

# Sports

## Misericordia hosts Senior Citizens Olympics



Dallas Post/Ed Campbell



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### Strikes & Spares

With May quickly slipping away, most of the leagues are winding up the season at the local lanes and making plans for their banquets. The Imperialette League, Bonomo's Major League and Ladies Country League are finished with the exception of the Country League's roll-off for the league title.

Two weeks of bowling in the George Shupp League had Dallas Nursery shutting out Katy! TV and also blanking Disque Funeral Home. The nursery men were led by Ted Wilson's 226 (563), and 581; F. Adams 246 (560), 524; and L. Coolbaugh's 522. J. Maculis rolled 544 and D. Katy! hit 205 (522) for the television five. B. Varner topped pins for 214 (561) for Disque. Harris Associates took four by forfeit from Endless Mountains and four more by forfeit from Roberts Oil. A. Wendel scattered pins for 215 (578) and G. Harris knocked them down for 566 and 535. D. Purvin posted 532 and S. Bonomo rolled 532. Fino's Pharmacy gained four by a forfeit from Roberts Oil and also took three from Endless Mountains. R. Bonomo hit the pins for 204-200 (550) and K. Youngblood added 535. Endless Mountains M. Rudick walloped the pins for 222-216 (551). Gino's Shoe Store dropped four to Disque Funeral Home and an additional three points to Katy! TV. J. Ide rolled 223 (568) and C. Williams added 521. In the other match B. Cyphers knocked down pins for 244 (547).

In the Ladies Country League's final week of bowling Grotto Pizza took all from the Castlettes while Gordon Insurance picked up three from G.H. Harris Associates. J. Lamoreaux led the insurance girls with 186 (480). The Harris girls were paced by C. Smith's 479 and M. Culver's 181 (483). Daring's Market divided evenly with Fashion Vending. D. Kovaleski was high for the grocer with 194-195 (517). R. Radzinski contributed 172. E. Fehrer hit 181 (495) and R. Gula rolled 171 for the vending girls. The vending team took the second half title and will roll off with the Castlettes for the league's season title.

Halfbreeds shut out the Halfwits in Bonomo's Mixed League sparked by N. Ide's 186. D. Wright hammered the pins for 561 for the losing five. Ken Spencer led Kenny's Maniacs to four points from the "A" Team whose C. Exarhopoulis rolled

174. Sue Tereska hit 480 for the winning five.

In Our Gang League Marie Car-khuff's 180-174 (511) paced the Barn Owls to three points from the Half 'O Nickels whose D. Jenkins scattered pins for 177. Lucky Strikes picked up three from the Buck-wheats whose D. Hudak hit 202 (493). Suds Suckers copped two and a half-points from the Mold 'N Oldies with Nancy Daney's 180-174 (522) showing the way. Millie Kocher rolled 214 (470) and Rita Busch hit 173 for the Oldies.

Tom Reese picked up three points from Brent Long in the Bowlerette League despite Long's N. Moser's 173. N. Crane scattered pins for 180 (476) to lead the Hoogie Bar to three points from Franklin's.

### Over 600 participants

Shown here are just a few of the more than 600 senior citizens who participated in the Eighth Annual Senior Citizens' Olympics at College Misericordia last weekend. In the top left photo are the winners of the men's walking marathon. From left, Fred Weitzel, first place; John Letinski, second place and William Pascoe, third place. Winners of the women's walking marathon are shown in the top right photo. From left, Louise Novy, first place; Leocadia Beffer, second place and Viola Krachanko, third place. The game of bocci ball is demonstrated in the lower photo as Angelo Pompino, left, and Doris Zanta, both of the Pittston Center team, participate in the bocci ball competition.



Dallas Post/Ed Campbell

### Wilkes-Barre Fats

## Russian boycott no surprise

By LEE L. RICHARDS  
Sports Columnist

Russia pulling out of the Olympics came as no great surprise to me. It was payback time by the Red Pros. I didn't lose any sleep over it, did you?

I've been boycotting the Russians for years. I refused to go and see any of their athletic teams when they toured the USA, simply because I believed they'd use the money to train their folks to beat ours.

There's no way we should be cowering to get 'em to come.

This was preceived from the day we pulled out in '80.

Maryland coach Gib Romaine and Pitt coach Andy Urbanic in town recently making their spring recruiting rounds. Coach Urbanic made special visit to see Dallas Coach Ron Rybak.

