

THE DALLAS POST

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Whew, it's hot!

Record sales of air conditioners, swimming pools and ice cream have been reported by local retailers as the result of the continuing heat wave. There has been record attendance at Frances Slocum State Park, Moon Lake, Harveys Lake and Lake Jean. Not one person has been known to buy a snow shovel and one gentleman has offered a prize to the first person finding a cold weather woolly caterpillar or even a cool breeze. Seems like every homeowner has his own way of dealing with the heat - some open all the doors and windows, others draw the drapes and close the blinds. As the temperatures have risen continually, some people are now getting more inventive - you may want to try putting a bowl of ice cubes in front of a fan as a Trucksville woman does or cover the steering wheel in your car with a towel as one Dallas driver does so you can touch it when you get in. Then there are those who swear by straw hats, splashing cold water on their wrists, drinking hot soup to cool off, turning out the electric lights, wearing white to deflect the sun's rays, not drinking alcohol or getting so polluted that the heat is just a memory. People can be found doing all sorts of strange things on hot days - like lingering for hours over the frozen food counters in local supermarkets, turning garden hoses on themselves, or cruising around their own homes in their air conditioned cars. Dog Days of Summer are certainly upon us and for many it is a nostalgia trip back to the good old days when you made fans out of magazines and got to sit on the large cakes of ice while they were being delivered. "We used to make our own swimming pool, too by building a dam in the creek using calcium road bags filled with dirt and a wooden barrel for an outlet at the other end," one Shavertown man recalled. Another person joined in. "We also made our own ice cream on the back porch and put bases around the cow pasture and played ball." In view of the present 90 percent humidity and 93 degree temperatures that don't sound too cooling but then it can be observed that in this day and age some "Real Men" and "Real Women" too are out there in that heat, jogging and playing tennis. Ah, but there is hope. A certain local banker is at work in a hammock thinking very hard about a new tinted atmospheric cover that will block out the sun's rays in the daytime and be removed in the cooler evening hours. The Dallas Post has been promised an exclusive on this worthwhile invention when it is perfected, so if you can just hang in there a little longer, we will bring you the good news - probably during the first week of February.

At Lake Lehman

Zaleskas named principal

By CHARLOT M. DENMON
Staff Correspondent

John Zaleskas of Harveys Lake has been selected to fill the position of principal at Lake-Lehman Senior High School which became vacant upon the death of former principal, James Nicholas.

Zaleskas has been with the district for 30 years and, as assistant principal, was on hand to welcome Nicholas eight years ago. Zaleskas passed up the position at that time, preferring to serve in the capacity as assistant. He played a major role in the programs initiated by the late Nicholas, utilizing his knowledge about the district, the faculty and the students.

"Jim (Nicholas) was a great person," said Zaleskas. "In the years I worked with him, we never exchanged harsh words. We always knew where each of us was coming from."

Zaleskas joined the Lake-Noxen staff 30 years ago as an English and social studies teacher and became a part of the Lake-Lehman jointure in the early 1960's. In 1965, he was appointed assistant principal serving under Anthony Marchakitis.

A graduate of Coughlin High School, Zaleskas served a tour of duty with the U.S. Army before entering King's College where he earned a Bachelor of Science degree. He later attended Scranton University where he received his Master's Degree in Secondary Administration.

The newly-appointed principal also served in various coaching capacities. He was head wrestling coach, head baseball and basketball coach and an assistant football coach. When he accepted the position as assistant principal, he gave up coaching but returned as wrestling coach for one year when the athletic committee was unable to find a qualified applicant.

As assistant principal, he handled discipline problems, worked on the



JAY ZALESKAS

scheduling process, worked closely with Nicholas on curriculum and interviewed prospective personnel.

Zaleskas plans no major changes in the program and expects to continue as Nicholas did.

"I believe the program is pretty much where it should be for a school our size. Everything appears to be in good order and I don't foresee any cost increases in the high school."

"I have a great staff of people and a great bunch of kids. I am confident that we will work well together."

Zaleskas well understands young people for he and his wife, Irene, have five children of their own - four daughters and a son. His oldest daughter, Joanne, previously an R.N., recently received her law degree from UCLA. His youngest

daughter, Jean, is a sophomore at East Stroudsburg and his son, Jay, is a student at the University of Minnesota. Jay was a three time District 2 wrestling champ, member of the school's varsity football team and a member of the high school's track team.

Zaleskas is an avid sports fan and, while at King's College was an All-American football nominee. Like many other Back Mountain residents, he is an enthusiastic Penn State fan. He used to do a lot of fishing, however, hasn't been able to find enough time for that in the last five years. He is not giving up hope, however.

Zaleskas is looking forward to the opening of school, which is set for Aug. 28, when he will welcome the teachers and students in his new role as principal.

Chance of a lifetime

Seminary soccer team leaves for European tour

By SHEILA HODGES
Staff Correspondent

The Wyoming Seminary soccer team departed from Wilkes-Barre Aug. 5 on an unusual journey.

The team's 24 members will tour Europe where they will play eight games in three countries during their 12-day stay. The team's touring schedule includes Belgium where it will play Antwerp, Holland where it will meet the Eindhoven team and Germany where it will go against Hanover and Berlin.

Eleven of the boys making the trip are from the Back Mountain area. They are David Grosek, John Wilson, Douglas Maslow, John Randolph, John Evans, Chris Saul, Robert Finlay and Chris and Gerry Gunster, all of Dallas; and Guyler Gutstein and David Heydt, of Shavertown.

