

Left to right, Larry McDonald, past president, Back Mountain Kiwanis Club presenting Best Car Trophy in Back Mountain Kiwanis Club Demolition Derby recently to Jim Tupper, Back Mountain Police Association and Phil Neiman, Back Mountain Kiwanis Club Co-chairman of Demolition Derby.



CREATURES ARE PROWLING--Halloween is only a few days off and goblins, sprites, and other creatures are on the prowl. Left to right, Cub Scouts Brian Koo, Sheila Smith, Eddie Reabuck, Mark Drumin and Eric Paczewski represent their favorite characters at the Cubs Halloween Party at Dallas United Methodist Church. (Mark Moran Photo)



HALLOWEEN SAFETY--Dallas Rotary Club is handing out Halloween Safety Lights for the second consecutive year as a community service. The club gives the 12 hour burning lights to children for their use while going from house to house on Halloween. The weatherproof lights are given on a first-come first-served basis and can be obtained at Roth Jewelry, Back Mountain Hardware or Dallas Hardware Center. Above, Richard Disque, chairman of the project presents the first safety light to Gianna Santarelli with Ed Roth, club director, explaining its use.

Whole Valley Cookbook-a holiday hit

The Whole Valley Cookbook is on the stands in for Christmas gift giving. The collection of ethnic recipes and historical summaries is a popular item with Valley people and has been used as a unique and welcome gift since its initial publication in 1980,

The second edition has a few added features including an extra chapter "Another Good One", which offers one more recipe from each of the 15 ethnic groups represented. It is also improved with color on the cover and heavier, plasticized material as a binding.

Betty Schector, one of many Back Mountain members of the Wyoming Historical Society, served as co-chairman of the book. She explained the purpose behind the endeavor. "It was a big project," she said. "The book is put together by the Publication Committee of the Historical Society to earn money. It serves a dual purpose in that it also brings interesting historical information to the public, which is what an historical society should do.' Originally, the com-

mittee wanted to support and publish scholarly historical research material, which is its basic function. However, Schector explained, members did not think such material would sell to the public and there was no money in the budget for publications of that nature. So, in order to provide money for the scholarly work, the committee hit upon the idea of a cookbook. The Whole Valley Cookbook offers an opportunity to make many of the ethnic specialties from the area and at the same time, learn of the history and background of 15 ethnic groups. Each nationality is chronicled in a summary including when and why the group came to the Valley and how it has

The second edition of grown or established itself since. "The Valley is unique in the number of area stores just in time ethnic groups which have come to settle," said Schector. "It was our intentt to increase the public's knowledge of the history of the area in general. Not just its beginnings, but what led to today.' A large number of

people contributed to the cookbook. Each ethnic group is represented by two typical menus, one for holidays and one for everyday. Many of the recipes used in the menus are printed and serving customs and habits are included.

Schector credits retired King's College librarian Mary Barrett with the initial impetus on the project. "She steered us to the people who had the recipes. Her input was invaluable. Besides being a gourmet cook she has a wide variety of acquaintances in the Valley, many of whom know a lot of the history.' The first edition of the cookbook turned out to be

very popular within the Valley itself. For the second edition, Schector was aided in her chairman duties by Ann Bohlin. Other contributors on the editorial staff were Karen Keefer, Monica Reynolds and Sarah Carr, who produced the index, another new feature.

At the back of the book is a complete listing of all contributors of recipes and historical summaries. Included in that list are several Back Mountain cooks. Mary Frantz, Esther Sternlieb Mrs. John and Conyngham graciously dug into their collections to share some favorites with the public.

The cookbook's popularity is based on the interest Valley people have in their heritage and customs. While satisfying that need, the committee has also found a way to support scholarly research so vital to its purpose.



PAGE NINE

Mary Frantz enjoys using recipes from the Whole Valley Cookbook, to which she also contributed a few special menus.



