

# Cookbook

## Margaret Davis likes to make casseroles

By CHARLOT M. DENMON  
Staff Correspondent

Mrs. James Davis of Dallas, the former Margaret Fowler, enjoys preparing casseroles or likes to experiment with new recipes. She also enjoys creating various foods by changing ingredients in some of the traditional recipes she sees but because her family prefer the more basic meals of an entree, vegetable, salad and potatoes, Margaret doesn't always find the opportunity to prepare her favorites.

A native of Dallas and graduate of Dallas Senior High School, she and her husband, James, have three children, Jimmy, Debbie and Scott and also a granddaughter, Karen.

Scott will graduate from Dallas High School this week so Margaret is busy at present preparing for this event. Scott plans to enter Bloomsburg University in the Fall where he will pursue a degree in accounting. In addition, she will soon be busy preparing for her daughter's wedding since Debbie recently announced her engagement.

Like most homemakers today, Margaret likes to look for easy-to-prepare nutritious foods for her family. The recipes she shares with Dallas Post readers this week are not only easy-to-prepare and tasty but economical as well.

They are also favorites of her husband and children. The Texas Hash takes very little time to get ready and makes a quick and easy entree for family and friends. Served with a salad, vegetable and warm, crusty Italian bread, it makes a tasty meal for warm or cold weather. The Tuna Noodle Casserole when prepared in the microwave is ready before you know it and makes an excellent lunch meal or served with favorite vegetables, salad and fruit, an ideal evening meal. For those without a microwave, this recipe can be prepared and done in the regular oven. Just let it bake longer. The Chocolate Drops are easy and economical to make and are a favorite of the entire family as is the Banana Bread. The latter is delicious for breakfast, lunch or as an after-school snack.

Margaret is kept busy around her home but in her leisure time, she enjoys reading or baby-sitting. She usually has her granddaughter or her young niece visiting her. She is especially fond of having the children with her.

Readers will enjoy trying any of the following recipes. Although easy to prepare, they are exceptionally delicious.

### TEXAS HASH

3 lg. onions

1 lg. green pepper, diced  
3 T. Crisco oil  
1 lb. ground beef  
2 c. canned tomatoes  
½ c. uncooked rice  
1 t. chili powder  
2 t. salt  
½ t. pepper

Heat oven to 350 degrees. Saute onion and green pepper in oil until onions are yellow. Add meat and fry until mixture falls apart. Stir in rest of ingredients. Pour into greased two quart baking dish, cover and bake one hour. Remove lid for last 15 minutes. Serves six.

### TUNA NOODLE CASSEROLE

¾ c. water  
½ t. salt  
1½ c. dry noodles  
1 6½ oz. can flaked tuna, drained  
1 10¾ oz. can condensed cream of mushroom soup  
1 can mushroom stems and pieces, drained  
1 10-oz. pkg. frozen peas, uncooked  
½ c. coarsely chopped corn chips

Pour water into large sauce pan and bring to a roaring boil, add noodles, boil for 12 minutes. Drain. Place cooked noodles in one and one-half quart ovenware casserole dish. Stir in remaining ingredients except corn chips. Cover. Cook in microwave on "Defrost" setting 9 to 11 minutes or until peas are tender and mixture is hot. Let stand five minutes. Top with corn chips before serving. Serves 6 to 8.

### CHOCOLATE DROPS

2 c. sugar  
½ c. butter or margarine  
½ c. cocoa  
½ c. milk  
3 c. rolled oats  
1 t. vanilla

Mix sugar, butter, cocoa and milk in saucepan. Bring to a boil quickly, reduce heat to medium and boil three or four minutes until a little dropped into cold water forms a soft ball. Remove from heat and stir in oats and vanilla. Drop by teaspoonfuls onto waxed paper. Let stand until hard.

### ONE PAN BANANA BREAD

1/3 c. vegetable oil  
½ c. mashed ripe bananas (3 large)  
½ t. vanilla  
3 eggs  
2 1/3 c. Bisquick baking mix  
1 c. sugar  
½ c. chopped nuts

Heat oven to 350 degrees. Generously grease bottom of loaf pan, 9x5x3". Mix all ingredients in pan with fork; beat vigorously one minute (you may also mix all ingredients in food processor for 10 seconds). Bake until wooden pick inserted in center comes out clean, 55 to 60 minutes. Cool five minutes, run knife around sides and remove from pan.



Dallas Post/Charlot M. Denmon

### Making supper

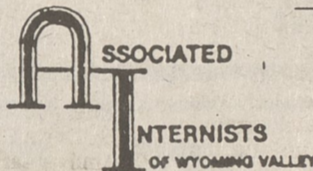
Margaret Davis begins to prepare Texas Hash for her family's supper one night last week.

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## Group raises money

The Westminster Youth Fellowship of Trinity United Presbyterian Church in Dallas recently held a rock-a-thon to benefit Operation R.I.D.E. Twelve teens raised a total of \$1500.00 by rocking in rocking chairs for 24 hours.

Jodi Kostenbauder is the area coordinator for Operation R.I.D.E. which provides horseback riding to the physically and mentally handicapped. This program helps the handicapped to develop coordina-

tion, muscle tone and helps to build self-confidence.

