

People

Edie likes to make one-dish meals

By CHARLOT M. DENMON
Staff Correspondent

Edie Shaffer of Dallas enjoys cooking, especially desserts, but since just she and her husband are the only ones at home, Edie says they generally enjoy one-dish meals and seldom eat sweets unless it is some of her homemade Banana Nut Bread or 6-Week Muffins.

The former Edith Spencer, she was born and raised on 42nd Street in the West Dallas area until she married Alvin Shaffer and moved into their present home on Mill Street, Dallas.

She and Alvin have a daughter, Janis Barringer, now living in League City, Texas, with her husband and two sons, Michael and Jason. Every year Edie spends three weeks with her daughter and family, a vacation she looks forward to with enthusiasm.

Until she retired several years ago, Edie was employed as a sales clerk, first for the late Charles Gosart, later in the same store for William Davis, and then for Wayne Schmolli, who formerly owned and operated Country's Best.

In addition to preparing special desserts which she does for holidays and special occasions, Edie enjoys working in the yard with the plants and flowers she raises annually. Assisted by her husband, they keep their yard beautifully landscaped.

Edie also likes to bowl, but decided to give it up about three years ago because of other commitments. She was a charter member in one of the first women's leagues in the local bowling lanes.

She and Alvin have been active members of the Dallas Fire & Ambulance, Inc., Alvin having been with the Dallas Fire Company for the past 46 years and Edie, an active member of the Fire & Ambulance Auxiliary.

The recipes, Edie shares with Dallas Post

readers this week are easy to prepare and relatively inexpensive.

The Plum Conserve is an original recipe of Edie's. She tasted some at one time and liked it so well, she kept trying different ingredients until she finally had exactly the recipe she wanted.

The 6-Week Muffins, Edie finds very convenient. You can mix as much batter as you want to and store it in the refrigerator, using just the amount you need when you want muffins.

The Vegetable Dish is a meal in itself, containing all of the ingredients one needs for a nutritious but easy to prepare and tasty dinner. For something sweet, Edie suggests a slice or two of her Banana Nut Bread.

"It's just enough to satisfy a 'sweet tooth'," said Edie.

PLUM CONSERVE

2½ lbs. plums
1 4-oz. pkg. walnuts, chopped
1 lg. orange
5 c. sugar

Pit plums and cut in halves lengthwise, place in large saucepan. Blend in chopped walnuts. Cut orange unpeeled, take out white membrane, dice, and add to plums and nuts; add sugar and mix. Simmer over low heat for approximately one hour or until thickened. Makes 6-7 glasses of conserve.

6-WEEK MUFFINS

¾ c. Ready-to-eat Raisin Bran cereal
2½ c. All-purpose flour
1½ c. granulated sugar
2½ t. baking soda
1 t. salt
2 c. buttermilk
½ c. vegetable shortening or unsweetened butter, melted
2 lg. eggs

In a large mixing bowl, combine cereal, flour, sugar, baking soda and salt. Using wooden

spoon, beat in buttermilk, shortening and eggs until just mixed. Pour into a storage container, cover and refrigerate several hours or up to six weeks. Makes six cups batter, enough for 30 2½ inch muffins.

Heat oven to 400 degrees, stir batter and fill well-greased muffin tins two thirds full. Bake 15-20 minutes or until muffins are puffed and browned, and a wooden pick inserted in center comes out clean. Remove from oven, let stand five minutes before removing from pans.

BANANA NUT BREAD

¼ c. shortening
¾ c. granulated sugar
2 eggs
2 c. Jiffy baking mix
1 c. (2-3 med.) ripe bananas
1/3 c. chopped nuts

Heat oven to 350 degrees. Grease 9"x5" loaf pan. Cream shortening and sugar, combine remaining ingredients and mix until well blended. Pour into prepared tin and bake 55 minutes. Cool on rack before slicing. Makes one loaf.

VEGETABLE DISH

1 med. onion, diced
½ lb. ground beef
3 hot dogs, diced (optional)
1 16-oz. can mixed vegetables
1 pt. cooked tomatoes
1 T. flour
Salt & pepper, if desired

Bisquick topping:

1 c. Bisquick
1 c. milk

Saute onion and ground beef, add mixed vegetables and tomatoes, blend well. Mix flour as for gravy and combine with vegetable mixture, and place baking dish or casserole.

