milk.

pie, milk

fries, baked beans, apple crisp,

THURSDAY - Chicken patti or

ham patti on bun w-shredded let-

tuce-mayo, candied sweet potatoes,

sandwich, potato chips, carrot-

celery sticks, banana fruit cup,

MONDAY - Chicken nuggets,

French fries, mixed garden vegeta-

bles, roll-butter, chocolate pudding,

TUESDAY - Sloppy Joe on bun, potato puffs, buttered corn, cherry

Junior High & Elementary Schools WEDNESDAY - Pork bar-b-q on

bun w-relish, corn chips, baked

beans, apple crisp, milk.

THURSDAY - Tacos w-trimings,

FRIDAY - Batter dipped fish on

MONDAY - Hog dog on bun,

mashed potatoes, sauerkraut, peaches, milk.

TUESDAY - Orange juice, deli

hoagie, pickle chips, chicken noodle

Welcome

soup-saltines, cherry pie, milk.

bun, tartar sauce, macaroni-cheese,

buttered peas, fruit cocktail, milk.

buttered corn, ice cream, milk.

FRIDAY - Pizza or egg salad

buttered peas, ice cream, milk.

Cookbook

Busy schedule requires easy to make recipes

By CHARLOT M. DENMON Staff Correspondent

Pat Nicely of Dallas, this week's Dallas Post cook, is an account coordinator for Ambassador Greeting Cards, a division of the Hallmark Company. In her position, she covers the entire Northeastern area of Pennsylvania conducting seminars for the salespersons under her supervision, hiring new salespeople, training them and setting up departments in the 51 locations she covers.

Her work takes up much of her time so Pat has collected a variety of easy and quick to prepare reci-pes, as well as nutritious, for her husband, Edward, and her two children, Adam and Amber.

Adam is in third grade, is rightfielder on the Phillies team in the Back Mountain Minor League, and plays on a Back Mountain soccer team and collects comic books. Amber attends the Little People Day Care Center and likes to do sketches for her mother and dad. She also is her brother's best cheer-

Prior to accepting her present position, Pat worked part time as a representative for a food broker and since she graduated from Penn State University with a degree in English, she did substitute teaching

Her husband is employed on a regular schedule at InterMetro Industries, which proves to be very helpful since he is usually home early enough to take Adam to baseball and soccer practice. In Pat's work, her hours are often irregular.

Pat recently attended seminars in Kansas City, home office of the company; White Plains, N.Y.; and in Philadelphia. She enjoys cooking, but now usually prepares fast and easy to prepare foods such as the recipes she shares with this week's Dallas Post readers

When she has leisure time, Pat spends it with the family.

Post readers will find Pat's recipes just as delicious as they are easy to prepare

MACARONI SALAD

1½ c. sugar 1/4 c. flour ½ c. vinegar 1½ c. water ½ c. salad dressing ½ c. sour cream

1 c. celery, diced Small amt. onion soup mix ½ lb. macaroni, cooked & drained ½ doz. eggs, cooked & chopped Grated carrot 1 t. salt

Mix together sugar, flour, vinegar and water, bring to a boil Set aside and let cool. When mixture is cool add all the other ingredients. Blend

BROCCOLI-CAULIFLOWER

SALAD 1 bch. broccoli, cut in pieces ½ hd. cauliflower, cut in pieces 10 slices bacon, crisp



Waiting for candy

Amber and Adam Nicely relax on their porch swing while they wait for their mother to finish making the Rocky Road candy for their Saturday afternoon snack. Adam hopes to take some with him to his game.

8-12 oz. cheddar cheese cubed ½ pkg. onion soup mix ½ c. mayonnaise

½ c. sour cream 2 T. bacon fat Sugar to taste

1 t. vinegar In large bowl place broccoli-cauliflower, bacon (in pieces) and cheese. Add onion soup mix, mayonnaise, sour cream, bacon fat, sugar and vinegar. Mix all ingredients together until blended and serve.

ROCKY ROAD CANDY 1 12-oz. pkg. semi sweet chocolate

1 14-oz. can sweetened condensed milk

2 T. butter

1 10½-oz. pkg. (5½ c.) tiny marshmallows

1 8-oz. jar (1 and two thirds c.)

unsalted roasted peanuts. Heat chocolate chips, milk and butter over low heat until melted. In a large bowl combine marshmallows and peanuts. Fold in chocolate mixture. Spread in wax paper-lined 13x9 pan. Chill two hours or till firm. Remove from pan, peel off wax paper and cut with a wet knife. Makes eight dozen.

