

He's back!

Mountaineer Danny Williams returns to football following injury

By CHARLOT M. DENMON
Staff Correspondent

Last October when Dallas Mountaineer Danny Williams suffered a broken femur while playing in the Dallas-Nanticoke game, he had little hope of playing football again.

When he was first admitted to the hospital with the injury, doctors told him he wouldn't be able to lift weights for 18 months and that there would be no football for at least two years, if ever.

A dedicated player since junior high school, Danny was severely depressed by the news but his twin brother, Dale, refused to accept the doctor's prognosis. He wouldn't let Danny give up. When it was necessary that Danny have a pin in his leg, a second doctor told Danny that it didn't look good for Danny's return to football, but Danny encouraged by his brother Dale, refused to believe that.

He wanted to play football in his senior year and became determined to do so. It was a long road back of doing everything he was told to do in the hospital, following his doctor's orders and adhering to a special diet.

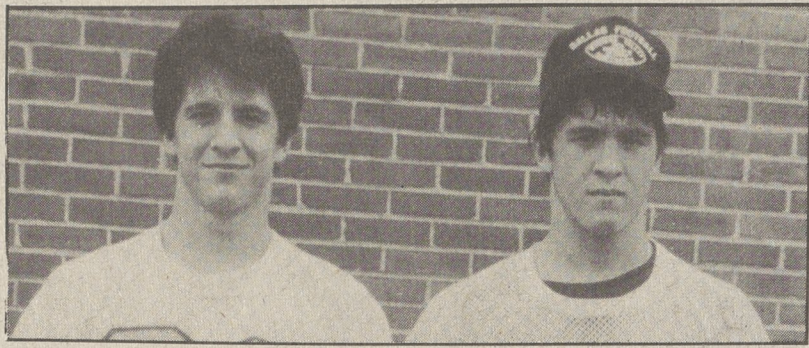
The first good news he heard was that he didn't need a cast because of the way that the femur was broken.

Danny began drinking lots of milk and orange juice, took calcium and Vitamin C and followed every diet recommended by doctors and nutritionists. He was a hospital patient for two weeks and when he was discharged, Danny left on crutches.

He was on these for about 10 days, then used only one crutch for approximately two weeks, then a cane.

"Danny never gave up," said Dallas Varsity Coach Ted Jackson. "Despite having a steel bar in his leg, he kept working out as best he could and in two months his medical report was good. In six months the doctor said his recovery was remarkable, far better than expected, and in June of this year, doctors gave Danny the 'okay' to play football."

"He and his twin brother, Dale, are two of the hardest working kids



Brothers rejoice

Danny Williams, left, poses with his twin brother, Dale, before going out on the practice field for last Friday's morning football practice. Danny delighted his teammates by recovering sooner than expected from a fractured femur and returning to play on the varsity football team this season.

on the team," said Jackson. "Dale has gained over 30 pounds and plays guard and inside linebacker. Danny has gained about 20 pounds and plays tight end and outside linebacker. They are dedicated leaders and co-captains, and fierce competitors."

Danny and Dale, sons of Mr. and Mrs. Daniel Williams of Shavertown, are seniors at Dallas High School. Danny started playing football in junior high school while Dale first joined the team when he was in 10th grade. Dale is also a fine wrestler. Both brothers also enjoy weightlifting.

It was a freak accident that caused Danny's injury. He and a teammate were making a tackle in the game when the other boy's leg swung around and hit Danny's leg. According to some of the team members, the snap could be heard all over the field.

Danny said he didn't do any formal type of therapy. He just went back to the doctor regularly and the second time he went, the doctor told him he could lift light weights. Danny started lifting weights with his brother, Dale. When Danny went to the doctor the next time, he was told that he could do squats, then he and Dale ran and jumped rope.

"Dale helped me out all the time

with encouragement," said Danny. "He kept after me to stick with it. We worked out together with weights at home. Dale can bench press 300 pounds and I can press 260."

Dale weighed about 130 pounds when in 10th grade, 150 in 11th and this year goes about 200. He said he gained the weight by lifting weights and drinking "lots" of milk shakes. Danny lost about 20 pounds during his stay in the hospital, going down to about 150 pounds but since January he has gained 25 pounds and now goes about 175 or 180.

Danny's parents realize how much playing football means to Danny, so they stand behind him all the way.

"With that steel bar in my leg, it's going to hurt the other guy more than it will me if I'm hit," said Danny. The pin doesn't come out until the end of this year.

How does the team feel about Danny's return? Their attitude speaks louder than words. It takes only a few minutes around the Williams' twins and their teammates to realize how happy they are that Danny is back.

