



# Sports



## Varsity cheerleaders

Shown here are members of the Dallas High School varsity cheerleading squad. From left, first row, Erin Cleary, Ann Marie Danna, Kathy Farrell. Second row, Cherie Davis, Michele

Kirschner, Meg Gorgone. Third row, Peggy Kasmak, Shannon Cleary, Jackie Carsman, Linda King, co-captain; Heather Lawley, Eileen Nagy and Lori Timek, co-captain.

Dallas Post/Ed Campbell



## Junior varsity cheerleaders

Shown here are members of the junior varsity cheerleading squad from Dallas High School. From left, first row, Mollie Grasso, Amy Cutter, Tairron Batory, Shaunna Griffin, co-captain. Second row, Dawn Aschbach, Carolyn Dillon and Liza Gorman. Absent at the time of the photo were Tracy Richardson, co-captain; Kim Hall and Karen Tabor.

Dallas Post/Ed Campbell

## Learn to handle motorcycle with care

Even normal riding situations can become dangerous if you don't constantly plan for what's ahead. If you know what to do before hand, you'll be able to handle them better. Here are some riding problems you may face:

**SKIDS** - A motorcycle skid is sudden and can be violent. You must act quickly and correctly to control a skid. Get your wheels rolling and giving traction again. Overbraking one or both wheels is one of the most common causes of skidding. If this happens to you - let up on the brakes gradually to allow the wheels to gain traction. If the skid is caused by over-accelerating, back off the throttle - a spinning wheel provides no more control than a locked wheel. Above all, try to keep contact between your tires and the road.

Steer slightly in the direction of the skid. A rear wheel skid can be overcome by turning slightly in the direction of the skid.

Use your foot to straighten up. Usually, in a mild, low speed skid you can avoid a spill by using your foot to keep you upright. Using your foot to prevent a fall is tricky and should be used only if everything else has failed. Not letting a skid happen is the best advice of all. If you're not sure what the road ahead is like, slow down ahead of time.

**BLOWOUTS:** These must be handled quickly and correctly. When it happens, don't use your brakes. Just ease off the throttle, slow down gradually, hold the handlebars firmly to maintain control, and, if you can, signal. When you've slowed down, move off the road carefully.

**STRUCK THROTTLE OR BROKEN CLUTCH CABLE** - This can be scary, if you don't know what to do! If your throttle sticks, immediately squeeze the clutch, use your cut-off switch to stop the engine, and apply both brakes. If the clutch cable breaks, don't panic! You can shift without the clutch until you get to a place where you can make safety repairs.

**ANIMALS THAT BOTHER YOU** - Having an animal

in your way or letting one distract you can cause a spill. Gear down as you approach the animal and speed up when you reach it. This throws off the animal's timing and gives you a chance to move away. **WIND** - A strong gust can move your cycle across an entire lane if you're not ready for it. These can occur in wide-open, flat land areas; where a tight line of buildings is broken by an alley or vacant lot; gaps between hills or mountains or on bridges crossing gulleys or wide open spaces. You can be ready for such situations by: (1) identifying areas where gusts may appear and be ready for them; (2) gripping the handlebars firmly; (3) adjusting your position according to the wind's direction and strength (move toward the upwind side of the road) and (4) leaning slightly into the wind.

**BRIDGE GRATINGS AND RAIN GROOVES** - When you approach a bridge with gratings, slow down and use the center of your lane so you will have room to handle your cycle on this uneven surface. When you ride over metal bridge gratings or rain grooves, you'll experience a "loose" feeling caused by the tires sliding back and forth across the grooved areas. If possible, ride straight across the bridge. Sometimes your cycle may move to the right or left, depending on the type of bridge grating. Don't panic, keep a firm grip on the handlebars and stay at a steady constant speed.

Another important safety reminder - take a Motorcycle Safety Program (MSP) course. They are designed for both the novice and the experienced rider and are available statewide at no charge. Motorcycles are provided. The only requirement for this Pennsylvania Department of Transportation program is a Class 5 permit or a valid driver's license with a Class 5 endorsement. An important plus is that you receive your Class 5 license upon successful completion with no further testing! This program is headquartered at IUP's Highway Safety Center. For more information on classes in this area, call 1-800-442-6826. You'll be glad you did!

## Soccer teams fare well during exhibition season

By CHARLOT M. DENMON  
Staff Correspondent

Valley West 5-1 making a much better showing and passing better. Goals were by Unheim 2, Hafman 2 and Erin Dennis 1.

Coach Ray Dennis is pleased with the performance his Lake-Lehman Knights have turned in during their past exhibition games.

