

Community Calendar

Theater

THE WYOMING SEMINARY DRAMA DEPARTMENT will sponsor a performance of Thornton Wilder's popular American play "Our Town" on Friday, Feb. 15 and Saturday, Feb. 16, at 8 p.m. in the Buckingham Performing Arts Center, Sprague Avenue, Kingston. Tickets will be available in advance for \$2 at the student center, Maple Avenue, 288-3003, or \$3 at the door.

Each winter production at the west side prep school traditionally features a cast consisting of students and faculty.

Courses

RENOWNED LOCAL ARTIST, Sue Hand, will teach the non-credit course, "How to Draw What You See," at College Misericordia, here. Hand has studied with some of the nation's top watercolor painters. The Dallas instructor has works on display in every state and five foreign countries.

The drawing classes, opened to interested adults and high school students, will run for six consecutive Mondays, 6:30 to 8:30 p.m., beginning Feb. 4.

Three other credit-free art courses will also be offered. "Old English Calligraphy" will run for five consecutive Wednesday evenings, 6 to 8 p.m., beginning Feb. 6. Also on Feb. 6, "Stenciling" will be held from 7 to 9:30 p.m. for one evening only. "Fun With Watercolors" begins March 5 and continues for the next six Tuesday evenings.

For further information and registration, call the college's Office of Special Programs at 675-2181, ext. 331.

TWO CREDIT-FREE COURSES on the microcomputer will be offered at College Misericordia the week of Jan. 27.

"Wordprocessing with a Microcomputer" will focus on the advantages of typing on a personal computer including storage, editing, and flexibility. Classes will run for four consecutive Tuesday evenings from 6:30 to 8:30 p.m. beginning Jan. 29.

"Introduction to Computer Literacy" will explain in basic language a general overview of how a computer works and what it is capable of doing. Designed for the non-computer person, classes will benefit anyone interested in learning computer terminology. They will be offered on both Wednesday mornings from 10 a.m. to noon, and Thursday evenings from 6:30 to 8:30 p.m., beginning Jan. 30 and 31.

Computer Consultant Laurie Allison will instruct both courses. The cost for each is \$50.00. For more information and registration, call the college's Office of Special Programs at 675-2181, ext. 331.

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MEALS THAT ARE EXCITING and delicious, but low in calories, fat and cholesterol—that's what the Cardiac Cooking Course is all about.

The Mercy Hospital Wellness Center will conduct the course in six Wednesday evening sessions, beginning on February 6 through April 13. Luanne Angeli, R.D., will be the course instructor.

This educational course follows the guidelines of the New York Heart Association's "Culinary Hearts Kitchen Course", designed to teach people how to put the American Heart Association's Dietary Recommendations into practice. These recommendations are the foundation of the course: reduce fat, cholesterol, sodium, calories and increase complex carbohydrates.

The sessions will cover basic principles of nutrition, food selection and preparation; ways to modify favorite recipes; menu planning at home and when eating out; and entertaining. Students also will see recipe demonstrations and taste a variety of dishes. The course will have special interest for heart patients and their families.

Pre-registration should be made by calling the Mercy Hospital Wellness Center at 826-3267. For further information on leading a healthy life-style, contact the American Heart Association, Northeast Pa. Chapter, 71 N. Franklin St., Wilkes-Barre.

Clubs

THE COLUMBIAN SQUIRE CIRCLE, sponsored by Fr. O'Leary Council 8224, Knights of Columbus, Dallas, now being formed, is in need of new members. All Catholic gentlemen in the Back Mountain and Sweet Valley areas between the ages of 12 through 18 are eligible to join. We need 11 more candidates to activate our Circle's Charter. An information night is scheduled for Feb. 11 at 8 p.m. in Gate of Heaven Gym, Dallas. Slides will be shown, questions answered and refreshments served. Parents and family members of prospective members are cordially invited. Give us an hour of your time. For further information contact John Charney 675-6455.

Programs

IN ITS CONTINUING EFFORT to aid the unemployed and meet community needs, the Office of Continuing Education at Luzerne County Community College is scheduled to offer a variety of programs that will provide participants with market-

able job skills and, upon completion, will place individuals back in the job market.

Among the programs being offered for the Spring semester is the Professional Waiter and Waitress Program which has had excellent results in the past with approximately 95 percent of the students obtaining employment upon completion of the program.

The course will run for 14 weeks on Tuesdays and Thursdays, from 6:30 to 10 p.m., with classes beginning on Tuesday, Feb. 19. Instructor for the course is Jacqueline Stelacome and classes will be held at Gnetti's Restaurant in Wilkes-Barre.

