### Community Calendar

#### **Clinics**

THE ARTHRITIS CLINIC, sponsored by Nesbitt Memorial Hospital, wil be held Wednesday, April, 4 from 11 a.m. to 2 p.m. in the Medical Arts Building, 534 Wyoming Avenue, Kingston. Dr. John Carey, a specialist in arthritis and rheumatology, will conduct the progam.

The clinic provides arthritis patients with a complete physical examination and treatment plan which is forwarded to the patient's physician for consultation, input and follow up care.

The clinic uses a program known as CORE (Combined Orthopedic and Rheumatologic Evaluation) for patients who require orthopedic or corrective surgery or indepth physical therapy.

Patients, referred by their physician, can make an appointment for the clinic by call Nesbitt's Outpatient Registration office at 288-1411, ext. 4130, Monday through Friday from 1 to 4 p.m.

#### Courses

THE PAPERLESS ELECTRONIC OFFICE, designed for the business operator who has had limited experience in the fuctions of a microcomputer in the office or home work environments, will be offered on Thursday evening, April 5, from 6 p.m. to 9 p.m., at Luzerne County Community College. The course will include lectures on computer components, demonstrations of spread sheets and work processing.

Micro-Computer for Paralegals and Law Clerks is designed to assist these professionals in identifying the components of a computer and operational devices, needed to operate a system efficiently. This course will be offered on Thursday evenings, from 6 to 9, on April 12, 19 and 26. The student will be taught to understand the scope of possibilities such as work processing, electronic accounts and data file arrangement.

The computer seminars will be offered at the LCCC Educational Conference Center on the main campus in Nanticoke. For more information, or to register to attend, contact the Office of Continuing Education, 829-7477 or 829-7483.

#### Seminars

LUZERNE COUNTY COMMU-NITY COLLEGE will offer a oneday seminar entitled, "Pennsylvania Blue Shield and the Dental Assistant," on Saturday, April 7, from 9 a.m. to 1 p.m., at the college's Educational Conference Center.

Center.

The program, which is being offered by the LCCC Office of Continuing Education and Dental Department, is designed to help dental assistants become informed about the specific areas that concern the patient and the proper method of completing the Dental Claim Form.

Main speaker for the program is Anne T. Neely, R.N., a professional service and review representative for Pennsylvania Blue Shield.

Upon successful completion of the seminar, participants will be able to identify the needs, especially the dental needs, of their patients; the proper method of submitting claim forms, the appropriate action or explanation to both the patient and the doctor regarding contract coverage, and the overall effect that dental coverage provides to the community in general.

Cost of the seminar is \$10 per person which includes refreshments, breaks and course materials. For further information, or to register to attend, contact the Office of Continuing Education at Luzerne County Community College, 829-7481

#### Sales

THE SPONSA REGIS (ALUMNI WIVES) ORGANIZATION of King's College announced today that the annual Flea Market, Craft and Antique Show will be held on Sunday, April 15th, in the Scandlon Physical Education Center of King's College.

The annual Palm Sunday event, which attracts buyers and dealers from all over the Commonwealth, opens for business at 9:00 a.m. and closes at 5:00 p.m. Admission and parking are free all day and over 80 dealers in antiques, crafts, and flea marketable (new and used goods) will be present.

THE LADIES AUXILIARY of the Jackston Township Volunteer Fire Co. will sponsor a bake sale on Election Day, April 10, at the fire hall in Chase. Donations of baked good will be appreciated.

Refreshments will be available all day. Helen Franklin is chairman.

A LIMITED NUMBER OF KWANSON CHERRY TREES are currently available can still be ordered through the Greater Wilkes-Barre Chamber of Commerce.

The ever-popular trees average approximately six feet in height and mature to about 25 feet. They are being sold through Green Valley Landscaping, located on Northampton Street in Kingston. The cost of the trees is \$25.00 each.

To reserve your tree, contact Tilly Kalish at the Chamber, 823-2101.

PLANS ARE BEING FINALIZED FOR THE ANNUAL WEST SIDE

ANTIQUES SHOW AND SALE sponsored by the Wyoming Valley Montessori School April 7 and 8. The show will be open Saturday from 11 a.m. to 8 p.m. and Sunday from 11 a.m. to 6 p.m. at the Independent Ballroom, 166 S. Sprague Avenue, Kingston.

