

People

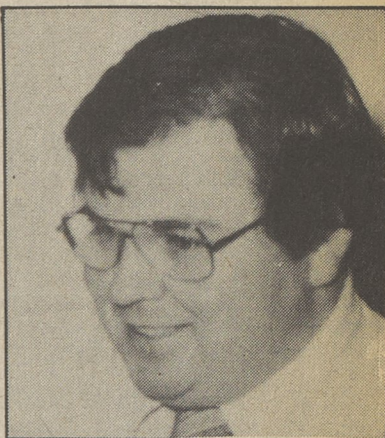


Western Night held

Shown here are the participants of the annual Western Night held last Thursday at the Dallas Recreation Center. From left, first row, Barbie Beardsworth, Jenny Cooper, Griffin Bicking, Leon Trager, Ted Trager, Erik Steltz, Donny Hosey, Christopher Michael, Ann Moore, Jennifer Parris. Second row, Amy Beardsworth, Kim Donlin, Stefanie Dwinchick, Matt Williams,

Leslie Harrington, Nicole Steltz, Catherine Moore, Courtney Scott, Robbie Karasek, April Kocher. Third row, Travis Honderd, Greg Stahovec, Ryan Clemm, Toby Honderd, Martin Allison, Mark Rinehimer, Jennifer Page, Dawn Page, Addy Trager, Erin Cuff, Penny Bernhardt, Paul Clemm, Todd Honderd, Jamie Olie, Andy Flint, Trisha Harrington.

Dr. Carboni speaks at Day Care



DR. VINCENT CARBONI

Dr. Vincent Carboni of Dallas, a specialist in Pediatric and Adolescent Medicine and Adult and Pediatric Allergy, was the guest speaker at a recent meeting of the Mercy Hospital Day Care Center Parents Group.

Dr. Carboni's topic was the Diagnosis and Treatment of Allergies.



New officers

Shown here are the newly installed officers of The Newcomers Club of Wyoming Valley. From left, seated, Kathy Greger, past president, turns the gavel over to Terry Tower, newly installed president. Standing, Karen Amoroso, second vice president; Beth Hicks, treasurer; Pat Colataci, first vice president. Absent at the time of the photo was Janet Anderson, secretary.

Newcomers Club elects new officers

The Newcomers Club of Wyoming Valley recently held its Annual Installation Dinner recently at the Castle Inn, Dallas. Susan Healey and Kathy White co-chaired a lovely evening that included entertainment by The "Lookin' Good" Barbershop Quartet.

Out-going President Kathy Greger turned the gavel over to new President Terry Tower and the following officers were installed, Pat Colataci, 1st vice president; Karen Amoroso, 2nd vice president; Beth Hicks, treasurer; and Janet Anderson, secretary.

Susan Healey received the Award for Outstanding Board Member and Barb Schoenig was chosen Out-

standing General Member. These two recipients along with many other club members put extra effort into making the 1983-84 season an active and successful year.

On June 30, the club will hold its annual family picnic at Norris Grove from noon till dark.

The General Member coffees are scheduled to continue through the summer with Beth Hicks as hostess on June 21, Sandra Murray on July 19 and Pat Sonnett on August 16.

The Newcomers Club is a social and service organization open to all new residents of the Valley. Anyone wishing more information during the summer months can contact Mrs. Bill Tower, Shavertown.

Rev. Pillarella nominated

The Rev. Andrew Pillarella, pastor of Trinity United Church, Dallas, was endorsed by the Presbytery of Lackawanna as a candidate for moderator (presiding officer) of the 267th annual meeting of the Synod of The Trinity, held on the campus of Westminster college, June 19-22. There are two other announced candidates for the office.

The Synod, which comprises 17 presbyteries (area governing bodies) in Pennsylvania, West Virginia, and the Upper Ohio Valley,

representing 1,284 churches with a communicant membership of more than 390,000, is a regional governing body of the Presbyterian Church (U.S.A.).

In addition to presiding at the three-day session, the moderator will represent the Synod throughout the year on official and ceremonial occasions.

The 160 commissioners to the meeting cast ballots for a moderator at the opening session of the Synod on June 19.

Western Night held at Dallas Rec. Center

Children rode ponies, played games, enjoyed snacks and went on a hayride at Western Night at the Dallas Recreation Center last Thursday. Both parents and children turned out to enjoy the pro-