Both coaches stopped at Lake Lehman and will be keeping close tabs on Chris VanGorder. Coach Mark Kirk is going to have a lot of folks taking long looks at his prodigy.

Clarion wrestling coach Jack Davis is heading for Cypress Gardens and some intense water skiing over the next couple of weeks. Jack is exceptional.

Speaking of wrestling, Penn State may have had the best recruiting year in its history. Coach Rich Lorenzo says he's got some athletes that could be in the national limelight down the road.

State signed seven of the best wrestlers in the East.

NCAA is attempting to crack down on the manner in which wrestlers cut weight at national tournament. Day and

time of weighins could be changed.

Dallas' Leon Emanuel has a heckuva pacer running at Pocono Downs. W.W. Butler has turned in some fine times and won some races thus far. Leon's son, David, is the driver and trainer and regarded as one of the tops at the Downs.

Coach Urbanic and several Pitt coaches visited the Dolphins and Redskins recently to discuss their various offensive schemes. Urbanic told me Miami's center, Dwight Stephenson, is the best he's ever seen. I related to Andy how I'd see him play against Tennessee when he was a senior

and how good I thought he was. He's an Alabama product. He hasn't received his share of accolades on the various All-Pro teams, but he will.

Bloomburg coach Roger Sanders told me last week that Ricky and Rocky Bonomo are being counted on to be mainstays for the Huskie wrestling team next season. Sanders added that both are doing quite well in the classroom, too.

Joe Hartman of Pocono Downs informs me they have a good shot at getting closed circuit TV for the upcoming Larry Holmes title go for their race fans next month.

### Need help losing weight?

Medical evidence is clear that overweight and obesity increase the risk of illness and death from coronary heart disease, high blood pressure, stroke, diabetes, and others.

Overweight individuals often have above average blood lipid levels and a reduced tolerance for carbohydrates. Degenerative arthritis and gout are more serious when one is overweight.

Penn State offers a correspondence course titled, "Maintaining Desirable Weight," to aid individuals who added unhealthy pounds during the winter and are serious about maintaining an ideal weight through life. Written by specialists, you can get a copy by sending \$5.25, including handling, to "Weight," Dept. 5000, University Park, Pa. 16802. Make check payable to Penn State.

#### LEGAL NOTICE

The Dallas Borough Zoning Board will meet on Friday, June 1, 1984, at 7:00 p.m. at the Dallas Borough Building, 25 Main St., Dallas, for the purpose of taking action on a request from John Devlin for a variance on property located on Memorial Highway, Rte. 415, Dallas Borough, 18-2-P.

#### LEGAL NOTICE

NOTICE IS HEREBY GIVEN that Letters Testamentary have been granted in the Estate of Mary M. Roache, deceased, late of Wilkes-Barre, Pa., Luzerne County, who died April 9, 1984, to William G. Danahy, 9 Ross Street, Kingston, Pa. 18704. All persons indebted to said estate are requested to make payment and those having claims or demands to present same to the Executor, William G. Danahy, 9 Ross Street, Kingston, Pa. 18704. 17-3-P.

#### LEGAL NOTICE

On Wednesday, May 9, 1984, the Kingston Township Board of Supervisors passed on first reading Kingston Township Ordinance No. 1984-3. The following is a short title of Ordinance No. 1984-3, the entire text can be reviewed at the Kingston Township Municipal Building, 11 Carverton Road, Trucksville, PA 18708 Monday through Friday, 8:30 a.m. to 4:30 p.m. The ordinance will be considered for adoption on June 13, 1984 by the Board of Supervisors.

KINGSTON TOWNSHIP ORDINANCE NO. 1984-3 An ordinance relating to the repair and removal of snow, ice, and other obstructions from pavements, footwalks, sidewalks and curbs and gutters within the Township of Kingston, Luzerne County, Pennsylvania.

For the Kingston Township Board of Supervisors Mark A. Kunkle, Secretary 18-1-P.

#### LEGAL NOTICE

The Dallas Borough Zoning Board will meet on Friday, June 1, 1984, at 7:00 p.m. at the Dallas Borough Building, 25 Main St., Dallas, for the purpose of taking action on a request from Ms. Jean Gill for a variance on property located at 139 Davenport St., Dallas Borough, 18-2-P.

