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- BABY CRIB includes mattress. Good cond. \$20. Call 639-2737. 44-4-P
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- 2 YELLOW LAMPS with pleated shades \$15. 675-3891. 42-4-P
- SNEAKER ROLLER SKATES, Unisex, size 4-6, \$8.00. 288-3321 after 3 p.m. 42-4-P
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Second floor, four rooms, modern bath, front porch, off-street parking, stove, refrigerator, washer, dryer. Heat, hot water included. \$310 per month. Security, references, lease. Available Dec. 1. Call 288-8933. 44-4-P

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Government Homes from \$1 (U repair). Also delinquent tax property. Call 805-687-6000 Ext. GH 6026 for information. 38-8-P

Harveys Lake
Sale, lot 50' x 240', \$5,000, near Outlet. 639-2773. 45-1-P

HELP WANTED

Reporter/Copy Editor
The Dallas Post has a full-time position available for a reporter-copy editor. Person should have news writing experience as well as layout and design experience. Salary plus benefits. Send resume to Doty Martin, Editor, The Dallas Post, P.O. Box 366, Dallas Pa. 18612. No phone calls, please. 40-4-P

LOST & FOUND

LOST at Harveys Lake, Point Breeze Area, one small cat, answers to "Buffy". Black with streaks of brown & tan. Spayed. Reward. If found call 639-5777 or 639-1490. 42-4-P

FOUND Beige rabbit, found in Dallas Area. 675-4365. 42-4-P

LOST Trumpet in case, vicinity Shavertown Methodist Church. Great sentimental value. Reward. 675-1964. 43-4-P

LOST St. Bernard, male, missing since Nov. 12. Name is "Henry", \$50 reward. 675-2536. 45-4-P

FOUND silver wedding band, with initials, dated 9-29-84. About size 8, found in vicinity of Dallas Jr. High School. 675-0556. 45-4-P

WORK WANTED

I'll Iron Them!
I will do YOUR ironing in MY home. Call 675-0205 after 7 p.m. 42-4-P

2 RELIABLE, experienced women to do house-cleaning in the Dallas, Sweet Valley and other Back Mountain areas. Call 256-7438 or 256-7441. 43-4-P

RECREATIONAL

1980 MON-ARK BASS BOAT 15 ft., fiberglass, 55 horse power trailer, a depth finder, trawling motor, etc., very good cond. \$3,000. 288-9749 after 5 p.m. 42-4-P

Elderly Care

Room, board & care for elderly in my home. Also day care. For information call after 7 p.m. 477-5444. 45-4-P

GARAGE SALE

Multi-Family Sale
Nov. 22, 23, & 24, 9-5 p.m. Everything and anything. 301 Roosevelt St., Exeter. 45-1-P

FOR RENT

Wilkes-Barre
Office, commercial, merchantile space, up to 30,000 sq. ft. low rates, flexible terms, 1st floor space, loading docks, broker protected 822-1139. 31-26-p

MISCELLANEOUS

50 Percent Off!! Flashing arrow signs \$279!! Lighted, non-arrow \$259. Unlighted \$209. Free letters! See locally. 1 (800) 423-0163. (Also GIANT BLIMP sale!!) 45-1-P

Needed

Reliable person to watch two children, 3 years & 1 1/2 years, 2 days per week. 8:15-3:30 in my Beaumont home. Days flexible, salary negotiable. Must have own transportation. To begin Jan., 1986. Call 639-2306 after 7 p.m. 45-1-P

ANIMALS

Stables
Board horses your way at T & G Stables, Harris Hill Rd., Trucksville. Fee for boarding, \$60 per month. Call 696-4943 or 283-1179. 38-11-P

Trucks

Excellent Buy
Mercedes Benz, 1979, Diesel, model 1113, refrigerator, freezer and GVW, power lift gate, exc. cond. \$13,500.00. 675-1413. 45-4-P

Rare Breed

AKC American Water Spaniels, rare breed, top quality water dog & field dog. Ready Nov. 16. \$250. 824-0487. 42-3-P

POULTRY

Fresh Dressed
Fresh dressed capons and roasting chickens for Thanksgiving. Elwood J. Lord Orchards, Route 3, Badle Road, Wyoming. 333-4660. 43-3-P

AUTO

Runs Great
'77 Dodge Brougham, p.s., p.b., air, good running cond. \$550, or best offer. 675-2969. 42-4-P

76 Audi Fox
Station wagon, 4 speed, front wheel drive, radial tires, good cond. \$1,000. Call 333-4562 after 5 p.m. 43-4-P

1978 SUBARU, engine runs well. \$500 negotiable. 675-2967 after 3 p.m. 44-4-P

ADOPTION

Loving Happily Married Couple want to share their love with an infant. Our family can give a child a wonderful home and a chance to have the best things in life. Please give yourself, your baby, and us a happier future. Expenses paid, legal, confidential. Call Diane-Mike collect 212-213-8542. 43-4-P

Tip Top Shape

'74 Olds Cutlass, 2 dr., 350, auto., p.s., p.b., new 2-tone paint, no rust, runs very good, many \$'s invested. Asking \$2300, negotiable. 288-5364 after 5 p.m. weekdays. 44-2-P

WANTED

WANTED FREE - Piano bench wanted free for non-profit nursing home. Contact Marilyn Gregorski at the Meadows Nursing Center, 675-8600, ext. 115. 45-4-P

Super Buy

'72 Dodge Coronet, good cond., p.s., no rust, winterized, 4 good tires. 639-5738. 45-4-P

INSTRUCTION

In Your Home
Guitar & bass instruction in your home. Working pro, experienced instructor. Kingston Township & Dallas Township areas only. 654-1611 before 2 p.m. 45-1-P

Must See!

