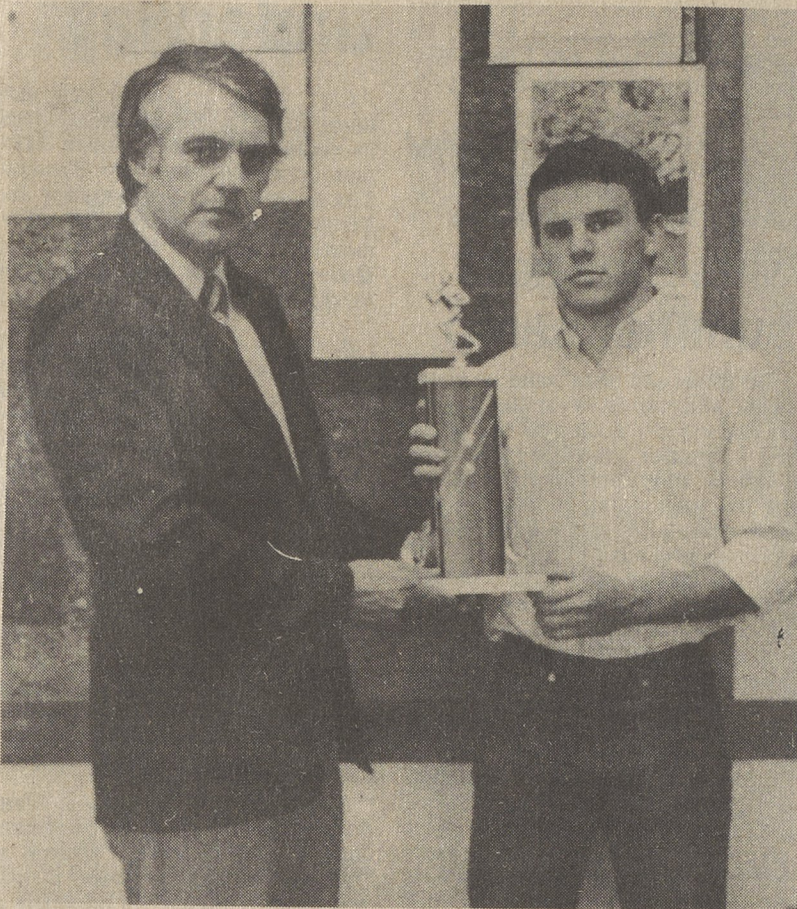


Sports



Dallas Post/Charlot M. Denmon

Borton is MVP

Dallas High School Principal Daniel Poorman presents football player Mike Borton with the MVP trophy donated by the Dallas Gridiron Club for Borton's achievements in the Dallas-Nanticoke game last week. Borton gained 109 yards on offense, made eight single tackles and had five assists on defense. The club presents a trophy to the MVP after each game.

Dallas Gridders Eye Comeback Against Hoban

"After our 34-0 loss to Hanover last Saturday I don't know whether our kids will be ready to play as they should against Bishop Hoban," said Dallas Coach Ron Rybak following the Mountaineers' shutout. "It's difficult to predict what their mental attitude will be. "During our practice the week before the Hanover game, we thought the kids were ready but Saturday they fell apart. On Friday they looked like champs and our coaching staff thought they could win. Tony Tucker, the Mountaineers' long pass receiver was out of the Hanover game due to injury so Dallas was without their deep pass threat. "During the week we made some changes on our line," said Rybak, and by Friday it appeared we had

that strengthened but in the game the line blocking fell apart. Without good blocking we could do nothing." Rybak explained that with Tucker out of the lineup, the Mountaineers could throw only short passes and as soon as Hanover saw that they came at the passer with eight players. "Hanover is a tough team," said Rybak. "But I thought our kids could do better than they did. They're lack of experience is beginning to show. "All we can do this week is start from the beginning, go back to basics and re-evaluate." The Mountaineers will have no Most Valuable Player this week. Rybak said he studied the game films thoroughly but could not come up with one candidate for MVP.