"We were rained out in our game scheduled with Bishop Hafey," said Dennis, "But we played Abington Heights at Abington and lost 7-2. Abington is a strong team and our boys are new but our teamwork was just not there in that game. Hokon Ojert was outstanding for Abington."

Chris Scharf and Mike Hagman scored the two goals for the Knights.

The Knights defeated Bishop Hoban 7-0 with the defense doing some outstanding work. Rick Parry scored on a corner kick and Doug Doerfler scored a goal. M. Hagman scored two, Oyvind Unheim and Brandon Dennis also scored. One Dennis goal was on a penalty kick.

Straka was goalie for the Knights and Jody Hummel, Brian Kmetz, Scott Sison and Mark Rogowski did some fine defensive work.

"If they get their teamwork down they have a lot of potential," said Dennis. They did better in the last two games but it still needs work."

The Lehman kickers defeated

The Knights had 21 shots on goal but the Valley West goalie had 16 saves. Valley West had three shots on goal and Lake-Lehman goalie had two saves.

Matt Gooch did an excellent job on defense and J. Hummel on offense did a lot of good passing work on the front line. Chris Scharf had five shots and three assists.

Parry was also good on offense and Unheim controlled the field as center halfback.

Lake-Lehman's next two games were scheduled against Montrose and Crestwood.

Coach McCafferty's Dallas Mountaineers played three exhibition games and won all three.

They defeated Benton 2-1, Mountainview 2-0, and Pocono Catholic 3-2. Goal scorers were Jim Lister 2, Wally Gauthier 2, John Tinner 2, and Jim Evans 1.

"They played very well the first two games," said Coach McCafferty. "They turned in some fine team work but in the game with Pocono Catholic, they were terrible. They didn't play at all. We won but I don't know how."

The league schedule opens this week.

## Dallas golfers now at 3-1

By CHARLOT M. DENMON  
Staff Correspondent

Dallas golfers, under their new coach Jim Smith, ran their record to 3-1 by defeating Crestwood 14-7, at Edgewood-in-the-Pines, Thursday, Sept. 5.

The Comets' John Simonson was low medalist with a 50 over the par-43 11 hole course. Mountaineers Rich Holthaus and Rob Dombek were second and third medalists with scores of 53 and 54 respectively.

Results of the match were Simonson shut out Dombek 3-0; Holthaus defeated Pete Belisle 3-0; Chris Busch (D) took Jeff STEIN 2 1/2-1 1/2; John Thomas, (D) took Jim Tower 2-1; Chris Givens (D) defeated Scott Belisle 3-0 and Ryan Swank (C) split 1 1/2-1 1/2 with Mount Jim O'Donnell.

Earlier in the week, Dallas defeated Bishop Hoban 16 1/2-4 1/2, at Irem Temple Country Club with Rob Dombek high medalist with 50 over the par 45, 11 hole course. Rich Holthaus was second medalist with 52. John Dujaci hit a 57 for third medalist point.

Results of the match were Dombek took John Callahan 3-0; Holthaus took Ducaji 2 1/2-1 1/2; Chris Snyder defeated Chris Busch (D) 2 1/2-1 1/2; John Thomas (D) blanked Dave Delgado 3-0; Chris Given (D) defeated Mike Emmert 2 1/2-1 1/2; and Joe O'Donnell shut out Mike Corcoran (C) 3-0.

Lake-Lehman golfers dropped to 0-4, Thursday, Sept. 5, at Muhlenburg Golf Course when they were defeated by Bishop O'Reilly 11 1/2-9 1/2. The Queensmen's Eric Oakschunas and Paul Harper took top two medalist points with 57-59 over the par 47, 12 hole course. Don Buzinkai of the Knights tied Oakschunas with 57.

Results of the match were Buzinkai won by forfeit, Paul Harper split with Knight Todd Krupa 1 1/2-1 1/2; Oakschunas defeated Steve Kazmierski 2-1; Mark Mullery (B) took Jim Klimovich 2 1/2-1 1/2; Andy Thomas (L) divided with Tim McGuire 1 1/2-1 1/2; and Frank Spencer took Damon Barbacci (L) 2-1.

Earlier, Valley West blanked the Knights 21-0 with Spartan Paul Jones 1/2 hitting a four over par 48 on the 12 hole course at Irem Temple Country Club. Spartans Chris Jones hit a 53 and Steve Smith had 56.



Dallas Post/Ed Campbell

## Gaining yardage

Lake Lehman senior fullback Jeff Martin battles for yardage against a Northwest Ranger defender in the Black Knight's 25-6 victory Saturday afternoon.

Everything else is just a light.



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