Topics to be discussed during the course include table service techniques, beverage and wine service, CPR race for life, and others. Tuition cost for the program is \$100 and students will obtain 4.5 Continuing Education Units upon successful completion, as well as a Certificate of Completion.

Successful job placement for this course can be attributed to the support received from numerous local restaurants who have agreed to give first job preference to students possessing a Certificate of Completion.

For further information on the Professional Waiter and Waitress Program, or to register to attend, contact the Office of Continuing Education at Luzerne County Community College, 829-7482.

THE OFFICE OF CONTINUING EDUCATION at Luzerne County Community College will host its bi-annual Personal Enrichment Night on Wednesday, Jan. 30, from 7 to 9 p.m. at the Educational Conference Center on the main campus in Nanticoke.

The program is designed to give participants the opportunity to see and participate in a variety of programs which are being offered for the Spring semester.

Refreshments, door prizes and discounts on registrations will be available at the program and any questions that prospective students may have will be answered that evening by the college's Continuing Education staff and instructors.

For further information on the Personal Enrichment Night, contact the Office of Continuing Education at Luzerne County Community College at 829-7477.

NESBITT MEMORIAL HOSPITAL is offering babysitting classes for teens 12 to 16-years old. Classes will be held on Wednesday, February 6, 13, 20 and 27, from 4 to 5 p.m. in the classroom of the Nesbitt Medical Arts Building, 534 Wyoming Avenue, Kingston.

Participants will be taught the

qualifications necessary for good babysitting, including the responsibilities of the babysitter and the parents. Students will learn proper techniques for the care of infants and small children. The classes also include the teaching of basic life measures used in emergency situations such as choking or breathing difficulty.

The babysitting course has been expanded from three to four sessions to include a more significant amount of basic first aid instruction that will prove useful during minor mishaps. Class members who attend all four sessions will be awarded certificates and an assignment sheet.

The free program is provided as a community service to area teenagers. To register or for more information contact the Hospital Education Department at 288-1411, extension 4035.

THE IRISH TEACHERS PROGRAM at King's College will resume this summer with 20 teachers expected to arrive of a three-week educational, cultural and social program. The program was not conducted last summer because of a lack of sufficient funds on the part of the Irish Teachers due to poor economic conditions. More than 250 Irish Teachers participated in the program over the previous 10-year period.

The Sixth Annual Cabaret held for the benefit of the Irish Teachers Program will be held from 8 p.m. to midnight on Sunday, Feb. 17, at Gus Genetti's Best Western Motor Inn, Market Street and Pennsylvania Avenue, Wilkes-Barre. Pat Roper and Gene Boylan Combo will be the featured performers. Tickets are \$5 and can be obtained from the Allied Health Department at King's College or from local Irish groups.

THE MOTHER-TO-BE PROGRAM of Nesbitt Memorial Hospital offers excellent obstetrical care to the area's expectant mothers. It is held every Tuesday, at 4 p.m. in the hospital's Medical Arts Building, 534 Wyoming Avenue, Kingston.

The program which was initiated in 1979 provides quality health care to both mother and baby regardless of one's ability to pay. A comprehensive fee, covering physician, obstetrical services and related hospital costs is available for patients without insurance.

Program participants meet with staff members to ascertain a complete medical history. They are then assigned to a physician who will care for them during all stages of pregnancy. The program is completed with a check-up six weeks after discharge from the hospital.

The Mother-To-Be Program's services include regular monthly examinations, blood work and ultra-

sound procedures. An eight-week prenatal education program is available to parents providing information about natural childbirth and care of the newborn.

For information on the Mother-To-Be Program, contact Nesbitt Memorial Hospital's Obstetrics Department at 288-8959.

GERALD COHN, M.D., Associate in Neurology and Rehabilitation Medicine at the Geisinger Medical Center in Danville, will discuss "Hyperbaric Oxygen: Revisited" on Wednesday, Feb. 6, at 12 noon in the NPW Medical Center Learning Resources Center. The presentation is part of the NPW Continuing Medical Education Winter Lecture Series Program.

For additional information about the NPW Continuing Medical Education Winter Lecture Series, please contact the NPW Hospital-Wide Education Department at 826-7624. Remaining dates, topics and speakers are: Feb. 20, "Chronic Pelvic Pain in the Female," James Bates, M.D., Director of Gynecology and Obstetrics, Geisinger Medical Center; and March 6, "Extracorporeal Lithotripsy, or Blasting the Renal Stone," Keith Van Arsdale, M.D., Associate Professor of Surgery (urology), University of Pennsylvania, School of Medicine.