Antiques of all sizes and types will be available including jewelry, cut glass, china, silver, lamps, prints, and furniture. Many dealers will be displaying many specialty items and rare pieces.

The dining room will be open during the show hours offering a variety of foods and homemade desserts.

THE LADIES AUXILIARY of the Jackson Township Volunteer Fire Co. will sponsor a bake sale on Election Day, April 10, at the Fire Hall, Chase.

Donations of baked goods will be appreciated. Wimpies, hot dogs, coffee, tea and soda will be on sale all day.

Helen Franklin is chairman.

#### Reunions

WESTMORELAND HIGH SCHOOL CLASSES OF 1953, 54, and 55 will hold a combined class reunion on Saturday, July 7, 1984 at the Castle Inn, Dallas. The following committee members from each class have been meeting to make the final arrangements:

1953 — Nancy Dymond Crane, Kathleen Lavelle Barlow, Janice Ide Russell, Gailard Spare.

1954 — Roseann Pavlick Radzinski, Janice Houser Brace, Charles James, Eric Vrhel, John Baur, Carol Kestor Hazeltine.

1955 — Renee Poepperling Spare, Ray Stroud. The following addresses are

needed: 1953 — Call Janice Russel at 675-4047 after 4:30 p.m.

Robert Widman, William (Billy) Winters. 1954 — Call Rose Radzinski at 675-

0441 after 4:00 p.m. Stephen Vanecko, Jack Merolla

1955 — Call Renee Spare at 333-4156 — Daris Albert Shirley Rasmus

Doris Albert, Shirley Rasmus, Robert McQuilkin, Robert Shepherd, Robert Urban, Ernest Widman, Terry McNabb.

MEMBERS OF THE KINGSTON HIGH SCHOOL CLASS OF 1929 will hold a reunion on June 9 at the Sheraton-Crossgates Hotel, Wilkes-Barre. The get-together will be the fourth in a series of reunions which date from 1954. This affair will mark the 55th anniversary of the

group's graduation.

Members of the 1929 class who reside in the Back Mountain area are Harry LeBarr, Shavertown, Jean Daily Brackett, Dallas; C. Wesley Boyle, Stephen and Dorothy Wasley and Ella Evans Williams; Harveys Lake; Florence Dilg Woobert and Elizabeth Tingley Reese, Trucksville; and Wilfred Ide, Loyal-

#### Meetings

THE ANTHRACITE JIM BEAM BOTTLE CLUB will celebrate its third anniversary with a meeting on Tuesday, April 10, at 7:30 p.m. at Konefal's Restaurant, Edwardsville.

All paid-up members will be guests for a buffet luncheon. Limited edition decanters will be on display.

Visitors are welcome to enjoy the anniversary program.

THE LADIES AUXILIARY OF THE JACKSON TOWNSHIP VOL-UNTEER FIRE CO. will hold a meeting on Wednesday, April 11, at 7:30 p.m. at the fire hall, Chase.

Hostesses will be Mrs. Mary Emerick and Mrs. Marge Zbiek. New members are welcome.

THE MEN'S CLUB OF THE PRINCE OF PEACE CHURCH, Main St., Dallas, will meet on Sunday, April 8, at 8:30 a.m. at the church. Breakfast will also be served. Guests are welcome. Reservations may be made by calling 675-5113. All reservations must be made by April 5.

THE DALLAS UNITED METH-ODIST WOMEN will meet Tuesday, April 10, at 7 p.m. in the church. Sylvia Kuhnert is the greeter and Helen Coombs and May Knecht are in charge of refreshments.

THE REGULAR MONTHLY MEETING of the Lake-Lehman Board of School Directors will be held on Tuesday, April 10, 1984, at 8:00 p.m. in the gymnasium of the Lake-Lehman Junior High School,

#### Workshops

COLLEGE MISERICORDIA will present a series on "Succeeding in College," beginning in April.

The academic workships are designed to give college students and potential students an opportunity to develop learning skills needed to succeed in higher educaton. The workshops, sponsored by the developmental education program are free and locations will be provided by calling 675-2181, ext. 347. Following are the list of subjects planned for review: Advance Registration is

necessary.
"Talking in Class," Thursday,
April 5, 10 a.m. to noon, conducted
by Sr. Madeline Gill, RSM, assistant
professor, College Misericordia.

