

Cookbook

Dodson and Garinger

These men are focal point in local Rod and Gun Club's kitchen

By JOAN KINGSBURY
Staff Correspondent

This week, our Cookbook features cooks from the Back Mountain Rod and Gun Club. The club, founded in 1950 by a group of local men, is located on South Mountain.

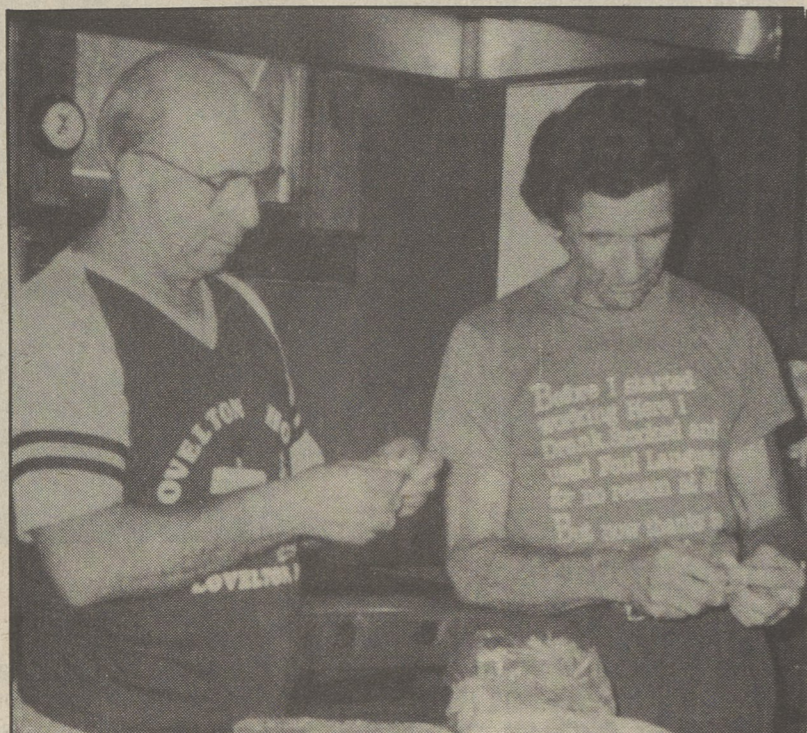
The members built a new lodge in 1979. The central point of the lodge is a well-equipped kitchen. Naturally, to serve meals to the club's 16 members, you need a lot of room to work. A restaurant eight-burner gas stove, two restaurant grills, a spacious oven and very large broiler make preparing meals for the group a pleasant chore. Although at one time or another various members give a hand in the kitchen, Charlie Dodson, of Outlet Road, and Carl Garinger, of Shickshinny Lake, are the camp's main men in the kitchen.

An interesting feature in the lodge is that there is no electricity. Gas lights, something I had never seen in a building, and gas refrigerators, make weekends a lot more enjoyable.

The social event of the summer is always the club's annual clambake. This event is a favorite for the members. Meals are always very special that weekend featuring a large, varied menu.

This year club members enjoyed broiled ribs, baked chicken, 20 pounds of shrimp, hardshell crabs, sausage and peppers on rolls, steak sandwiches, corn pancakes with ham slices and that summer-time favorite, corn on the cob.

Barbecuing is a popular way to



Dallas Post/Joan Kingsbury

Preparing the feast

Carl Garinger and Charlie Dodson prepare shrimp for the Back Mountain Rod and Gun Club's Annual Clambake.

prepare meals during the warm-weather months. Charlie and Carl make barbecued chicken, using Italian dressing as the basting ingredient. First, coat the chicken well with the salad dressing, then continue basting as it barbecues. Beer Biscuits are easy to make, good to eat, and do not taste like beer when they have finished baking.

Breakfast often takes on an interesting note as far as the food goes. With 20 pounds of shrimp, the guys had a tough time eating it all, so one morning shrimp omelets were the breakfast of the day. My husband, Bill, a club member, says the shrimp gives the omelet a mildly shrimp flavor and this particular omelet makes a very tasty break-

fast. Another breakfast included corn-pancakes and sliced ham. Just mix whole kernel corn with pancake mix for a nice side dish for ham.

Now that summer is past, the members of the Back Mountain Rod and Gun Club are looking forward to their biggest week of the year, the first week of deer season when you can bet there will be lots of good cooking and good eating taking place at the lodge.

BEER BISCUITS

- 1 c. beer
 - 2 c. Bisquick baking mix
 - 3 T. sugar
- Combine all ingredients. Pour into greased muffin tins. Bake for 18-20 minutes, at 400 degrees.

