

Community Calendar

Seminars

THE ANNUAL NORTHEAST GREENHOUSE SEMINAR will be held at the Luzerne County Community College Conference Center, Nanticoke Tuesday, October 16, from 9:30 a.m. to 4 p.m.

Dr. Raymond Sheldrake's W.R. Grace Co. topic will be the Geranium Story. He will also end the day with a question and answer period.

Gordon Gleason, President of Gleason Industrial with talk about Mechanization of the Greenhouse and Thomas Bidgood and Harry Anthony both of Monsanto will discuss Energy Saving Greenhouse films. Dr. Richard L. Diamonte, W.R. Grace Co. will talk about Soil Mixes and Fertility.

According to Al Skala Extension Agent, reservations are due in the Luzerne County Extension Office no later than Monday, Oct. 8. Registration fee is \$8.00.

"SELF-HYPNOSIS" — you can use it to relax, solve problems, control habits and achieve goals," said Fredrick Sam, certified hypnotist and hypnotherapist. Sam will conduct a five-part workshop series on "Self-Hypnosis" at College Misericordia, beginning Saturday, Oct. 13. Classes meet each Saturday from 12 to 2:30 p.m.

The sessions begin with a lecture on self-hypnosis. Practical application and group discussion follow. Participants "should wear comfortable clothing and bring a pillow as they may sit or lie on the floor," Sam said.

Sam, a graduate of the University of Pittsburgh, received specialized training from hypnotherapist and hypnosis teacher Gil Boyne, of Los Angeles, Ca. Sam has also studied at the University of California at Los Angeles.

"Due to the nature of the topic," said Tom O'Neill, director of special programs, is limited." For more information and registration, call College Misericordia's Office of Continuing Education at 675-2181, ext. 331.

Courses

A TRAPPER TRAINING COURSE sponsored by the Pennsylvania Game Commission will be held on Thursday, Oct. 13 at the PP&L Nuclear Power Plant, Riverland Building, Route 11, Beach Haven, Pa. starting at 9 a.m. until 12 noon.

Classes will include knowledge of trapping wildlife, management, trapping history, animal facts and habits, traps and equipment, prospecting, lures and baits, pelt care, humane practices, selective setting and trapping laws and ethics.

WILKES-BARRE GENERAL HOSPITAL'S VOLUNTEER SERVICES DEPARTMENT will hold a Babysitting Seminar for girls aged 13-18 on Monday, October 8 from noon to 4 p.m. at the hospital. Schools will be closed that day in celebration of Columbus Day.

Agenda for the seminar includes first-aid for emergencies, basic care of small children, fire safety and personal safety. Participants will receive a certificate upon completion of the session.

Registration is limited to 25 participants. Interested individuals are asked to register by calling Wilkes-Barre General Hospital's Volunteer Services Department.

THE WYOMING VALLEY CHAPTER, American Red Cross has scheduled a CPR review course for Wednesday, October 10, from 7-10 p.m. at the Chapter House. This course is for anyone who has a CPR certificate which will expire in October or November. A fee is charged. Call Safety Services at 823-7161 to register.

WILKES-BARRE GENERAL HOSPITAL'S SPECIAL SIBLING CLASS, "Our New Addition," will be held on Monday, Oct. 8 at 6:30 p.m. at the hospital. The two-hour class, held every eight weeks, is designed to promote family bonding and to help lessons the anxiety of a child who might feel threatened by the arrival of a new baby into the family.

The class is open to parents who are already enrolled in General's childbirth course and their children, and to others expecting a baby within two months of the sibling class.

To register or for more information, call the hospital's Education Department, 829-8111, extension 2300. Next class date is December 3.

THE WYOMING VALLEY CHAPTER, American Red Cross will conduct an instructor course in Standard First Aid on Thursdays, Oct. 11, 18, 25 and Nov. 1, from 7-10 p.m. The course will meet at the Chapter House on South Franklin Street and an \$8.00 fee will be charged.

The prerequisite for this course is a current certificate in Standard or Advanced First Aid or be currently registered as an EMT. To register, send a check payable to American Red Cross to Safety Services at 156 S. Franklin Street, Wilkes-Barre, 18701.

Due to current Chapter policy you will not be authorized to teach in this Chapter until you teach one course with a recognized instructor within 6 months.

THE OFFICE OF CONTINUING EDUCATION at Luzerne County Community College will offer its Professional Mixology and Bar Management course for the Fall semester at the college's main campus in Nanticoke.