BUTTERMILK PECAN PIE

1/2 c. butter 2 c. sugar 2 t. vanilla

3 T. flour

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1 c. buttermilk ½ c. chopped pecans

1 9-inch unbaked pie shell

Pre-heat oven to 300 degrees. Cream butter and sugar, adding half cup sugar at a time. Blend in vanilla, stir in eggs one at a time. Combine flour and salt; add small amount at a time. Stir in buttermilk, sprinkle pecans in bottom of pie crust, pour custard mix over the pecans. Bake one hour and 30 minutes. Best served at room tempera-

TACO PIZZA (Dip)

8 oz. cream cheese 1 jar mild or hot taco sauce 8-12 oz. mozzarella cheese Chopped tomatoes

Spread cream cheese on pizza pan, then spread taco sauce on cream cheese. Top with the mozzarella cheese and sprinkle with the chopped tomatoes. To serve dip nacho chips into the "pizza"

School menus-

(Following are cafeteria menus for area school districts for the following week:

DALLAS SCHOOLS

May 14 - 20 WEDNESDAY - Jumbo frankfurter or Italian hoagie w-cold meat-lettuce-cheese, creamy macaroni salad, honey baked beans, choice of milk or juice. Bonus: Choclate cake w-chocolate peanut butter icing.

THURSDAY - Macaroni Creole Italiano w-homemade bread-butter or cheeseburger on roll w-potato chips, carrot-celery sticks, chilled pineapple cup, choice of milk or

FRIDAY - Meatball hoagie on soft roll or fish fillet w-tartar saucelettuce on roll, potato chips, golden corn tidbits, choice of milk or juice. Bonus: Chilled peach-pear combo.

MONDAY - Bacon cheeseburger on roll or peanut butter-jelly sandwich w-cheese cube, home fried potatoes w-onions, blueberry tart, choice of milk of juice.

TUESDAY - Baked lasagna w-

fresh bread or wimpie on roll, grean beans, apricots in syrup, choice of milk or juice.

GATE OF HEAVEN SCHOOL May 14 - 20
WEDNESDAY - Tacos, Mexican

The Wyoming Valley Children's

Association honored Franklin's

Family Restaurant, Dallas, for its

success in selling 672 pins during

the Children's Day Drive coordi-

nated by the Wyoming Valley Association of Life Underwriters.

Those who participated in the

presentation of an award to the

restaurant included Robert Richard-

son, WVCA board member; Jane

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LUZERNE COUNTY DEMOCRATS

beans, pineapple, milk.

THURSDAY - Spaghetti w-meat

green beans, sauce, cheese, peaches, cake, milk. FRIDAY - Tuna fish on bun,

carrot-celery stix, cheese cubes, mixed fruit, milk. MONDAY - Chicken croquettes,

mashed potatoes, carrots, peaches, TUESDAY - Steak hoagie, potato

rounds, cheese, carrot-celery stix, cookies, pears, milk. WEST SIDE VO TECH May 14 - 20

Lunch WEDNESDAY - Grilled cheese, vegetable soup-crackers, chips, pickles, orange creamsicle cake, milk.

THURSDAY - Baked chicken,

candied sweet potatoes, seasoned peas, dinner rolls-butter, creamy rice pudding w-raisins, milk. FRIDAY - French bread pizza, fresh relish cup w-dip, chilled fruit,

oatmeal cookies, milk. MONDAY - Steak hoagie w cheese-lettuce-tomato, chips, stuffed

celery, ice cream, milk. TUESDAY - Wimpie w-relish on soft bun, buttered corn, spiced applesauce, Tech squares, milk. LAKE-LEHMAN SCHOOLS

Senior High WEDNESDAY - Pork bar-b-q or beef bar b-q on bun w-relish, French

waitress; Bernice Shafer, WVCA

board member.

Baby Franklin's Restaurant honored The recent arrival of the newest Austin, waitress; Jeff Townsend, nember of your household is the Life Underwriter; John Grula, perfect time to arrange for a WEL-Franklin's Manager; Wendy Hodle,

COME WAGON call. I'm your WELCOME WAGON representative and my basket is full of free gifts for the family. Plus lots of helpful information on the special world of babies.

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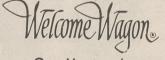
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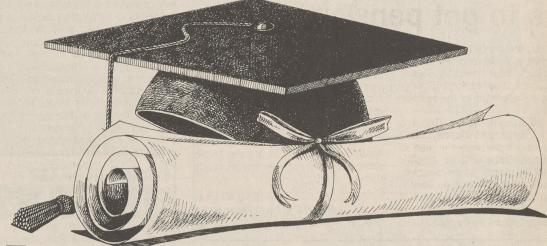
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