



Cookbook



Feeding boys is not easy

By CHARLOT M. DENMON
Staff Correspondent

Carole Morris of Trucksville finds it is no easy task to satisfy the appetites of four growing boys. The wife of David Morris, they are the parents of four sons, David and Dale, ninth and eighth grade students in Dallas Junior High School; Pat, sixth grade student at Dallas Intermediate; and Jeffrey, third grade student at Westmoreland Elementary.

"It's difficult to keep enough snacks on hand for them when they come in from school," said Carole. "They're no sooner in the house than they are looking for something to eat. Pizza, oven fried potatoes, Brownies, Peanut Butter Fudge and Peanut Brittle are among their favorites and, believe me, the boys can eat any of them faster than I can make them."

For four years, Carole was advisor for the Dallas Senior High varsity cheerleaders, a position she loved but had to give up when her sons became old enough to participate in Little League and soccer. Presently, David and Dale are in junior high baseball and David is also in the Spring Soccer League.

Carole is also kept busy as co-chairman of the Dallas High School's soccer team's planned trip to Scotland. She and other members of the Dallas High School Soccer Club are currently raising the necessary funds for the trip and her husband is a co-chairman of the next event, a golf tournament, to be held June 21, at Irem Temple Country Club.

Carole is a former member of the Dallas Junior Woman's Club, since disbanded, but no longer is actively involved in community or service clubs because she is kept busy with her four boys and their activities.

"I believe it is important that they participate in these activities and, in my leisure time, I enjoy preparing their favorite snacks," said Carole.

These are the recipes she shares this week with Dallas Post readers, snacks equally delicious for adults as for children.

BROWNIES

- 6 oz. butter
- 2 c. sugar
- 4 oz. chocolate, melted
- 4 eggs, beaten
- 1 c. chopped pecans
- 1 c. flour
- 1/2 t. salt
- 1 t. vanilla

In mixing bowl blend butter and sugar. Combine butter mixture with remaining ingredients. Mix well. Pour mixture into a greased, square baking dish. Bake at 350 degrees for 20-25 minutes. Insert cake tester or toothpick in cake, if it comes out clean cake is done. Remove cake from oven and cut into squares. Let cool before serving. Yields 20.

PEANUT BRITTLE

- 1 1/2 c. shelled raw peanuts
- 1/4 t. salt
- 1 c. sugar
- 1/2 c. corn syrup
- 1/2 c. water
- 1 1/2 T. butter
- 1/2 t. lemon extract

Place peanuts in baking pan. Sprinkle them with salt. Heat salted peanuts at 200 degrees for about three minutes until salt clings lightly to them. In a pan, combine sugar, corn syrup and water. Cook over low heat stirring constantly until mixture begins to boil. Cook at low boil stirring often until mixture becomes very brittle. Remove from heat. Quickly stir in butter and lemon extract, add peanuts. Pour mixture into a shallow pan, greased. When cool enough to handle, stretch mixture to desired thickness. Break into irregular pieces. Yields 1-1 1/4 lbs.

PIZZA

- 3 c. flour
- 1 1/2 t. sugar
- 3 t. salt
- 1 pkg. dry yeast
- 1 c. very hot tap water
- 3 T. oil
- 1 10 1/2 oz. can tomato puree
- 1 8-oz. can tomato sauce
- 2 t. oregano
- 1/2 c. grated Parmesan cheese
- 2 c. shredded mozzarella cheese

In large bowl of electric mixer, mix one cup flour, sugar, two teaspoons salt and yeast. Gradually add water and two tablespoons oil.



Dallas Post/Charlot M. Denmon

Cookie monsters

Carole Morris' sons enjoy some of their mother's home baked cookies before leaving for baseball practice. Left to right are Jeffrey, Pat, Dale and David.

Beat one minute at low speed, scraping bowl occasionally. Stir in enough additional flour to make a soft dough. Turn out onto a lightly floured board, knead until smooth and elastic (8-10 min.). Place in greased bowl. Cover and let rise till doubled (45 minutes). Punch down, divide in half. Press each half into greased 12 inch pizza pan, forming a standing edge. Combine tomato puree, sauce, oregano, remaining salt and oil. Spoon over crusts, sprinkle on remaining ingredients. Bake at 400 degrees, 25-30 minutes.

Cut into wedges. Yields 2-12 inch pizzas.