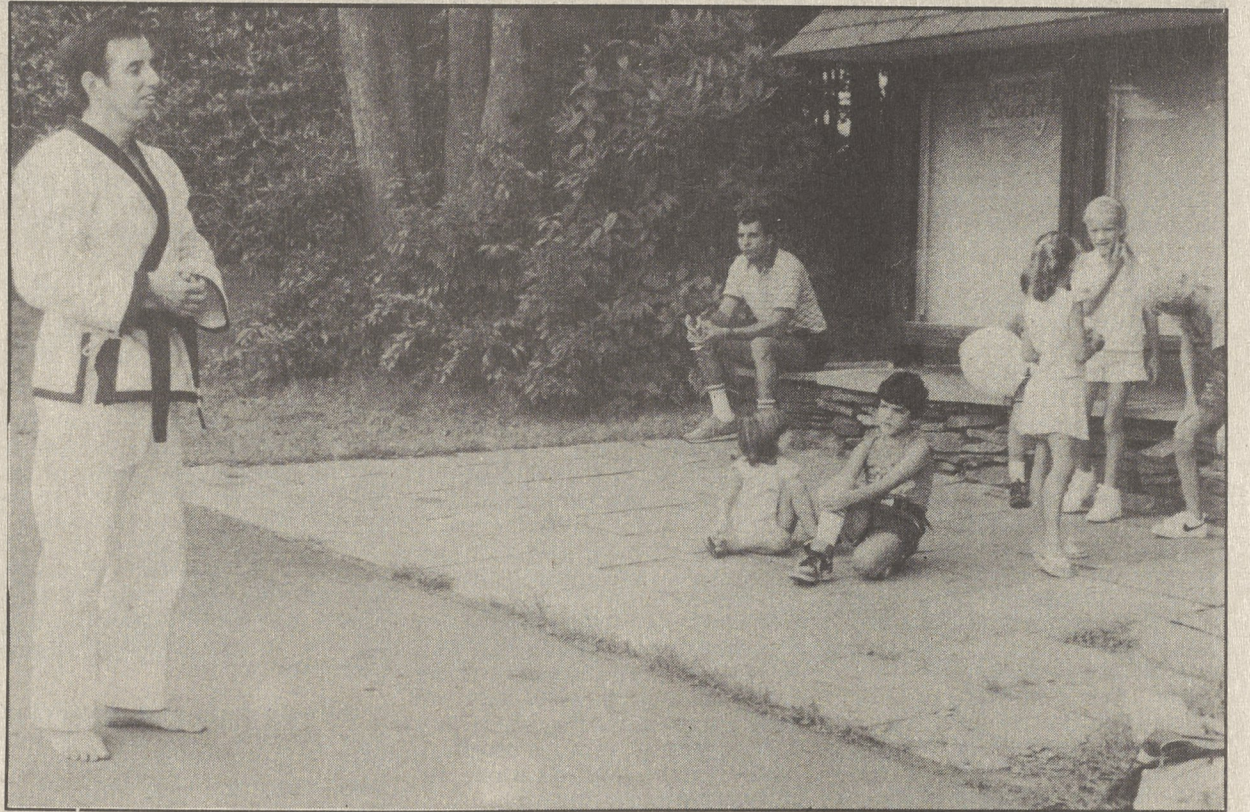
Danny's attitude is great, the team's attitude is great, practice is going well and Danny says "We should be competitive." Dale nods in agreement.



Dallas Post/Charlot M. Denmon

Crafts displayed

Sharon and Shir of Nothing Fancy at the Bay Window Shops, Overbrook Road, Shavertown, had a display of folk art and country gifts at the Arts & Crafts show held Sunday at the Lehman campus of Pennsylvania State University.



Dallas Post/Charlot M. Denmon

Karate demonstrated

Dudley Snyder, PhD, assistant professor of chemistry at Penn State's Wilkes-Barre Campus, explains the various methods of karate to interested youth and adults at the Arts & Crafts Show held Sunday at the Pennsylvania State Wilkes-Barre Campus.

Locals on gold medal hockey team

Two Back Mountain girls were members of the Division 2 field hockey team that took the gold medal at the Pennsylvania Keystone Games at Penn State's Main Campus the weekend of August 8-10.

Lori Warneka, a junior at Dallas High School, daughter of Mr. and Mrs. Lloyd Warneka of Dallas, and Susie Slocum, a junior at Lake-Lehman High School, daughter of Mr. and Mrs. Ernest Slocum, of Meeker, played on the forward line during the games.

The Division 2 team won the gold medal by defeating Division 3 by a 2-1 score with Slocum scoring one goal and Warneka scoring the second goal. Division 2 tied with Division 1 by a 1-1 score with a girl from Reading making the goal. The team defeated Division 4, 7-0, with Warneka scoring one of the seven goals and Slocum coming through with several assists.