Classic 1971 Karmann-Ghia. Call for details. 287-7877. 45-1-P

Where we we going?

(denying portions of rate requests) in recent rate cases. With water companies, the PUC has granted fairly generous increases to encourage good water companies to build up their facilities and take over water complaints with poor service. I'm sure many readers will disagree with my point of view, but recently the PUC has been rather stingy with the electric companies and justifiably generous with the water companies.

(1) The electric companies are currently overbuilt, and the water companies are underbuilt. The Commission has responded to the problem of electric companies by making major "excess capacity adjustments"

(2) As a matter of preference, the Commissioners are willing to let competition set prices or do their work for them in those limited areas where the market can do a better job than government economic regulation.

'Buckle Up' may soon be law

"Buckle up" may soon be more than a suggestion in Pennsylvania. It may be the law. Pennsylvania is one of several states currently considering a mandatory seat belt use law. Such a law could save thousands of lives each year say various experts.

According to the Pennsylvania Chapter of American College of Emergency Physicians (PaACEP), an average motorist has a 50 percent chance over the course of a lifetime of suffering serious injury in a traffic accident. Still, many motorists simply believe that a serious accident will never happen to them. Only an estimated 15 percent of Pennsylvania drivers wear their seat belts. One reason this percentage is so low, experts say, is that a lot of myths surround seat belt use.

"Some people don't buckle up because they believe they'll be unable to escape from their car after an accident. Blets, however, improve an occupant's chance of remaining conscious and increase the chances of escaping," says Dr. Howard Hughs, a spokesman for PaACEP.

Another myth, says Dr. Hughs, is that it is an advantage to be "thrown clear" of a car crash. Statistics show that a person is 25 times more likely to be seriously injured if ejected from an automobile.

Others commonly cite discomfort, inconvenience or forgetfulness as reasons for not buckling up.

Susan Smolens and her husband Gene began wearing their seatbelts on a trip to Scotland, a country with a mandatory seatbelt use law. The Smokes continued their practice after returning to Pennsylvania. In the week following their return, they were involved in an accident with two large trucks. Their car, Susan says, "looked like an accordion...There was little left of either the front or rear end of the car." The couple believes they would have been seriously injured or possibly killed had it not been for their seatbelts.

Susan Smolens' views on seatbelt use before the trip were similar to those of many other motorists. She says, "We just were not aware that they were useful...we had not complaints against belts...it just never occurred to us to wear them except on the highway once in a while."

Legislative Issue:
Interest in mandatory seatbelt use legislation for Pennsylvania has been renewed with the passage of restraint laws in other states. In 1984, New York became the first state to adopt a belt-use law. Similar laws have been passed in at least 15 states with several others considering them.

In Pennsylvania, as in other states, controversy has surrounded the debate over the legislation. Opponents of seatbelt laws have focused on the possible infringement upon personal rights: Should people be free to choose whether or not they wear safety belts in their own car?

Proponents of the law argue that the loss of lives outweighs any possible violation of personal rights.

They also point out that driving is a privilege and not a right.

David Snyder of Nationwide Insurance in Harrisburg says, "Using conservative figures, Pennsylvania could save over \$100 million annually in medical and related costs if our

state could achieve even 50 percent seatbelt usage."

The NHTSA estimates that a fatality costs an employer \$120,000 in direct costs-wages paid to absent employees, medical expenses, rehabilitation costs, insurance costs-and an equal or greater amount in indirect costs, such as productivity loss, overtime, training and rescheduling.

These costs have prompted some companies to get involved with the seatbelt issue through in-house promotion programs. One example is DuPont Connector Systems, formerly Berg Electronics, near Harrisburg. Where an incentive program has been implemented to encourage belt use by workers. DuPont began with an extensive education program including films, literature and speakers from the State Police. Unannounced audits at work entrances allowed managers to check on the voluntary compliance. When participation reached its predetermined goal, employees were rewarded with various prizes.

According to Ken Spoonhour, who organized the program, flowers were awarded to those wearing belts during the first audit. Workers were encouraged to wear their flowers during the day as "subtle peer pressure" on non-belt users.

The program has expanded and succeeded on an ongoing basis. "Since July 1980, we have had a 90 percent average participation," says Spoonhour. Belt wearers are now eligible for prizes such as TV's, cameras, and VCR's.

The program has been duplicated by other companies, which has pleased workers and "made them proud to work here," Spoonhour says.

Most seatbelts advocates agree that voluntary programs alone are not enough. Spoonhour supports a mandatory seat belt-use law. "Too many people are killed and injured...it is the only way to get a majority of the people in the state to wear seatbelts," he says.

The success not only in passing legislation in other states, but also in proclaiming positive results elsewhere, has given momentum to the mandatory belt use movement. In 32 foreign countries with belt-use laws, fatalities have declined an average of 25 percent. Preliminary statistics from New York and other states are also encouraging the safety belt movement.

The Pennsylvania Chapter of the American College of Emergency Physicians reports that seat belt laws would be a positive approach to reducing traffic fatalities and injuries. 94 percent say they would comply to such a law.

Filling is no threat

Contrary to scattered media reports, the material dentists commonly use to fill decayed teeth presents no known general health threat to dental patients, the president of the American Dental Association (ADA) said recently.

Several sources have attempted to link dental amalgam (silver fillings) to various health hazards, but without supporting scientific evidence. These reports have suggested that the mercury contained in dental fillings can affect the general health of the patient, and they have spurred a barrage of questions from a concerned public.