The course, which is designed to prepare students for direct employment in the bar and restaurant industry, will be offered in two tracts, allowing the students the freedom of choosing the most accommodating time. The course will be offered on Saturdays, from 9 a.m. to 3 p.m., beginning Oct. 6 through Dec. 15; and on Mondays and Tuesdays, from 2 from 4:30 p.m. beginning Oct. 1 through Dec. 10.

For further information on the Professional Bar Management Program at Luzerne County Community College, or to register to attend, contact the Office of Continuing Education, 829-7477.

BRAIN, MIND AND BEHAVIOR, an introductory-level telecourse designed to give beginning students a comprehensive understanding of the human brain, its function, its common pathologies and its many mysteries, will be offered for the Fall semester at Luzerne County Community College, in conjunction with WVIA-TV, Channel 44.

The course will be offered on Wednesdays, from 9 to 10 p.m., beginning Oct. 10 through Dec. 12; and will be repeated on Thursdays, from 2 to 3 p.m., beginning Oct. 11 through Dec. 13.

For further information on the telecourse, or to register to attend, contact Eleanor Miller at Luzerne County Community College, 829-7423.

Meetings

THE REGULAR MONTHLY MEETING of the Lake-Lehman Board of School Directors will be held on Tuesday, Oct. 9, at 8 p.m. in the multi-purpose room of the Ross Elementary School, Sweet Valley. Joseph "Red" Jones, president, will preside.

THE ANTHRACITE JIM BEAM BOTTLE CLUB will meet on Oct. 9 at 7:30 p.m. in Konefal's Restaurant, Main Street, Edwardsville. Committees will be selected for the annual Christmas party scheduled for Dec. 11.

THERE WILL BE A MEETING of the Harveys Lake Little League at the Lake Noxen Elementary School at 7:30 p.m. on Wednesday, Oct. 3. Parents and any one interested in helping plan the 1985 season are urged to attend.

WILKES-BARRE GENERAL HOSPITAL'S CARDIAC SUPPORT GROUP will meet on Wednesday, Oct. 3 at 7 p.m. at the hospital. A dietitian will be present to discuss dietary adjustments related to heart disease.

The public is invited to attend the group, which meets monthly. For further information, contact General's Social Services Department.

THE FRIENDS OF THE HOYT LIBRARY invite the public to their Annual Meeting on Wednesday, Oct. 10 at 7:30 p.m. at the Hoyt Library, 284 Wyoming Avenue, Kingston.

Awards will be presented to Mrs. Eugene Walsh, Mrs. Allen Hutcheon and Mr. Richard Cronin.

Lynn Bagley will entertain with ballads and folk songs.

Refreshments will be served. There is no charge.

BEN BADMAN, NPW, chairman of the Greater Wilkes-Barre Chamber of Commerce's 100th Anniversary Celebration, has selected Oct. 9 as the date for the 100th Annual Meeting. The gala event will be held at Genetti's Best Western.

The evening's festivities will begin at 6 p.m., with a cocktail hour. Dinner and program will follow at 7 p.m.

Assisting Mr. Badman in planning the meeting are Dorothy Mugford of the Sheraton-Crossgates; Robert Gelb of NPW; Len Brader and Betty Schuler.

Reservations may be made by contacting Christine Parker at the Chamber office, 823-2101, by Oct. 4.

THE FALL MEETING of the Northeastern Pennsylvania Association of Hospital Auxiliaries will be held Wednesday, Oct. 10, at the Elks Club, Scranton-Pocono Highway, Scranton, hosted by Moses Taylor Hospital Auxiliary.

Registration begins at 9 a.m. with the meeting scheduled for 10 a.m. Mrs. Gordon G. Boop will preside. Installation of the N.E.P.A.H.A. will be held.

Programs

CONCERNED ABOUT THE RECENT INCIDENTS OF CHILD SEXUAL ABUSE nationwide, Nesbitt Memorial Hospital, Kingston, and the Victims Resource Center, Wilkes-Barre, will present a two-part lecture program on the topic of "Child Sexual Misuse."

Area parents and their children are invited to participate in the free lecture series which will be conducted on Tuesday, Oct. 9, at 6 p.m. for children ages 5-9 and Tuesday, Oct. 23, at 6 p.m. for children ages 10-12 in the hospital's Medical Arts Building Auditorium, 534 Wyoming Ave., Kingston.