Both girls played field hockey in junior high school and are now members of the varsity teams at their schools. Warneka plays under Dallas Coach Robyn Jones and Slocum plays with the Lady Knights coached by Jean Lipski.

— CHARLOT DENMON



Dallas Post/Charlot M. Denmon

Medal winners

Lori Warneka, of Dallas High School, and Susie Slocum, of Lake-Lehman High School, proudly wear their gold medals won by the Division 2 field hockey team on which they participated in the Pennsylvania Keystone Games.

New York Presents
SALVATORE'S

designing heads

Hair Cutting and Design

Dallas Shopping Center • Dallas, Pa. 18612 • 675-0447
Narrows Shopping Center • Edwardsville, Pa. 18704 • 287-1730

PRECISION HAIRCUTTING FOR MEN & WOMEN
PERM WAVING DIMENSIONAL COLORING
MANICURES SCULPTURED NAILS
Appointment Not Always Necessary

Security measures are taken

Security renovations at the Dallas Township Municipal building should be complete within the next month, according to Dallas Township Police Chief Carl Miers.

Miers said that one-way windows, which would allow visibility only from the inside to the outside are in the process of being coated and that an electric door lock has already been installed.

The lock, which is located at the second door after entering the building, will automatically be secured after employees leave following regular business hours. Anyone wishing to enter the building during the night can still do so, but only as far as the second door. Only after they have been properly identified will they be allowed to enter.

The township is also contemplating whether to replace the door directly leading to the police office or to install teller type windows. Proposals for low-circuit TV devices are also being discussed.

In addition, the security gate located at the Upper Demunds road entrance will be locked and chained, prohibiting anyone from entering. A security system to detect break-ins has also been installed.

— JOHN HOINSKI

Preparing Taxes Can Be More Than A Good Way To Earn Money

Thousands of tax preparers find their work not only gives them extra income, but satisfaction in being able to help others.

H&R Block has been teaching tax preparation for over 30 years and is now offering its basic income tax course starting September 3rd and 4th. Morning and evening classes are available.

Because income taxes have become increasingly complicated over the years, many people are looking for help with tax situations they don't understand. Working as a tax preparer is one of the few ways you can make money and also get job satisfaction by helping others. Thousands of tax preparers tell us that the best part of their job is the pleasure they give people by saving them money on their tax returns.

Classes are held over a 13 week period. An experienced Block instructor will guide students through various phases of income tax preparation. Classwork will

include discussion, practice problems and actual experience preparing individual tax returns. New tax laws will be explained.

Qualified course graduates may be eligible for a job interview with H&R Block when the course is complete. Many people feel employment with Block gives them the freedom of flexible hours. Block, however, is under no obligation to offer employment, nor are graduates under any obligation to accept employment with H&R Block.

One low course fee includes all textbooks, supplies and tax forms required for class. Certificates and 7.5 continuing education units will be awarded upon successful completion of the course. Registration forms and a brochure for the income tax course may be obtained by contacting the H&R Block office at 211 Wyoming Ave., Kingston, 288-9367. Courses are being offered in five area locations.

MAKING YOUR FIRST TWO YEARS SOMETHING SPECIAL
TRADITIONAL ASSOCIATE DEGREE PROGRAMS
Classes begin September 4



- | | |
|--------------------------------------------|----------------------------------|
| ALLIED HEALTH (12 areas of study) | GENERAL STUDIES |
| ART | HOSPITALITY MANAGEMENT (6 areas) |
| BUSINESS ADMINISTRATION (8 areas) | HUMAN SERVICES |
| COMMUNICATIONS | LIBERAL ARTS |
| COMPUTER SCIENCE | OFFICE ADMINISTRATION |
| COMPUTER SCIENCE MANAGEMENT | SCIENCE |
| EARLY CHILDHOOD EDUCATION | TRAVEL AND TOURISM |
| ENGINEERING | |
| ENVIRONMENTAL SCIENCE & FORESTRY (7 areas) | |

OUR FULLY-ACCREDITED ASSOCIATE DEGREE PROGRAMS CAN LEAD TO AN IMMEDIATE CAREER OR TRANSFER TO A FOUR-YEAR COLLEGE
TO OBTAIN MORE INFORMATION ABOUT KEYSTONE JUNIOR COLLEGE PLEASE CALL THE ADMISSIONS OFFICE
(717) 945-5141 or 1-800-824-2764



CLIP AND MAIL TO: Admissions Office
Keystone Junior College
La Plume, PA 18440

I am interested in KJC for Fall 1986. Please have a counselor call me. Preferred time _____.

I am not ready to enroll now, but would like more information about KJC.

NAME _____ TELEPHONE # _____
ADDRESS _____
CITY _____ STATE _____ ZIP _____
CAREER INTEREST _____