Knights Seeking To Control Ball

"We play Wyoming Friday night and we will try to play basically the same as we did last week against Coughlin with one exception, we'll try to control the full game instead of just the first half," said Lake-Lehman Football Coach Mark Kirk. "Wyoming is a team a lot like Coughlin, they're good overall, big and fast." The Knights played an excellent first half controlling the ball the entire half with the exception of two or three series. In fact, they were in front 12-3 with only about a minute remaining in the first half when a tipped ball fell right into the hands of Crusader John Tomshack in the endzone for a touchdown. That score seemed to light a fire

under the Crusaders who picked up momentum in the second half to add up 236 yards and 22 points. Coughlin took control in the second half when the Lake-Lehman defense seemed to break down. During the first half, the Knights held Coughlin to only 31 yards while in the second half the Crusaders gave up only 26 yards rushing and 71 passing to Lake-Lehman. "John Williams did an excellent job at quarterback," said Kirk. "Chris Wargo was great on offense and Ed Gavlick played a god defensive game." Kirk's Knights will work hard this week preparing to hold the Wyoming Area Warriors who are 1-0-1 on the season.

Lehman hockey

Coach Lipski looks for triple win

By CHARLOT M. DENMON
Staff Correspondent

Lake-Lehman girls field hockey coach Jean Lipski is hoping for three wins from her girls this week. "We're playing GAR, Bishop O'Reilly and Wyoming Seminary, all double AA schools and I believe the girls now know they can win," Lipski said. "Despite losing 4-3 to Creswood, to me it was a moral

putting girls out but changing them around and it seem to work better. We hope to see the results we are looking for. victory. Crestwood led 4-0 at the end of the first half but in the second half our girls almost tied the Comets. They scored three goals and when the game ended were down at the goal again. "I believe if there had been a few seconds remaining we could have tied Crestwood. The girls played with a lot of heart the second half. We've changed some positions, not

"Our girls also realize they're not out of it yet. Each week a new team is getting knocked down so it can be anyone's title at this point."

The Lady Knights won their opening game against Abington Heights but have lost since to Dallas and early last week to Valley West, whom they defeated in pre-season scrimmage.

The Lake-Lehman girls did not play well against the Spartans and lost 1-0 in the final 30 seconds of the

match. They bunched and played out of position and without any enthusiasm. "The Spartans have improved a lot since we played them before the season opened," said Lipski. "That can be seen by the fact that they tied Coughlin 4-4."

Dallas hockey

Jones feels league is balanced

By CHARLOT M. DENMON
Staff Correspondent

"It's a well-balanced league this season," said Dallas field hockey coach Robyn Jones after the Dallas-Nanticoke hockey match. "It's a year when any given team can be losing two or three games, then begin to win and turn the season around. We have three tough games this week with Crestwood, away on Monday; Tunkhannock, home on Wednesday; and Bishop O'Reilly, away, Friday. Crestwood and Tunkhannock are Triple AAA teams so that means a double threat to us. "My girls have to play as if the season just started. They've got to get it together and play a full 60 minute game instead of just in

spurts. As soon as they let down their opponents pounce on them. "Statistically we dominated both the Abington Heights and the Nanticoke game but that's now what counts, it's the goals scored. The girls are not rushing in the offensive nor defensive circles. I'm disappointed in the way they have been playing. They haven't given me a full 60 minutes of play in a game since Lake-Lehman. They're in excellent physical condition but they are letting down mentally." The Dallas girls lost 3-2 to Nanticoke with only four minutes remaining in the match. Michelle Pawlusch scored the winning goal unassisted to give the Trojans the win. Nanticoke scored first when Breita assisted by Pawlusch put in a goal three minutes into the first half. Pawlusch scored a second goal 24 minutes into the half unassisted.

Radzinski scored 29 minutes into the first half on an assist by Cristi Strauser. Twelve minutes into the second half Strauser scored the Mounts second goal on a penalty stroke. It was a similar story in the Abington Heights game where Dallas lost 2-1. Radzinski scored one minute into the first half unassisted. AH's Bailey scored 20 minutes into the second half and the Comets scored the winning goal on a penalty stroke 25 minutes into the second half. "It's disappointing," said Coach Jones. "It's tougher to lose by one goal than by a wide margin."

