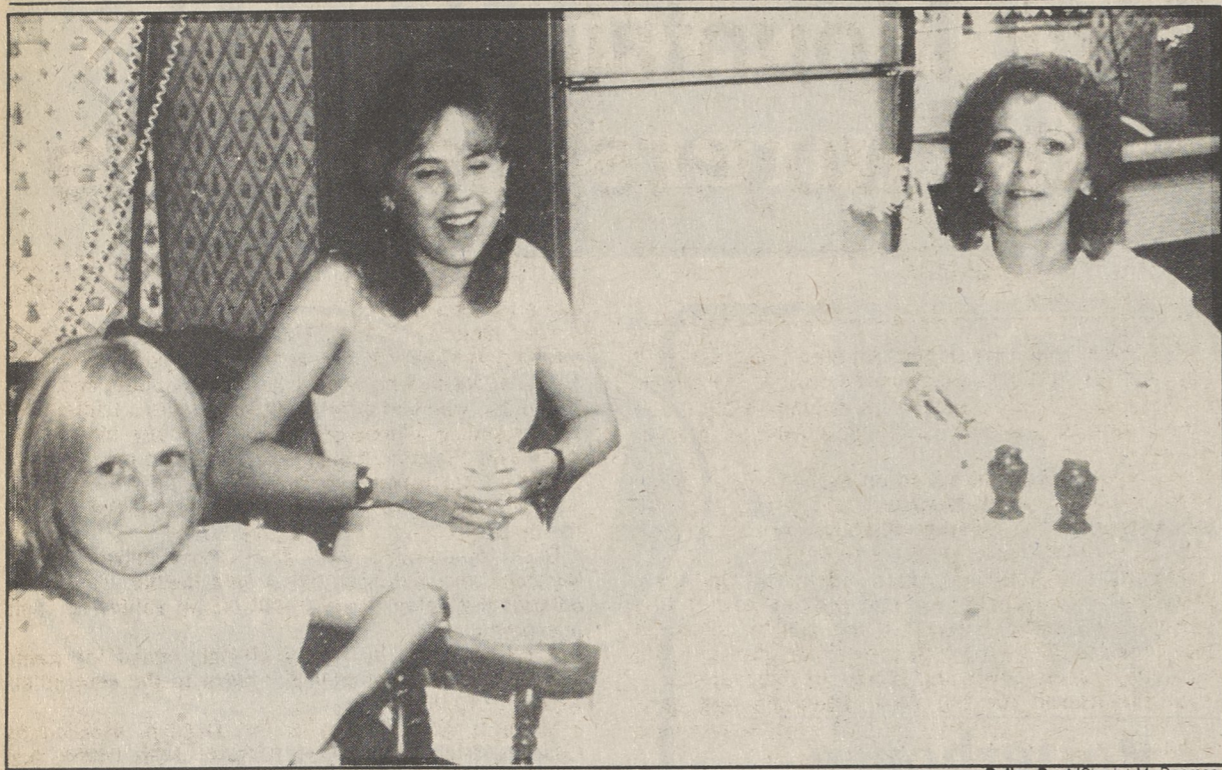


People



Dallas Post/Charlot M. Denmon

Getting ready for dinner

Mrs. Joy Wojtowicz (center) and her daughters Rachelle and Kara, take time to pose for a photo before beginning their dinner featuring Garlic Chicken and Rice.

Without much time to spend in the kitchen, she collects easy to prepare, nourishing recipes

By CHARLOT M. DENMON
Staff Correspondent

Although Joy Wojtowicz enjoys preparing various entrees and salads, working full time, taking care of a home and three children, does not allow her much time to spend in the kitchen so she collects recipes that are both nourishing and easy to prepare.

When possible, she likes to prepare recipes she can do in advance and refrigerate until she gets home and can either pop in the oven or serve cold from the refrigerator. She especially enjoys making spaghetti sauce and although not of Italian descent, Joy makes her spaghetti sauce from an old Italian recipe.

It takes hours of preparation and more hours of cooking, so when Joy makes it she does it in large quantities and freezes it in containers until she is ready to use some of it.

The former Joy Harris, daughter of Liva Harris and the late Ralph Harris, Joy is a native of the Back Mountain. She has two daughters, Rachelle and Kara, both students at Dallas, and John, a student at West Side Vo-Tech School.

When she has the time, Joy enjoys reading best sellers, and also likes to crochet. Since her children are involved in school activities and Back Mountain sports program she is also kept busy transporting them to and from their various events. Kara is a member of the cheerleading squad for the Dallas Cowboys in the Mini-football League.

