

**Young Cheerleaders:**

**Mountettes add touch of class**

Fifteen little girls from the Back Mountain have been the center of much attention during the past few months. Ranging in age from five to 12, these young ladies are the Back Mountain Wrestling Club Cheerleaders.

Organized in December, 1982, by Louise Roper and Patty Jarrett, these young ladies have added a touch of sparkle and color to the weekly wrestling meets. Attired in their Kelly green and white jumper uniforms, supplied by the club, they cheer their young brothers and friends to victory with "Rah-

Rah's", "Go, Mounties, Go", somersaults, cartwheels, and splits. They greet the team's opponents with the familiar "Hello, Hello," cheer.

Tried this year for the first time as an experiment, the young cheerleaders are winning the hearts of fans from the Back Mountain as well as those from other areas.

They are serious about their performance and practice every Tuesday and Thursday from 6:30 p.m. to 8:30 p.m. Louise Roper and Patty Jarrett, graduates of Wyoming Valley West, give gener-

ously of their time and spend many hours working on routines for and with the girls.

Stipulations for becoming cheerleaders require that either the girls must have a brother in the wrestling program, or that their mothers be involved in the Wrestling Club for at least a year. The club provided the uniforms but parents provided the shakers, shoes, socks and other incidentals.

Many of the parents are busy every week night and on Sundays transporting their sons and

daughters to practice or to meets.

The young Mountettes (shall we say) have cheered at Hazleton, Wyoming Valley West and at last Sunday's home meet. Next Sunday they will cheer at the home meet with Hanover and following that, their final meet will be at the Wilkes-Barre YMCA.

These young lasses with class are making a hit with everyone. Those fans, who haven't seen or heard them are urged to turn out next Sunday and see both the cheerleaders and the wrestlers perform.



TOUCH OF CLASS—Back Mountain Wrestling Club has an added 'Touch of Class' in its program this year. A cheering squad has been organized under the direction of Louise Roper and Patty Jarrett. Members of the squad are, first row, left to right, Kelly Janosky, Danielle

Randazzo, Melissa Roper, Becky Mathers, Ruth Ann Selenski; second row, Stephanie Baird, Tracey Farber, Theresa Mathers, Tami Roper, Laura Lynn Selenski; third row, Kathy Adams, Mary Jean Baird, Cherub Honeywell, Michelle Moreck and Chris Walters.



FITNESS AWARDS—Three Lake-Noxen elementary students recently received physical fitness awards for their achievements in the program directed by physical education teacher, Dwight Barbacci. Above, having received their awards the three students pose with their

teacher and school principal. Left to right are Barbacci, Jack Davenport, six grade student; David Davis, sixth grade student; Bill Vigorito, fourth grade student, and Robert Kunkle, school principal. (Rod Kaye Photo)

**Lake boys rank high in fitness**

Three boys at the Lake-Noxen Elementary School have received certificates for qualifying in the President's Program of Physical Fitness for American Boys and Girls. The three, Billy Vigorito, David Davis and Jack Davenport achieved in the 85 percentile or above on six physical fitness tests. The series was given to all fourth, fifth and sixth graders at the Lake-Noxen School by physical education instructor, Dwight Barbacci.

The rating system is uniform across the country and the three boys are right up with other qualifiers from throughout the United States. The program is optional in elementary schools and Barbacci, a second year teacher in the Lake-Lehman district,

initiated it for the first time this year. "It takes a lot of time, but the children love it," he explained. "I told them they are competing against kids from all across the country. They were really enthused."

Barbacci is proud of the achievement of the three in their first attempt at the program. The certificates, marking their success are signed by the President of the United States.

Scoring is based on age, and each participant must qualify in all six areas. These include flexed arm hang (girls and pull ups (boys); shuttle run, for arm and shoulder strength; standing broad jump, for explosive muscle power in the legs; 50 yard dash, for speed; one mile run for en-

durance and sit-ups, to test efficiency of abdominal muscles.

Vigorito, a fourth grader, did 60 sit-ups in one minute putting him in the 97 percentile; eight pull ups, 93rd percentile; broad jump of 5'8", 85th percentile; 7 minutes 6 seconds mile run, 93rd percentile and 10.0 seconds shuttle run, 95th percentile.

Davis, sixth grader, did 48 sit-ups in one minute, 90th percentile; seven pull-ups, 90th percentile; a 6'5" broad jump, 93rd

percentile; under 6 minutes 20 seconds mile run; 6.9 seconds 50 yard dash, 93rd percentile; and 9.8 seconds shuttle run, 90th percentile.

Davenport did 50 sit-ups, 95th percentile; 9 pull ups, 95th percentile; 6'2" broad jump, 87th percentile; under 6:20 mile run; 7.0 seconds, 50 yard dash; 90th percentile and 9.7 seconds shuttle run, 95th percentile.

The physical fitness program was started in 1957 by President Dwight Eisenhower.

**Ten from Dallas at District Chorus**

Ten Dallas High School students will represent the school at District Chorus, Feb. 3, 4, and 5, at Northwest Area High School, Shickshinny. Betsy Ellis will be host director with Joan Turel, King's College, guest conductor.

The students, who auditioned and qualified in October at Montrose were seniors Amy Faut,

Jane Hudak, Diane Scavage, Victoria Visgilio, Mark Metz and David

Curtis; juniors Frederic Anderson, Charlene Baker, Paulette Niznik and Mark Perfetti.

The concert will be Saturday, 2:30 p.m., in Northwest High School auditorium. Tickets are available at the door.

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