

Sports

Radzinski to compete in Keystone State Games

By CHARLOT M. DENMON
Staff Correspondent

Dallas High School senior Jill Radzinski is one of Luzerne-Lackawanna County field hockey players to make the Regional 2 team which will compete in the Third Annual Keystone State Games, Aug. 10 through 12, at State College. Jill, along with Diane Madl of Crestwood and Robyn Bailey of Abington Heights, will play in the final competition opening Friday night, Aug. 10, at Penn State's University Park.

The daughter of Mr. and Mrs. Theodore Radzinski of Dallas, was a member of the Dallas High School varsity team during her sophomore and junior year. She also played field hockey during her three years at Dallas Junior High School.

She played at different positions, but always on the forward line. This past season, the high school team was District II champions for the first time and lost its bid for the state title when it was defeated by a strong State College team. During the season, Jill scored 13 goals and led the Conference in assists. She was named to the Wyoming Valley All Star team, the only junior named to the first team.

Jill was entered in the Keystone State qualifying trials by her coach, Miss Robyn Jones, and survived the cut after the first games of the trials at East Stroudsburg. Following the first cut, the 60 girls surviving played a second series of Round Robin games at Kirby Park on June 29. Jill was one of the 15 girls



selected for the Regional 2 team which will compete at University Park. Prior to the final competition, the team will practice alternately at Reading and Lancaster under Coaches Angie Stikleitis of Lancaster, and Ginny Habakus of Reading.

The players comprising the Regional 2 team are from the Lancaster-Fredericksburg area, Reading-Kutztown area, Easton-Bethlehem-Allentown area and Luzerne-Lackawanna County area.

The games are patterned after the Olympics and the girls will be aiming for gold medals.

Jill also plays softball and, this past season, was named to the varsity All-Scholastic team. During her junior year, she played third base and the year previously played shortstop.

She also plays softball during the summer for the Daddow-Isaacs American Legion team in the Woman's Slo-Pitch League.

Jill received a varsity letter during the 1983-84 season as a member of the high school varsity basketball team where she played guard. An honor student, this year she was named to "Who's Who Among American High School Students".

Jill enjoys all sports but field hockey is her favorite and hopes that her ability in the sport, coupled with her academic achievements, will earn her a scholarship following graduation next June.

"I am happy that my coach entered me as a candidate in the games," said Jill. "I also want to express my appreciation to Lake-Lehman's Coach Jean Lipski, who allowed me to practice with Kelly Wandel and Sandy Diction, two of her team's members who were entered in the trials. Without that opportunity to practice I probably would not have been able to play as well as I did in the qualifying rounds. I also thank Lynn Coury, who graciously offered to take me to the first tryouts."

Jill has two older brothers, both of whom were members of the Dallas High School track team, but Jill appears to be the most interested in athletics and plans to participate in hockey, softball and basketball during her senior year.

Wilkes-Barre Fats

Questions, questions, questions

By LEE L. RICHARDS
Sports Columnist

— Why isn't Phil Rizzuto in the Baseball Hall of Fame?
— Why does the New York media always over hype certain athletes that would be ordinary at best say in Kansas City?

— Why does the NFL make such a big deal over signing free agents when they get only a quickie look the first couple of weeks pre-season camp?

— Why the USFL would even consider going to the fall and butt heads with the NFL?

— When will baseball return the voting to the players so they can come up with a credible method in putting the best players on the field for the All-Star contest?

— Why are a large majority of the owners in professional sports such rinky-dinks when it comes to handling their respective teams in a professional way?

— One way to keep the pay structure in pro sports in perspective is to pay everyone the same, but put all types of incentives in their contracts?



— Was there ever any doubt that NCAA would lose its hold on college football once the Supreme Court reviewed the previous structure?

— Why isn't there any luge races in the summer Olympics? They could use wheels couldn't they?

— Can anyone tell me who won the gold medal in the recent winter Olympic games in the luge?

— Will there be a decline in college football popularity with all of the expected exposure with TV?

— Will the NCAA tell Walter Byers to hit theroad and bring in a new director?

— Wonder how the Red Pros feel about not coming to the Olympic games and does anyone care?

— I'm still trying to figure out how baseball people could have picked my Pirates to win the NL east?

— Will Dallas and Lake-Lehman enjoy winning campaigns in football this season?

— How much will Coughlin miss J.P. Meck as its head football coach?

— mWill Wilkes College finally enjoy some success on the grid iron?

— Will the Colonels make it through an entire year without one of their athletes being ruled ineligible?

— Will Lake-Lehman enjoy another title chase in wrestling?

— Will there be a true national champion in collegiate football this season or will the pollsters give us

another 'paper champ' like the previous four years?

— Will Jack Nicklaus win this week's British Open?

— Will I ever find a putter that will roll in some long putts?

— Will Penn State make it through the upcoming grid season without having some controversy over the officiating in Beaver Stadium?

