

People

With Joan Kingsbury

Around town

675-0835



Computer kids

Members of Brownie Troop 651 from the Lehman Jackson Elementary School recently visited the Wilkes-Barre Campus of Penn State at Lehman. During their tour of historic Hayfield House, the Brownies were invited to see the new computer laboratory where they received a demonstration by Michael Elias, computer instructor, of how the microprocessors work. Shown seated at the colputers are, from left clockwise, Rebecca Lathrop, Shannon Klemmms, Heather Brown and Diana Emery. Standing, from left, are: Keira Radginski, Jennifer Cole, Tammy Bardo, Regan Bombick, Nicole Sutton, Barbara Campbell, Johanna Miller, Jennifer Van Fleet, Jennifer Lubinski, and Jessica Evans. In back row, are Ellen Campbell, Cynthia Evans, troop leaders; and Michael Elias.

Sunlamps may do more harm than good if user is not careful

What with the short winter days and the recent bitter cold weather, a sunlamp might seem like an attractive investment. However, the attractiveness may be dimmed somewhat when you realize that sunlamps caused some 7,000 cases of skin and eye injuries last year in this country.

According to Jack Ogun, director of the state Health Department's Division of Drugs, Devices, and Cosmetics, sunlamps now come with built-in safety features, but caution is still required when operating one.

"The U.S. Food and Drug Administration (FDA) requires sunlamps to come with warning labels, timers, and other controls in an attempt to cut down on the number of injuries," Ogun said.

"However, warnings, timers and other safety items can serve no purpose if the person using the sunlamp is determined to get around them."

For instance, the ultraviolet rays from sunlamps can be very intense. And in the winter, the skin's protection from ultraviolet which comes with a deep tan has largely vanished. It is therefore especially important to limit the first few exposures to no more than 15 minutes.

"After one normal, 15-minute exposure, you will neither see nor feel any great changes in your skin, assuming you have remained at a safe distance from the lamp. People can run into trouble, though, when

they try to double or triple up on the initial exposure time, trying to get a tan in a hurry. But overexposure to sunlamps can cause effects even more severe than normal sunburns. These effects can range from mausea to blistering, fever, and even skin cancer," Ogun said.

"A burn from a sunlamp can be just as serious as a burn from a stove, and should be treated as such. Liberal applications of cold water to the affected areas as soon as possible can do much to prevent blistering and peeling. This can be followed up with the use of any of a number of over-the-counter sprays, lotions, or creams to relieve discomfort. Severe burns, though, should be treated by physicians since there is the possibility of infection."

Ogun added that special precautions should be taken by blondes, fair-skinned redheads and children, as they are more susceptible to burning than others.

"These people should use sun screen tanning lotion and cut the recommended exposure times in half."

He also cautioned against buying lamp sets which may be incomplete at flea markets or discount outlets.

"Under these conditions, you just don't know what you are getting. And even if the lamp itself is all right, small items such as the all-important protective eye goggles may be missing, and only a few minutes' exposure can damage an unprotected eye."

Malkames retires from Community College

The Hospitality Management Association (HMA) of Luzerne County Community College recently held a luncheon in honor of James Malkames, of Dallas, who retired at the end of the Fall Semester as chairperson of the college's Hotel and Restaurant Management Program.

Malkames, who has been with the college since its inception in 1967, was recently recognized at the

monthly meeting of the college's Board of Trustees for his outstanding effort in the successful development of the Hotel and Restaurant Management Program.

Principals who attended the luncheon include Thomas J. Moran, Laffin, president of LCCC; Frances Malkames, Dr. Byron Myers, Wyoming, dean of academic services at LCCC; Richard Tokar, Hunlock

Creek, HMA advisor; Bob Androckitis, Ashley, president of HMA; Kevin Robzen, Kingston, vice president of HMA; Steve Berg, Wilkes-Barre, treasurer of HMA; Judy Barth, Mountaintop, HMA correspondence secretary; Katherine Grant, Mocanaqua, HMA parliamentarian; and Eve Truesdell, Harveys Lake, HMA publicity chairperson.

Meadows Center seeking volunteer receptionist

The Meadows Nursing Center, Dallas, is presently looking for volunteers to fill a Receptionist position weekdays from 5 to 9 p.m. and weekends from 9 a.m. to 5 p.m. The number of hours worked may be

chosen as desired.

Volunteers are also needed to assist Nurses Aides in the dining-room from 5:30 p.m. - 6:30 p.m. nightly or to act as "Friendly Visitors" for the residents. Other areas

are also available, and any help offered will be appreciated.

For further information, contact Marian Slutzker at 675-8600.

A GET WELL WISH goes to Mark Chapple, son of Mary and Walter Chapple, Huntsville Road, Dallas who was injured in a sledding accident over the holiday break.

Mark will be in traction for several weeks at General Hospital and would certainly appreciate cards.



DALLAS JUNIOR HIGH SCHOOL STUDENTS recently completed their annual SPCA Food Drive. The students contributed canned and dry dog food and cat food, towels, blankets and money for the benefit of the SPCA. Among those participating in the program were Tracy Richardson, Rose Wong, Lindsey Krivenko, Heather Billman, Kim Andrews, Matthew Balberchak, James Miliauskas and Patricia Chisner.