Joy is an avid animal lover and has two dogs, Keeshund and a registered Beagle, three rabbits, and a large cat. She and her husband, Edward used to enjoy traveling but since Joy is working full time, her work plus her children's activities make it impossible.

The recipes she shares with this week's Dallas Post readers are favorites of the family, particularly her children. The Garlic Chicken makes a delicious one-dish meal and served with a tossed salad and light dessert also an ideal dinner when entertaining. The Scalloped Potatoes are easy to prepare and are perfect to serve with baked or broiled ham, meat loaf or roast chicken.

Both the Watergate Salad or the Banana Salad are tasty and are recommended for entertaining friends or for a light dessert or salad with a heavy dinner. If counting calories, it is suggested that non-dairy whip be substituted for the heavy cream in the Banana Salad since it is not as rich.

GARLIC CHICKEN OVER RICE

- 2 lb. boneless chicken breasts
 - 1 8-oz. can mushrooms
 - 1 16-oz. can peas
 - Corn starch
 - Garlic powder
 - Salt & pepper to taste
- Cut chicken breast into thin strips, saute in pan with butter and

garlic powder (to taste) until tender. Drain mushrooms and save juice; cook mushrooms with chicken over low heat for about 10 minutes. Add two tablespoonsful of cornstarch to mushroom juice, stir then add to chicken to make a light sauce. Stir till thickened, add peas and simmer for 15 minutes. When done, spoon over cooked rice and serve.

SCALLOPED POTATOES

6 lg. potatoes, washed & peeled
1 med. onion, sliced thin
2 cans cream of mushroom soup
1/2 c. milk
Butter
Slice washed and peeled potatoes thin. In a casserole dish, layer potatoes, slices of onion, two tablespoons cream of mushroom soup, a little milk and slightly sprinkle with salt (optional) and pepper to taste. Alternate layers until all of potatoes are used. Top with remaining soup and milk. Cover and bake at 375 degrees for one and one-half hours,

or until potatoes are done.

WATERGATE SALAD

1 6-oz. pkg. pistachio instant pudding
1 lg. can crushed pineapple
1/2 pkg. colored mini-marshmallows
1 med. container cool whip
1/2 c. chopped walnuts (optional)
In large mixing bowl, adding pudding, drained pineapple (save juice), marshmallows and cool whip. Stir well, and add pineapple juice (enough to make mixture moist). Chill for one hour before serving.

BANANA SALAD

6 fresh bananas
1 lg. can pineapple chunks
1 jar maraschino cherries
1 pt. heavy cream
In large chilled mixing bowl whip the heavy cream, add sugar to taste. Drain pineapple chunks and cherries and add to whipped cream. Peel bananas, slice into bowl, mix well and serve immediately, so bananas do not discolor.

Repotski named to post

Patricia L. Repotski has been named the Assistant Branch Manager of Merchants Bank's Back Mountain Office. The announcement was made by Barry C. Boyer, President and Chief Operating Officer.

A graduate of Dallas Senior High School, Mrs. Repotski has received her general banking diploma through the American Institute of Banking and has attended Luzerne County Community College studying accounting.

She began her banking career with Merchants Bank North (formerly Wyoming National Bank) in 1967. Prior to her appointment as Assistant Branch Manager, she served as a teller and, in 1983, was made loan servicing manager.

Mrs. Repotski is a member and former director of the Wyoming Valley American Institute of Banking and the Prince of Peace Episcopal Church, Dallas. She and her husband, Michael, are the parents of two children, Christopher and Jennifer, and are residents of Trucksville.



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IMPORTED CLOTHES — JEWELRY — ACCESSORIES

Around town

TO MANY, the recent wedding of Prince Andrew of England and Sarah Ferguson, the Duke and Duchesse of York, was an exciting event. I enjoyed watching the ceremony on television, seeing the royal family, the happy couple and the vast crowds.

Preparing for a royal wedding, like any other, must take lots of thought and hard work. Sarah chose to have young children as her attendants and I know there is always some concern as to how the children will behave.

Prince William, heir to the throne, son of Prince Charles and Lady Diana, was one of the adorable attendants. Known for his boyish antics, he provided a few moments of comic relief for the audiences watching. For his mother, however, I'm sure he caused some worry. As the mother of a son who was in a wedding at the age of three, I know that the only thing Lady Diana remembers about the wedding is how her son behaved!

After all, royal motherhood is still motherhood!

