

People

Make every day Valentine's Day

The following article was printed in the February edition of the "West Side Story", the official publication of The Leader Nursing and Rehabilitation Center. We feel the article, which originated from the Gemco Carrier, Buena Park, California, is worth reprinting even another time. Since today is just one day after Valentine's Day and the article suggests making every day Valentine's Day, we thought you might find it helpful.

Why not make Valentine's Day a year-round event? Here are some suggestions for making everyone

and anyone happier and some ways to show you do care!

1. Smile (they'll wonder what you're up to!)
2. Give someone a shoulder to lean on.
3. Give someone a pat on the back!
4. Say "Thank You". It means so much.
5. Don't wait for a reason to give someone a hug.
6. Whistle when you're feeling down.
7. Rub a sore back.
8. Say "Good Morning" even if it isn't.
9. Drive within the 55 m.p.h. speed limit.
10. Write a letter to your grandparents.
11. Call an old friend.
12. Ignore a rude remark.
13. Laugh when the joke is one you.
14. Write a nice letter to someone who wouldn't expect it.
15. Thank the cook for dinner.
16. Say something nice instead.
17. Send a product manufacturer, a complimentary letter.
18. Be kind to your mother-in-law...to your father-in-law.
19. Tell the store manager you like his-her service.
20. Send a "Care Package" to someone who can't get around.
21. Forgive an old grudge.
22. Talk to someone who is lonely.
23. Look at both sides of the story.

24. laugh at an old joke.
25. Share a dream.
26. Keep a secret.
27. Be honest with people.
28. Try to under your kids...your parents.
29. Try squeezing the toothpaste tube from the bottom.
30. Say "Please".
31. Say "Yes" when you want to say no.
32. Say you were wrong when you were wrong.
33. Say someone was right.
34. Inspire a person with a prayer or a poem.
35. Pass on some good news.
36. Adopt a stray cat. Adopt a stray dog.
37. Talk to a plant.
38. Surprise someone with a snack.
39. Let someone ahead of you in line.
40. Spread a little laughter around.
41. Send a friendly note to a relative; one that you haven't been writing to very often.
42. Do a kind deed anonymously.
43. Introduce yourself to a new person.
44. Tape a cartoon to someone's door.
45. Share your Vitamin C's.
46. Share your umbrella.
47. Make coffee at the office.
48. Leave a note on someone's window.
49. Say "I Love You" often.



The Dallas Women of Kiwanis held installation of new officers at their January meeting at the Castle Inn.

Installing officer, Patricia Luke, charged each officer with their official duties. Each officer was then presented with a yellow rose, trimmed with royal blue ribbons.

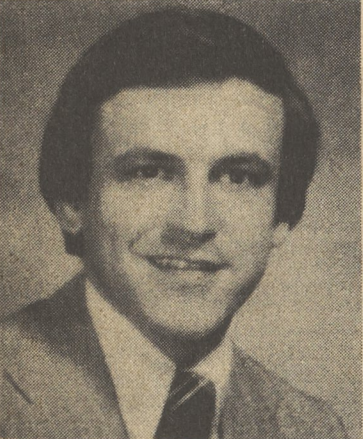
Sally Roberts, outgoing president, was presented a memorial gift by Pauline Selingo, incoming president. Shown above is the new slate of officers. From left, first row, Ann Corbett, first vice president; Pauline Selingo, president; Sybil Pelton, treasurer. Standing, Patricia Luke, past

president and installing officer; Sally Roberts, immediate past

president; Mabel Harter, second vice president; and Bernie Lindquist, corresponding secretary.

Absent at the time of the photo was Shirley Moore, recording secretary.

OPENS NEW OFFICE



ROBERT A. KESTER, D.D.S.

Dr. Robert A. Kester wishes to announce the recent opening of a new office for the practice of family dentistry at the M & M Center, 21 W. Union St., corner of Wyoming Avenue and Union Street, Kingston, Pennsylvania.

