

# THE DALLAS POST

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## Council to fund program

By JOHN F. KILDUFF  
Staff Writer

Dallas Borough Council members, at their regular monthly meeting held last Tuesday night, unanimously agreed to fund the initial stages of an upcoming Neighborhood Crime Watch Program scheduled to kick off in early July.

By a 7-0 vote, including an affirmative vote from Mayor Paul Labar, Council has earmarked \$150 for the purchase of Neighborhood Crime Watch kits. Each individual kit costs \$2.50 and includes a membership decal and a variety of information pamphlets relating to crime prevention.

Dallas resident Polly Michael, of 35 Michael Drive, is coordinator of the Crime Watch and Herb Dreher, of 140 Elizabeth Street, holds the secretary/treasurer position. Both Dreher and Ms. Michael attended Tuesday night's meeting and explained why they felt the money was needed.

"We really need the pamphlets," Ms. Michael stated. "With poster and pamphlet advertising, we can create interest and involve more people."

A nursing instructor at College Misericordia, Ms. Michael told council that the money would also be used toward establishing a Dallas Borough Community Safety Education Day, (DBCSED) scheduled for August.

"As a nurse, I've found that many children are frightened by the bulky equipment policemen and firemen use," Ms. Michael said. "We need to teach our children, and even some adults, about police and fire equipment and even how to make emergency calls."

Ms. Michael says she would like to see the DBCSED include a tour of municipal buildings, inspection of fire equipment and the police cruiser. Cardiopulmonary Resuscitation (CPR) instruction as well as how to make police and fire emergency calls would also be planned.

Mayor Labar said the idea would be "an asset to our community. It (Crime Watch Program) could also take some strain off the police department."

Borough Police Chief Ed Lyons was also very supportive of the program. "I think Council should support it. The whole municipality should support it," the chief said.



Dallas Post/Ed Campbell

### It's official now!

Robert T. Kugler, technical engineer for Plastic Arts Sign Co. of Wilkes-Barre, puts the finishing touches on the new

offices of The Dallas Post. The Post is now located in the Route 309-415 Plaza on Memorial Highway in Dallas.

### Here's our chance!

## OK Heart Project begins

By JOHN F. KILDUFF  
Staff Writer

After one week of polling Wyoming Valley residents about the possibility of contacting some form of heart disease due to a variety of 'risk factors', upwards of 6000 tests have been returned to the OK Heart headquarters, W.B. Public relations director Mark Thomas said Monday.

Thomas said project officials are anticipating between 30-50 thousand returns when the testing period ends sometime this week.

"We're still having them (tests) pour in pretty well today," Thomas told The Post Monday. "We hope to get an overall picture of the heart disease status of Wyoming Valley with these tests."

In addition to the tests results, Thomas said random testing of a 'small portion of Wyoming Valley residents' began Monday at four Wyoming Valley hospitals.

Testing at either Mercy, General, Nesbitt or NPW includes diagnostic examinations of blood cholesterol levels, blood pressure, height, weight and a review of a patient's medical history, at no cost to the patient.

"The random tests, we anticipate, will supply us with the much needed scientific medical evidence relating to heart disease," Thomas said.

The kickoff of the OK Heart Project in Wyoming Valley was held last week and it is reported to be the first nationally coordinated medical survey performed on a local and temporary basis.

Acting in cooperation with the project, Offset Paperback, Dallas has printed over 25,000 copies of Dr. Edward B. Dietrich's Heart Test Book, available at local libraries, Boscov's department store in Wilkes-Barre or at the OK Heart headquarters in Wilkes-Barre's Hotel Sterling.

According to Arizona Heart Institute statistics, over one million

Americans will die in 1985 as a result of heart disease. Approximately 500,000 of that number will suffer fatal heart attacks.

Dr. Dietrich, Medical Director of the Arizona Heart Institute, said of the project at last Tuesday's press conference, "We want to detect and modify the 'risk factors' of heart disease and hopefully affect the community."

