

West Side

THE DALLAS POST

Sports Post

For Sokoloskis, Archery Is A Family Affair

BY JAYNE BRADBURY
It may not be one of the most popular sports locally, but archery has

held the interest of Fred and Dorothy Sokoloski for more than 30 years. The pair took up the sport in

1950 at the now defunct Wyoming Valley Archery Club.

Dot started shooting after watching Fred compete. She has been quite successful as a competitive archer,

winning her first trophy in 1955. She took this at the Hazleton Archery Club, where she and Fred were competing. Both attend numerous archery events, and in 1968, at State College, Dot broke a record in the Women's Singles Division, Barebow, FITA Round. She came away with a top score of 840. Her record still stands. (FITA is the Federation of International Archery Association.)

Fred and Dot, Davenport Street, Dallas, both held offices in the Northeastern Archery Association and the Wyoming Valley Archery Club. The Wyoming Valley Club, located on Bunker Hill, Kingston Township was closed in 1972.

Until 1972, Dot was top shooter in her division. Then an accident stopped her from participating. In 1976 she returned to shooting.

She uses what is called the compound bow. A compound bow is usually made from laminated wood or fiberglass limbs with pulleys or cams at both ends to aid the archer in pulling the bow. Fred uses the traditional

moder target recurve bow.

The Sokoloskis have three grandchildren who all are active in the sport. Joe, Ann and Matt Repko travel with their grandparents to competitions and practice together whenever time allows. The children have also won trophies for their efforts.

Both Dot and young Joe won first place trophies two weeks ago at the 13th Annual Northeastern Pennsylvania Sports Boat and Camping Show held at the Kingston Armory. The two won in archery competitions held there. Matt took a second place medal.

The Sokoloskis recently returned from the Penna.

State Shoot and Bloomsburg Shoot. They will participate April 10 in the State Indoor Shoot at the Farm Show Building, Harrisburg.

Dot says she shoots primarily for exercise but also enjoys the competition. Fred shoots for the enjoyment of the sport and to join friends and fellow archers.



A FAMILY AFFAIR—Sokoloskis are shown with grandchildren and trophies. Left to right, Fred Sokoloski, Matt Repko 12, Dot Sokoloski, Joe Repko, 14, Ann Repko, 9. (Jane Bradbury Photo)



THEIR EQUIPMENT—Fred and Dot display the bows they use in competition. (Jayne Bradbury Photo)

Thresholds Program Seeks Volunteers To Work At Chase

A program at State Correctional Institution at Dallas (SCID) is helping criminals turn their lives around. It's called Thresholds, taught by volunteers and designed for those who are about to leave prison and return to their families and communities. The name comes from the fact that the person is on the "threshold" of an opportunity to change his way of living. He has a choice of going straight or returning to crime. Thresholds teaches him the decision-making and problem-solving skills that help him make the right choices.

The course is run twice a year at SCID. It is a national program and was first offered locally in 1978. During the past five

years approximately 80 inmates have successfully completed the training. There is a waiting list of 25 men who have asked to be included in the spring course. They have been screened and accepted by the prison administration as eligible but there is an urgent need for volunteers. Of those clients who have gone through the course there is knowledge of only one person who has returned to prison after release.

Current and past Thresholds volunteers are men and women ranging in age from early 20's to senior citizens. They are business and professional people, housewives, college students and retirees. No special educational experience or background is needed. A

basic training weekend, March 19-20 at Mercy Center, College Misericordia will provide

the volunteer with all needed skills and

materials so that she or he will feel competent and

confident in working with the prison residents.

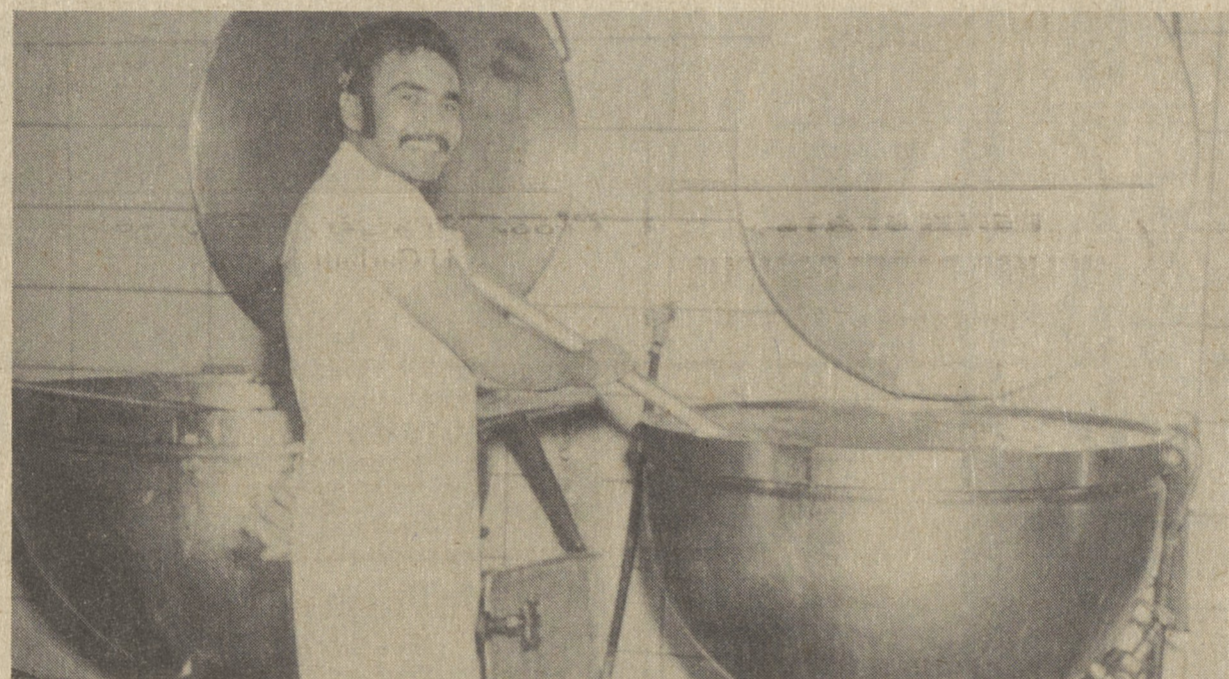
The two co-directors of Thresholds, Sr. Barbara Craig, RSM, who teaches Spanish at Penn State, and Mrs. Ingrid Prater, teller at United Penn Bank, Dallas, are fully certified by Thresholds. They provide instruction during the training weekend as well as continuous guidance for all volunteers. "A sincere desire to work with another human being and share Thresholds' principles are the only requirements a volunteer needs," says Sr. Barbara.