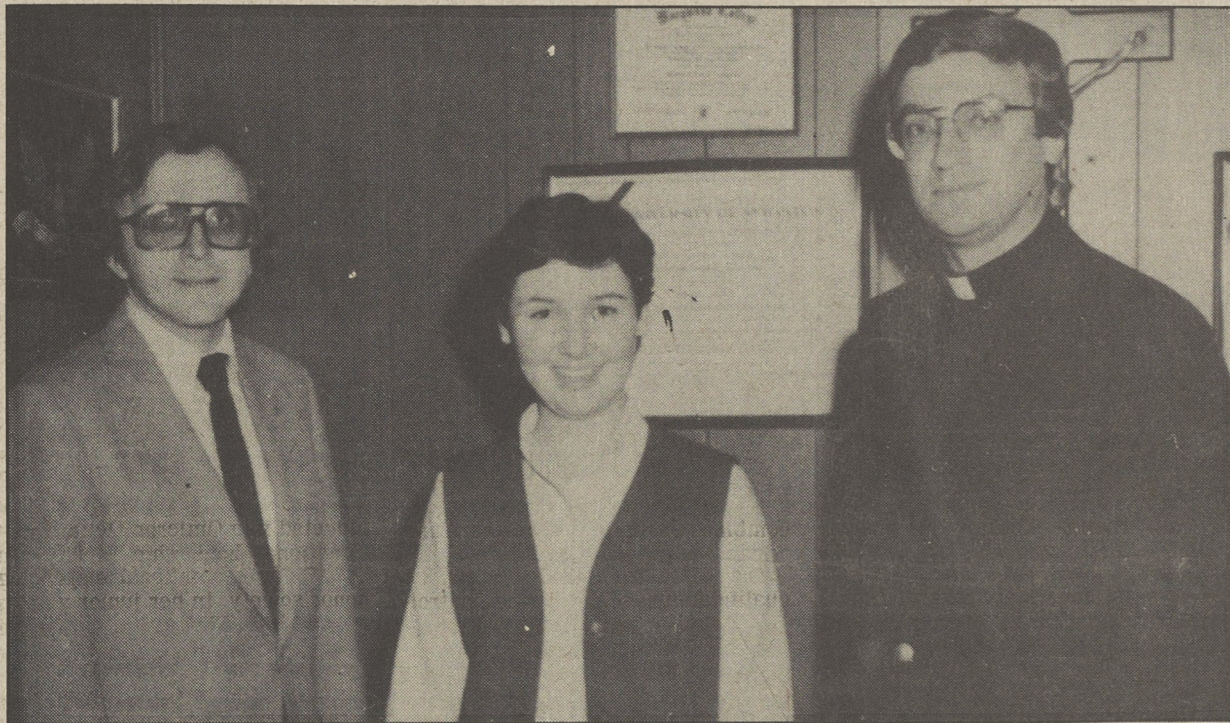
gram. Arts and Crafts are held every Tuesday morning from 10 a.m. to 11:30 a.m. at the recreation center grounds and Wednesday mornings at 9:30 a.m. there is a library hike

to the new Back Mountain Children's Library.

The annual fireworks display is scheduled for Thursday, July 5, at the Dallas Junior High School. Ice cream sundaes will be available.

The program begins at 8 p.m. and the rain date will be July 6.

The Recreation Center is open Monday through Friday from 9 a.m. to 8 p.m. For more information, call 675-4736.



Scholarship winner

Megan Flynn is pictured above with Mr. John Kurilla, social studies department chairman at O'Reilly and Grant Knight of the K of C Assumpta Council 3987 in Luzerne, and Rev. Theodore Marcinko, Principal of Bishop O'Reilly.

Megan Flynn receives scholarship

Megan Flynn, who has recently finished her junior year at Bishop O'Reilly High School, Kingston, has been awarded the Knights of Columbus Pennsylvania State Council, \$1,000 scholarship for the Scranton Diocese. Her allotment is one of 10 such scholarships granted by the K of C each year in the Common-

wealth of Pennsylvania. The daughter of Judge Joseph T. (a fourth degree Knight in the Father John O'Leary Council 8224) and Doctor Dorothy A. Flynn of Dallas, Megan will attend Boston College in the fall under its early admission program for high school juniors. Moreover, she has been

invited to participate in the Honors Program of the College of Arts and Sciences, a privilege reserved for only 80 of the 1,300 freshman entering the college.

During her three years at Bishop O'Reilly, Megan participated in many clubs and activities, including the French Club, Math Club, Ski Club, Student Council, the National Honor Society, and the French National Honor Society. Among the many academic awards she has garnered are certificates for superior performance in NEDT tests in her sophomore and junior years. She has also placed among the highest 50,000 scores of students taking the 1983 national PSAT-NMSQT. Megan has also won citations from the American Association of Teachers of French, National French Test and from the Pennsylvania Junior Academy of Science where, among other tributes, she merited the Pennsylvania Science Teachers' Association Award for Outstanding Research in Mathematics at the State Meeting. She has also placed first for the past two years in the National History Day competition on the regional level in the historical paper division.

Smoking termed 'worst addiction'

Most of the 56 million smokers in this country are physically and psychologically dependent on cigarettes, leading some scientists to call smoking "the worst addiction."

The addictive nature of cigarette smoking is one of the reasons so many health organizations are concerned about this widespread habit. The American Heart Association is concerned because smoking is a risk factor for heart disease - one that can be changed.

Scientific research suggests that nicotine is the ingredient in cigarettes most responsible for addiction. Smokers absorb nicotine when they inhale, and pass it quickly to the brain.

Special cell formations in the brain and muscle tissue have the capacity to recognize and react to nicotine when it is present in the body. Nicotine causes a wide range of physical reactions. Changes occur in heart rate and skin temper-

ature, blood pressure rises, peripheral blood circulation slows, brain waves change, and hormones affecting the central nervous system are released.

Immediate effects of inhaled nicotine are subtle. The more serious consequences occur over long periods of time and are due to many tobacco smoke ingredients in addition to nicotine.

Most smokers are aware of the health consequences of smoking. Many who try to quit become discouraged by the difficulty of the attempt, but hundreds of thousands have been successful. Because smoking is so addictive, it is best never to start.

More information about smoking an heart diseases and smoking cessation programs is available from the Northeastern Pa. Region of the American Heart Association, 71 North Franklin St., Wilkes-Barre.

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