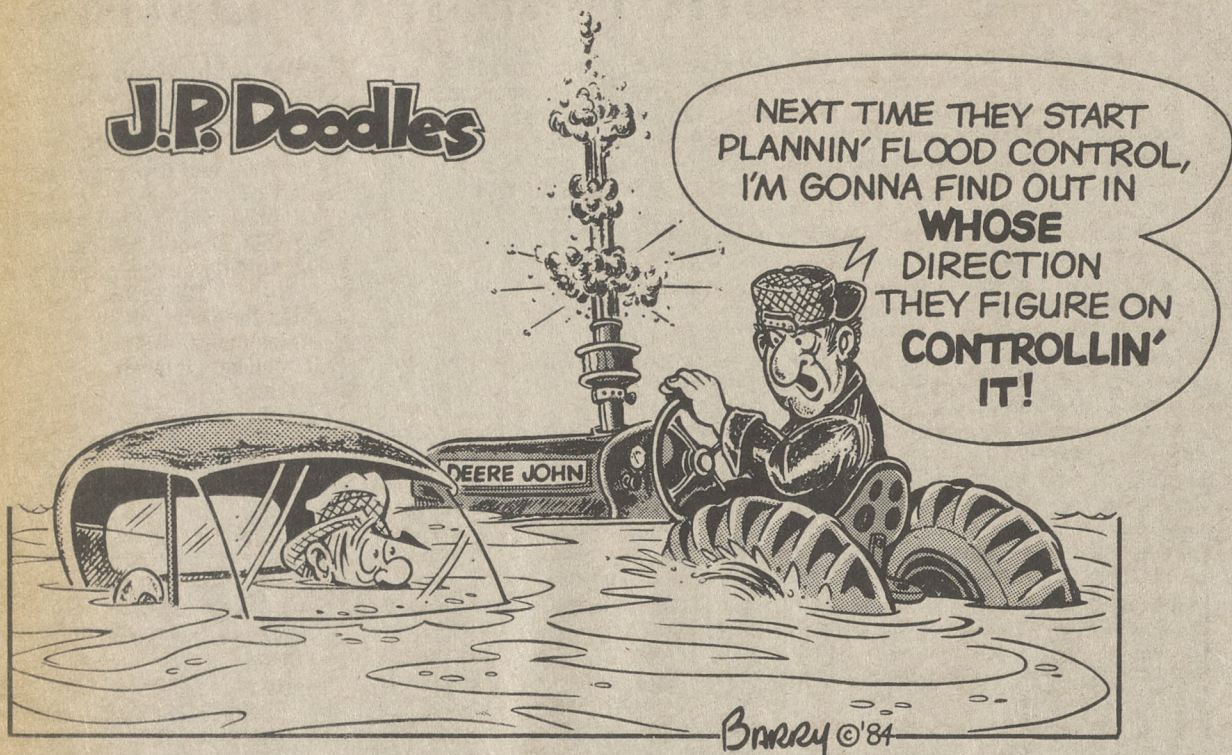


Perspective



OPINION

Guest editorial

Sometimes, religious broadcasts make sense

By CLYDE DUPIN

The religious broadcasts do have a positive influence on Christians and our society, according to a recent study. The two-year study by the Pennsylvania Annenberg School of Communications and the Gallup Organization discovered that TV ministries are not taking money and people from the local churches. The study concludes that these ministries actually rally Christians and motivate them to do Bible study. The research group discovered that most programs encourage Bible study, church attendance,

and high standards for moral conduct. The study was commissioned by a diverse ad hoc group from more than 30 religious organizations. This group included conservative Jerry Falwell's Old Time Gospel Hour and the liberal National Council of Churches. The study's research shows that more than 13 million regularly watch these religious programs. The audience was more stable and compact than had been supposed. It is a loyal audience that doesn't seem to be growing at the present time. The study suggested that

mainline churches need to change their thinking regarding these religious television ministries. These programs are not responsible for the loss in membership by mainline churches. The greatest weakness of the electronic church is its failure to recruit or convert non-believers. The study reveals that over all, these ministries make a real contribution to the religious climate of our nation and need the prayers and support of the organized church. (Clyde Dupin is editor of a national column entitled "Religious Viewpoint.")

HEINZ ON AGING

Hypertension — ask your doctor!