"Dealing with Math Anxiety,"
Tuesday, April 10, 10 a.m. to noon,
conducted by Sr. Agnes Brennan,
RSM, assistant professor, College
Misericordia

"Effective Study Skills," Thursday, April 12, 10 a.m. to noon, conducted by Dr. Thomas Scappticci, director of counseling, King's College.

"College Teaching Strategies,"
Tuesday and Wednesday, May 29
and 30, 10 a.m. to noon and 1:00
p.m. to 3:00 p.m., conducted by Sr.
Madeline Smith, RSM, TIPS director, Gwynedd Mercy College.

PENN STATE WILKES-BARRE'S DEPARTMENT OF CONTINUING EDUCATION and the Greater Wilkes-Barre Chamber of Commerce will be co-sponsoring two upcoming workshops.

The first workshop, entitled "The Microcomputer in the Small Business", will be held on Tuesday, April 17, from 9:00 a.m. to 4:00 p.m., at the Wilkes-Barre Campus of Penn State at Lehman.

The fee of \$50.00 per person covers instruction material and lunch may be paid to the Chamber. Participants will earn 0.6 CEU for the workshop.

The second workshop, "Making the Most of Nine to Five", is the fourth annual Salute to Secretaries. It will be held on Thursday, April 26, from 12:30 p.m. to 8:30 p.m., at the Sheraton Crossgates, Wilkes-Barre.

This workshop is designed to give secretaries and other office personnel a greater awareness of their role on the work team by gaining a better understanding of interpersonal relations.

Charles E. Butters, senior manager of employee development at Jones & Laughlin Steel Co., will be the instructor.

The fee of \$45.00 per person covers instruction materials and dinner. Participants earn. 0.6 CEU for this workshop.

For more information on either workshop, contact Ms. Sharon Ward, Continuing Education Department, Penn State Wilkes-Barre, Lehman, PA 18627 or phone (717) 675-2171.

#### **Theater**

THE LITTLE THEATRE OF WILKES-BARRE will present the nostalgic musical comedy, "Whoopee!" the weekend of April 6 at their Playhouse located at 537 North Main Street. Performances are slated for Friday and Saturday, April 6 and 7 at 8:30 p.m. and Sunday, April 8 at 7:30 p.m.

The show is a farce, with one punch line after another. It combines the west and all its folklore with the splender and spectacle of the roaring 20's.

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Tickets may be secured by con-

tacting the Little Theatre at 823-1875. Special rates are available for groups of 20 or more.

THE COMBINED CAMPUS MINISTRIES OF KING'S COLLEGE AND COLLEGE MISERICORDIA will present the popular musical-drama, "GODSPELL" on April 5, 6, and 7 at the J. Carroll McCormick Campus Ministry Center of King's College. Scheduled for 8:00 p.m. each evening, the musical presentation is just another one of many combined projects of the two colleges Campus Ministry Centers.

Tickets can be obtained by calling 826-5900 ext. 491 or by stopping in the McCormick Center on the corner of North Franklin and West Jackson Street. The price of admission is \$3.50 for adults and \$2.00 for students. All proceeds from "GOD-SPELL" are being earmarked for the Muscular Dystrophy Association and the Missions in Guyana.

Rev. Robert W. Lozinski, C.S.C., Director of Campus Ministry at King's College and Sister Noel Keller, R.S.M., Director of Campus Ministry at College Misericordia are over-seeing all arrangements and cordially invite the general public to attend one of the benefit performances.

#### **Dinners**

DAVE REESE, Past-president of the directors staff will be honored at a testimonial dinner at Irem Temple County Club on Saturday, April 7. Cocktails are at 6 p.m. followed by dinner after which entertainment will be provided. Reservations can be made with chairman John Gregg.

Reese served as President in 1982-1983. Previously he served as Vicepresident for two years. Currently he is a representative to the unform units.

Officers of the Directors Staff are: President - Walter Johns, Secretary - Lee Evans, Treasurer - Richard Harris. Other representatives to the uniform units are: Jim Melberger, Milan Shepherd, Harry Wood Jr.

Reese and his wife Shirley reside in Nanticoke. He is employed by Standard Brands in Wilkes-Barre.