— Will Pitt's Bill Fralick receive his due and recognition by being voted the Heisman Trophy?

— How many USFL teams will still be around in three years?

— Will the NFL merge with the more stable USFL teams?

— How many NFL coaches will get the hook this coming season?

— Was there ever a better performer in the All-Star games than Willie Mays?

— Will Ron Solt really come to terms with Jug Head Bob Isray and the Colts?

— Does any league work harder than the Back Mountain Little League in preparing its youngsters?

— Is there a more dedicated roundball coach around than Rodger Bearde?

— Will Irem Temple Country Club ever get the championship boards back in the grillroom listing the various champions at the local course?

— Will Back Mountain grid buffs ever see a team as complete as the '72 Dallas Mountaineers?

Wilkes sponsors soccer camp

Wilkes College head soccer coach Phil Wingert has designed the first soccer camp at Wilkes College to benefit youth players of all ages and skill levels. The Colonel Day Camp, Aug. 13-17 has a session for players aged 8 to 10 from 8:30 a.m. to noon, while a session for children aged 11 to 14 will be held from 1 to 4:30 p.m.

Each session will be divided into four activity periods: skills, soccer games, tactics-positional instruction and scrimmage matches. Fundamental skills and techniques will be introduced and developed while emphasis will be on realistic skill sequences. A clear understanding of

the role of your position on the team, its skill requirements and tactical applications will be covered. Positional instruction will include goalkeepers, forwards, midfielders and defenders.

Participants will be exposed to numerous soccer-type games and each day will conclude with scrimmage matches on full-sized fields in the Ralston Field Complex, behind Kirby Park. Camper to instructor ratio will be 11 to 1. The teaching staff will be composed of current and former college coaches and current college players.

Entering his third year at Wilkes,

Wingert co-directs a camp in Virginia and is a clinician at camps in CT, PA and VA with seven years of camp experience. Before joining the Wilkes staff in 1982 he coached three years at a NY high school and served as an assistant one year in Virginia Tech's Division I program. He recently completed work on the United States Soccer Federation's "A" coaching license, the highest currently offered by the USSF.

Further information and registration forms may be obtained by contacting Wingert at Wilkes College, Wilkes-Barre, PA 18766 or calling 824-4651, ext. 444.

Letter Carriers sponsor tournament

The Wilkes-Barre Letter Carriers will sponsor their Fourth Annual Charity Softball Tournament on Saturday and Sunday, Aug. 4 and 5. Proceeds from the tournament will benefit the Muscular Dystrophy Association.

The tournament will be a double elimination event and ASA umpires will be provided. Entry fee is \$85 and one new softball per team. Four cash prizes will be awarded.

First place will receive \$400, second place, \$300; third place, \$200 and fourth place, \$100. Prize money will be based on 20 teams entered.

Trophies will be awarded to the first three place teams, along with an MVP and an all-tournament team trophies.

The tournament is open to class C & D teams only. Teams will not be allowed to have an B ballplayers on their roster, but will be allowed to

pick up players for the tournament. Rosters will be checked before every game and anyone not playing in accordance with the tournament rules will be disqualified.

Entry deadline is August 1. For more information, contact Danny Douglas at 822-0434 or Bert Pearson at 824-3693 after 6 p.m.

All games will be played at Kirby Park.

Women's Softball Tournament scheduled

The 1984 Palmer Women's Softball Tournament will be held on Saturday, and Sunday, Aug. 4 and 5, with the raindates scheduled for Aug. 11 and 12.

Entry fee is \$60 plus one Dudley

Day-Night Softball per team. The tournament will be a bracket tournament if at least 12 teams enter and all teams will be guaranteed to play four games, providing there are 12 teams in the competition.

Tee-shirts and trophies will be

presented to the winning team with trophies also being presented to the second and third place teams.

Deadline for entry fee is July 31. For more information, call 252-6134 or 759-0576.

Some tips you can follow while swimming

Swimming is the healthiest and most popular sport in the United States today, with record numbers of Americans being drawn to the water for fun and fitness.

While swimming is the ideal physical activity because of its tremendous return on your physical investment, there's more to swimming fitness than just throwing on a suit and jumping in. Like any activity there's a right and wrong way to approach the sport.

Swimming Preliminaries: Swimming uses nearly all of your body's muscles. What's more, it's one of the best cardiovascular conditioners around, improving the ability of your heart, lungs and blood vessels to deliver oxygen throughout the body.

Swimming's other advantage is that you don't need to be an expert swimmer to gain the benefits of participation. Just learn the basic strokes—freestyle, backstroke, breaststroke—to begin generating the greatest results from your time in the water.

If you're swimming for overall fitness, the main objective of your workout is to raise and sustain your heart rate to a maximum safe rate for your age and condition. Talk

with your doctor about the idea rate for you as you begin. How Safe is the Water? While you've heard warnings about not swimming alone, or after eating, the purity of the water you swim in should be of equal concern.