"Christmas All Around" is the theme of the annual bazaar conducted by the United Methodist Women of the Trucksville United Methodist Church, known as "The Little White Church on the Hill". It will be held Friday, Nov. 5 from 10 a.m. to 8 p.m. and Saturday, Nov. 6 from 10 to 2 p.m. Meals will be served both days at noon and from 5 to 7 p.m. on Friday. many delightful and most unusual articles which have been made by the women will be very helpful in your Christmas shopping. Articles shown here are from the Boutique Booth, the members from which are left to right, Eleanor Coolbaugh, Dorothy Williams, Miriam Williams, Nancy Dukes. Second row, Ruth Reynolds, Sara Brehm, Hilda Ashworth, Ella Long, Millie Wagner.



Mercy Hospital Auxiliary recently held wine and cheese party at Mercy Center for the benefit of the retired nuns. Committee members pictured above are left to right, Sister Bernice, Sister Coleman, Ann Pessavento, Mrs. Leonard Graboski, Mrs. Gus Faerber, Mrs. Nick Riggi, chairman; second row, Adam Hozempa, Mrs. Adam Hozempa, Leonard Graboski, Mrs. Frances Dress, Gus Faerber, Nick Riggi and Isabel Yenason.



Brownie Troop 654 held installation ceremonies last week to start another year of activities. Troop members shown left to right, Angie Coolbaugh, Carlin Tyrell, Heather Hodne, Jessica Kerr, Lynn Murphy, Holly Mannear, Chrissy Veremeychik, Jannell Coolbaugh, Cindy Mairr, Judy Kirkendall, Michelle Stahl; 2nd row, Lori Eckert, Patrice Shovlin, Ann Smaka, Kelly Freeman, Amy shelley, Nancy Downend, Kim Baird.





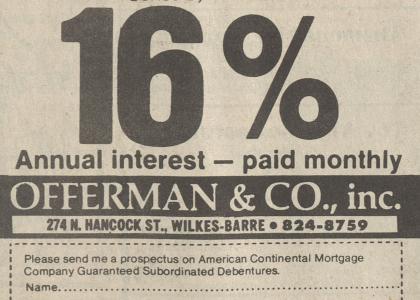
The churchwomen of Prince of Peace Church will hold their annual craft fair on Wednesday, Nov. 3 from 10 a.m. to 6 p.m. in the parish house, Main Street, Dallas. Dealers will be present with porcelain Christmas ornaments, leathercraft, silversmithing, needlework, dollhouse, basketweaving and pottery. The churchwomen will offer their own handmade crafts, cheeses, jellies, breads and candies, according to Jane Thompson, general chairman. The snack bar, open all day, will be serving homemade soups, sandwiches and pies. A stained glass lamp will be awarded as door prize and the public is invited to attend. Pictured are, Mary Cohen, Phyllis Rivers and Doris Maturi.

NEW ISSUE

This announcement is neither an offer to sell nor a solicitation of an offer to buy these securities The offer is made only by the prospectus.

\$7.500.000 AMERICAN CONTINENTAL MORTGAGE COMPANY **Guaranteed Subordinated Debentures**

Series B, Due 1990



Town......Zip.....

This announcement shall not constitute an offer to sell or solicitation of an offer to buy these securities in any State in which such offer or solicitation would be unlawful.

Address.....

Business Phone...... Home Phone.....

Peer educators make important difference schools, communitheir ties and states by preparing teens to be the neads of healthy families.

NATURE'S GARDEN

HEALTH FOOD & BODY BUILDING EQUIPMENT

240 N. Wyoming Ave. Kingstor 288-7950

Name Brand **Discount Vitamins** Loose Steel Barbell Plates - '47 a pound



Ladders can be deadly

A ladder can conduct power from an overhead line to you.

Metal ladders are handy because they're so light, but metal ladders near overhead lines are particularly dangerous.

Even a wooden ladder, if it's damp, can conduct electricity.

Take a good look before you use a ladder. Make sure there are no overhead lines nearby.

Be careful about placing a ladder to climb a tree — the tree may be near an overhead power line. Children should be cautioned about climbing trees that are near overhead power lines.

Overhead lines are not insulated, so every precaution should be taken to keep away from them. Even a tree limb touching a line may conduct high voltages.

There's one single safety rule to follow: STAY AWAY FROM OVERHEAD POWER LINES.