Meetings

THE ANTHRACITE JIM BEAM BOTTLE CLUB will meet on Tuesday, Feb. 12, at 7:30 p.m. in Konefal's Restaurant, Main Street, Edwardsville. Final reservations to attend the mini convention at Valley Forge will be accepted. Visitors are invited to attend the meeting.

DISABLED AMERICAN VETERANS Chapter 9, will conduct a meeting on Monday, February 4, at 7:30 p.m. at the Parsons VFW, Scott Street. Commander Murray Brown will preside.

Alfred Fabie, who is in charge of the membership drive, may be contacted at 824-9346. Items on the agenda for the meeting include membership and hospital activities, reports by Paul Migatalski, VAVS representatives; and reports by Peter Dudish, national service officer.

Refreshments will be served.

HOME ECONOMISTS are invited to attend the District meeting of the Pennsylvania Health Education Association on April 24 at the Woodlands, Wilkes-Barre, to hear Dr. Jeffrey Sternlieb, clinical psychologist, address "Developing an Effective Parenting Program."

A state meeting is slated for March 21 through March 23 at Reading while the 76th annual meeting and exposition will be held June 24-27 at the Philadelphia Civic Center.

For membership and details, contact Audrey Ide, RD 4, Box 528, Dallas, Pa., 18612.

ED BOEHNE, President of the Federal Reserve Bank of Philadelphia, will be the guest speaker at the Greater Wilkes-Barre Chamber of Commerce's February Commerce Club. It will be held on Friday, Feb. 1 at 11:45 a.m. at Genetti's Best Western.

As chief executive officer, Boehne is in charge of the bank's many responsibilities that range from clearing millions of checks daily, acting as banker for the U.S. Treasury, and supervising bank holding companies in much of Pennsylvania, New Jersey and Delaware. He also is active in determining the nation's monetary policy through the Federal Open Market Committee and setting the discount rate.

For reservations, please contact the Chamber office at 823-2101. \$8.00 members and \$10.00 non-members.

A **REGULAR MEETING** of the Westmoreland Elementary School P.T.O. will be conducted on Thursday, Feb. 7, at 7:30 p.m. in the school cafeteria. President Georgianna Reynolds will preside. Following the meeting, a mid-winter musical, "The Runaway Snowman," will be presented by Westmoreland's fourth grade pupils, under the direction of Mrs. Nancy Campbell, Elementary Music Teacher. Refreshments will be provided at the conclusion of the program.

ON **TUESDAY, FEB. 19,** the Back Mountain East La Leche League will meet at 7:30 p.m. in the home of Mrs. John Vaida, Shavertown. Baby Arrives-The Family and the Breastfed Baby is this month's topic of discussion.

La Leche League is an international organization that is as near to every mother as her own home or telephone. The League is dedicated to helping mother during all phases of their nursing experience. A lending library, pamphlets and numerous reprints covering many topics related to breastfeeding and childcare are available.

Mothers-to-be, new mothers, as well as all women interested in breastfeeding are welcome to attend as are babies. For further information about the meeting contact Mrs. Ed Gribbon, Trucksville, Mrs. John Vaida, Shavertown, or Mrs. Albert Holcomb, Pikes Creek.

WILKES-BARRE GENERAL HOSPITAL'S Cardiac Support Group kicks off its 1985 series of meetings on Wednesday, Feb. 6 at 7 p.m. at the hospital.

The informal and educational group sessions, held on the first Wednesday of each month, are designed to meet the physical and psychological needs of persons with a diagnosed cardiac condition. They offer a sound psychological coping mechanism in which cardiac patients and family member may discuss any fears, stresses and concerns regarding their condition.

For further information, contact General's Social Service Department, 829-8111, extension 3038.

Concerts

THE PHILADELPHIA GUITAR ENSEMBLE, composed of four guitarists from the Philadelphia area, will perform at 8 p.m. on Friday, Feb. 8, in the King's College J. Carroll McCormick Campus Ministry Center. The event is part of the Cultural Events Series at King's and will be open to the public free of charge.

Formed in 1981, the primary goal of the quartet is to promote the classical guitar as an ensemble instrument through the performance of transcriptions and original compositions. The ensemble has performed a number of times in the Philadelphia area and is currently developing a program of pieces written specifically for them by Philadelphia composers.

Events

A **FREE QUILTING DEMONSTRATION** will be held at College Misericordia on Saturday, Feb. 2, from 10 a.m. to noon. The session will serve as preparation for an all-day workshop to be held on Feb. 9.

"The only prerequisite for learning to quilt is patience," explains instructor Joanne Ennis, "because the basic techniques are very simple." Each participant will learn the steps necessary to make their own patchwork quilts.

The demonstration is open to the public without charge. Interested participants must register.

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