For more information on this special community program, please contact Nesbitt Memorial Hospital's Education Department at 288-1411, extension 4035.

NICHOLAS F. COLANGELO, Ph.D., President of the Marworth Alcohol Treatment Center in Waverly, will inaugurate the NPW Medical Center's Fall Health Awareness Series with a program on "Alcohol Abuse" on Thursday, October 11, at 7:30 p.m. in the NPW Learning Resources Center.

The Fall Health Awareness Series is held in order to keep the public up to date on medical concerns and health care topics. Each free program includes approximately a 30 minute lecture presentation followed by a question and answer session. Other topics, dates and speakers in the series are: Thursday, October 18, "Handling Stress," Scott Smith, M.S.W., Manager of NPW Social Services Department; Tuesday, October 23, "Handling Emergencies In The Home," Michael Mesaros, M.D., Associate in Emergency Medicine with the Geisinger Medical Group Wilkes Barre and the NPW Medical Center; and Tuesday, October 30, a panel discussion on "Keeping Your Heart Healthy."

For a wallet-sized schedule card, contact the NPW Public Affairs Department at 826-7890.

NESBITT MEMORIAL HOSPITAL, in cooperation with Temple University School of Medicine, conducts the second lecture of the Continuing Physician's Education Program on Thursday, Oct. 11, at 11 a.m. in the hospital's Medical Arts Building, 534 Wyoming Avenue, Kingston.

Stanley H. Lorber, M.D., professor and chairman of the Department of Gastroenterology, Temple University School of Medicine, will speak on "Diarrheal Diseases." Dr. Lorber is a graduate of the University of Pennsylvania and has been chairman of the Gastroenterology Department since 1963.

For more information on the Continuing Physician's Education Program, contact Nesbitt Memorial Hospital's Community Relations Department at 288-1411, extension 4025.

CONCERNED ABOUT SEXUAL ASSAULT AND ABUSE? Volunteer training sessions at the Victims Resource Center will begin on Saturday, October 6 at 132 South Franklin Street in Wilkes Barre. No previous experience or specialized training is required to qualify for

training, but interested persons must schedule a pre-interview.

Volunteer opportunities include working on various committees, clerical help, court accompaniment, public speaking and counseling victims directly. All volunteers complete 18 hours of basic training on the subject of rape and sexual abuse. Those who want to work as sexual assault counselors or as hotline "on-call" counselors must complete an additional 22 hours of training.

Pre-interviews will be scheduled by calling 823-0766 during office hours.

NO, I'M NOT SUGGESTING a return to stiffly starched collars and pinafores. The starch is for eating says Josephine Kotch, Extension Home Economist for Luzerne County.

The two hour program set for Monday, October 15, at the Extension office meeting room, 7-9 p.m. will include a variety of dishes prepared with rice, kidney beans, pasta and lentils.

Starchy foods often reach the dinner table fried in oil, smothered in rich cream sauces or spread with liberal amounts of butter or fat-rich dressings. It's the fat, not the starch that sends the calorie count soaring.

Mrs. Josephine Kotch will demonstrate several dishes eliminating the fat-filled foods, eg. Spinach lasagna and mock hamburgers using lentils. Foods will be prepared for microwave cooking and the conventional oven.

Registration is necessary. Fee of \$1.50 by October 10, payable to: PSU, Luzerne County Cooperative Extension Service, 5 Water St., Courthouse Annex, Wilkes Barre, PA. 18711.

THE NPW MEDICAL CENTER SCHOOL OF NURSING will hold a pre-entrance examination on Saturday, Oct. 13, at 8:30 a.m. in the King's College Administration Building for the class beginning in August, 1985.

All students interested in taking this test should contact the NPW School of Nursing at (717) 826-7490 as soon as possible so that they can be processed prior to the testing date. All applications must be returned to the School of Nursing no later than October 12.

Tours

THE HARVEYS LAKE ROD AND GUN CLUB will hold their annual tour of State Games Lands 57 on Sunday, Oct. 14 in cooperation with the Pennsylvania Game Co. Dennis Bernhardt will conduct the tour and explain the food plots and feeding stations. Starting time 11 a.m. from the Game Commission Building at Dallas. Public is invited. Bring refreshments. The tour will last 5 to 6 hours.

MICHAEL LEWIS, co-author of Wilkes-Barre Architecture: 1860-1960, will conduct a special walking tour of the proposed River Street Historic District. The tour will be held Friday, Oct. 5, from 1:30-3:30 p.m.

