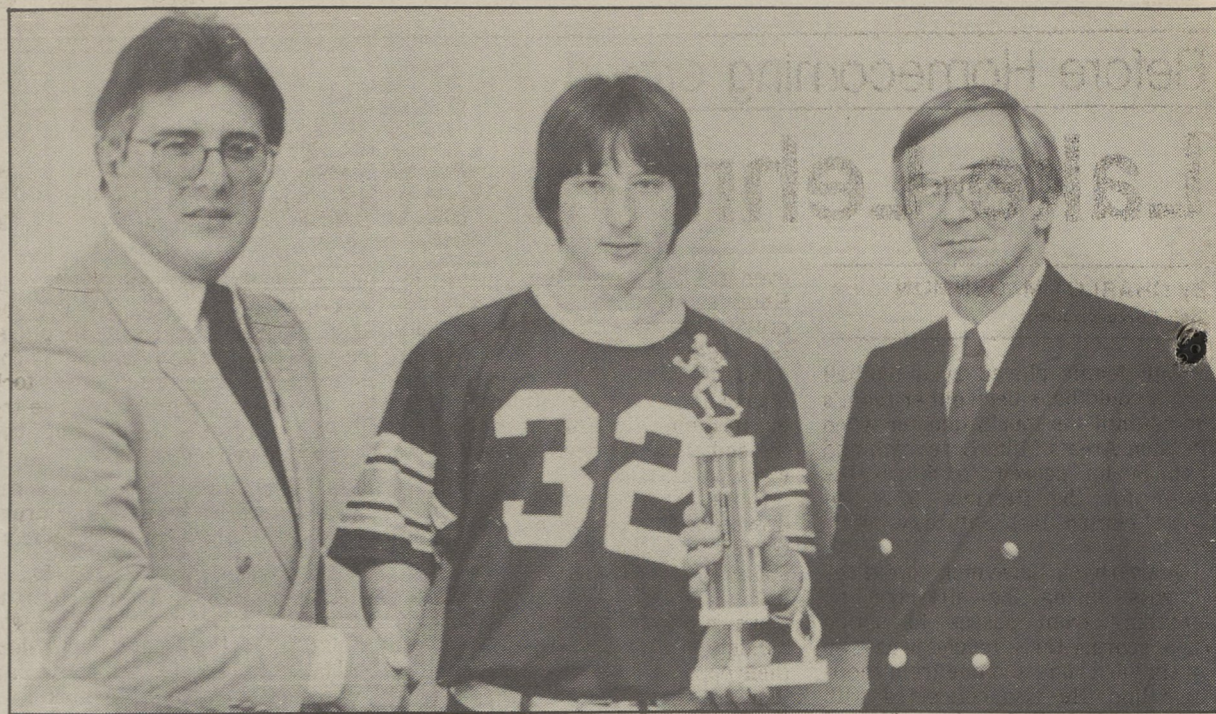


# Sports



### Gridders honored

The Dallas Gridiron Club awards Most Valuable Player trophies to a member of the Mountaineer football team for every football game the team plays. Shown here in the photo at left are the MVPs of the Bishop Hoban and Hanover games. From left, Richard Ford, awards and trophy chairman of the Dallas Gridiron Club; Tom Trosko, a senior lineman named MVP for his performance during the Bishop Hoban game; Tim Evans, a junior lineman receiving his trophy for



his performance in the Hanover game; and Ron Rybak, head coach of the Mountaineers. In the photo at right, John Harris, center, runningback and linebacker, accepts a trophy from Frank Galicki, left, assistant principal at the Dallas Senior High School; and Robert Supey, right, member of the Dallas Gridiron Club. Harris was honored for his performance during the Wyoming Area game.

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& 17th—\$15.00 per person.

NOVEMBER 24—TOM JONES at  
Resorts Casino \$37.50.

## Locals 'run' to States

By CHARLOT M. DENMON  
Staff Correspondent

Three Back Mountain high school cross country runners will compete in the state competition at Lehigh University this weekend.

Dallas High School senior Amy Aston competed in Division AAA competition in Districts at Frances Slocum last year and placed second behind Honesdale's Renee Robbins, came in first this season in Division AA in 17:19, :04 less time than Robbins who ran in AAA again this season. Aston's closest competitor in AA was Meyers Lorrie Gardner who came in second with 18:43.

Aston, who gave up field hockey, one of her favorite sports, this year to concentrate on running, was only :05 behind the record set by Meyers' Mary Wazeter 17:12 set in 1979.

The daughter of Mr. and Mrs. David Aston, Amy said that when she competed in states last year she finished 16th among approximately 260 runners. This year when Dallas High School faculty member Louis Isaac told her she had the build for a long distance runner, she decided to give up field hockey and other fall and winter sports and concentrate on running. This is only her second year in running and she is now running five to 10 miles every evening. During the summer she ran about 50 miles every week.

Dallas junior Mark Wright, son of Mr. and Mrs. Willard Wright, finished fifth in Division AAA in 15:36, :33 behind Abington Heights' first place finisher Mark McLane with a time of 15:03.

This is Wright's second year as a member of the Dallas High School



AMY ASTON AND MARK WRIGHT

Cross Country team, having run last year under Coach Lou Isaacs. This year's coach is Donald Hosey of Franklin Township, who had to build a team around a nucleus of three runners, most of the others having graduated.