By SEN. JOHN HEINZ

Hypertension, better known as high blood pressure, is one of the leading causes of cardiovascular disease in this country. According to Dr. Marvin Moser, of the Cornell University School of Medicine in New York, an estimated 20 million Americans have what is classified as mild hypertension, but up to one million of these people may not exhibit symptoms of the disease until later in life, often after serious problems develop. If your diastolic pressure, which is the lower number in your blood pressure reading, ranges from 90 to 104 instead of the normal 80 to 90, you might have a mild form of the disease. Up until recently, many physicians adopted a "wait and see" approach to patients with mild hypertension, but studies completed over the last few years indicate that treating mild hypertension significantly reduces the incidence of later disability and death. Dr. Moser cites the Hypertension Detection and Follow-Up Study completed in the late 1970's which found that lowering the blood pressure levels

of mild hypertension patients produced a 45 percent reduction in stroke deaths over a five-year period. Heart attack rates and symptoms of heart disease, like angina, were also substantially lowered. You may wonder, then, why some doctors still disagree over treatment for mild hypertension. Dr. Moser says that the prime factor influencing this "wait and see" approach is one of cost-effectiveness. This school of thought is based on the premise that the costs are not justified in treating 20 million just to identify and successfully treat the cases of roughly 1 million who wouldn't otherwise be detected before it may be too late. Dr. Moser counters, however, that by treating a disease as common as high blood pressure, and reducing the death rate by just 1.5 percent over five years, more than 200,000 lives could be saved. The just-completed Multiple Risk Factor Intervention Trial, a major long-term study on leading causes of death and disease, demonstrates that a reduction of certain cardiovascular risk factors - smoking, cholesterol levels, and hypertension - lowers the overall death rate significantly.

Dr. Moser recommends that persons who may have mild hypertension be checked by their physicians several times over a three to six month period. During this observation time, efforts should also be made to lower blood pressure by changing lifestyle habits: reducing body weight, lowering salt intake, increasing exercise levels, and quitting smoking. If, after six months, your diastolic blood pressure remains above 90, the need for anti-hypertension medication may be indicated. Many drugs are available, and an effective regimen can usually be found. Home blood pressure monitoring has also become a popular means of tracking diastolic rates. But because blood pressure can fluctuate widely and sometimes stabilize for years, home monitoring should only be done under close supervision of your physician. For further information on blood pressure and its treatment, write for the following booklet: "High Blood Pressure and What You Can Do About It," from the National High Blood Pressure Information Center, National Institute of Health, 120-80, Bethesda, Maryland.

Sounds like Dallas!

With the lousy, rainy weather this area has been experiencing lately, it's awful hard to plan anything. It almost seems like summer is slipping away and we've hardly had any nice weather.

Only yesterday

St. Therese's party was thrill for many people

50 YEARS AGO - JULY 13, 1934
Large crowds enjoyed the splendid program of amusements and delicious dinner at the Parish Lawn Party and Social sponsored by St. Therese's Church, Shavertown. Rev. John O'Leary, pastor, Rev. John F. Carroll and Rev. Thomas Gildea were in charge of the affair. They were assisted by a large number of parishioners.

40 YEARS AGO - JULY 14, 1944
James DeAngelo, Centermoreland dispatch bearer was killed in action while serving with the U.S. Armed Forces in France. Son of Mr. and Mrs. Anthony DeAngelo, James was one of five brothers in military service.

Gerald Frantz, Huntsville held a meeting at his home to organize a Back Mountain Riding Club.

Other war news included notification that Harry Rogers, Idetown was wounded as well as Pvt. Joseph Yanek, Lehman. Sgt. Raymond Sutton of Trucksville was a prisoner of war.

Engaged - Mary Davis to Aviation Cadet William J. Snyder.

Married - Janice Claire Comiskey to Howard R. Ehret.

Deaths - May Besteder, Centermoreland; Hazel Mansfield, Noxen; Donald Bennett, Beaumont.

You could get - Bologna 33c lb.; skinless franks 35c lb.; cod fillets 33c lb.; plums 19c lb.; peaches 2 lb. 35c; beets 2 lb. bunches 9c; cabbage 3c lb.; molasses 16 oz. can 22c; iced angel food cake 35c ea.

30 YEARS AGO - JULY 16, 1954
Fire originating in garbage cans at the rear of the building completely destroyed the \$40,000 home of Daddow-Isaacs Post American Legion on Huntsville Road in Dallas. The blaze left Legion steward Harold Lamoreaux and his family homeless.