MR. AND MRS. ALLEN BRAGUE and twins Kim and David, age 3½ have returned to their home in Roanoke, Virginia following a visit with relatives for the holidays.

The Bragues enjoyed Christmas Dinner at the home of Mr. Brague's sister and her husband, Linda and Jim Ross and their son, Jonathon. They also visited with his parents, Mr. and Mrs. George Brague, Woodlawn Avenue, Dallas, throughout the holiday season.

LAKE SILKWORTH LIONS CLUB recently inducted new members, John Potosky and Dr. M. David Preston. Participating in the initiation were Marty Stefanski, past district governor, Lake Silkworth Lions Club, Steve Lipka and Leonard Karas.

The Lake Silkworth Lions Club recently presented a check for the Lions Wills Eye Hospital Pavilion, Philadelphia. This local club has been a leader in the support of the Wills Eye Hospital and eye research.

BEST WISHES to Mr. and Mrs. Francis O. Long, Sr., Idetown Rd., Dallas, who observed their 30th wedding anniversary January 1. Mrs. Long is the former Barbara J. Sanders.

The Longs are parents of four children, Francis O., Jr., Montoursville; Larry W. Kennewick, Wash.; Suzanne M. Robbins, Lock Haven and Daniel M., Lehman. They also have one grandchild, Marshall F. Long, Kennewick, Wash.

The Longs were honored at a family gathering at their home to celebrate the occasion.

SHERRY A. DAVIDOWITZ of Dallas has been named system consultant for Entre Computer Center, E. Market St., Wilkes-Barre.

Her responsibilities at Entre include diagnosis of customer needs, preparation of tailored software and hardware systems and follow up training and client support.

A graduate of Babson College, Wellesley, Mass., Mrs. Davidowitz holds a bachelor's degree in business administration. She is a member of Hadassah, Temple Israel Concert Committee and the Jewish Community Center Adult Education Committee. She is married to Jeffrey L. Davidowitz.

WINNERS IN THE COUNCIL POSTER CONTEST sponsored by Dallas Junior High School were Heidi Strazdus, third prize, Rose Wong, second prize, James Shields, honorable mention, Christopher Lusheski, first prize. Norine Amesbury is advisor.

TINA CHARNEY KRAVITS of Dallas was commissioned a second lieutenant recently in the United

States Air Force at Wilkes College by Major Raymond M. Fox. Tina, who recently completed her course at Wilkes for a degree in elementary education, will spend six months at Lowery Air Force Base, Denver, Colo. where she will begin a career in imagery intelligence. Students at Dallas Intermediate School reember Tina from her student teaching there last year.

BROWNIE TROOP 652, Harveys Lake visited Wilkes-Barre General Hospital recently for a tour of the facilities. The girls were given future doctor and future nurse caps to wear, toured pediatrics, the Emergency Department, Radiology, the Operating Room and Obstetrics Department.

Andrea Picchi and Pat Sandstrom are Troop leaders.

THE BOARD OF DIRECTORS OF THE JUNIOR LEAGUE of Wilkes-Barre recently approved a request of \$300 for Operation R.I.D.E. Recreation and Introduction for Disabled Equestrians.

Operation R.I.D.E. is a non-profit all volunteer group which teaches horseback riding to the mentally and physically handicapped.

The funds will be used to purchase grain supplements for the horses and ponies. The horses are a therapeutic instrument and provide the strongest motivation to acquire and increase balance, coordination and agility. Riding gives the rider self respect and confidence.

CONGRATULATIONS AND BEST WISHES to the following local couples who were recently married. Mr. and Mrs. Mark Alan MacDougall, Mr. and Mrs. Gary Douglas Tough, and Mr. and Mrs. Gary F. Bukoski.

Mrs. MacDougall is the former Wendy Lee Hall, daughter of Mrs. Myrtle Rogers, Dallas. Mark is the son of Mr. and Mrs. Kenneth MacDougall, Dallas. The wedding was solemnized in the First Welsh Baptist Church, Edwardsville with Rev. Ronald S. Berus, pastor, officiating.

Following a two week wedding trip to England, Scotland and Wales, the MacDougalls are residing in Huntsville.

Mrs. Tough is the former Lorraine Romonoski, daughter of Mr. and Mrs. Francis Romonoski, Jr., Lake Silkworth. Gary is the son of Mr. and Mrs. Gilbert Tough, Lehman. The Toughs were married in Our Lady of Mt. Carmel Church, Lake Silkworth. Rev. Edward J. Zawodniak, pastor, performed the double ring ceremony assisted by the Rev. Frederick Whipple, pastor of the Dunmore United Methodist Church. The Toughs are residing in Mechanicsburg.

Mrs. Bukoski is the former Diane Louise Fritzes, daughter of Mr. and Mrs. Earl D. Fritzes, Cliffside Avenue, Trucksville and the late Audrey Fritzes. Gary is the son of Mr. and Mrs. Paul J. Bukoski, Fairchild St., Nanticoke.

The Rev. Thomas Clemow and Father Edward Toloczko of Holy Trinity Church, Nanticoke, performed the double ring ceremony at the Trucksville United Methodist Church. Following a wedding trip to Freeport, Grand Bahamas, the Bukoskis are residing in Swoyersville.

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