Mrs. Grosek says her 18-year-old son, David, expects to see a higher standard of soccer being played in Europe since soccer is a traditional sport there. David feels the trip will be a challenge and expects to find things in Europe a lot different from Wyoming Valley.

Fifteen year old Chris Saul has been playing soccer for five years. Although he is hoping that some of the people the team meets will speak English, Chris does not foresee much difficulty with the language barrier.

Some of the boys have been studying French and German in school, but may find a different experience when they attempt to put their new languages into practice.

Douglas Maslow, like his teammate David Grosek, expects to be able to play some "really good soccer" while in Europe. He also hopes the team will be able to bring its experiences in soccer back to this area. Maslow, who has played soccer in Austria, feels this area has some catching up to do as far as the sport is concerned. He admits, however, that soccer is still growing in America.

The seminary members will stay in hotels and with families in the host countries during their trip. They will have free time to visit the cities as they will be staying in each city for three or four days.

The boys, who are all very excited and feel very lucky to have such an opportunity, will be accompanied by Marvin Antinnes, Wyoming Seminary Athletic Director; Ken Frashley, team coach; Andy Costello, assistant coach; and Jack Meeks of Dallas, former Director of Development at the Kingston school who was very instrumental in organizing the trip.

Antinnes reported that Jim Calahan, a Back Mountain resident who owns Cal-Mar Specialties in Luzerne, has donated USA printed Olympic style warm-up suits for the entire team to wear during the trip.

Antinnes also reported that Wyoming Seminary hopes to send a team to play soccer in China in 1984.



Dallas Post/Ed Campbell

Tel-Med directors

Directors of the Tel-Med System take a moment from their busy schedules to pause for The Dallas Post photographer. Above, from left, Janis Jones, program assistant; and Jane Becker, Executive Director, Parenting Council of Northeastern Pennsylvania.

Take a walk - at Frances Slocum

By SHEILA HODGES
Staff Correspondent

The Park Office at Frances Slocum Park is filled with a display of stuffed animals, dominated by a four foot black bear cub and a case full of Indian Artifacts.

Ann Fry, Park Naturalist, can sometimes be found amidst all this, however, most of her day is spent working outside where she has a job new to Frances Slocum Park.

The position of Park Naturalist (or more correctly State Park Interpretation Technician) was introduced in some state parks as early as 1970, but has become a reality here just this year. The person in this position is concerned with the history of the area as well as nature. The job of the Park Naturalist is to interpret and explain how the history and the natural history mix and to pass this understanding to visitors to the park.

Fry is a local girl, having grown up in Chase and developing her interest in nature at an early age through her parents.

A 1976 Lake Lehman graduate, she participated in many environmental projects at school. Following her high school graduation, Fry went on to spend four years at Merrymurst College in Erie where she majored in Environmental Studies with a minor in Art and Geology.

She spent her internship at a national park in Southern Pennsylvania and an additional year doing post graduate work at Cheyenne. Since then, she has done volunteer work with Malvern Nature Center where she worked with school children.



Dallas Post/Ed Campbell

Tree talk

Ann Fry, above left, Park Naturalist at Frances Slocum State Park, is shown discussing the scumak tree with, from left, Kathy McDonnell, Sharon McDonnell, and Renee McDonnell. Fry conducts walking tours at the park every weekend.

Fry enjoys the children most because "they have so much they want to know and they ask the most interesting questions."

In July 1981, Ann returned to this area with the hopes of securing a ranger-type position. In the meantime, she worked with the Wyoming Historical Society doing tour guide work, research and preparation of exhibits.

In May of this year, the position she had been waiting for became

available at Frances Slocum Park and she found there was a lot of enjoyable groundwork to do.

Fry has been doing a certain amount of research work as the park hopes to open a nature center with classroom facilities in 1984 where all the stuffed animals and birds are to be housed.

The animals and birds were provided by Fred Rosencrans, park foreman, who is also a taxidermist.

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Help is only a phone call away

By JANE C. BOLGER
Staff Correspondent

Parents: You are not alone! Help is just a phone call away, under the new Tel-Med Parent Information Series where a dozen tapes on such subjects as childhood behavior, discipline, TV habits and playmates are now available.

You can sit at your own kitchen table and, by dialing 288-7512, instantly receive professional advice on any problems you and your family may be having. A complete listing of the pre-recorded tapes by number can be found in the blue pages of your new telephone directory.

These instant words of help may seem like magic to a worried mother, but behind this magic are two very hard-working and dedicated women - Janis Jones and Jane Becker - as well as a host of volunteers. They operate under the banner "The Parenting Council of Northeastern Pennsylvania" which opened its offices at 936 Market Street, Kingston in January.

Becker, a native of Frackville, is Executive Director

and Jones, a resident of Elmcrest in Dallas, is Program Assistant.

Their office is small and, as a matter of fact has been suggested as a qualifier for the "Guinness Book of World Records." It is a mere 14 x 18 foot space, crowded with six bookcases, seven file cabinets, two desks, pamphlet and film racks, journals, magazines and often as many as 10 volunteers. But, out of this small office come a lot of big ideas.

A new series of Tel-Med tapes dealing with adolescents, which, Ms. Becker says are "the hardest population to reach," are presently being organized there to be followed by another group of tapes dealing with teen age needs and problems. Then there are the meetings, and the health fairs, and answering countless phone calls and counseling people who come in off the street and planning for such in-depth projects as the new Step-Family Workshop.

"By 1990, more people will be involved in a second marriage than in a first marriage," Jane Becker pointed out. "Step families are definitely on the increase, it will be one of the largest issues in the next

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