#### LEGAL NOTICE

Please be advised that Ecumenical Enterprises, Incorporated, a MEADOWS NURSING CENTER located in Dallas, PA, is applying for Capital Assistance to provide Transportation for the Elderly and Handicapped pursuant to Section 16 (B) (2) of the Federal Urban Mass Transportation Act of 1964. The Corporation is seeking assistance to purchase a 10 passenger wheelchair van to transport patients, residents or tenants from its elderly projects within the Dallas-Wilkes-Barre area. The Corporation has apartment complexes as well as a Nursing Facility which houses elderly and handicapped individuals.

If any interested private for profit transit or paratransit operators object to this application, please notify within thirty (30) days. Mr. Thomas Sweeney, MEADOWS NURSING CENTER, 55 West Center Hill Road, Dallas, PA 18612 and a copy to the Bureau of Public Transit and Goods Movement Systems, 1215 Transportation and Safety Building, Harrisburg, PA 17120 ATTENTION: Section 16 (b) (2) Program. 18-3-P.

## Pocono Mountaineers open season May 19

The 1984 semi-professional football season officially opens for the Pocono Mountaineers on Saturday, May 19 with its' annual player evaluation camp.

All prospective players, both veterans and rookies, will be on hand from 12 to 4 p.m. at Wilkes-Barre Area Memorial Stadium. They will run through a series of tests including the 40-yard dash, various weight lifts and a few agility drills. By doing this the Pocono coaching staff will have a better idea of what kind of progress the players make when training camp opens in June.

Some of the players that will be

on hand May 19 are Marcus Blake, a former standout at G.A.R. High School and West Virginia University, tight end Mike Piekanski and quarterback Jim Strickland, both from Wyoming Valley West.

Plus one of the Mountaineers' prize recruits, John Marcante. He's a graduate of East Stroudsburg University, 6'3" 250 pounds and saw some action at offensive guard for the New England Patriots of the N.F.L. and the Philadelphia Stars of the U.S.F.L.

Pocono will open its exhibition season on the road against the Binghamton Jets on July 21.

## At-home fitness course helps you get in shape

If your body shape doesn't match your "minds-eye" image, your "ideal weight" fails to come close to what the scale reveals, or you puff climbing a flight of stairs, it is time to shape up.

Experts admit "shaping up" isn't easy. Too often the resolution to take off pounds and shed excess bulges results in a crash diet and too rigorous an exercise program - programs that are not only dangerous but have little chance of continued success.

Penn State offers a study-at-home course, that explains the conditioning effect of exercise and how, through exercise, sport and recreation, it is possible to forestall rapid deterioration of the body through aging. Physical Fitness for Modern Americans has additional lessons which explain how to become fit, the role exercise plays in relieving stress, and how to add "life to years."

To order this correspondence course, send \$6.00, including handling, to PHYSICAL FITNESS, Dept. 5000, University Park, PA 16802. Make check payable to PENN STATE.

A companion course, Mental Fitness for Modern Americans, stresses getting to know yourself and forming good relationships with others. Step-by-step directions are

given on how to improve self-image and self-esteem and also close and casual relationships. To order, request MENTAL FITNESS from the same address, enclosing your check for \$6.00, including handling.

To get both courses, send a check for \$11.00, including handling, to PHYSICAL AND MENTAL FITNESS, Dept. 5000, University Park, PA 16802. Make check payable to PENN STATE.

## Denae Schoner at Susquehanna

Denae Schoner of Dallas is a member of the women's track team this spring at Susquehanna University, Selinsgrove.

A freshman liberal arts major, she is the daughter of Mr. and Mrs. Robert Schoner of 68 Grandview Ave., Dallas, and a graduate of Dallas High School.

## Registration set

Pre-registration for Kingston Township Raiders and Dallas Cowboys will be held Saturday, May 19 at Dallas Little League Field, 9 a.m.-6 p.m.

All boys 7-13 are eligible to play football.

All girls 9-13 are eligible for cheerleading.

Copy of birth certificate is required. All players and cheerleaders must be accompanied by a parent or guardian.

Manufacturer's rep of Satellite Dishes looking for qualified homeowners or establishments to demonstrate the Satellite Dish's ability to increase the clarity, reception and number of TV stations for viewing. Phone (717)586-3401, 9 A.M. to 5 P.M., Mon. thru Fri.

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