Dallas runners win

Dallas High School runners captured six of the first seven places as they defeated GAR in Wyoming Valley Conference boys cross country action Sept. 12.

Mark Drasin of Dallas took first place while teammates Dave Thomas and Bob Oliver placed second and third respectively.

Dallas golfers win

Dallas High School golf team won five of six matches to defeat Bishop O'Reilly, 15-6, on Sept. 12 at Irem Temple Country Club.

Rick Fuller took second place for the Mountaineers with a 57 during the par-48 match while Dallas' Derek Tamburro was third with a 62.

Association plans golf tournament

The Mental Health Association in Luzerne County will sponsor its Second Annual Golf Tournament on Monday, Oct. 3. The tournament will be held at Irem Temple Country Club, Dallas, and will begin with a 12:00 shotgun start.

Mental Health Association in Luzerne County and should be mailed to Mental Health Association in Luzerne County and should be mailed to Mental Health Association, Kirby Health Center, 71 N. Franklin St., Wilkes-Barre, Pa. 18701. Deadline for registration is Sept. 26.

A \$50 tax-deductible donation includes greens fee, cart, refreshments on the ninth and 10th holes, open bar and a hot buffet with two hot meals.

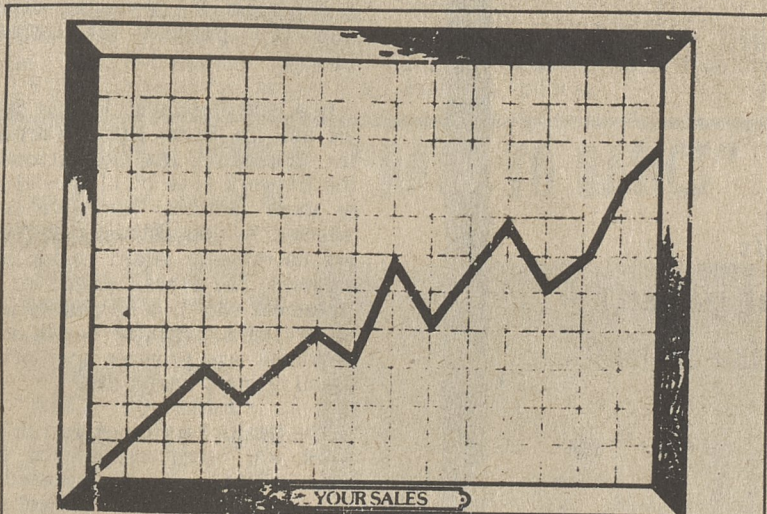
Trophies and prizes will be awarded for the low gross score and the low net score to both men and women.

Guests are invited and may enjoy cocktails and buffet for a \$20 tax-deductible donation. For a tax-deductible contribution of \$100, a business or individual may sponsor of the 18 holes. A sign will be placed on the hole, advertising the sponsor.

All checks should be made to

INDIAN JOE EAGLE'S
HANDCRAFTED LEATHER GOODS
270 Scott St., Wilkes-Barre
822-4275
Jewelry by Mantana Silversmiths
Full Line of Western Clothing

NATURE'S GARDEN
HEALTH FOODS & BODY BUILDING EQUIPMENT CENTER
240 N. Wyo. Ave., Kingston
288-7950
118 W. Front St.
Berwick
795-1311
LOW PRICED DISCOUNTED NATURAL VITAMINS CUSTOM MADE BODY BUILDING & EXERCISE EQUIPMENT SPECIAL SALE
SOLID DUMBBELLS
35 to 75 lbs. lb. 63¢
TONS OF LOOSE
PLATES lb. 47¢
LOSE WEIGHT SAFE & FAST
We Carry
FAT BURNERS
WEIDER'S FRENCH VANILLA FIRM A LOSS
KONJAC SLIM - SPIRULINA CARBO-STOP - 1000 MG CELLULITE
CREME or TABLET D.M.S.O.
We Carry A Full Line Of
DURK PEARSON & SANDY SHAW PRODUCTS
L-ARGININE L-ORNITHINE L-TYROSINE
FAT BURNERS
MULTI-GLANDULAR 350 NATURAL STEROIDS B-15 Etc.
JOE WEIDER'S
PROTEINS & SUPPLEMENTS AT DISCOUNT PRICES



The lines on your sales chart showing increases in sales and profits are the kinds of lines we specialize in. A few years back, advertisers had fun. They used gimmicks to build images, but those days are gone.