Interested persons should meet at the Wyoming Historical and Geological Society Museum, 69 South Franklin Street, Wilkes-Barre, directly behind the Osterhout Library, by 1:30 p.m. There is no charge.

RESERVATIONS ARE STILL BEING ACCEPTED for the 18th Annual Flaming Foliage Tour being sponsored by the Greater Wilkes-Barre Chamber of Commerce and the Greater Scranton Chamber of Commerce on Sunday, Oct. 14.

Departure for the tour will be from the Martz Terminal in Wilkes-Barre at 11 a.m. Tourists will travel to the Hilton at Lackawann Station where they will join the Scranton group for a family-style dinner which features roast beef, turkey, vegetables, dessert, coffee and tea.

Following dinner, the 1984-85 Flaming Foliage Queen and Princess will be crowned.

At 2:30 p.m., the tour's attendees will board Steamtown's Canadian Pacific 2317 and depart for a picturesque 26 mile ride from Scranton to the Elmhurst Reservoir.

A 30 minute layover at the Elmhurst Station will allow tourists to take pictures, inspect the foliage, and purchase souvenirs. The train will arrive back in Scranton at

approximately 4 p.m. with the bus returning by 5 p.m.

Cost of the tour is \$30.00 per person.

Reservations must be made in person at the office of the Greater Wilkes-Barre Chamber of Commerce, 92 South Franklin Street, Wilkes-Barre. Office hours are Monday through Friday, 8:30 to 5 p.m.

For further information please call the Chamber office at 823-2101.

Sales

A RUMMAGE SALE will be held in the Prince of Peace Church, Main Road, Dallas on Thursday, Oct. 4 from 10-5 and Friday, Oct. 5 from 10-3.

For sale will be clothing for everyone in the family, toys, games, puzzles, books, cooking utensils, electrical appliances and lots more items.

All day Friday will be Bag Day. As much as you can get in a shopping bag for \$1.00.

THE DORCAS SOCIETY of St. Paul's Lutheran Church, Main St., Shavertown, will hold a Rummage and Bake Sale on Thursday, Oct. 11 from 9 a.m. to 1 p.m. in the church social rooms.

Dinners

TRUSTEES OF TRUCKSVILLE UNITED METHODIST CHURCH will hold a Chicken Bar-B-Que on Friday and Saturday, Oct. 5 and 6 from 5 to 7 p.m. Takeouts are available. Tickets can be purchased by calling the church office 696-3897 or Vought Long 696-2666.

A BAKED CHICKEN DINNER will be served family style in the Huntsville United Methodist Church on Oct. 6 beginning at 4:30 p.m.

THE SHAVERTOWN UNITED METHODIST WOMEN are holding a Roast Beef Dinner on Wednesday, Oct. 10 from 5-7 p.m. in the church social rooms. The cost of the dinner is \$6.00 for adults, children from 6-12 years, \$2.00, and under 6, no charge.

Tickets can be obtained from Mrs. Alice Borthwick (675-2939) and Mrs. Harriet Stahl (675-3392) or from any member of the United Methodist Women.

Doors to the church will open at 4:15 p.m. The church is located at 163 N. Pioneer Avenue in Shavertown.

Exhibits

THE WYOMING VALLEY COIN CLUB will sponsor a coin show and exhibit on Saturday and Sunday, Oct. 6 and 7 at the Arena Motor Inn of Wilkes-Barre at the intersection of Routes 309 and 315 Kidder Street. The show will open on Saturday, at 10 a.m., and continue that day until 7 p.m., and on Sunday, the show will open at 10 a.m. and close at 6 m.

Fifty dealers will offer one of the finest arrays of United States and foreign coins, currency, tokens and medals ever presented in the north-east.

Admission is free and free hourly door prizes will be awarded. A special exhibit on "The Lehigh Valley Railroad - Black Diamond Express" will be featured.

The public is invited to buy, trade and sell coins. As a special feature, all attending will receive a souvenir wooden nickel depicting "The Black Diamond Express" through the courtesy of the W.V.C.C. J. William Domzalski and Robert Matylewicz are co-chairmen of the show.

MORE THAN 200 HISTORICAL PHOTOGRAPHS will be on display in College Misericordia's Art Gallery this week. The public is invited

to the exhibit, without charge, from 1 to 4 p.m., during the week, 3:30 to 5 p.m. Saturday, Oct. 6 and 1:30 to 3 p.m. Sunday, Oct. 7.