Dr. Dietrich and his highly acclaimed 'Heart Test,' are famous for the well documented case of 38-year-old Pat Taylor of Long Island, New York, who after two heart attacks, three catheterizations, two open heart surgeries and scores of drug prescriptions returned to a relatively drug-free lifestyle in just over an eight-week period in 1980.

The Taylor case, which utilized Dr. Dietrich's Heart Test and Diet Plan, eventually led to a nationally televised segment, "The Great American Heart Test," on ABC's "20-20" television magazine in February, 1981.



Dallas Post/Ed Campbell

### Residents gather

Elmer Bradshaw, chairman of the Luzerne County Crime Watch Organization, speaks to Kingston Township residents at last Tuesday's Crime Watch meeting in that area. Harold Shelley is the Crime Watch Coordinator of the Kingston Township area.

## Kingston Township names four 'captains'

Four new Kingston Township neighborhood "captains" were appointed and a wide variety of crime prevention topics were discussed at the initial meeting of the Crime Watch Program, coordinator Harold Shelley said Friday.

The Kingston Township Neighborhood Crime Watch Program met Tuesday night, June 18, at the municipal building and attracted over 40 township residents. Guest speakers at the event were Elmer Bradshaw, Chairman of the Luzerne County Crime Watch Association; and Lieutenant Gerald Cookus, a Crime Prevention Specialist with the Crime Prevention Unit of the Wilkes-Barre City police department.

"It was a very successful meeting," Shelly said. "Everyone was very interested and we attracted a good cross-section of the township."

Appointed as neighborhood captains were: Frank Hirleman, 184 Ferguson Ave, Shavertown; Edward Carey, 1 Sunset Ave, Shavertown; Jim Wisniewski, a former Kingston Township patrolman of 62 Zinn, Trucksville; and Janet Roberts, of 55 Longdale Ave Shavertown.

Neighborhood captains, Shelly said, are responsible for the recruiting of residents and providing them with current crime prevention information and programs.

Lt. Cookus provided those in attendance with the 'basic structure of neighborhood crime prevention programs.' Cookus told The Post Friday that his efforts in crime prevention are part of a county-wide program designed to make the Wyoming Valley more attractive to potential industries.

"Our goal is to spread Neighborhood Crime Watch Programs throughout the county," Cookus said. "We're working in cooperation with the Committee for Economic Growth (CEG) in order to make this area more attractive to potential businesses."

According to Cookus, national, as well as local, statistics indicate that crimes such as burglary, vandalism and thefts can be reduced by as much as 37 to 50 percent, depending on the community.

"It (crime watch) can be very successful if you have 50 to 60 percent neighborhood participation," Cookus said.

— JOHN F. KILDUFF



### Kick-off tonight

Shown here are members of the committee for the 39th Annual Back Mountain Memorial Library

Auction as they prepare for the Auction Kickoff Dinner scheduled for this evening at the Irem Temple Country Club. Tickets for the event, set to begin at 6:30 p.m., may be obtained at the

door for a cost of \$12.50 per person. Shown here, from left, first row, are Pauline Kutz, library board member; Barbara Lemmond, library board member; Joan Evans, dinner committee chairperson. Second row, Joe Fry, food concession chairperson; Dr. John Shaskus, new goods chairperson; Ernest Ashbridge, antiques chairperson; and Monty Evans, general chairperson.

## Algae found in Harveys Lake

Mark Carmon of the Department of Environmental Resources has reported to The Dallas Post that DER is currently monitoring certain sections of Harveys Lake for anabaena (a species of algae) levels.

Carmon reported samples of water from Sandy Beach, Warden Place and the Alderson section of the lake are being monitored. He said DER officials will continue to sample these areas of the lake.

The DER spokesman said anabaena is the type of algae that formed at Harveys Lake three years ago, causing state officials to close the lake to swimming, boating and fishing.

Although Carmon said DER will continue to monitor the lake water, the organization is not planning to close the lake at this time.

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