

Post Cookbook

Penny Poorman shares holiday and party recipes

BY JOAN KINGSBURY
Penny Poorman's friends say that she's a good cook and judging from the recipes she shares with Post readers this week, we agree.

ingredient is a jar of baby food peaches. This recipe makes one delicious loaf. Penny has found Hot Ham Sandwiches to be a nice party food. Combine grated American cheese with chopped boiled ham, chili sauce, onion and mayonnaise, then spoon

the filling into eight rolls. Wrap in foil, then at party time pop the rolls in the oven to heat them through.

Pumpkin Pie Squares are a perfect dessert for this time of year. A filling of coconut, pumpkin, Eagle Brand Sweetened Condensed Milk, eggs and pumpkin pie spice is poured over a tasty crust made from oatmeal, nuts, flour butter and butterscotch pudding. Cut into squares after baking; serve with whipped cream, if desired.

Penny's Ham and Cheese Ball is a great holiday food. Easy to

make, Penny suggests preparing Ham and Cheese Ball two days in advance so that the flavors can blend. Serve Ham and Cheese Ball with party rye or pumpernickel bread.

Baking is a favorite pastime for Penny. She enjoys baking pies, cakes, breads, cinnamon buns and sweet rolls, although since she began working at Burger King a year ago, Penny has not had much time for baking.

Penny and her husband, Dan, moved to Shavertown from Milford four years ago. The Poorman's have three sons, Jeff, 15, student at West Side

Tech; Matt, 13, who attends Dallas Junior High and Nathan, 6, kindergarten student at Westmoreland Elementary School.

Penny is originally from Williamsport while Dan is a native of Lock Haven. Dan, who graduated from Lock Haven State College and did his graduate work at the University of Scranton, is principal of Dallas Junior High School.

Sports are a common hobby for Jeff, Matt and Nathan. Jeff plays school football and basketball while Matt plays mini-football and basketball.

Both play baseball. Nathan has fun cheering his brothers along.

PEACHY CORNBREAD
1 c. flour
1 c. yellow corn meal
1/2 c. sugar
3/4 t. salt
4 t. baking powder
1 egg
1 1/2 oz. jar of baby food peaches
1/2 c. milk
3 T. oil
Mix all ingredients in a large bowl for 1 minute. Bake in a 9x5 inch loaf pan for 40-50 minutes at 350 degrees. Makes 1 loaf.

HOT HAM SANDWICHES
1/2 lb. ham, chopped
1/2 lb. American cheese,

grated
1/2 c. chili sauce
1/4 c. chopped onion
2 T. mayonnaise
8 rolls

Combine ingredients. Spoon into rolls. Wrap in foil. Bake at 350 degrees for 20 minutes. Makes 8 sandwiches.

PUMPKIN PIE SQUARES CRUST
3/4 c. flour
3/4 c. oatmeal
1 c. nuts, chopped fine
3/4 c. soft margarine
3 oz. pkg. butterscotch pudding dry.
Mix above ingredients together. Press into a 13x9 inch pan.
FILLING
1 c. coconut

2 t. pumpkin pie spice
16 oz. can pumpkin
1 can Eagle Brand sweetened condensed milk
2 eggs
Blend together until well mixed. Pour over crust. Bake at 350 degrees for 35-45 minutes. Cut into squares and serve.

HAM AND CHEESE BALL
2-8 oz. pkg. cream cheese
1 T. butter
sm. onion, grated
1 c. ham, chopped
Mix together. Shape into a ball, chill. Make 2 days ahead for best flavor. Serve with party rye or pumpernickel bread.



Penny and Nathan Poorman

What's Cooking

RAGGEDY ANN & ANDY PLAYSCHOOL
Oct. 27-29

WEDNESDAY--Tomato soup, crackers, cheese cubes, pudding, milk.
THURSDAY--Hot dogs, chips, carrots, jello, milk.
FRIDAY--Egg salad sandwich, chips, carrot sticks, cookies, milk.

DALLAS SCHOOLS
Oct. 27 - Nov. 2

WEDNESDAY--Vegetable soup w-noodles, cheeseburger on roll or hot dog on roll, potato chips, applesauce, milk.
THURSDAY--Baked ziti w-meat sauce, Italian bread-butter or grilled cheese sandwich, mixed greens salad-dressing, pumpkin orange gelatin w-topping, milk.
FRIDAY--Orange juice, tuna hoagie w-lettuce or cheese pizza, carrots, cake, milk.
MONDAY--Chili hot dog or plain hot dog or Taco (gr. beef, cheese, lettuce, tomato), baked beans, sliced peaches, cheese curls, milk.
TUESDAY--Hot turkey sandwich or chuckwagon steak on bun, whipped potatoes, carrot sticks, sugar donut, milk.

MONDAY--Wafer steak w-lettuce, tomato on seeded roll, chips, chilled pears, milk.
TUESDAY--Wimpie on soft bun, spiced applesauce, green beans, chocolate chip cookies, milk.

LAKE-LEHMAN SCHOOLS
Oct. 27 - 29
Junior High & Elementary

WEDNESDAY--Ham pattie on bun, potato puffs, baked beans, apple, milk.
THURSDAY--Hot roast turkey sandwich, mashed potatoes-gravy, peas, ice cream, milk.
FRIDAY--Pizza or peanut butter-jelly sandwich, potato chips, stuffed celery, fruit cup and Halloween treat, milk.

WEST SIDE VO TECH
Oct. 27 - Nov. 2

WEDNESDAY--Hot turkey sandwich w-gravy, green beans, cranberry sauce, cake, milk.
THURSDAY--Shells w-meat sauce, grated cheese, cole slaw, popsicle, milk.
FRIDAY--Relish cup, pizza twins, vegetables, pumpkin cookies, milk.

Senior High

WEDNESDAY--Meatball or deli hoagie, corn chips, lettuce-dressing, apple, milk.
THURSDAY--Hot roast turkey sandwich, mashed potatoes-gravy, ice cream, milk.
FRIDAY--Pizza or tuna sandwich, green beans, fruit cup and Halloween treat, milk.

People in the News

TRACEY E. THOMAS of 28 Pear Tree Lane, Dallas, is a member of the women's volleyball team at Elizabethtown College. Tracey is the daughter of Mr. and Mrs. James C. Thomas, Jr., Dallas.

Elizabethtown. She is a graduate of Dallas Sr. High School.

REV. EDMUND L. JOHN, recently retired pastor of the Wyoming Avenue Christian Church, Kingston, has been appointed to serve as chaplain of Nesbitt Memorial Hospital.

program in conjunction with the hospital's Community Relations Department. The program is designed to provide spiritual comfort for patients at the hospital.

Rev. John's main responsibility as hospital chaplain is to visit patients who do not have a church affiliation. In addition, he will be avail-

able on a 24-hour basis to talk with family members in need of counseling during a crisis situation.

Rev. John will also work closely with the Wyoming Valley Council of Churches and other area clergy in an effort to provide individualized care for patients of all faiths.

A familiar face at Nesbitt Memorial Hospital over the years, Rev. John is volunteering his services full-time as the hospital's first chaplain.

Tracey is a member of the freshman class at

Thank You
The Pennsylvania Quilters would like to thank all chairmen, their aides, members and friends for the success of their 1st Quilt Show held recently.
The officers and members are very grateful to newspapers, radio, TV and other media for the excellent publicity and support given to this endeavor.

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