

Triathlon set for Sept. 1

The Fourth Annual Wyoming Valley/Back Mountain Triathlon will be held on Sunday, Sept. 1, 1985.

The triathlon begins with a 1.5 kilometer swim which begins at 8 a.m. at the Harveys Lake Beach Association (formerly Sandy Bottom Beach). The second leg is a 40 kilometer bike race from Harveys Lake through Kunkle, Beaumont, Vernon and Centermoreland that concludes at College Misericordia. The run portion begins and ends at the college to be followed by an awards ceremony and post race activities. Proceeds from this event benefit the local chapter of the American Cancer Society.

The Wyoming Valley Triathlon is very proud to have been chosen as the Pennsylvania Short Course Championship by Triathlon Federation USA. The top 10 male and female finishers as well as age group winners will receive an invitation to compete in the national championship to be held at Hilton Head, South Carolina on Sept. 28.

This year's triathlon will also be the third leg of the Keystone Triple Crown Triathlon Series. The first two triathlons in the series were the Endless Mountain Triathlon held in June in Towanda and the Carbon County Triathlon held in July in Lehighton. Over 90 competitors in this event out of an expected field of 375 will be competing for awards based on their cumulative times in the three triathlons.

The triathlon committee extends an invitation to the community to view this unique event. Spectators at Harveys Lake are asked to park at Hanson's and walk to the site of the swim where parking will be

Residents of the immediate area by the college re asked to use caution when traveling local roads. Bikers and runners will be traveling on E. Center Hill Rd., Church St. and Lake St.

A traffic plan has been developed with the coopera-tion of PennDOT and local police authorities to control traffic between Center Hill Road and Country Club Rd. People wishing to enter the college campus should use the road by Mercy Center and leave via the road by

No traffic will be permitted between the main entrance of the college and the rear exit by the tennis courts as participants will finish biking and begin running on Lake St. between the college campus and St. John's Cemetery.

The triathlon committee is very grateful to Jim and Carlene McCaffrey of Harveys Lake and College Misericordia for again providing the sites for this event. The triathlon is made possible through the cooperation of local police authorities and ambulance associations as well as over 400 volunteers who help insure the success of the event and the safety of the



Program set

Lehman School District and Nesbitt

Memorial Hospital have once again

combined to offer a comprehensive

Lehman athletes.

sports screening program to Lake-

Under the direction of Jeffrey

Pace, director of sports medicine,

screenings will be conducted

throughout the year for members of

the school's 15 sports teams begin-

at Lake-Lehman in 1980, is designed

as a preventive health measure for

all students participating in boys'

basketball, football, baseball, vol-

levball, track, cross country, wres-

tling and tennis and girls' softball, basketball, volleyball, field hockey,

All screening procedures are per-

formed at Nesbitt's Back Mountain

Outpatient Satellite Center, Route

118, Lehman-Dallas, and include

posture evaluation, neurological and

sensation examinations, a range of

motion and flexibility examination,

lower extremity symmetry and

strength testing and cardiovascular

endurance with the Harvard Step

In addition, an evaluation unit

known as Cybex provides a com-

puter readout which presents one's

strengths and weaknesses for the

various muscle groups tested and

determines the need for further

track, cross country and tennis.

The program, which was initiated

ning with the football team.

Principals involved in the sports screening program are shown, first row, from left, Dr. George B. Davis, Nesbitt chief of staff; Charles Musto, Nesbitt director of physical therapy services; Dr. Richard Preston, Lake-Lehman administrator and Jeffrey Pace, Nesbitt sports medicine director. Second row, Red Jones, Lake-Lehman board member; Gilbert Tough, Lake-Lehman board member; Martin Noone, Lake-Lehman board member; and Rodger Bearde, Lake-Lehman athletic director. Third row, same order, are John Zaleskas, Lake-Lehman principal; and Kevin Ross, Nesbitt assistant administrator. Not shown in photo are Dr. Gary Smith, Lake-Lehman school physician; and Ron Stern, Nesbitt administrator.

defeats Americans

By CHARLOT M. DENMON Staff Correspondent

Back Mountain Americans went up against Plymouth last Tuesday night and lost, 3-2, in their effort to make the finals in the Teeners Tournament. The loss ended play for the Back Mountain nine while Plymouth advanced to meet Rural on August 15 at Hilldale Park.

Rick Jurosky hurled an excellent game for the tough Back Mountain team, giving up only three hits,

fanning six and walking only two in

The local nine took an early 2-0 with a single and with only one out out singles to fill the bases.

the ball against T.J. Perlis and Jonathan Wagner and walked both boys to force home two runs.

