$50.00

2. Basics of "Buffo" — The Joy of Comic Opera

The world of opera is not all doom, gloom, and disaster. Light-hearted masterpieces abound and have always delighted audiences with their irresistible mixture of melody and mirth.

This course will present comic operas by Mozart, Rossini, Donizetti, Johann and Richard Strauss, Verdi, Puccini, and others. Extensive use will be made of video-tapes — mostly sub-titled.

Instructor: Mr. Muriel Bravman
Dates: Mondays, September 8, 15, 22, 29; October 6, 20, 27; November 3, 10, 17, 24
Time: 1:30 p.m. to 4:00 p.m.
Place: Wilkes College Library Media Room
Cost: \$60.00

3. Identifying With Poetry Of Today And Yesterday

This course will explore poetic language in a variety of forms, including some narrative and dramatic verse, as well as a sample of lyric poems, both contemporary and traditional. The participant will be invited to discover poetic patterns of sound and imagery and listen for the special style or "voice" of each poet. Shakespeare, Donne, Pope, Blake, Coleridge, Hopkins, Yeats, Eliot, Dickinson, Frost, Williams, Stevens, Kinnell will be included.

Instructor: Mrs. Mary Kerr
Dates: Thursdays, September 25; October 2, 9, 16, 23, 30; November 6, 13
Time: 2:00 p.m. to 4:00 p.m.
Place: Stark Learning Center Room 160
Cost: \$40.00
Text: Poetry: An Introduction ed. Ruth Miller & Robert Greenberg

4. The Constitution and You

This course will review in a general way the Constitutional Convention of 1787 and the competing and conflicting forces represented by the Constitutional Delegates. Together with an examination of the current applications of some of the Constitutional concepts such as the doctrines of separation of powers and federalism.

Instructor: Attorney Harry Hiscox
Dates: Tuesdays, October 7, 14, 21, 28
Time: 7:00 p.m. to 9:00 p.m.
Place: Stark Learning Center Room 342
Cost: \$20.00

5. The Natural History of Wyoming Valley and Environs

Illustrated lecture concerning the formation of the Wyoming Valley, the geological features of the Valley, the ecological aspects of the Valley, and the biota of the Valley, with reference to the lakes throughout the region. Limited to thirteen.

Instructor: Dr. Charles Reif, *Professor Emeritus*
Dates: Saturday, October 11
Time: 9:00 a.m. to 12:00 noon (Lecture)
 1:00 p.m. to 5:00 p.m. (Field Trip)
Place: Stark Learning Center Room 209
Cost: \$50.00

6. Masters Of Painting: Renaissance To Modern

Ten slide lectures will survey the major styles of Western art from 1400 to the present through the works of ten great painters and their "alter-egos."

Instructor: Dr. William Sterling, *Chairman, Art Department Wilkes College*
Dates: Wednesdays, October 1, 8, 15, 22, 29; November 5, 12, 19; December 3, 10
Place: Wilkes College Library Media Room
Cost: \$50.00

7. Life Drawing

Drawing from the model, nude and clothed. Gesture and contour drawing; three-dimensional form drawings; chiaroscuro, black and white on tinted paper; extended studies of figure and head. Course is designed for the inexperienced as well as the more experienced artist. Participants need to bring drawing pads, pencil, eraser, and charcoal to the first class. Enrollment limited.

Instructor: Mr. Herb Simon, *Associate Professor of Art, Wilkes College*
Dates: Wednesdays, September 17, 24; October 1, 8, 15, 22, 29; November 5, 12, 19
Time: 7:00 p.m. to 9:00 p.m.
Place: Stark Learning Center Room 115
Cost: \$60.00

8. Modern Jewish Social and Intellectual History

This course will survey the major events and developments that have shaped the course of modern Jewish history, from the enlightenment to the present time. Included in the scope of the course will be the stirrings of emancipation, the Reform Judaism, the development of social movements, the growth patterns of immigration, World War I, the rise of Nazism, World War II and the Holocaust, the post-war era and establishment of Israel, and contemporary developments in the world Jewish community.

Instructor: Dr. Herbert Rosenblum, *Spiritual Leader Temple Israel*
Dates: Tuesdays, October 21, 28; November 4, 11, 18
Time: 7:00 p.m. to 9:00 p.m.
Place: Bedford Hall Room 11
Cost: \$40.00

9. Contemporary Issues Facing World Religions

This course will include lectures, dialogues, and discussions concerning the impact of modern world issues on world religions. The global impact and importance of Judaism, Christianity, Islam, and Eastern religions will be the focus of this class. Attention will be paid to such matters as anxiety, stress, pressures, values, and life style as well as other economic and political issues of the modern world.

Coordinator: Dr. Jule Ayers
Panel: Monsignor Thomas Banick
 Dr. Christopher Breiseth
 Dr. Mahmoud Fahmy
 Dr. Grihapti Mitra
 Rabbi Herbert Rosenblum
Dates: Thursdays, October 9, 16, 23, 30; November 6, 13
Time: 7:00 p.m. to 9:00 p.m.
Place: Kirby Hall Room 302
Cost: \$40.00

LANGUAGES

1. Polish Language and Culture

This course will explore more extensively the language and the Polish culture. The course will be divided into elementary, intermediate, and advanced.

Instructor: Mr. Chester Stasyszyn
Dates: Mondays, beginning September 22
Time: 7:30 p.m. to 9:00 p.m.
Place: Stark Learning Center Room 334
Cost: No charge

2. Latin

This course will emphasize the fundamentals of Latin grammar and precise pronunciation. Attention is given to inflections of nouns, verbs, and other parts of speech. There will be abundant practice to develop habits of word analysis in both Latin and English. Instruction in reading, writing, and translation will be provided. Roman life and customs, legends, and mythology will be a special feature of this course.

Instructor: Mr. Chester Stasyszyn
Dates: Thursdays, beginning September 25
Time: 7:00 p.m. to 9:00 p.m.
Place: Kirby Hall Room 102
Cost: \$20.00

REGISTRATION FORM

Name _____
 Address _____ Home Phone _____
 City _____ State _____ Zip _____ Business Phone _____
 Name of course(s) _____

Social Security Number _____
 Make checks payable to Wilkes College.
 Pre-registration required.
 Registration fees are non-refundable after the first session.
 For admittance to class,
 please present your receipt at the first session.

Send to: **Dean Fahmy, Dean of Graduate Studies & Continuing Education**
Wilkes College
Division of Continuing Education
Wilkes-Barre, PA 18766
Ph. (717) 824-4651, ext.225