Despite record crowds, the 1954 Library Auction fell short of the 1953 auction funds. Total sales amounted to \$12,469.80 about \$1,000 less than the previous year.

Engaged - Eula Dymond to George Lewis; Goldie Ide to David John Evans.

Married - Mildred McNeel to William D. Husted; Marilyn Creasy to Lt. Maurice H. Ivins; Delores Mundy to Joseph Leonard.

Anniversaries - and Mrs. Walter Meeker, Hunlock Creek, 25 years.

Deaths - Walter Covert, former Dallas police chief; Andy Thomas, Noxen; Frieda Clemens, Fernbrook.

You could get - Chuck roast 35c lb.; chicken breasts 79c lb.; 1/2 gal. ice cream 98c; cantaloupes 2-33c; band aid strips, pkg. of 33, 39c; Star-Kist tuna 6 1/2 oz. can 36c; pt. Mazola salad oil 39c; 12 oz. jar Wheat Germ 29c.

20 YEARS AGO - JULY 16, 1964
Lake-Lehman merged school board appointed Edgar Lashford, Jackson Township to fill the unexpired term of George Bulford who resigned after 30 years of service.

Gus S. Shuleski, W. Center Hill Road was elected commander of Daddow-Isaacs American Legion Post 672. He replaced George Cave. Shuleski, a superintendent at General Cigar Company, Kingston, was a WW II veteran, and had been a Back Mountain resident for eight years.

Engaged - Dorothy Ellen Burns to Charles J. Natitus.

Married - Agnes A. Parduski to Wayne A. Web.

Anniversaries - Mr. and Mrs. Carlton Reed, Dallas, 41 years.

Deaths - Eliza Turn, Trucksville; John Brynes, Noxen; Hannah

Shields, Hunlock Creek.

You could get - Boneless round roast 69c lb.; chicken 49c lb.; bacon 49c lb.; cherries 3 lb. \$1; cantaloupes 4-99c; white seedless grapes 29c lb.; nectarines 23c lb.; cucumbers 5-29c; Lobster tails 9 oz. 99c ea.

10 YEARS AGO - JULY 18, 1974
The 28th annual library auction raised over \$25,000, it was reported by auction treasurer Ralph Lewis; a tulip dry sink was won by Mrs. Leonard Cowett. Atty. James Shea, R.L. Forte and L. Lamoreaux won the 50-50 drawing. Atty. James Anzalone was chairman of the auction.

Dallas Women of Rotary installed the following officers: Mrs. John Casner, president; Mrs. William Shaner, first vice president; Mrs. Ralph Weggel, second vice president; Mrs. Arthur Ross, recording secretary; Mrs. Dale Wagner, corresponding secretary; Mrs. Linford Werkheiser, treasurer.

Engaged - Mary Fleck to William R. Kelly.

Married - Betsy Jane Walters and Michael John Tribendis; Susan Owens and John A. Schneider; Gale Crooks and H. Lee Brobst.

Newly-passed legislation may be the answer

Rep. Frank Coslett said the House-passed economic recovery fund legislation should provide Pennsylvania with the "tools to build a strong economic revitalization."

In April, Pennsylvania voters approved a referendum authorizing the state to sell \$190 million in bonds to help fund an economic development plan for the Commonwealth. The legislation approved overwhelmingly in the House this week establishes the program specifics.

The House approved the following bills in line with the economic development program:

- House Bill 2289 would establish the Business Infrastructure Development program. This program is designed to provide loans and a limited number of grants to aid municipalities in attracting new businesses through the construction and repair of water, drainage, sewage and waste disposal systems, fire safety, energy generation, distribution facilities, rail lines and transportation systems. Amount appropriated: \$50 million.
- House Bill 2290 provides \$27 million for the acquisition and upgrading of vocational-technical equipment for post secondary and adult students.
- House Bill 2291 provides \$3 million to the Ben Franklin Partnership establishing a program to fund engineering degree-granting schools.
- House Bill 2292 establishes the Small Business Incubator Act. Under the program \$20 million would be used to provide loans to organizations providing consulting, marketing assistance and physical support services to small businesses.
- House Bill 2293 establishes a two-year program within the department of environmental resources to provide work experience to youth in conservation-related areas. Amount appropriated: \$7.5 million.
- House Bill 2294 appropriates \$10 million for a three year program of loan guarantees and interest deferrals to the family farmer.
- House Bill 2295 establishes a program to provide loans to employee-ownership groups. These loans would assist employees of troubled companies to maintain a business enterprise and the jobs it provides.