Dr. Kester offers services which include all phases of general and preventive dentistry for children and adults. All dental insurance plans are accepted. Dr. Kester is also a participating dentist with the Pennsylvania Blue Shield Dental Program.

He is currently a member of the Luzerne County Dental Society, the Pennsylvania Dental Association, the American Dental Association, the Academy of General Dentistry and the American Society of Dentistry for Children.

Dr. Kester has entered private practice following the completion of a general practice residency at the Veterans's Administration Medical Center. He is a graduate of Temple University where he received his Doctorate degree in Dentistry. He also holds a Masters degree from Drexel University in Bio Medical Science and a Bachelor of Science degree from King's College in Biology.

Dr. Kester, his wife, the former Kathleen Pringle, and their two daughters reside in Kingston.

Office hours are available weekdays, weekends and evenings by appointment by calling 283-2422.

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Red Cross seeks aides

Jean Herron, Chairman of Volunteers at the Wyoming Valley Chapter, A.R.C. is making an appeal for volunteers to serve in specific areas.

The Wyoming Valley Chapter is always looking for more volunteers. However, the immediate need is in these areas:

Blood Aides--(needed to serve at the N.E. Pa. Regional Blood Center Monday, Tuesday, Thursday and especially Saturdays.)

Substitute Drivers--Must have a good driving record and have a current Pa. drivers license.

If you are interested or would like more information, call Anne Kelly, Director of Volunteers, at 823-7161 for an appointment.

Students go to Districts

Dallas Senior High School will be represented at the Pennsylvania Music Educators' Association District 9 Chorus on February 16, 17 and 18 by the following students:

Seniors--Paulette Niznik, and Fredric Anderson; juniors--Lynn Todd, and Elizabeth Morgan; and sophomore--Carolyn Fagan.

This festival will be held at Valley View High School with a public concert on Saturday, at 2 p.m. The guest conductor is Robert Herrema of Marywood College. The students have been preparing for this event since qualifying at the end of October. They will complete for placement at regions on Thursday.

Florence H. Sherwood is Choral Instructor at Dallas.

With Joan Kingsbury

Around town

675-0835

Congratulations to Mr. and Mrs. James Kozemchak, Huntsville Road, Dallas, who celebrated their 43rd wedding anniversary recently.

Mr. Kozemchak, son of the late Mr. and Mrs. Roman Kozemchak, Dallas, is a well-known photographer whose pictures appeared in the Dallas Post for a number of years. Prior to his retirement, he was employed by American Chain and Cable Company.

Mrs. Kozemchak is the former Ann Wasnick, daughter of the late Mr. and Mrs. William Wasnick. Ann and Jim were married in St. Peter's and Paul's Ukrainian Catholic Church, North River Street, Wilkes-Barre.

The Kozemchak's daughter, Elaine Kozemchak Roberts died several years ago. They have two sons: James, Wilkes-Barre and David, Dallas. They also have five grandchildren.

A family gathering was held to celebrate the occasion.

Ted Rebenack, Shavertown is among those chosen as new members of the board of directors of Wilkes-Barre Chapter of the Society for the Preservation and Encouragement of Barber Shop Quartet Singing in America for the year 1984.

The spring session of the Nesbit Memorial Hospital, Kingston, candystrapping program has begun. Sixty four area teenagers are volunteering to serve in various hospital departments under the direction of Mrs. Paula Denisco and Mrs. Antoinette Denisco. Back Mountain teens participating in the program are Susan Luksic, Dallas; Meredith Burke, Dallas and Jennifer Gribble, Shavertown.

Dallas Band Boosters still need chaperones for the Dallas Senior

High School Band trip to "Opryland Music Festival" in Nashville, Tenn. The Festival will be held April 26-30. Anyone wishing to chaperone on this trip should contact Band Boosters president Ethel MacAvoy.

The month of March has been designated National Mental Retardation Month. The Back Mt. Police and Dallas Kiwanis will co-sponsor a ham and egg breakfast on Sunday, March 18, 9 a.m. to 1 p.m. at the Dallas Senior High School cafeteria for the benefit of the Association for Retarded Citizens of Luzerne County. Tickets for the breakfast may be purchased from any member of the Back Mt. Police or Dallas Kiwanis.