In separate bowl, add milk to Bisquick until mixture forms a soft ball. Drop by spoonfuls on top of vegetable mixture. Bake at 350 degrees until golden brown.



Dallas Post/Charlot M. Denmon

Making casserole

Edie Shaffer, this week's Dallas Post cook, prepares to bake Beef-Vegetable Casserole for dinner.

Entertainment

Change in broadcast media and modern technology is occurring rather rapidly. Electronic media depend on technology at every stage of communication; therefore, change pervades virtually all aspects. This change is being evidenced in varying degrees now, and will have far-reaching effects in the future, especially if the trend maintains its present pace.

First of all, electronic equipment has and will continue to become more compact and more versatile. Computers and microprocessors will have an even greater impact on production, including cameras, recorders, voice synthesizers, graphics, and animation. Large screen televisions, stereo television,

video cassette recorders, video disc players, digital TV, satellite dishes, and the recently demonstrated high definition television will continue to be popular innovations.

Closely associated with rapid change in technology is the increased availability of channels, whether by cable systems, direct satellite broadcast, or by subscription television. Movie channels now include Home Box Office, Showtime, The



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Movie Channel, Cinemax, and Front Row. Culture channels present ARTS, Bravo, and the Entertainment Channel. Religious channels carry Praise the Lord, Oral Roberts, CBN, NCN, and NJT. In the news and sports area are Ted Turner's Cable News Network 1 and Headline News, ESPN, and USA.

"Superstations" are becoming more popular - WTBS in Atlanta, WOR in New York, and WGN in Chicago. Nickelodeon and Calliope can be found on children and adult channels. Other cable channels worthy of mention are Modern Satellite Network and Beta, aimed at women; The Black Entertainment Network, aimed at the black audience; C-span, focused on government-

related material, and Playcable, created by Mattel.

Engineers and telecommunication specialists have also been exploring ways to make better use of available channel spectrums. One of the most imminent is teletext. A portion of the bandwidth of the television picture is unused for the video itself; consequently, it is possible to place pages of text onto the unused portions. Broadcasters are presently using three areas for "closed captioning," allowing a specially equipped television receiver to display captions at the bottom of the picture for people who experience difficulty hearing the audio segment of a program.

Videotex is still another system

being experimented with. Whereas teletext is a one-way data system, videotex is a two-way system. It is an interactive system, which is normally run through cable television and establishes a link from a viewer's TV set to a data bank. The viewer is charged for each page of information that appears on the television screen, which can turn out to be quite costly.

In the Warner-Amex two-way cable system, often called QUBE, the cable company bills the subscribers for the pay programs they have chosen to watch. Subscribers are given a 30-channel capacity. Ten channels are devoted to normal public and commercial presentations. Another ten channels provide

viewers "premium" selections. These include special programs, newer movies, self-help courses, and local college sports. The third group of 10 channels are the community channels through which viewers can interact with their television sets. They can respond to any issues of the day by pressing channel-selection buttons, and a computer immediately tabulates the information. Modern technology is certainly amazing when viewers are afforded the opportunity to buy merchandise, to install fire alarms, and burglar alarms via the home video system.

(Debby Wysocki is the entertainment writer for The Dallas Post. Her column appears weekly.)

Crispell family holds 73rd annual reunion

The 73rd Annual Reunion of the Crispell Family (Pennsylvania Branch) was held recently at Dymond Grove, Noxen, with approximately 46 attending.

The Crispells are descendants of Antoine (Crespel) Crispell, who came to this country in 1660 and along with 11 other patentees, founded the village of New Paltz, N.Y., near here. Around 1825 Thomas Crispell and his wife settled in the Noxen-Beaumont area, and it is the descendants of this couple who gathered for the event.

Earl Crispell of Noxen who had served as President of the National Crispell Family Association for many years was named President Emeritus at the Annual Meeting held in New Paltz on July 5. John Sidorek served as Vice President of the National Association this past year, and Dr. Leon Sidorek, as

President of the Pennsylvania Branch. He encouraged family members to attend the Annual Meeting the first Saturday in July and also Stone House Day the first Saturday in August in New Paltz where the oldest named street in the United States with the houses still standing is located, the houses having been built between 1672 and 1712.