SHRIMP OMELET

- 2 eggs
 - 2-3 T. milk
 - one third c. shrimp, diced
 - diced onion, peppers if desired
- Beat eggs until blended. Add milk and shrimp. Mix well. If using onions and peppers, saute in margarine before adding remaining ingredients. Pour into heated pan. Cook until one side is set. Turn to brown other side. This omelet has a really shrimp taste and makes a delicious, unusual breakfast.

ALL PURPOSE BARBECUE SAUCE

- 1 c. chopped onion
 - 1 c. salad oil
 - 1-8 oz. can tomato sauce
 - 1/2 c. water
 - 1 c. brown sugar
 - 1 c. lemon juice
 - 3 T. Worcestershire sauce
 - 2 T. prepared mustard
 - 2 T. salt
 - 1 t. pepper
- In a saucepan, cook onion in hot oil until tender. Add remaining ingredients; simmer uncovered 15 minutes. Use to baste spareribs, chicken or hamburgers.

ITALIAN DRESSING

- 1 c. salad oil
 - 1/3 c. vinegar
 - 1 t. sugar
 - 1/2 t. salt
 - 1/2 t. celery salt
 - 1 t. dry mustard
 - 1 t. cayenne
 - 1 clove garlic, minced
- Dash bottled hot pepper sauce
- Combine ingredients in jar; cover and shake. Makes one and one third cups.



Contest winners

Charlotte Albertson, above right, of Harveys Lake, and her daughter, Ann-Michele, were recently winners in the 1984 Gourmet Gala March of Dimes Cook-Off Contest at Bamberger's Christiana Mall in Wilmington. Charlotte placed third with her recipe for Liptauer Cheese Spread, a Hungarian peasant dish, and 15-year-old Ann-Michele placed fifth with her Gingered Sausage Balls with Sweet and Sour Sauce.

Look what's new at Dallas

are available for only 40 cents to those students who qualify for the program.

Fourth, the cafeteria is offering lots of new items this year. Such new items include granola bars, 35 cents; yogurt, 85 cents; assorted ice cream, 35 cents; small packaged cookies, 25 cents; large packaged cookies, 35 cents; home-baked cookies, 20 cents and fruit roll-ups, 45 cents.

Second, if you buy your lunch tickets at the elementary and intermediate schools for five days, you get 50 cents off the regular prices, so you save money. Lunch tickets are sold at the intermediate on Monday mornings, at Westmoreland on Friday mornings and at the township school on Friday mornings.

Third, free and reduced lunches

are available for only 40 cents to those students who qualify for the program.

Fourth, the cafeteria is offering lots of new items this year. Such new items include granola bars, 35 cents; yogurt, 85 cents; assorted ice cream, 35 cents; small packaged cookies, 25 cents; large packaged cookies, 35 cents; home-baked cookies, 20 cents and fruit roll-ups, 45 cents.

These new items are offered along with the regular selective Type A school lunch menu. Something to look forward to this week is National School Lunch Week, October 15-19 when cafeteria specials will be offered.

School menus

GATE OF HEAVEN SCHOOL

Sept. 12 - 18

WEDNESDAY - Beef-a-roni, Italian bread-butter, green beans, fruit, milk.

THURSDAY - Cold meat sandwich; stuffed celery, fruit, pretzle and milk.

FRIDAY - Fish stick, pierogi, diced carrots, fruited jello and milk.

MONDAY - Chili dogs, cheese sticks, baked beans, fruit, milk.

TUESDAY - Gator burger, lettuce, cheese, tomato, special sauce, French fries, pickles, fruit, pudding pops, milk or orange juice.

DALLAS SCHOOLS

Sept. 17 - 21

MONDAY - Porky bar-b-que on seeded bun or Texas hot dog on enriched roll w-hot beef topping, fried cabbage-n-noodles, honey baked beans, choice of milk or juice. Bonus: Potato chips.

TUESDAY - Soup-sandwich special. Tomato soup, triple decker PB & J with cheese cube or soup n-turkey deli sandwich (sliced turkey and cheese w-lettuce on roll), sliced pears, choice of milk or juice. Bonus: Freshly baked chocolate oatmeal cookie.

WEDNESDAY - Toasted cheese sandwich or sloppy Joes on hard roll, crisp vegetable sticks w-peanut butter dip, garden green beans, choice of milk or juice. Bonus: Surprise treat. Early dismissal.