Administration at the local prison believes that Thresholds is worthwhile. "I find that this program has goals which are both positive and sensible," state Gilbert A. Walters, deputy superintendent for

treatment at SCID. "What the program attempts to do is to instill a sense of responsibility and develop feelings of self-worth in the individual."

Upon completing the March training weekend each volunteer will receive a Thresholds certificate of completion, attend a follow-up session and tour the prison. After that he or she will spend approximately two hours each week for 10 weeks on a one-to-one basis with an inmate who has been assigned by Walters.

Those interested in volunteering can get details from Mrs. Ingrid Prater, 823-9548, after 6 p.m., or Sr. Barbara Craig, 675-3065, or at 675-1723, or by writing Thresholds, P.O. Box 71, Dallas, Pa. 18612.



IN THE KITCHEN—Tony Morales, SCID hopes to become a part of Thresholds.

Offset Employees Trained in CPR

Offset Paperback employees are presently involved in a health and safety crusade which will see a large number - approximately 500 - of them become trained in CPR and First Aid.

Last week the first group of Offset employees completed a course in CPR, taught by Thomas Sadowski and Joseph Mogilewicz. The two are employees of the company and were trained in instruction techniques through a program sponsored by the American Heart

Association, Northeastern Pennsylvania chapter. Sadowski and Mogilewicz completed their training course at NPW hospital on Jan. 16. The present program of ongoing training is also being conducted with the cooperation of the Heart Association. Sandy Chest, a registered nurse, employed at Wilkes-Barre General Hospital, and a student at College Misericordia, assisted in the instruction.

Don Weidner, health and safety officer at the plant, said as many of the

company's 500 employees who so desire may take advantage of the training to be offered at varying intervals. The first course, which spanned nine hours last week, consisted of supervisors, foremen and office personnel. A second course with same job classifications taking part will be given in the near future.

Hourly employees can begin the CPR training at interim intervals in the future months. The classes will be scheduled for early evening hours to

enable as many as are interested to take part.

Once the CPR segment is completed, Weidner said the company plans to send several employees to train in first aid instruction. The idea is to provide that type of course for the general workforce as well.

Weidner said the company took immediate advantage of the Heart Association's offer to include company people in its training programs. It is, he said, all a part of Offset's push on safety within the plant.



CPR TRAINING—Offset Paperback employees complete CPR training provided by the company at the plant in Dallas. Shown during the last day of instruction are members of the class, first row, from left, Joe Mogilewicz, instructor; Joe DeLuca, Sandy Chest, Thomas J. Sadowski, instructor. Second row, Theresa

Bradley, Joan Marchetti, Ute Mrozinski, Connie Dennis, George Cave, Don Weidner, Peg Weiss, E. Lightman, instructor trainer. Third row, Tim Kehler, Russell Mosier, Jr., James Brace, John Dillon, Tom Starrie, Edward Grebeck, Richard Long. (Rod Kaye Photo)



BROWNIE TROOPS CELEBRATE TOGETHER—Brownie Troop 704 from Lake-Noxen Elementary School and Troop, 641, from Lehman-Jackson Elementary

School met for a World Association Ceremony on Wednesday, Feb. 23 at the Lehman-Jackson School. (Dan Walsh Photo)

Five Famous Films at Penn State

The cinema comes to the Back Mountain in an international film series presented at the Wilkes-Barre Campus of the Pennsylvania State University.

The newly-formed PSU Film Society, in conjunction with the Office of Academic Affairs, will show five films by directors of international significance on Friday evenings at 7:30 on the

Lehman campus. The series is free of charge and open to the public.

Films to be shown are: "Dr. Strangelove: Or How I Learned to Stop Worrying and Love the Bomb" on March 11; "La Strada" on March 18; "Picnic at Hanging Rock" on April 8; "Viridiana" on April 22 and "The Graduate" on May 13.

The PSU Film Society has selected these films because they have been recognized as significant works of art. The more serious art films, which usually are not shown in commercial theatres, are an important part of culture and education, and the society endeavors to provide for the community an opportunity to see these great films. Before each showing, a

faculty member will present a brief introduction to the audience and an informal discussion will follow each screening.

For more information on the series or on becoming a member of the film society, contact Dr. Robert Merrill or Dr. Christopher Shipley, or the office of Continuing Education at Penn State-Wilkes-Barre, 675-2171.