OVEN FRIED POTATOES

- 8 lg. potatoes
- 3/4 c. vegetable oil
- 1/2 c. grated Parmesan cheese
- 1 t. garlic salt or powder
- 1/4 t. salt and pepper
- 1/4 t. paprika

Cut each potato lengthwise into quarters. Mix above ingredients in bowl, then brush on potato lengths. Bake at 450 degrees oven until tender and brown.

PEANUT BUTTER FUDGE

2 c. sugar
2/3 c. evaporated milk
1/2 c. marshmallow cream
1 c. chunky peanut butter
1 6-oz. pkg. semi-chocolate pieces
1 t. vanilla

Combine sugar and milk, heat until sugar dissolves, stirring constantly. While stirring bring to full boil until it forms soft ball on spoon or in tester. Remove from heat, add remaining ingredients and stir until blended. Pour in greased 9x9x2 pan. When cool cut in pieces of desired size.

Conservation book available

The Luzerne County Conservation District would like to inform area residents of a new publication that is now available to assist them in managing their land.

For many years, woodland owners in Pennsylvania have needed a reference book on the subject of woodland management. This kind of book is now available from the Pennsylvania Forestry Association.

The PFA Woodland Owner's Handbook is an outstanding information source which covers all of the important aspects of forest management from the landowner's point-of-view. It features individual sections about forest ecology, forest management planning, wildlife management, timber sales and tax

aspects of owning land and selling timber. It also includes information about tree identification and tree planting, plus a whole lot more.

Contained inside an attractive 3-ring binder are nearly 40 publications from the Pennsylvania Game Commission, Cooperative Extension Service, Bureau of Forestry, and the PFA. The PFA has compiled and organized this wealth of information into a single package. It would be an invaluable reference for all landowners, especially those who want to begin managing their forestland.

Copies are available from the PFA for the price of \$13.25, plus \$1.50 for postage and handling. The address is: Pennsylvania Forestry Association, 410 East Main Street, Mechanicsburg, PA 17055.

School menus

DALLAS SCHOOLS

May 8-14

WEDNESDAY - Derby dog on roll, (plain or w-sauce), baked beans, apple wedges, choice of milk or juice. Bonus: Derby Delight. Or, grilled cheese sandwich or freshly made pizza.

THURSDAY - Chilled fruit salad, baked lasagna w-meat sauce, tossed garden salad w-Italian dressing, crispy garlic bread, blueberry cobbler, choice of milk or juice. (Mother's Day luncheon, Intermediate, West., 3rd, 4th grade; Twp., Ms. Zezza, Mrs. Klick classes only and all 3rd grade.

FRIDAY - Tuna bagel melt, golden corn kernels, choice of milk or juice. Bonus: Vanilla pudding chock full of cherries. Or, Italian hoogie w-potato chips, or freshly baked pizza.

TUESDAY - Open faced hot turkey sandwich w-cranberry sauce, garden mixed veggies, choice of milk or juice. Bonus: Chocolate lettuce leaf or, freshly baked pizza.

LAKE-LEHMAN SCHOOLS

May 8-14

Senior High

WEDNESDAY - Veal parmesan, buttered noodles, honey buttered carrots, Italina bread-butter, pears, milk.

THURSDAY - Hamburg bar-b-q, potato puffs, baked beans, cherry cobbler, milk.

FRIDAY - French bread pizza, tossed green salad, potato chips, fruit cup, milk.

MONDAY - Steak hoogie, sliced cheese w-peppers and onions, hash brown oval, pineapple tidbit, cookie, milk.

TUESDAY - Ham or chicken patti on bun, candied sweet potatoes, buttered peas, chocolate pudding, milk.

Junior High & Elementary
WEDNESDAY - Veal parmesan, buttered noodles, green beans, Italian bread-butter, pears, milk.

THURSDAY - Hamburg gravy, mashed potatoes, carrots, Parker House roll-butter, cherry cobbler, milk.

FRIDAY - French bread pizza, tossed green salad, potato chips, fruit cup, milk.

MONDAY - Cheeseburg on bun, hash brown oval, baked beans, peaches, milk. ROSS: FIELD DAY.

TUESDAY - Ham patti on bun, candied sweet potatoes, buttered peas, chocolate pudding, milk.

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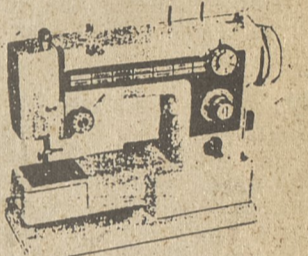
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