MARILYN AND MELVIN MORRIS and daughter, Sharon, Dallas, Elmer and Betty Lamoreaux, Shavertown and Tooties and Andy Denmon and granddaughter Nicole, Dallas, have returned from a fun-filled week in Ventnor, New Jersey. Perfect weather and cool ocean breezes made for a relaxing beach vacation.

MEMBERS OF THE HARVEYS LAKE YACHT CLUB enjoyed the hot summer weather with a "Cruise to the Orient." Japanese fans, candles and window murals, as well as the delicious buffet catered by Peking Chef Restaurant provided the atmosphere for a lovely evening. Philip and Maureen Straub were chairmen for the "Cruise to the Orient."

PLANS ARE BEING FINALIZED for the ninth annual Auction of the Wyoming Historical and Geological Society. Set for Saturday, Sept. 13 on the grounds of the Sweetland Homestead, this year's auction items will include antiques, collectibles and new merchandise. Throughout the day a flea market.

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bake sale and refreshments will be available.

The auction will open at 10 a.m. with bidding commencing at 11 a.m.

All proceeds will benefit the Society which has existed since 1858.

If you would like to donate to the auction, contact the Wyoming Valley Historical and Geological Society.

IT'S PROBABLY HAPPENED to anyone who has ever iced a cake. You make the icing, put in the powdered sugar, stir, and realize that the icing is the wrong consistency, and you don't have any more powdered sugar. Not to worry. I recently read that if you add powdered milk to the icing, just to bring it to the right consistency, it will be fine. I tried it and it works like a charm.

BARBARA CAMPBELL AND JAMIE MANISKAS, both of Dallas are among those recently completing a four-hour seminar on babysitting coordinated by Wilkes-Barre General Hospital's Volunteers.

This course familiarized the youngsters with proper care of children, household safety and kidnap prevention.

CONGRATULATIONS TO the following Back Mountain couples who have announced their engagements.

Carol J. Wallace and Michael Joseph Kern, who will be married October 31 in St. Therese's Church, Shavertown.

Diane C. Wojtowicz and Robert Andrew Supuy will be married September 27 at 2 p.m. in Good Shepherd Polish National Catholic Church, Plymouth.

Karen L. Williams and Paul W. Warren will be married on September 27 in Lehman United Methodist Church.

BEST WISHES to these Back Mountain couples who were recently married.

Mr. and Mrs. Jay T. Crispell were married in Dymond Hollow United Methodist Church, Rev. Paul Towers officiated.

Mrs. Crispell is the former Tracy Coolbaugh. Following a wedding trip to Florida, the Crispells are residing in Trucksville.

Mr. and Mrs. Timothy R. Langston were married in St. Jude's Church, Mountaintop.

Mrs. Langston is the former Beth Ann Olshefski, Mountaintop. Following a wedding trip to Puerto Vallarta, Mexico and San Antonio, Texas, the Langstons are residing in Kingston.

Mr. and Mrs. Douglas R. Stevens were married Saturday at Shavertown United Methodist Church, Rev. James Wert, pastor, performed the double ring ceremony.

Mrs. Stevens is the former Deborah Ruth Post. Upon their return from Europe, the Stevens will reside in Washington, D.C.

(Joan Kingsbury, a Back Mountain resident, is a columnist for The Dallas Post. Her column appears weekly.)

Births

(The following Back Mountain couples have announced births during the past week.)

HOYT, PAMELA SUE and JOSEPH, RD 1, Box 110, Noxen, a daughter, Saturday, July 19.

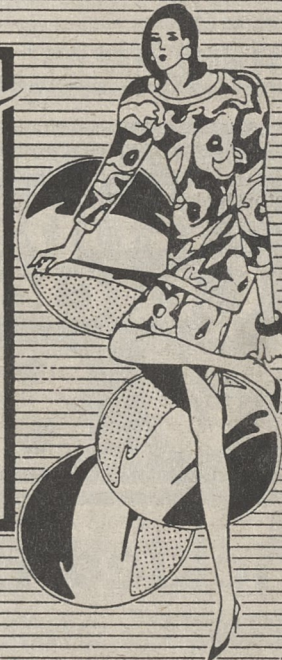
HALL, ROSEMARY and PAUL, 149 A Appletree Road, Harding, a

son, Monday, July 21.

CARDILLO, MELANIE and THOMAS, 151 Doug Road, Kingston Township, a son, Monday, July 21.

GIANLANELLA, VALERIE and JAMES JR., 80 Elizabeth St., Dallas, a son, Thursday, July 24.

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