Being in business these days is serious business. Today's advertising has to

get results! You need to ring cash registers! The Dallas Post's advertising department understands today's business conditions and can help provide you with the kind of information and help you need. Our staffers can help you with the initial planning. We have free clip art for just about every kind of business

and we'll write harshitting layouts that "grab" readers and turn them into buyers. We can even help you locate and take advantage of manufacturers' co-op funds to stretch your budget. We have all the information, the tools and the ability to put it all together for you. Call our advertising dept. right Now! Let's talk!

just call 675-5211

The DALLAS POST

OPEN! OPEN! OPEN!
NINJA DOJO

Dallas Tunkhannock Hwy., Rte 309, Dallas, Pa.

KARATE



BLACK BELT INSTRUCTORS

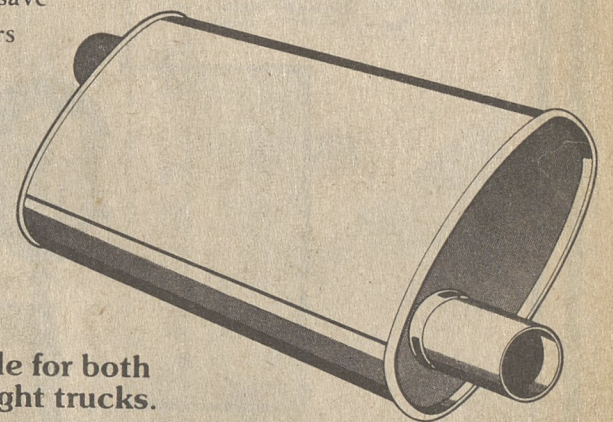
MARTIAL ARTS SUPPLIES
WEIGHT LIFTING ROOM AVAILABLE
For Further Information Call 675-8533
After 6 P.M.

Catch Us With Our Prices Down. Muffle Yourself.

- Install your own Walker* muffler and save
- We have all the pipes, parts and hangers you need
- Superior Walker fit and quality make installation even easier

\$20⁴⁹

Quality Walker mufflers available for both foreign and domestic cars and light trucks.



FRANCONI AUTO PARTS
584 MARKET ST.
KINGSTON, PA. 18704

WALKER®
Quietly Leading The Way™

AVAILABLE AT ALL REPAIR SHOPS

AND THE FOLLOWING JOBBERS

FRANCONI AUTO PARTS, KINGSTON

FRANCONI AUTO PARTS
West Pittston

FRANCONI AUTO PARTS
West Nanticoke

FRANCONI AUTO PARTS
Hazleton, Pa.

ANTHRACITE AUTO PARTS
West Pittston

BIG BOYS
Sunbury

BONE'S AUTO PARTS
Wilkes-Barre

CHECKO AUTO PARTS
Shickstring

COSMELLO AUTO PARTS
New Milford

LAMOREAUX AUTO PARTS
Sweet Valley

LAUBACH AUTO PARTS
Bloomsburg

LOCASCIO'S AUTO PARTS
Pittston

LOWERY AUTO PARTS
Nescopeck

NOLDE AUTO PARTS
Plymouth

OMLAR AUTO PARTS
State St., Millersville

SAM'S AUTO PARTS
Luzerne

SIMON'S AUTO
Noxen

STANDIX AUTO PARTS
Wilkes-Barre

RUSSO'S AUTO PARTS
Wilkes-Barre

DON'T PAY MORE, JUST GET MORE AT YOUR WALKER MUFFLER DEALER
DISTRIBUTED BY KINGSTON AUTOMOTIVE WAREHOUSE