Congratulations to Cheryl Jolley of Courtdale who was recently installed as worthy advisor of the Dallas Assembly 144 Order of the Rainbow Girls. Others installed were Lauren Lauderbaugh, worthy associate adviser; Beverly King faith; Nancy Redline, hope and Jacque Holdredge, charity. Cheryl was installed by her father, Carl L. Jolley, senior warden of King David Lodge 763, Free and Accepted Masons.

Commonwealth Telephone Co. supervisors who recently attended Penn State Management Development Services workshops at the Lehman Campus were Ann Niznik, customer service supervisor; Edward Zawatski, inventory control supervisor; Jeffrey Barton, Traffic engineer; Thoams Flood, program manager; John Menapace, acting general operations manager for Commonwealth Telephone; Patricia Kalish, plant staff supervisor; Andy Katsock, Training Specialist for Commonwealth Telephone Enterprises. Fred Coleman, Gilbert Depew, Charles Franks, Daniel Hetzer, Michael Mykulyk, Alan Peslak, John Sandstrom, John Smithkors, Joseph Stec, Jerry Wall, Mark Zarambo, Coleen O'Keefe.

BEST WISHES to the following couples who have announced their engagements: Maria Dragon and Keith Davis; George M. Gergel and Donna Marie Sheperis; Pamela Jane Aregood and Douglas James Agnew.

Maria, daughter of Mr. and Mrs. Chester Dragon, Harveys Lake, is a graduate of Lake-Lehman High School and is a student at Central Pennsylvania Business School.

Keith, son of Mr. and Mrs. Windsor Davis, Harveys Lake, is also a graduate of Lake-Lehman High School. Keith graduated from Williamsport Community College and is employed at Luzerne Plumbing.

No date has been set for their wedding.

Donna, daughter of Mr. and Mrs. Frank W. Sheperis, Sr., Wyoming, is a graduate of Coughlin High School and is employed at Tobyhanna Army Depot.

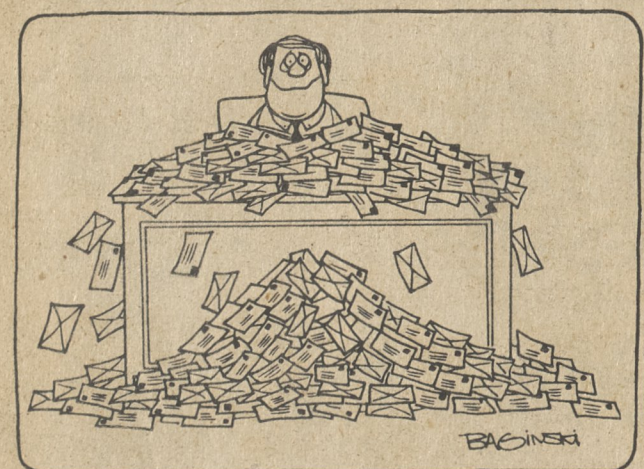
George, a graduate of Wyoming Valley West High School, is also employed at Tobyhanna Army Depot. George resides in Shavertown.

Donna and George will be married June 2 in St. Mary's Greek Rite Catholic Church, Kingston.

Pamela, the daughter of Mr. and Mrs. John Aregood, 40 Luzerne St., Lee Park, is a graduate of Hanover Area High School and Luzerne County Community College where she received a certificate of specialization in Dental Assisting. She is employed by Wilkes College and also serves as head cheerleading coach at Hanover Area High School.

Doug, son of Mr. and Mrs. Carl Remley, RD 3, Hunlock Creek, is a graduate of Lake-Lehman High School and Luzerne County Community College where he received an associate degree in Social Studies. He also attended Mansfield State College. Doug is employed by the Times Leader, Wilkes-Barre. He is also the assistant junior high wrestling coach at Hanover Area High School.

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