THURSDAY - Baked Italian macaroni creole w-cheese topping, Italian bread-butter, garlic bread in Jr. Sr. or super hoagie (lettuce, tomato, onions, mayo), fresh lettuce leaf w-dressing, choice of milk or juice. Bonus: Butterscotch pudding w-

whipped topping.

FRIDAY - Cheese pizza (2 slices) or tuna salad hoagie w-lettuce, creamy cole slaw, fresh orange wedges, choice of milk or juice.

LAKE-LEHMAN SCHOOLS

Sept. 12 - 18

Junior High & Elementary

WEDNESDAY - Ham patti on bun, candied sweet potato, peas, pudding, milk.

THURSDAY - Barbeque chicken, macaroni salad, baked beans, roll-butter, ice cream, milk.

FRIDAY - French bread pizza, potato chips, tossed salad, peaches, milk.

MONDAY - Cheeseburg on bun, potato puffs, applesauce, donut, milk.

TUESDAY - Cheese stuffed shells w-sauce, green beans, Parker House roll-butter, fruited jello, milk.

WEDNESDAY - Meatball or tuna hoagie, corn chips, green beans, pineapple tidbits, milk.

THURSDAY - Barbeque chicken, macaroni salad, baked beans, roll-

butter, ice cream, milk.

FRIDAY - French bread pizza, potato chips, tossed salad, pears, milk.

MONDAY - Veal parmesan or cheeseburg on bun, potato puffs, peaches, donut, milk.

TUESDAY - Cheese stuffed shells w-sauce, green beans, Parker House roll-butter, fruited jello, milk.

WEST SIDE TECH

Sept. 12 - 18

WEDNESDAY - Oval spice-cheese on bun, tomato soup, chips, orange creamsicle cake, milk.

THURSDAY - Ham patty on seeded roll, macaroni-cheese, chilled pineapple, peanut butter kisses, milk.

FRIDAY - Pizza, chilled fruit juice, tossed salad-dressing, big chip, milk.

MONDAY - Steak Um on seeded roll, glazed carrots, fresh fruit, chocolate cookies, milk.

TUESDAY - Chilled fruit juice, hoagie-lettuce-tomato, Italian dressing, fruit, milk.

"I have a subscription to

THE DALLAS POST

and now I get all the local news every week."

You can too, just fill out the coupon and mail it with your check or money order to:

The DALLAS POST
P.O. Box 366
Dallas, Pa. 18612

\$12..... 1 year

\$23..... 2 years

\$32..... 3 years

\$14..... 1 year out of state

Or call 675-5211 for assistance.

Name _____

Address _____

City _____

State _____ Zip _____

THOMAS PRODUCE STAND
Opposite Natona Mills
Dallas-Harveys Lake Hwy.

Canning Tomatoes
Bartlett Pears
German Prunes
McIntosh Apples
And Much More

Just moved in? WELCOME WAGON® wants to say "hi."

When someone moves, WELCOME WAGON likes to visit. To say "hi," present gifts of greeting, shopping tips and useful information about the neighborhood.

As the WELCOME WAGON Representative, I'll also present invitations from civic-minded businesses that you can redeem for more gifts.

My visit is a special treat. It's free, and there's no obligation. We've been greeting people on the move for over 50 years. That's why we've become "America's Neighborhood Tradition." Please call.

675-2070

Welcome Wagon

COME SEE WHAT'S COOKING!

AT THE HOMEMAKER '84 COOKING SCHOOL

Tuesday, September 18, 1984

College Misericordia

7:30 to 10 P.M.

FREE ADMISSION

DOOR PRIZES — REFRESHMENT

13 INCH COLOR T.V. — Dallas Post

Brittany Restaurant	Middleswarth Potato Chip	Mr. Hardware
Jedidia's	Nails Beautiful	Carol Carroll
Coscia's	Grannie Annie	Hillside Farms
Picketts Charge	Melba's	Humphreys
K & G's	I.G.A.	Sew Fine
Grotto's Pizza	Stapinski Drugs	Jamie's Ice Cream
Gino's	Taft Mkts.	Weis Markets
Coke	D'Veronica's	Bingo Mkts.
Pepsi	Dallas Photo	I.G.A.
Druys Deli	Back Mt. Hardware	Taft Mkts.
Dymond Bakery	Bargain Bakery	Melba's
Humphreys	Katyl T.V.	Helberts
Thomas Produce	Mary Taylor	Weis Mkts.
Barons Sea Food	Hill the Florist	Dallas Cleaner

AND MANY, MANY MORE

Doors Open at 6:30

MERRICK HALL

COLLEGE MISERICORDIA