

# Cookbook

## Hot Weather, Ice Cream Go Hand-In-Hand

Joan Kingsbury

## Around the Corner

BY JOAN KINGSBURY

Memorial Day weekend traditionally is the beginning of the summer picnic season. Hot weather calls for cooler cooking methods like grilling outdoors and more preparation of cooling salads, gelatin desserts and refreshing beverages. And, of course, ice cream is a great treat anytime.

Barbecued Spareribs are a nice change from hamburgers and hot dogs. Our recipe for Barbecued Spareribs calls for tomato sauce with chopped onion and bottled steak sauce, to make a nice spicy sauce. Barbecued Spareribs can be grilled in about 50 minutes so they can also provide a quick meal with a salad, like Orange-Spinach Toss, Potato Bake which can be prepared on the grill, too, and delicious Homemade Ice Cream for dessert. The ice cream can be made ahead of time for convenience. Frosty Frostea is a refreshing way to begin a meal or make a nice summer evening snack.

Orange-Spinach Toss combines fresh spinach, orange sections, crisp, crumbled bacon and chopped peanuts. French dressing adds just the right finishing touch to this delightful combination.

Potato Bake is simple, just peel potatoes and onions, then slice in 1/4 inch pieces. Layer in foil with a mixture of seasoned salt, celery seed, garlic salt and pepper. Grill over medium coals while your meat cooks.

Frostea is a refreshing drink made by combining instant tea powder, ice water, frozen pineapple juice concentrate. A big scoop of pineapple sherbet adds a nice tartness to each serving.

Nothing tastes better on a hot summer day than homemade ice cream.

**BARBECUED RIBS**  
1 8-oz. tomato sauce with chopped onion  
1/3 c. brown sugar  
1/3 c. bottled steak 1/3 c. salad oil  
1/4 c. vinegar  
1/4 t. salt  
4 lb. spareribs

Combine all ingredients except spareribs; set

aside. Season ribs with a little additional salt. Place, bone side down, on grill over slow coals. Grill about 20 minutes; turn meaty side down and grill till browned. Turn meaty side up; grill 20 minutes more. Brush meaty side with barbecue sauce. Continue grilling, without turning, until meat is tender, 20-30 minutes more, basting occasionally with sauce mixture. Makes 4 servings.

### ORANGE-SPINACH TOSS

4 c. fresh spinach, torn in bite-sized pieces  
3 oranges, peeled and sectioned  
4 slices bacon crisp-cooked, drained, crumbled  
1/2 c. chopped peanuts  
1 envelope French salad dressing mix

In a salad bowl, combine torn spinach, orange sections, bacon and peanuts. Prepare French salad dressing mix according to package directions. Pour desired amount of dressing over orange-spinach mixture, tossing lightly to mix. Makes 4 servings.

**FROSTEA**  
2 T. instant tea powder  
3 c. ice water  
6 T. frozen pineapple juice concentrate, thawed  
1 pt. pineapple sherbet

Dissolve tea in water; add pineapple concentrate. Pour into four tall glasses. Add a scoop of sherbet to each. Stir slightly. Serves 4.

**POTATO BAKE**  
2 lg. potatoes, peeled and sliced 1/8 inch thick (4 c.)  
1 lg. onion, sliced and separated into rings  
1/4 t. seasoned salt  
1/4 t. celery seed  
1/4 t. garlic salt  
Dash pepper  
2 T. butter or margarine

On a large sheet of foil, layer one third of the potatoes and onions. Combine seasonings; sprinkle 1/4 t. salt mixture over vegetables. Dot with some of the butter or margarine. Repeat, making two more layers. Seal foil with double fold. Bake at 350 degrees until potatoes are tender, about 45 minutes or grill over medium coals for 50-60 minutes. Serves 4.