The teens who participated in the rock-a-thon are Melissa Billington, Brian Coscia, Christine Coscia, Melanie Coscia, Cindi Delinsky, Sam Gorgone, Kimberley Hall, Chris Jones, Ryan Jones, John Sobocinski, Jennifer Steuben, and Vera Williams. The youth advisors are Mary Pillarella and Linda Rogers.

## Fire Co. slates bazaar

The Fairmount Township Vol. Fire and Ambulance Company is announcing its annual bazaar and parade, to be held the weekend of June 13-15.

The bazaar will be open at 6 p.m. on Friday, June 13 and at 3 p.m. on Saturday and Sunday.

The firemen's parade will be held on Saturday, June 14 at 6 p.m. The course of the parade will be straight down Rt. 118 to the fire hall grounds, located on Rt. 118, ½ mile

east of Rickett's Glen State Park.

There will be special music nightly, kiddie rides, games, prizes and of course, lots of good homemade food. As a special attraction there will be a horseshoe pitch competition on Sunday.

The officers and members of Fairmount Township cordially invite everyone to come join us for a weekend of fun and fellowship. You are always welcome at Fairmount Township.

## Read the Classifieds



## Gifts for Dad

SUNDAY  
JUNE 15

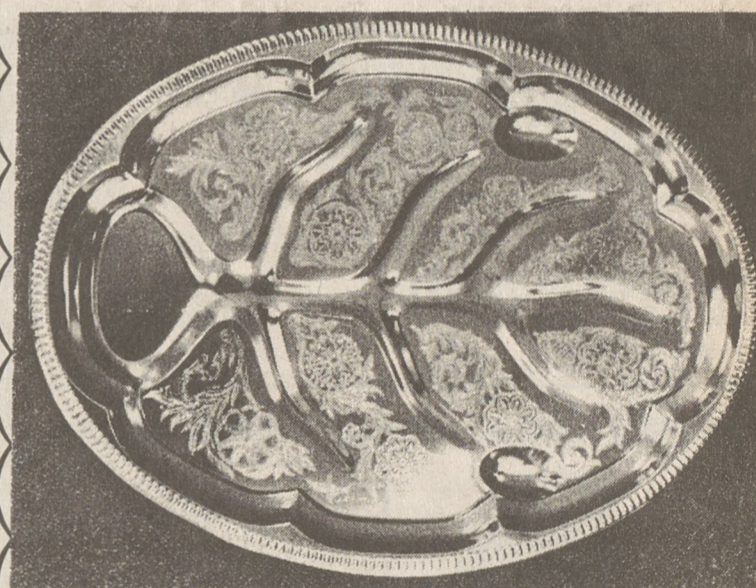
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## Menus

(Following are cafeteria menus for area schools for the following week.)

### DALLAS SCHOOLS

June 11 - 13

WEDNESDAY - Mexicali tacos w-beef-lettuce-cheese or peanut butter-marshmallow sandwich w-cheese cube, Mexican corn kernals, assorted fruit, choice of milk or juice.

THURSDAY - Bacon cheeseburger on roll w-lettuce-tomato or Italian hoagie w-all the trimmings, creamy macaroni salad, peaches in syrup, choice of milk or juice.

FRIDAY - Last day of school - Jumbo frank on roll, carrot stix, chilled pineapple cup, choice of milk or juice. Bonus: Assorted cookies.

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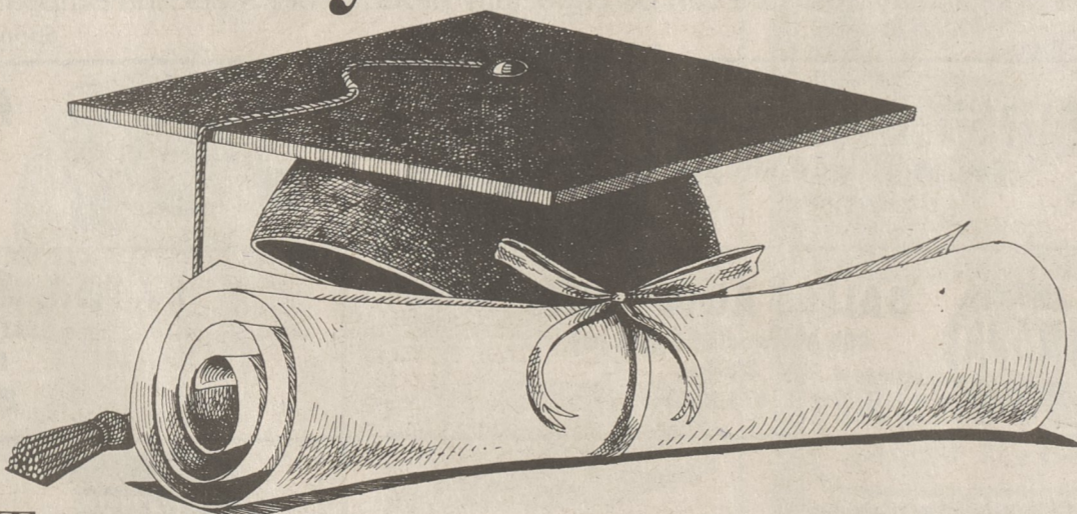
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