## Cookbook

## Craft Shop Staff Can Cook, Too!

By JOAN KINGSBURY Post Correspondent

When school is out for the summer, one question hangs heavy on the minds shop including yarn, of kids everywhere -"What is there to do?" Mary Lou Swingle and her and fabric for counted daughters, Cathy Anne cross stitch. They carry all Berkey and Michele necessary needlework sup-Hogans, can provide both plies; kits for crewel, you and your child with a variety of craft projects. This mother-daughter team own and operate supplies, sticky frames, Grannie Annie's Crafts located on North Main Street in Shavertown.

for Kids. The classes will with two sessions a day. the afternoon class is from 'ers, hammer, pliers. 2 p.m. to 4 p.m.

With Joan Kingsbury

nie Annies at 675-1311.

Mary Lou, Cathy Anne and Michele carry a full line of supplies in their macrame cord, beads, rings, Susan Bates floss cross stitch, counted cross stitch, needlepoint as well as plastic canvas, quilling pom poms, eyes and all general craft supplies. Instruction books for During July, Grannie crafts and needlework are Annie's will hold Classes also available.

Some new additions to be held July 6, 13 and 20 the shop are the boutique buttons in various shapes, The morning session runs baseball bats, roller from 10 a.m. to noon while skates, frogs, turtles, flow-

Since all three women Members of the classes have always enjoyed workwill paint woodalls, toaster ing with crafts, it was just tongs and frisbies. Each natural for them to go into class will cost \$5, which business when the oppor-

accepted by calling Gran- even busier getting ready for seminars for Girl Scout projects will be presented. with leaders having the supplies for the project in Shavertown. that appeals to them, then pick the needed items up

Grannie Annie's gives a discount to all non-profit organizations. If anyone desires to learn how to do a specific craft or kind of needlework, just call as either Mary Lou, Cathy Anne or Michele will be able to give instructions. Mary Lou says that the three of them can teach just about any craft or type of needlework one would like to learn.

When not operating the shop, Mary Lou serves as second vice-president of the board of Penn's Woods Girl Scouts, and as church includes all supplies. Lim-tunity arose. Once fall school superintendent of ited registration is being approaches, they will be the Shavertown United

Methodist Church. She is pepper also a member of the Rub London broil with Tom, Michele and Ken. night. Heat grill. Grill on Elwood and Mary Lou live both sides about 15 minin Shavertown.

Cathy Anne does some grain. Leaders and Den Mothers. craft designing as well as At these seminars various craft work. She is employed at Daring's Market and also sews all opportunity to make her own clothes. She and shredded lettuce arrangements to purchase her husband, Robert, live chopped tomatoes

Michele teaches aerobic dancing and jazzersize for when the project time Luzerne County Commusauce as directed on packhusband, Richard, live in Shavertown with their large salad bowls. Top daughter, Kim, who is 4 with meat sauce. Serve years old.

> from 10 a.m. to 5 p.m. very small amount of Monday through Saturday water until saucy. and then participate in community endeavors and prepare meat sauce in the hold other jobs besides are microwave. very busy. This, however, does not change the fact that all three love to cook. 3/4 lb. beef roast (rump, For our readers who would like to whip up delicious meals in record time, the staff of Grannie Annie's 6 potatoes has provided three great 1 lb. carrots (baby ones if meals - Mary Lou's Roast available or use frozen) Beef Dinner, Taco Salad, a favorite at Cathy Anne's house; and Michele Hogans' Grilled London

GRILLED LONDON BROIL Michele Hogans 1 London broil

1 c. terriyaki sauce meat garlic powder

administrative board and pepper. Sprinkle with council of ministries of the garlic powder. Place in a church. She and her hus- container with a tight fitband, Elwood, have five ting lid. Pour in marinade. children, John, Cathy Ann, Let stand 8 hours or over-

utes per side. Slice across TACO SALAD Cathy Berkey

1 lb. lean ground beef 1 pkg. Taco seasoning mix shredded cheddar cheese toasted corn flavored chips

Prepare meat and taco nity College. She and her age. Layer lettuce, tomato and cheese in individual with chips. For very mild Obviously, three women sauce brown ground beef, who operate a business drain, stir in catsup and a

For extra fast supper

ROAST BEEF DINNER Mary Lou Swingle eye, sirloin tip) 1 pkg. onion soup mix

½ c. water

lb. mushrooms 1 lb. green beans or 1 pkg. frozen

Use slo-cooker. Start on high (for about 2 hours) then change to medium. If there is no one home to change the setting leave it set on medium all day. Don't put the mushrooms in until the last half hour of cooking time.