THE ALDERSON UNITED METHODIST CHURCH OF HARVEYS LAKE will hold its Annual Fisherman's Breakfast on April 14. Serving will be from 6 a.m. to noon. The menu will include all the pancakes you can eat, sausage, eggs and beverage.

Cost is \$3 for adults and \$2 for children 12 years of age and under.

THE 42ND ANNUAL ASSEMBLY DINNER MEETING of the Wyoming Valley Council of Churches will be held Monday, April 30th, at 6:30 p.m. at Church of Christ Unit-

ing, Market and Sprague Avenues,

The Rev. George Johnson, pastor of First Welsh Presbyterian Church, Wilkes-Barre, and member of the Wyoming Valley Council of Churches Board of Directors, is serving as this year's chairman of the Nominating Committee.

The Rev. James Wert, pastor, Shavertown United Methodist Church, is serving as this year's chairman of the Annual Meeting.

Theme of the event will be "Working Together In Witness and Service."

Frank Paczewski, member of the Shavertown United Methodist Church, is President of the Board of Directors and will chair the Business Session.

For reservations for the dinner meeting, persons may call The Wyoming Valley Council of Churches office, 35 S. Franklin St., Wilkes-Barre. (825-8543)

#### Lectures

TONY DOUGALAS, pharmacist, will conduct a lecture on "Drug Interaction," Wednesday, April 4 at 8:45 p.m. in College Misericordia's Science Hall.

The lecture is part of a student internship program incorporated into Misericordia's psychology departments curriculum. The students organized a series of presentations to focus the attention of the college community and the public on the effects of alcohol and its impact on society.

impact on society.

A lecture on "Fetal Alcohol Syndrome" will be held on April 26, at 8:45 p.m. in the Science Hall.

#### Classes

CHILDBIRTH EDUCATION CLASSES for pregnant teenaged women will be held at Planned Parenthood Association of Luzerne County beginning Tuesday, April 3, 1984, at 7:30 p.m. and continuing for seven weeks.

The classes, which are conducted by Judith Seroska, R.N., and Judith Fried, R.N., are geared specifically to the needs of pregnant adolescent women, many of whom are identified as "high risk" patients by obstetricians because of their age.

There is no charge for the classes, and use of the Swap Shop is also free. Persons interested in learning more about the classes may contact Planned Parenthood.

#### Church

PASTOR CLIFF JONES of the Huntsville Christian Church is pleased to announce the following programs:

Sunday April 8 — The sermon, "Who is doing the Tempting" (Matthew 6:13) at 9:30 a.m. Sunday School follows the worship service.
Saturday, April 14 — Children's
Easter Party at 1 p.m. sponsored by
Circle 3. Games, prizes, and

refreshments are scheduled.

The public is most welcome to these activities and can contact Pastor Jones at 675-0611 for more information.

#### Sports

THE DALLAS TOWNSHIP SCHOOL TEACHERS will challenge the Westmoreland Teachers to a game to volleyball on Friday, April 6 at 7:30 p.m. at the Dallas Township School gymnasium.

Admission will be 25 cents for children and 50 cents for adults. All proceeds will be donated to the Ronald McDonald House.

#### **Events**

THE HARVEYS LAKE AMERICAN LEGION POST 967 will hold its annual Easter Egg Hunt for members children and borough children from ages one to 12 on Saturday, April 14, at 10:30 a.m. at the American legion Party Hall, Sunset.

# Children must have positive self-image

In order to lead happy and productive lives, children need to develop a positive self-image, the feeling that "I am somebody." Two articles in the March issue of PTA Today, the National PTA's magazine, offer suggestions for how parents can help their children develop self-esteem.

According to Thomas Coleman, a Fellow of the American Academy of Pediatrics, and author of the first article, the following ideas can help foster self-estemm in children:

-Level with children. Don't talk down to a young person; instead, put yourself at eye level with a child. It can often minimize a problem, as well as make the child feel equal. -Let children make decisions. For

example, early participation in health care decisions such as, "Do you want liqued medicine or tablets?," lessens a child's feeling of powerlessness, and can foster an intelligent consumer attitude in children.

-Value rules. The purpose of rules is to help people get along with each

is to help people get along with each other and in turn, feel good about themselves. The best rules are written during calm times with the participation of the child.

-Show child you understand. Share your childhood memories with your child.

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Delegates for Reagan