

Cookbook

Getting ready for Thanksgiving dinner

By CHARLOT M. DENMON
Staff Correspondent

Most of the housecleaning is done, the good china (used only on special occasions) has been washed and set out on the diningroom table, silver is polished and extra chairs borrowed from relatives or neighbors...Thanksgiving Day is just a week away and mothers and grandmothers are making last minute preparation.

Family members living and working out of the area will begin arriving this weekend for, in America, Thanksgiving has become a traditional day for families to gather, give thanks and eat more than they should.

Throughout the Back Mountain, there will be many homes where as many as 28 to 30 brothers, sisters, cousins, parents and grandparents will gather round the table for Thanksgiving dinner. In most cases, the piece de resistance will be turkey, candied sweet potatoes, dressing, salad, cranberry sauce, vegetables and pumpkin pie. Some families may prefer chicken or duck, and, in rare instances, baked ham.

In preparing Thanksgiving Dinner, there are probably as many variations in recipes as there are families but in this week's Dallas Post, we share a few easy, but delicious recipes usually found on the table of some of our employees.

The Brown Glazed Sweet Potatoes will please the most particular diner as much as the person who prepares them since the recipe is easy. Frosted Cranberry Salad is the perfect accompaniment for the roast turkey and can be served as a salad or used in place of cranberry sauce. The Pumpkin Pie is as tasty as it is easy to make. It is the ideal Thanksgiving Dinner dessert.

These recipes are easy to prepare, economical and perfect additions to your Thanksgiving Dinner. Try them — you'll like them.

BROWN SUGAR GLAZED SWEET POTATOES

8 medium sized sweet potatoes, peeled
Salt & freshly ground pepper to taste
1/2 c. miniature marshmallows
1/2 c. chopped pecans
4 T. margarine or butter, cut into small pieces
4-6 T. light brown sugar, firmly packed.

In large saucepan bring water to boiling over medium high heat. Cook potatoes uncovered 25 minutes or until tender; drain. Cut crosswise into 1/2 inch thick slices. Arrange in overlapping pattern in buttered small oven-proof serving dish or shallow baking dish. Sprinkle with salt, pepper, marshmallows, pecans and butter. Sprinkle evenly with brown sugar. Broil 4 to 6 inches away from heat source until sugar begins to melt. Be careful not to let marshmallows and nuts burn. Makes 12 servings.

FROSTED CRANBERRY SALAD

1 13 1/2 oz. can crushed pineapple
2 3-oz. pkgs. lemon gelatin
1 7-oz. bot. ginger ale
1 1 lb. can (2 cups) jellied cranberry sauce
1 2-oz. pkg. dessert topping mix
1 8-oz. cream cheese, softened
1/2 c. chopped pecans or walnuts
Drain pineapple; reserve syrup. Add water to make one cup and heat to boil. Dissolve gelatin in hot liquid; cool. Gently stir in ginger ale, chill till partially set. Blend pineapple and cranberry sauce; fold in gelatin. Turn into 9x9x2 inch dish; chill until firm. Prepare topping according to directions on package; blend in cheese and spread over gelatin. Toast nuts in tablespoon of margarine or butter at 350 degrees for 10 minutes, sprinkle them on topping. (Cool Whip may be used instead of topping mix, if desired.)

PUMPKIN PIE

1 1/2 c. canned pumpkin
3/4 c. sugar
1/2 t. salt
1-1 1/4 t. gr. cinnamon
1/2-1 t. gr. ginger
1/4-1/2 t. gr. nutmeg
1/4-1/2 t. gr. cloves
3 eggs
1 1/4 c. milk
1 6-oz. can evap. milk
1 9 inch unbaked pastry shell
Pastry shell may be made from favorite recipe or purchased in freezer department of grocery store.
Combine pumpkin, sugar, salt and spices. Slightly beat eggs and blend in pumpkin mixture with milk and evaporated milk. Pour into pastry shell. Crimp edges of shell high to keep in filling.
Bake in 400 degree oven 50 minutes or till knife inserted halfway between center and edge comes out clean. Let cool, top with favorite topping before serving.