Mary Lou Swingle, seated above, and daughters Michele Hogans, left, and Cathy Anne Berkey, right, provide craft and needlework supplies at "Grannie Annie's Crafts." In addition to doing arts and crafts work at 'Grannie Annie's,'' the trio love to cook.

## Medicine Book Available

A consumer's guide pub- for the most frequently Association of pharmalication is available to the prescribed medicines. public from the Pennsylvania Pharmaceutical Association, the statewide and pharmaceutical professional association of advancements, in practi-

Pharmacists. Medicines'', this paper- cines, back book describes the "Al uses, precautions, side is being sold by the Penneffects, interactions and sylvania Pharmaceutical Street, Harrisburg, Penn-

This 400-page reference covers current medical cal lay language, on over Entitled, "About Your 200 commonly used medi-

"About Your Medicines" brand and generic names Association, the non-profit sylvania 17101.

cists, as a service to consumers in Pennsylvania.

The book is priced at \$6.25 which includes shipping, postage and Pennsylvania Sales Tax. Orders for this book can be placed with the Pennsylvania Pharmaceutical Association, 508 North Third

## **Around The Corner**

Retarded Citizens. The first time by the organiza- ences, Kansas City, Mo. tion for dedication and efforts in advocating for the appropriate education for each school-age child to meet his or her special

A warm welcome to Paul and Ronne Kurlancheek who will open their second furniture showture showroom. Dick Hunt- burg. singer is store manager.

lowing couples who were engagements:

Mrs. McAvoy is the Lawrence Moretti, Jr. former Lynn Marie Sherman of Laflin. Following a wedding trip to Williamsburg, Virginia and Florida, the McAvoys are residing in Kingston.

Mrs. Miller, Dr. Debra Ann Thompson, and her husband are residing in

Congratulations to Joan Kansas City, Mo., where Dallas, dean of manage-Felty of Dallas who was Dr. Thompson is a resi- ment at Wilkes College,

Gish at the Players Club, David Rogers, Susan and Gramacy Park, New York City. A graduate of the had boys and Cliff and room on Memorial High- Dramatic Arts and a Thomas Martin, and John way on June 23. The Kur- member of the Acting and Kathleen Manly who lancheeks, a brother Company, Lisa attended are the proud parents of sister-team, will move into Lycoming College and has baby girls the former Sutliff Furni- studied with Dorothy Sals-

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presented the "Advocate dent physician in the recently served as moderof the Year" award at the Family Medicine Program ator for a session on fiscal marinade 30th anniversary dinner of at Baptist Medical Center. affairs at the annual conthe Association for Michael is a fourth-year ference of the Association medical student at the of the PA Municipal Manaward was given for the University of Health Sci- agers, held at State Col-

Lisa Twardowski, Rejoicing over the birth daughter of Mr. and Mrs. of new arrivals this week Bernard Twardowski, are Sue Y. and Dr. Dong Shavertown, recently per-formed before celebrities Coslett, Ralph and Carol Conrad Bain and Lillian Flowers, Marion and American Academy of Lucy Jones, Wendy and

Lolly Larkins and Colleen Lankwarden, L & L The following couples Creations Inc recently Best wishes to the fol- recently announced their displayed their plaques at Nora the Nesbitt June Festival. recently married: Mr. and Barlow and Scott Frick: L & L Creations, Inc. Mrs. James F. McAvoy Irene Diane Lucas and Dr. reproduces original wedand Mr. and Mrs. Michael Lawrence Joseph Kansky, ding invitations, gradua-Jr.; Kathy McManus and tion diplomas and other important documents on brass plaques, creating an attractive permanent

Dr. Andrew Shaw, keepsake.

COOK'S PHARMACY OPEN DAILY TIL 9P.M. KINGSTON 288-3633 SHAVERTOWN 675-1191