Wright said he became interested in running through Isaacs who told him he looked like a runner. He also is a member of the high school track team and participates in the high jump, two mile run and the two mile relay.

His best time since starting to run was in the districts at Frances Slocum Park this year.

The third student to enter the state competition is John Rosencrans of Lake-Lehman. He is the son of Mr. and Mrs. Wayne Rosencrans, Jr. of Mooretown.

A sophomore, this is John's first year on the high school cross-country team coached by Ed Narkiewicz. He finished sixth in the boys AA

Division in this year's districts with a time of 15:48. His fastest time over a course this season was 15:25 but he hopes to better it at states.

He plan to continue running during the winter and go out for the track team in the spring, which is also coached by Narkiewicz. He will try out for the pole vault, the mile and two mile runs.

Rosencrans has two brothers and a sister, but he is the first to become a member of the school's cross country team. His older brother, Wayne, was a member of the varsity wrestling team; his sister, Sue, is a member of the band; and his younger brother is a member of the Back Mountain Elementary Wrestling team.

The three students will leave Friday for Bethlehem to prepare for Saturday's state competition.

### Wilkes-Barre Fats

## Coping with losing

Losing in any sport is one of the most difficult aspects. It's rough on the players, coaches, parents and the students. I don't know anyone that has the answers to resolving a losing syndrome.

A lot of my collegiate coaching pals are suffering through disastrous campaigns this season. The same is true at Dallas and Lake-Lehman.

When a team is getting defeat after defeat hung on it week after week, one of the first things I look at is the effort the team is putting out. Most of the time, it's simply a matter of the other teams having better personnel. Injuries play a big factor in the success of any team, too.

Dallas Coach Ron Rybak is attempting to remedy the Mountaineers' shortcomings by playing as many youngsters as possible. Currently, Rybak is getting around 45 people a week into the combat. He's got a nice collection of sophomores.

"We're still preparing for each game in a positive manner," the Dallas coach said. "We're using a lot of our young people in the varsity games and getting them added experience in the jayvee games each week, too. We've made some positive strides with our jayvees and they hold the key to our future."

In checking with some of the opposing coaches of our local teams, all have made it a point to praise the effort turned in by the Knights and Mountaineers.

When a team is suffering through a losing spell, it's very easy for the players to take that walk to the apple orchard.

It's obvious neither team has folded its tent. They lineup and play as hard as they're capable of and that's all any coach can ask. The players of both teams work hard in practice and appear to have the right mental attitude which is significant.

I've got to admire any athlete that comes to play. The ones that quit as soon as adversity happens, I have no use for. If they're going to quit in a football game, they'll quit in life, too.

There's a lot to be learned from losing, especially who has that fiber that can help turn things around down the road.

CLIPBOARD NOTES:

— Congratulations to Irem Pro Barry Fies and partner John Markel of Berkshire C.C. in Reading on winning the local Pro's better-ball tourney at Pocono Manor last week with a neat three-under 69. Barry says Markel has all of the shots.

— Some of those young Mountaineers with future potential are running backs Ryan Holthaus and Ron Ostrowski. Lineman Mark Chester will get better once he's gotten on the weights and bulks up a bit. QBs Tim Lyons and Whitey Konopki are going to better with experience.

— Penn State wrestling Coach Rich Lorenzo will coach the East squad in annual East-West All-Star contest in February at Utah State. He's a winner!

— How far has Pitt's program dropped this season? Consider the following results: Temple downs the Panthers, 13-12. Lehigh rips Delaware 46-6. Recently Delaware hammered Temple, 34-19, while at the same time New Hampshire, that power up north, was clobbering Lehigh, 34-10. Would that mean that New Hampshire would defeat the Panthers handily?

— For the third straight year Coach John Majors Tennessee Vols have topped the Tide of Alabama. It's the same Alabama team which put the skids to that vaunted Penn State scoring machine, 6-zip, the week before.

Coach Majors told me, "It was another exciting finish. We trailed 27-20, with a little over four minutes to play when we returned a punt some 40 yards to the Alabama 12. We scored and went for two and the win."

Final score, Tennessee 28, Alabama 27.

The Tide led at one time, 27-10. Vols have a tough road ahead with some rugged foes. Injuries have depleted the Vols. Eight starters are sidelined for the remainder of the season.

"I've never been around a team that has been hit with some major crippling injuries. We are just like many other teams in we don't have an abundance of depth," Majors pointed out. "We'll be scrambling the rest of the season by moving personnel around and hoping for the best."

— While Alabama, Notre Dame and Pitt have received most of the notoriety for having sorry records, no one has made mention of the lackluster year of North Carolina. Now, the 'Heels are supposed to have some quality folks and they're struggling.

— How about the Pitt Panthers with three head coaches in the NFL? Match that USC & Penn State!

Joe Walton of the Jets, Mike Ditka of the Bears and now Marty Schottenheimer took over the reins of the Browns.

Reason for Sam Rutigliano getting sacked is evident. The sorry play at QB by Paul McDonald. He couldn't fill the shoes of rubber arm Brian Sipe. McDonald is not an NFL caliber QB.

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