Dallas Post/Ed Campbell

Shop planned

A Christmas Arts and Crafts Shop will be held Saturday, Nov. 17, from 9 a.m. to 5 p.m. at the Lehman Fire Hall, sponsored by the Lehman Fire and Ambulance Ladies Auxiliary. A wide variety of fine handcrafted Christmas items will be available. Shown here, from left, Judy Gunn, vice-president; Rita Langdon, chairperson; and Florence Campbell, president. A snack bar will be available, as will delicious homebaked goods.

Frosting Friends plan meeting

Frosting Friends of Luzerne County, a cake-decorating and confections organization, sponsored by the Luzerne County Recreation Department, announces its monthly meeting to be held Nov. 19 at 7 p.m. at the Educational Conference Center of LCCC.

A demonstration of Gingerbread House making, by Mrs. Diane Jamiolkowski, will follow the regular business meeting. Mrs. Irene Shaw is in charge of refreshments.

A Christmas party has been planned to be held at the Golden Palace, Wilkes-Barre, on Dec. 15. Further details will be announced at this meeting. Mrs. Ruth Ann Young and Mrs. Rose English are coordinators.

The December meeting will be a Christmas Exchange, with members participating in a confections exchange. Recipes will also be exchanged. Members are asked to bring the recipes they will be using for the confections exchange to the Nov. meeting so copies may be made.

The club meets the third Monday of each month and welcomes anyone interested, and with a basic

knowledge of the confectionary art to attend this meeting. Mrs. Lee Klemash, membership vice-president.

School menus

Following are cafeteria menus for area school districts for the following week:

WEST SIDE TECH

Nov. 14 - 20
WEDNESDAY - Taco-lettuce-tomato-cheese, Spanish rice, buttered corn, jello-whipped cream, milk.

THURSDAY - Ham patty on bun, macaroni-cheese, stewed tomatoes, ice cream sunday, milk.

FRIDAY - Pizza twins, tossed salad-dressing, spiced applesauce, shortbread cookies, milk.

MONDAY - Wafer steak on bun, lettuce-tomatoes, chips, buttered green beans, ambrosia, milk.

TUESDAY - Pork bar-b-que on soft bun, French fries, chilled fruit juice, Pilgrim cookies, milk.

DALLAS SCHOOLS

Nov. 14 - 20

WEDNESDAY - Mexican taco (ground beef, lettuce-taco sauce), or triple decker peanut butter-jelly sandwich w-cheese cube and fresh carrot stick, kernald corn, choice of milk, juice. Bonus: Mini sugar donut.

THURSDAY - Thanksgiving Dinner - Roasted young Tom turkey w-gravy, holiday stuffing, buttered whipped potatoes, honey glazed sweet potatoes, apple cranberry sauce, pumpkin pie w-whipped topping, choice of milk.

FRIDAY - Soup-n-sandwich special - Warming chicken noodle soup w-veggies, bologna-n-cheese sandwich or cheesy cheese pizza (2 slices), choice of milk, juice. Bonus: Soft pretzel.

MONDAY - Ballpark hot dog on bun or pork bar-b-que w-special relish on roll, Boston baked beans, warm applesauce, choice of milk,

juice. Bonus: Potato chips.

TUESDAY - New item - Chicken nuggests or Italian hoagie w-lettuce-onions-mayo, fresh celery sticks, orange gelatin w-pineapple-whipped topping, choice of milk, juice.

LAKE-LEHMAN SCHOOLS

Nov. 14 - 16

Senior High School

WEDNESDAY - Mini beef ravioli w-sauce, green beans, Parker House roll-butter, pears, milk.

THURSDAY - Thanksgiving Dinner - turkey w-dressing, mashed potatoes w-gravy, buttered peas, cranberry sauce, ice cream, milk.