Both teams went scoreless in the third inning, but in the bottom of the fourth Gary Ostrowski drove out a double, stole third and scored on a wild throw to put Plymouth within

In the bottom of the fifth, Plymouth scored two runs to put them in front 3-2, enough to take the win. Pitcher Jurosky got off to a bad start on the mound, walking leadoff Vince Reese and third baseman John Rychwalski. With only one out, centerfielder George Mizzer went to first on an error, then rightfielder John Yudichak knocked a high sacrifice fly to centerfield which scored

tournament game and only the third time out this season, his other two games during league play. Plymmott's arm was sore and Hanky didn't want to use him if he didn't have to. Hanky knew he could put in McDermott if he had to which he

In the four innings he pitched, Petrosky gave up no walks nor did

nman sets sports program Sports Medicine Screening Program information, please contact Charles of sports related injuries. Lake-

is available to all Wyoming Valley Musto, director of physical therapy schools and colleges. For more services, at 288-1411, extension 4781.

American Legion wins women's league playoffs

The season has ended for the Back Mountain Women's Softball League and the American Legion has come out on top during playoff action. Following the Legion in playoff standings were the Waterfront Inn, Crispell's Garage and Brown's Oil.

On Monday, Aug. 12, American Legion and the Waterfront Inn met to play for first place. A hard fought game which put American Legion on top with a score of 11 to 9. Sue Stine was the winning pitcher, with Debbie and Sandy Shone adding key

hits for the American Legion girls. Lori Evans played a great defensive game for the winners. Nancy Shaw hit a grand slam for the Waterfront team with Judy Lemmond hitting 4

"light out-steel cage" match

between The "American Dream"

Dusty Rhodes and Abdullah The

Butcher will cap off the furious

for 4 at bat. Cindy Sutton was the losing pitcher.

Crispell's Garate met Brown's Oil on Wednesday, Aug. 14. Crispell's came away victorious with Tina Crispell at the mound. Alice Case led the attack for Crispell's hitting 4 for 4 at the plate. Followed closely by Gladys Crispell 3 for 3 at the plate.

Crispell's hitting attack continued as Brown's went down 12 to 2. Sandy Faulls and Lisa Dibble had some timely hits for Brown's Oil as Betty Newell absorbed the loss.

Following are the Back Mountain Women's Softball League standings:

1. Crispells Garage; 2. American Legion; 3. Brown's Oil; 4. Waterfront Inn; 5. Grotto Pizza; 6. The going all the way. The Americans were unable to hit

against lefthander John Petrosky, and collected only four hitsbefore Jim McDermott took the mound for Plymouth and struck out eight of the nine batters who faced him.

lead in the top of the second inning. Jerome Mattey started the inning Sean Finn and Gene Faulls rapped

Petrosky had trouble controlling

one run with a 2-1 score.

Jurosky intentionally walked Jim-McDermott with two men out but Ostrowski collected his second hit of the game to send in Rychwalski with the run thatwon the game. Mizzer was out trying to steal third to end the inning.

It was Petrosky's first start in a did when Petrosky started to tire.

he strike out any men at the plate.

Any photos that appear in The Dallas Post and were taken by a Dallas Post photographer are available for sale. The cost is \$2.50 for a 5x7 and \$5. for an 8x10 print. Color photos are \$3. for a 5x7 and \$6. for an 8x10 print.



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MEN'S/WOMEN'S

action when World Championship medical evaluation. The tag team of "Mad-Dog" Buzz outh Coach James Hanky decided to Wrestling returns to the Allentown Nesbitt Memorial Hospital's start Petrosky because McDer-Fair grandstand Tuesday, August

An all-star line-up from the National Wrestling Alliance will be on hand at 8 p.m. on the fiar's

Preview Night. Tickets are \$11 and \$8 for reserved ringside seats on the track and \$11, 8 and 6 for reserved grandstand seats. Admission to the grounds is free to all on Preview

In addition to Rhodes and The Butcher fighting for the World's Television Championship inside a 10-foot steel link fence surrounding the ring, two other titles are on the

Magnum T.A. will defend his United States Heavyweight Championship against Tully Blanchard, and Black Bart will fight off Terry Taylor to retain his National Heavyweight belt.

A "New York Street Fight" will be waged between the "Boogie Woogie Man" Jimmy Valiant and Superstar Billy Graham with his amanger Paul Jones.

Sawyer and Brett Wayne Sawyer will go up against "The Midnight Express" with their manager Jim Cornette.

In a special challenge match, Kevin Sullivan will square off against Dick Slater. Pistol Pez Whatley will wrestle The Barbarian with his manager Paul Jones.

Tickets are available at the fair box office which is open Mondays through Wednesdays 11 a.m. p.m., Thursdays and Fridays 11 a.m. - 7 p.m. and Saturdays 9 a.m. -4 p.m. Hours will be extended closer

Tickets can also be purchased at Ticketron outlets or through the mail with a \$2-per-ticket handling

For tickets or more information write, The Allentown Fair, 17th and Chew Sts., Allentown, PA 18104 or call (215) 433-7541. MUMS THE WORD

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