



# People



## Kiwanian roasted

Steve Klabeo, second from left, past president of the Back Mountain Kiwanis Club, was the object of a "roasting" by fellow Kiwanians Saturday at Irem Temple Country Club. Shown here with Steve are, from left, Reese E. Pelton, lieutenant governor; Jim Parson, president, Back Mountain Kiwanis Club; and Stu Oakley, roast chairman.

Dallas Post/Ed Campbell



## OK committee

Shown here are members of the Luzerne County Medical Society Auxiliary who will present "OK Heart Project," a free class for parents of infants who are three months of age and under. From left, Kathy Anselmi, chairman; Cynthia Das, president, LCMSA; JoAnn Simons and Jean Steelman.

## 'OK Heart Project' planned

As a public service to the community, in observance of the upcoming "OK Heart Project," the Luzerne County Medical Society Auxiliary will present a free class for parents of infants who are three months of age and under.

The purpose of the class is to provide support and information about parent-infant wellness to assist the young family in adjusting to life changes and responsibilities of parenthood. Open discussion of the parents' unique concerns relative to such areas as infant-care, feeding (breast and bottle), coping with parenthood, and health practices to decrease risk of heart disease will be led by Wilkes College Department of Nursing faculty.

Chairing the project is Mrs. Katherine K. Anselmi, RNC, MSN, FNC who is a certified OB-GYN nurse practitioner, practicing in the field of women's health.

Mrs. Anselmi will be joined by JoAnn Simons, MSN, FNP, RN and Jean R. Steelman RN, MSN. All three discussion leaders are Assistant Professors of Nursing at Wilkes College.

Miss Simons is a family nurse practitioner whose area of expertise is the care of children. Ms. Steelman, who specializes in Adult Health with a focus on primary prevention of heart disease, has conducted research on "Assessing Awareness of Cardiac Risk Factors in Mothers of School-Aged Children."

The first class will be held on Wednesday, Feb. 27 from 7-9 p.m. at the new Family Practice Building near the bridge on Pierce Street in Kingston. The class will be repeated on six successive Wednesday evenings.

Interested parents can make reservations for any of the free classes by calling 823-0917.

## Junior League approves grant funding

At a recent meeting of the Junior League of Wilkes-Barre, Inc., the membership approved and allocated major grant funding to three area agencies.

The League's Community Research committee, chaired by Mrs. Robert Kotsull, reviewed over 20 proposals submitted by community service organizations. The committee selected three which met the necessary criteria needed for funding: the Youth Services Commission, Maternal and Family Services, and the Victims Resource Center.

Maternal and Family Services received funding to update the agency's most often-used Tel-Med tapes and increase the program's accessibility and service to the greater Wyoming Valley. Tel-Med, a medical information program, was initiated by the League in 1974 and is endorsed by the County Medical Society.

A grant allocated to the Youth Service Commission will help to provide materials and training relative to the Commission's teenage suicide prevention program, Project

A.L.I.V.E. (Actually, Life Is Very Exciting). The Victims Resource Center will use its funds to provide a special room for abused children which will serve an appropriate environment in which to support a child's recreational and emotional needs.

Several Back Mountain residents serve on the League's Community Research committee: Ms. Mary Frances Thomas, Ms. Hollie Hudacek, and Mrs. George Barnard III of Dallas; Mrs. Robert Aben of Harveys Lake; Mrs. Frederick Valentine and Mrs. Elliot Katuna, of Shavertown. Other members are Mrs. William Boyer and Mrs. Frederick Levy of Kingston.

## Yakus presents program

Frank Yakus, a graduate respiratory therapist at Wilkes-Barre General Hospital, recently provided an in-service on home respiratory care for claims examiners in the U.S. Department of Labor's Black Lung office in Wilkes-Barre.

The in-service, held to familiarize claims examiners with equipment and treatment-methods for home respiratory care, was a cooperative effort of Kathleen Zaller, provider-relations manager of Electronic Data Systems and Bob Hoffman, Wilkes-Barre General's director of Respiratory Services. Thomas



FRANK YAKUS

Swartwood, branch manager of Valley Health Care Equipment Rentals of Wilkes-Barre, assisted Yakus in the presentation.

A part-time home visitation therapist for Valley Health Care, Yakus discussed aspects of home respiratory care and, with Swartwood, jointly demonstrated the use of home respiratory equipment.

A ten-year employee of General, Yakus resides in Sweet Valley with his wife, Diane and children, Melanie and Jeremy.

## Learn more about family

Have you ever been in a situation when a parent or adult child who lives some distance away was in immediate need of help? If you have, you're probably aware of how little you know about the important people in her life, says Josephine Kotch, Extension Home Economist for Luzerne County.

It's not too late to make a 1985 new year resolution, make one to strengthen your family ties. Exchanging critical information about each other will not only help in times of crisis, but will also reduce some natural anxiety, you may feel about loved ones so far away.

Your Penn State county Cooperative Extension Service office has a new six-part learn-at-home series called "Celebrate Your Family Across Generations," that includes a handy Family Information Form.

You can use the form as is or as a guide, adding information specific to your family.

Call the Luzerne County Extensions Service office to get on the mailing list for the series. 825-1701 in Hazleton 459-0736, ext. 701, or write to PSU Cooperative Extension Service, Luzerne County Extension Service, Courthouse Annex, 5 Water St., Wilkes-Barre, Pa. 18711.

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