FRIDAY - Pizza or egg salad sandwich, potato chips, stuffed celery, fresh apple, milk.

Junior High & Elementary Schools

WEDNESDAY - Hamburg on bun, pickle chips, vegetable soup-sal-

lines, pears, milk.

THURSDAY - Thanksgiving dinner - roast turkey w-dressing, mashed potatoes w-gravy, buttered peas, cranberry sauce, ice cream, milk.

FRIDAY - Pizza or peanut butter jelly sandwich, potato chips, stuffed celery, fresh apple, milk.

GATE OF HEAVEN SCHOOL

Nov. 14 - 20

WEDNESDAY - Flying saucer (cold meat-lettuce-tomato-cheese), vegetable soup, cookies, milk.

THURSDAY - Turkey (sliced), gravy, stuffing, corn, cranberry sauce, Tasty cake, milk.

FRIDAY - Fish, perogie, peas, fruit cocktail, milk.

MONDAY - Tacos (Lettuce-tomato-cheese-gr. beef), Mexican

beans, pears, milk.

TUESDAY - Vegetable soup-sal-

lines, peanut butter-jelly sandwich,

pears, milk.

Turkey bones not for dogs

As people leave Thanksgiving tables still laden with food, there may be a great temptation to share some tidbits of the feast with the family dog or cat. While the Humane Society urges all people to remember their animals with a treat on this special day, it is important to offer foods that are not harmful.

An occasional taste of turkey will be savored by most animals, but excessive amounts of turkey or turkey fat can be very hard to digest and cause intestinal upset. Some animals may even develop allergic reactions to foods they are not accustomed to eating.

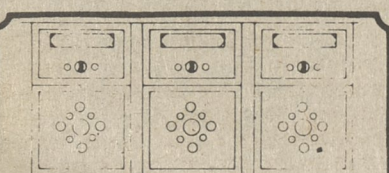
Turkey bones, as well as chicken bones, are especially dangerous as they are quite brittle. If eaten by a dog or cat, the bones can splinter and pierce an internal organ causing serious damage or even death.

String or twine used to truss the turkey should be disposed of carefully. The turkey aroma and flavor on the twine may be appealing to an animal; but if the twine is ingested, it can also cause serious internal problems.

Turkey bones, twine, and scraps should be wrapped and discarded in animal proof containers. Attention should also be paid to outdoor waste receptacles, which will surely attract racoons and other midnight visitors if the lids are not secure.

Please make sure that the animals can also enjoy the holiday by feeding them with care.

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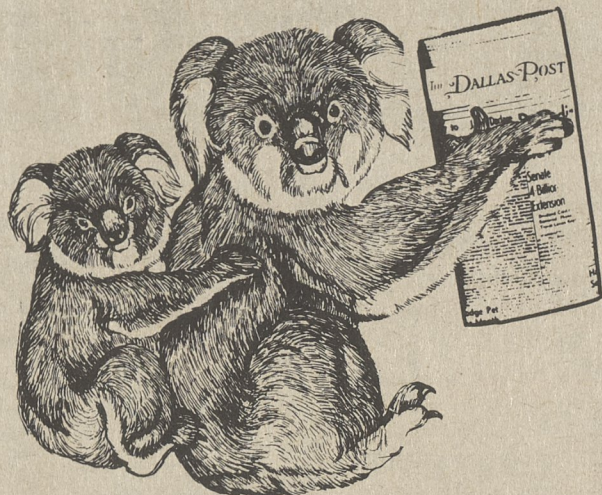
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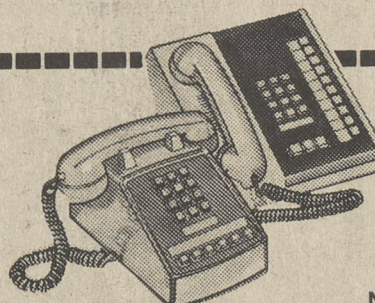
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