The vintage photos of the college, students, and surrounding area will be arranged according to decade. Visitors are encouraged to come and help identify pictures that are presently undated.

Workshops

THE FAMILY SERVICE ASSOCIATION of Wyoming Valley is sponsoring a "Dealing with Divorce" program that will begin on Oct. 8 and continue for four consecutive Monday evenings through Oct. 29, from 6-7:30 p.m.

The sessions which are open to both men and women and who are separated, divorced, or seriously considering either one, will be held at the Family Life Education Building in the rear of Family Service, 73 West Union Street, Wilkes-Barre.

The program will deal with the following topics: Emotional Aspects of Divorce, Legal Issues in Separation and Divorce, Parenting Issues and Life After Divorce. The group will be led by Elyse Gold, ACSW, Family Counselor.

Group size is limited; therefore, we recommend that you pre-register by calling Family Service Association, a United Way Agency, at 823-5144. There is a \$12 fee for the program.

Church

THE VICTORY BAPTIST CHURCH OF LEHMAN, is happy to announce a special Crossroads Crusade with Bible Teacher and Evangelist S. Lee Homoki.

Lee Homoki is the Executive Director of "Bible Doctrines to Lie By, Inc.," a non-profit organization which seeks to promote Bible study, evangelism and victorious Christian living by means of Bible Study Literature, Evangelist Crusades, Doctrinal Bible Conferences and recorded Bible lessons. This is a growing ministry which is already attracting interest throughout the United States and many parts of the world.

The public is cordially invited to attend this Crossroads Crusade. The Crusade meetings which will begin promptly at 7:30 p.m. from Sunday, Oct. 7 to Friday, Oct. 12.

Shows

THE WEST SIDE KINGSTON BUSINESS AND PROFESSIONAL WOMEN'S ORGANIZATION will sponsor a Luncheon-Fashion Show on Sunday, Oct. 7, at 2 p.m. at the Holiday Inn, Wilkes-Barre. The purpose of the show is to raise money for their scholarship fund which benefits local college students.

Fashions will be coordinated by Melba's Fashion Nook, Trucksville with hair and makeup being done by Mary Taylor's Hair and Skin Care Centers.

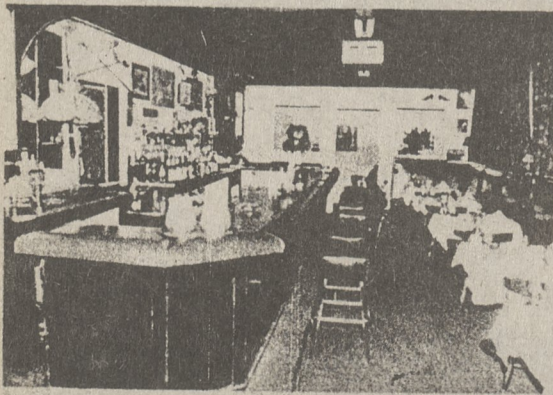
Tickets may be purchased at College Misericordia Nursing Department, Melba's Fashion Nook and Mary Taylor's.

**Smart shoppers
Read
The
Dallas Post
Classifieds
to Find
Great
Bargains**

**2 BIG REASONS
TO SHOP AT
HILLSIDE FARMS
DAIRY STORE
THIS WEEK
EGG SALE
JUMBO EGGS
79¢
a dozen
(Limit 5 Dozen)**

**10¢ OFF COUPON
Reg. 90c ½ Gallon
80¢
With This Coupon
Plus Deposit
2% Low Fat Milk
No Limit
Bring This Coupon
Coupon and Egg Sale Good Thru Oct. 9**

**½ Mile Off Dallas-Harvey's Lake Highway
Hillside RD — 696-2881
Open 9:00 A.M. to 8 P.M. Daily**



The Brittany House

Dallas Memorial Highway
Trucksville, Pa.

Visa-Master Card

Reservation Suggested

A dining experience you will long remember
Steaks, Veal - Seafood - Prime Rib of Beef Au Jus
(Fri. & Sat. Only)

\$7.95 Daily Specials

Hours: Sunday Noon to 6 P.M., Tues. thru Sat. 5 to 10 P.M.

Call 696-1033



Catering Service

- Dinner Parties • Luncheons
- Weddings - Showers
- Business Meetings
- Holiday Gathering

A Personalized Catering Service offering a unique culinary experience for home or business.

For More Information Call

836-1092