- House Bill 2296 sets up a Capital Loan Fund Program to provide loans to small business enterprises.
- House Bill 2297 provides \$30 million to the Department of Environmental Resources and the Department of Community Affairs for recreational development.
- House Bill 365 appropriates \$500,000 for administrative expenses

for the Pennsylvania Product Development Corp. The purpose of the corporation is to stimulate and encourage the development of new products by providing financial aid to those developing the product.

Coslett said the program is "a well balanced approach to continuing the economic rebound in the commonwealth."

"These program initiatives are

focused on areas such as small business and high technology. There is every indication that the jobs of the future, the jobs to maintain the state's economic health are located in these areas."

Coslett said that if the package receives final approval, the programs involved could create an estimated 65,000 jobs.

LIBRARY NEWS

Library circulates 4,925 books in June

By NANCY KOZEMCHAK
Library Correspondent

The Back Mountain Memorial Library circulated 4,925 books during the month of June. The new children's department at the Huntsville location had 1,486 books checked out since its opening on June 15th. Reference questions answered totaled 362 and there were 158 Book Club books circulated. New books added amounted to 244 adult and 15 juvenile. There were 69 new borrowers registered, 27 adults and 42 children.

Charlotte Oley, a member of our staff, collects bookmarks. Recently, a friend of hers was cleaning a chest of drawers and found an old antique hand sewn bookmark stuck in between the drawers. The friend has given the bookmark to Charlotte for her collection.

Another interesting thing happened. Many people donate books to the library prior to the auction and in one of the boxes of children's books, there was a book called, "Bird Life in Winton" by John Calvin Reid which had been covered with its own personal book cover made from a paper bag. The cover was decorated with a pretty colored picture along with the title and author. This must have been a special book for some reader at some time.

New books at the library: "Floodgate" by Alistair MacLean is a fast-paced, high-stakes, edge-of-the-seat excitement novel. Amsterdam's Schipol Airport has disappeared. What once was an airfield now is a vast lake in which drowned aircraft

bob and tip like abandoned toys...Holland is menaced by a new brand of terrorism, a mysterious extremist group known as F.F.F.

"Falls The Shadow" by Emanuel Litvinoff is a novel that clutches the reader and doesn't let go long after one has finished the book. The most effective individual cover-up of the half century involves an investigation that ends in murder. Would a Nazi officer, to save himself, pass himself off as a Jew for the rest of his life? A scientist is involved.

"The Complete Book of The Olympics" by David Wallechinsky includes fascinating, dramatic, and bizarre stories from Olympic history and final results for every Olympic event since 1896 with striking

photographs. The ancient Olympic games were held in Olympia, Greece, every four years from at least 776 B.C. There are only two places today where people from all parts of the world gather: The United Nations and the Olympics. A complete guide to the Olympics.

Are you fatigued, tired, worn-out? Chances are that you only think you are! Most authorities agree that 95 percent of the so-called fatigue cases are purely states of mind brought about by how we adjust or fail to adjust to the stress of modern living. Many of the nation's top leaders, business and professional people relax tension by reading. They feel that their favorite reading at night refreshes them for the next day's tasks. Try reading to relax!

Hasay opposes belt law

Rep. George C. Hasay said recently that he opposes a Senate bill requiring mandatory use of seat belts in cars and light trucks in Pennsylvania.

The measure, sponsored by Edward Early (D-Allegheny), calls for a \$25 fine for motorists or passengers who do not buckle up.

"I am not against the use of seat belts. In fact I encourage their use, but I simply do not believe their use should be a matter of law," Hasay said. "It represents another government intrusion into our lives."

Hasay noted that registration fees, inspection, mandatory insurance and other costs already make driving an expensive proposition.

"It seems unfair to tack on a \$25

plus costs fine for not wearing a seatbelt," he said.

The 117th District lawmaker said that he opposed the recently passed child restraint measure for essentially the same reason.

"Some people may not be able to afford the seats especially if they have a number of small children," Hasay said. "It's always been true that you can't legislate common sense and I believe that's what we are trying to do with laws like these. Again, I endorse the use of child safety seats but is it government's duty to mandate it?"

The measure was referred to the Senate Transportation Committee.

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