Officers elected for the Pennsylvania Branch for the ensuing year are: Rev. Theodore Hubbard, President; Eunice Sorber, Vice President; Lois Post, Recording Secretary; Lucy Goss, Corresponding Secretary, and Alma Brown, Treasurer. Nominating Committee for next year is Helen Crispell, Letha Schenck, and Ella Cobleigh. Appointed to Committees next year are: Games, Sue Carney; Entertainment, Rev. Theodore Hubbard

and Eunice Sorber; Gifts, Effa Crispell.

Oldest man present was Clarence Shupp, 85; oldest lady, Iva Hoover, 84; youngest baby, Corey Francis Sidorek, 6 months; couple married the longest, Earl and Helen Crispell, 60 years; couple most recently married, Dr. Leon and Roxanne Sidorek; youngest grandfather, Ed Sidorek; youngest grandmother, Lucy Goss; largest family present, Lucy Goss; family traveling the farthest, Rachel, Kevin and Debbie Schenck. August birthdays, Ed Sidorek, Ella Cobleigh and Letha Schenck.

Eunice Sorber, soloist, entertained with an inspiring selection of gospel songs. Reunion next year will be at Dymond Grove, Noxen, the second Saturday in August at noon.

Those attending this year's reunion were: Dr. Leon and Roxanne

Sidorek, Corey Francis Sidorek, Edward and Minnie Sidorek, Lois Post, Mr. and Mrs. Harold Goss, Dee Jones, Mrs. Sue Carney and boys, Albert and Rachel Crispell, Earnest and Alma Brown, Mr. and Mrs. Clarence Shupp, Rev. Theodore and Carmel Hubbard, Eunice Sorber, Bertha Oney, Claude Crispell, Letha and Francis Schenck, Nellie Marcy, Ruth Newberry, Marilyn, Tiffany and Keith Crispell.

Also, Dorothea Brandsteltner, Dorothea Eveland, Mr. and Mrs. Earl Crispell, Sr., Iva Hoover, Harold E. Hoover, Dotty Schneider, Judith and Ed Crispell, Edward W. Cobleigh, Ella C. Cobleigh, Delbert E. Cobleigh, Betty J. Strzelczyk, Cecil and Effa Crispell, Rachel, Kevin and Debbie Schenck. It was noted that Edith L. Thompson passed away on July 15 at 100 years of age.

Hoffmans celebrate anniversary

Mr. and Mrs. George N. Hoffman, Sr. of 45 Shaver Ave., Shavertown celebrated their 50th wedding anniversary. They were married in St. Mary's Syrian Orthodox Church, September 5, 1936 by the late Rev. Mitchell. The late Victoria Matta served as maid of honor and best man was the late Henry Hoffman.

Mr. Hoffman, prior to retirement, worked for the Stegmaier Brewing Company of Wilkes-Barre for 38 years.

Mrs. Hoffman was employed by the Jon Art Manufacturing Co. of Wilkes-Barre for 10 years.

The couple resided in the Lee Park section of Hanover Township for 28 years prior to the Flood of 1972.

The couple has three children, George N. Jr., of Shavertown; Judith A. Walent of Deer Park, New York and Kathryn E. Joseph, of Dallas. They also have 10 grandchildren.

They were recently honored at a dinner by their family.



ANDREA VASIL

Vasil named Nursing Director

Andrea M. Vasil, R.N., has been named Director of Nursing at the Meadows Nursing Center, Dallas.

Ms. Vasil is a graduate of Exeter High School and Wilkes-Barre General Hospital School of Nursing. She is currently enrolled in the Health Care-Business Management Program at King's College, Wilkes-Barre. Ms. Vasil was previously employed as Director of Training and Development, Homecare Venture, Inc. She was also employed by

Wilkes-Barre General Hospital as Staff Development Instructor, Department of Education, and Trauma Nurse Coordinator, quality Assurance Department.

She is the Chapter President of the Luzerne-Lackawanna County American Society for Training and Development and also Regional Secretary for a five state council.

Ms. Vasil resides in Exeter with her children, Frank, Mark, Christy and Brian Bonath.

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