For example, water is an ideal breeding ground for bacteria and other harmful microorganisms. Therefore, chlorine is added to pool water to inhibit this growth and make it safe for you.

Governor signs Fish for Free Day

Governor Thorburgh has signed into law Act 88 (House Bill 1887), authorizing the Pennsylvania Fish Commission to waive fishing license requirements for up to two days per year. The prime sponsor of the bill, Representative Russell P. Letterman, complimented the Fish Commission on this idea for carrying out that part of the Fish and Boat Code which mandates that the Commission shall "encourage, promote, and develop the fishery interests. The legislation providing for this promotional effort had not quite completed the legislative process in time for the Commission's original target date of June 2, and there had been some inferences in the press that Senator John Shumaker caused the delay. But according to Fish Commission Executive Director Ralph W. Abele, that was a complete misunderstanding. "Senator Shumaker has been a strong supporter of the Commission's activities and especially of this event," Abele

said. The Commission is looking forward to using one day this year, and is expected to announce shortly that their first Fish For Free Day will be scheduled for September 22, 1984 to coincide with National Hunting and Fishing Day. The Commission still plans to conduct a number of fishing clinics throughout the Commonwealth to coincide with its Fish For Free Day. The events will be coordinated with radio and TV stations, as well as the other news media.

According to Abele, the real goal of this day is to get people who have not been introduced to angling as a lifelong family sport and relaxing form of recreation to give fishing a try. "Perhaps, through attending one of the clinics held by the Commission and sportsmen's clubs on that day, they will become just as enthusiastic about angling as those of us that already hooked on the sport," Abele said.

Boating magazine increases publication

Boat Pennsylvania magazine, the Pennsylvania Fish Commission's new magazine for powerboaters, canoeists, ayakers, sailors, rafters, and water skiers, got a "go" recently to commence with bimonthly publication. According to Art Michaels, editor of Pennsylvania Angler and Boat Pennsylvania, "The Commission authorized publication of the May-June issue to test the market. The decision to proceed with bimonthly publication was based on the favorable number

of subscription requests the Commission's been receiving."

Boat Pennsylvania magazine is a trend-setter. It's the first nonangling boating magazine published by a conservation agency in the country. According to Ralph W. Abele, executive director of the Commission, "State agencies nationwide are looking closely at Boat Pennsylvania because it's such a successful prototype.

Subscriptions for the bimonthly magazine have been set at \$11 for

three years (18 issues) and \$4 for one year (6 issues). Single issues (cover price is 80 cents) are available at regional Fish Commission offices and at some selected marinas, marine supply stores, and sporting goods establishments. Subscription orders should be sent with checks or money orders made payable to the Pennsylvania Fish Commission to: Boat PA Circulation, Pennsylvania Fish Commission, P.O. Box 1673, Harrisburg, PA 17105-1673.

Book now available for bass fishermen

Bass fishermen have been besieged by what many have referred to as the monsoon season throughout the Commonwealth. An uncommonly wet and often cold early summer has rendered rivers, streams and even lakes, high and off-colored, and while some bass fishermen have been able to sneak off and enjoy some good fishing during those rare days when everything was back to normal, the weekend angler has been greeted by rain and more rain.

The high water levels have actually delayed the best bass fishing of the year, and according to Pennsylvania Fish Commission conservation officers, as river levels drop and water temperatures rise to near

the 80 degree mark, Keystone state smallmouths should go on a feeding spree that will provide the best bass fishing of the year.

One of the best fishing rivers in the Commonwealth, the Susquehanna, is usually at its best when water levels fall to the 3.5 foot mark at the Harrisburg measuring station, but the river has not yet even reached the 4 foot stage. And high waters have plagued the remainder of the state as well.

While the early season fishing has primarily been a live bait show (minnows, worms, crayfish) anglers who prefer to fish artificials should soon get their chance. According to the Commission's Angler Recognition Program, top fish getters

include Jitterbugs, Rapalas, white spinnerbaits, black rubber worms, Mr. Twisters, and a variety of deer hair jigs.

For those anglers who haven't developed a favorite spot, or if you're looking for a new place to go, the Commission produces a pamphlet entitled, "Bass Hotspots of Pennsylvania". It is available free of charge simply by sending a stamped, legal size, self-addressed envelope to: Bass Hotspots, Pennsylvania Fish Commission, P.O. Box 1673, Harrisburg, PA 17105.

Yes, the best is yet to come, and as the waters drop and the temperature rises, the smallmouth bass will be on the prowl.

Lake-Lehman sets physicals

Rodger Bearde, athletic director of Lake-Lehman High School, has announced the following schedule for sports physicals:

Tuesday, July 24, 1:30 p.m., boys' cross country; Tuesday July 31, 1:30 p.m., football and Tuesday, Aug. 7, 1:30 p.m., golf.

Parent permission slips may be obtained at the Lake-Lehman High School office.

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