### HOMEMADE ICE CREAM

3/4 c. sugar  
1 1/2 t. unflavored gelatin  
4 c. lt. cream  
1 slightly beaten egg  
2 t. vanilla  
Dash salt

In a saucepan, combine sugar and gelatin. Stir in 2 cups light cream. Heat and stir over low heat until gelatin dissolves. Slowly stir a small amount of hot mixture into egg; return to remaining hot mixture. Cook and stir until slightly thickened, about 1 minute. Chill. Add remaining cream, vanilla and salt. Freeze in ice-cream freezer according to manufacturer's directions. Makes 1 1/2 qts.

### STRAWBERRY ICE CREAM

Prepare basic ice cream recipe except decrease sugar to 1/2 cup and decrease vanilla to 1 teaspoon. Combine 1 quart strawberries with 3/4 cups sugar; crush berries and stir into chilled mixture.



**YUM, YUM!** - Adrienne Miroslaw, daughter of Mr. and Mrs. Andy Miroslaw, cools off on a hot day with a delicious ice cream cone.

Judy Sholtis, daughter of Mr. and Mrs. Edward Soltis, R.D. 1, Dallas has completed an outstanding season pitching for Susquehanna University.

A 1981-82 Sunday Independent All-Star softball player and 1982 Kiwanis Most Valuable Player, Judy is a graduate of Bishop O'Reilly High School.

Not only was she chosen Susquehanna's best defensive player but she was chosen to the Middle Atlantic Conference first team all-stars as a freshman.

Judy's brother Tom, 15, is a football player at Bishop O'Reilly High School.

Joseph Rogan was named chairman of College Misericordia division of education recently. He

has served in this position for the past two years.

Rogan, a graduate of Kutztown State College with a degree in psychology received his master's degree in psychology as well as teacher certification in special education from Marywood College. Rogan will be awarded a doctor of education degree next weekend.

The Lehman Volunteer Fire Company is gearing up for its 39th annual Horse Show which will begin on Friday, July 1 and run through Monday, July 4. This annual event is a popular July 4th activity. In addition to the horse show, a tractor pull will be held on July 3 at 1:30. On July 4, live entertainment will be followed by fireworks. Committee members are Jon Rogers,

Joe Johns, Harold Coolbaugh, John Bebey and Dennis Bonning.

Two area couples have announced their plans for August weddings: Eileen Sherman and Daniel Groblewski will be married Aug. 13 in Our Lady of Victory Church, Harveys Lake while Brian Janosko and Sherry Goble will exchange wedding vows Aug. 6 at Centermoreland United Methodist Church. Best wishes for years of happiness to both couples.

New arrivals in the Back Mountain this week belong to Kathleen and John Hubbard and Karen and Bradley Arnaud. Both couples became parents of sons this week. Congratulations and best wishes to you!

## Shop the Classifieds

### Announcing The Dallas Post Little Miss Harveys Lake Contest

in conjunction with the

### Harveys Lake Homecoming Festival

### Saturday & Sunday, June 18 & 19, 1983

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#### ELIGIBILITY REQUIREMENTS

- MUST BE BETWEEN 3 & 8 YEARS OF AGE
- MUST BE A YEAR ROUND RESIDENT OF HARVEYS LAKE
- NO TALENT PERFORMANCE. WINNER WILL BE SELECTED ON THE BASIS OF A PERSONALITY INTERVIEW.

PRIZES: A girl's gold bracelet; a tiara from Bartikowsky Jewelers; a Strawberry Shortcake item from Back Mountain Lumber and Coal, Hardware and Gift Store; 2 miniature doll house kits from Della Robbia and a certificate for 2 cakes from Carvel Ice Cream.

• CROWNING SATURDAY, JUNE 18, 8:30 P.M. AT THE HARVEYS LAKE PUB.

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Fill out this entry form and return it to The Dallas Post, 61 Gerald Ave., P.O. Box 366, Dallas, Pa. 18612 by Friday, June 10 at 5 P.M. We'll notify you of the personality interview date and location.

**Yes, I want to be Little Miss Harveys Lake.**

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NO PURCHASE NECESSARY. ENTRY FORMS AVAILABLE AT THE DALLAS POST.

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