

# Homemakers '82

## Breads worth cooking

On a chilly day, bread baking can be one of the most satisfying of all pursuits—especially when you know that the bread you bake is full of good things your family needs.

can be frozen for future use. So take your pick of these great peanut variations to try now, and save the others for a later treat.

Pam Johnson,

warm water and stir until yeast and milk powder dissolve. Add margarine, hone or molasses, eggs, remaining 1½ cups warm water and whole wheat flour. Beat well. Stir in 4

sheets, place slices, cut side down. Flatten slices by dipping fingers into sugar and pressing lightly. Cover with towel. Heat oven to 250 degrees; turn oven off. Place pan in oven. Allow to rise until doubled, about 30 minutes; remove from oven. Preheat oven to 375 degrees; bake 20 to 25 minutes or until golden brown. Remove from pans; cool on wire rack.

**PEANUT BUTTER AND JELLY BRAID**  
3 T. grape or strawberry jelly (or preserves)  
1 c. Reese's Peanut Butter Chips  
3 T. milk

Prepare Whole Wheat Not-So-Sweet Dough. On a lightly floured surface, roll ¼ of the dough into a rectangle measuring 12x14 inches. Cut into 3 strips, each measuring 4x14 inches. Spread each strip with 1 tablespoon jelly or preserves to within ½ inch of edges of strip. In small saucepan, heat peanut butter chips and milk over medium heat, stirring constantly until chips are melted and mixture is smooth. Spread one third of the mixture on each strip to within ½ inch of edges. Pinch lengthwise edges of each strip together; pinch ends together. Then pinch one end of all strips together, seam sides up. Carefully braid strips and pinch opposite ends together. Fold ends under; place seam side up in a well-greased 9x5 inch loaf pan. Cover with towel. Heat oven to 250 degrees; turn oven off. Place pan in oven. Allow to rise until doubled, about 30 minutes; remove from oven. Preheat oven to 375 degrees; bake 20 to 25 minutes or until loaf is golden brown and sounds hollow when tapped. Immediately remove from pan; cool on wire rack.



Such body-building ingredients as whole wheat flour, oatmeal and dry milk are included in the make-ahead-and-freeze Whole Wheat Not-So-Sweet Dough listed below. And the variations to be made from this basic dough include one more ingredient that adds extra nutrition along with wonderful flavor—Reese's Peanut Butter Chips. These delicious morsels, made from real roasted peanuts, supply protein, niacin and other nutrients. The chips couldn't be easier to work with, chopped up for the Peanut Butter Chips Roll-Outs and melted along with other ingredients in the Peanut Butter and Jelly Braid.

This recipe adapts easily to both small and large families because the unused portion of dough

Homemakers Schools home economist, will be preparing more mouth watering recipes using Reese's Peanut Butter Chips at the 1982 Homemakers School!

### WHOLE WHEAT NOT-SWEET DOUGH

- 2 pkgs. Fleischmann's Active Dry Yeast
- 1 c. non-fat dry milk
- 1 T. salt
- 1 c. quick-cooking oats or wheat germ or bran cereal
- 3½ c. warm water (105F-115F)
- ½ c. Blue Bonnet margarine, softened
- ½ c. honey or molasses
- 3 eggs, slightly beaten
- 4 c. whole wheat flour
- 5½-6 c. flour

In large mixing bowl, combine yeast, non-fat dry milk, salt and oatmeal (or wheat germ or bran cereal). Add 2 cups

cups flour. Use remaining 1½-2 cups flour to add to dough while kneading until dough is smooth and elastic. Shape dough into ball. Cover with damp towel; allow to rest on lightly floured surface 15 minutes. Divide dough into 4 equal pieces.

**TO FREEZE DOUGH:** Wrap each piece tightly with aluminum foil or plastic wrap; wrap again or seal tightly in plastic bag. To defrost, allow to remain at room temperature for 2½-3 hours, or until dough is completely softened. To defrost in microwave oven, microwave on Low (one third power) 10 to 12 minutes or until dough is completely softened.

**TO BAKE:** Prepare and bake according to recipe directions below.

### PEANUT BUTTER CHIP ROLL-OUTS

- 1 c. Reese's Peanut Butter Chips, chopped
- ½ c. applesauce
- 1 t. cinnamon

Additional Reese's Peanut Butter Chips  
prepare Whole Wheat Not-So-Sweet-Dough. On a lightly floured surface, roll ¼ of the dough into a rectangle measuring 12x16 inches. In a small bowl, combine chopped peanut butter chips, applesauce and cinnamon; stir until blended. Spoon mixture onto rectangle of dough; spread to within ½ inch of edges. Roll tightly from the 16-inch side, pinching edges to seal. Slice roll into 12 1-inch slices. On two well-greased cookie



Debbie Zurinski, Homemakers M.C.



## Yams-the perfect accompaniment

Glazed baked ham is one of the most popular main courses when there's a crowd for dinner. And yams or sweet potatoes are the perfect accompaniment.

Instead of glazed sweet potatoes, serve Yam 'n Date Patties for added interest and zest to your menu. Mashed yams or sweet potatoes are combined with pitted dates and then rolled in crushed Honey Maid Graham Crackers.

Yam 'n Date Patties is a

real crowd pleaser. Join the crowd for the 1982 Homemakers School as it BRINGS GOOD THINGS TO YOU IN '82. Home economist Pam Johnson will be sharing recipes using Honey Maid Graham Crackers on April 29 at 7:30 p.m. in Merrick Hall, College Misericordia.

- YAM 'N DATE PATTIES**
- 1 (20 oz.) can sliced pineapple
- 1 (8 oz.) package pitted dates

2 lb. fresh yams or sweet potatoes, cooked and peeled or 1 (40 oz.) can yams in syrup, well-drained

- ½ t. cinnamon
- ½ c. chopped walnuts
- 6 Honey Maid Graham Cracker squares, crushed (about ½ c. crumbs)

Preheat oven to 375 degrees. Drain pineapple, reserving juice; place pineapply slices on 15x10x½ inch baking pan; set aside. Reserve 5 dates; cut in half lengthwise. Snip remaining

dates; reserve. In large bowl, with Sunbeam electric mixer at medium speed, beat yams; beat in 1 tablespoon reserved pineapple juice and cinnamon. Stir in snipped dates and walnuts. Form into 10 (about one third cup) patties; roll in Honey Maid Graham Cracker crumbs. Place on top of pineapply slices; top each with reserved date half. Bake 15 to 18 minutes or until heated through. Makes 10 servings.

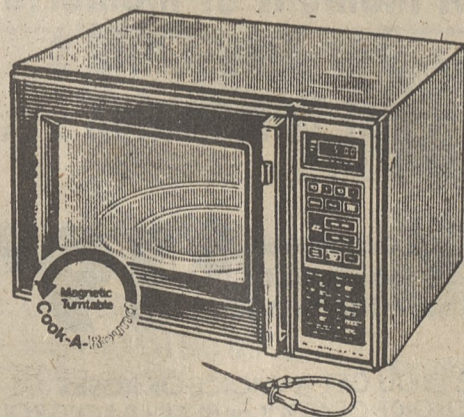
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