

Post Cookbook

Warm weather, light foods

BY JOAN KINGSBURY

With the arrival of warmer weather our tastes in food shift to lighter, less filling foods. JoAnn Karolchik's Lemon Tea Bread, a tangy cake glazed with lemon juice and sugar is perfect for the spring time coffee klatch or luncheon.

Hunters with venison to use up will appreciate JoAnn's recipe for Venison Teriyaki. Easy to prepare, Venison Teriyaki combines stir fried green peppers, onions and fresh mushrooms with venison cubes. For a delicious side dish, JoAnn has provided us with the recipe for Fried Rice. Since JoAnn's husband Al is a hunter, the Karolchiks often enjoy this venison meal.

The Karolchiks moved to Shavertown in August. However, JoAnn, a Back Mountain native, graduated from Dallas High School and lived in



JoAnn Karolchik

the Back Mountain prior to her marriage. She is also a graduate of Wilkes-Barre Business College.

JoAnn's husband Al, graduate of Forty Fort High School and Art Institute of Pittsburgh, works at Offset Paper-

back where he is a color stripper.

The Karolchiks have two children. Stacey, an avid water skier, is in eighth grade at Dallas Junior High School where she is a member of the chorus. Three-year-old Brian enjoys two days a week at Explorer Daycare Center, playing with other toddlers and working on crafts.

A member of the Dallas Junior Woman's Club, JoAnn enjoys photography, working in the yard and working with animals. Both she and Al like to water ski. Al enjoys hunting and fishing. The family camps annually at either Rideau Lakes in Canada where they go

bass fishing or at New York's Black Lake where they enjoy salmon fishing.

LEMON TEA BREAD

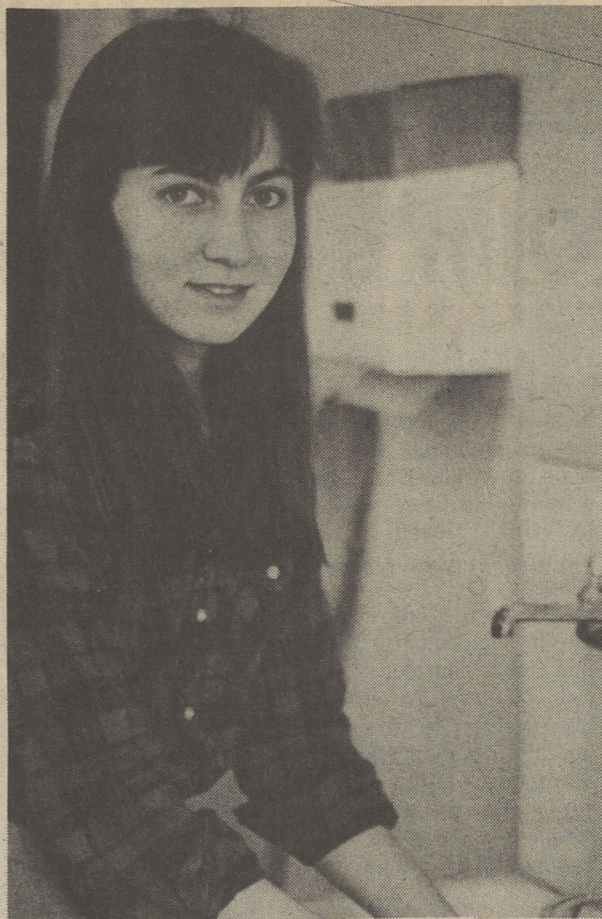
- 1/2 c. milk
 - 2 eggs
 - 1 c. sugar
 - one third c. melted margarine
 - 1 1/2 t. grated lemon peel
 - 1/4 c. flour
 - 1 t. baking powder
 - 1 t. salt
 - 1/2 c. chopped pecans
- Combine ingredients, stirring well. Pour into a greased loaf pan. Bake at 350 degrees for 45 minutes. After loaf has baked pour glaze over bread while it is still warm.
- ### GLAZE
- 1/4 c. sugar
 - 3 T. lemon juice

VENISON TERIYAKI

- 1 lb. venison steaks, cubed
 - 1 lg. onion, diced
 - 1/2 green pepper, diced
 - 1 lb. fresh mushrooms, sliced
- Cook onions in butter until clear. Add green pepper and simmer 5 minutes. Add cubed venison and fresh mushrooms; stir fry fast. Meat should not be overcooked. Serve immediately with fried rice.

FRIED RICE

- 1 c. rice, (not Minute Rice)
 - 2 c. water
 - 1/2 stick butter
 - 1 med. onion, diced
 - 1 egg
 - soy sauce
- Combine rice and water. Simmer until tender, refrigerate. Brown onion in butter. Add egg and scramble. Add rice and soy sauce using soy sauce until rice turns light brown. Salt and pepper to taste.



Batik and watercolors by Goshen (Ind.) College senior art major Cynthia Brubaker, daughter of Maurice and Carolyn Brubaker, 52 Grandview Ave., Dallas, will be featured in the Goshen College Senior Art Exhibit I. The exhibit, to be displayed in the GC art gallery, opened March 28 with a reception from 2 to 4 p.m. It will run until April 2.

Lions sponsor egg hunt

Kingston Township Lions Club will sponsor an Easter Egg Hunt on Saturday, April 3, on the grounds of the Westmoreland Elementary School in Trucksville. Activities will begin at 1 p.m. The Lions will hide over 500 numbered eggs which can be redeemed for chocolate prizes.

Children 12 years of age and under are invited to participate. On the planning committee for this year's hunt are Lions John Soback, Chairman; Joe Campbell and Gary Hozempa.

All you can eat at Dallas

H.S. Saturday

The Dallas Senior High School Band will sponsor an "all-you-can-eat" buffet style B.B.Q., catered by Country's Best, April 3, from 4 to 7 p.m. at the Dallas Senior High School cafeteria.

Menu includes ham-pork-turkey BBQ's, homemade potato salad, cole slaw, baked beans, beverage and make-your-own-sundaes. Proceeds to be used for the band's trip to Virginia.

Cream egg recipe

The recipe for Butter Cream Eggs in the March 24, 1982 issue should have been:

BUTTER CREAM EGGS
6 T. butter or margarine
1 t. vanilla
1/2 pinch salt
1/2 box confectioners sugar
1 T. corn syrup.

Place ingredients in a bowl excluding sugar. Gradually add sugar using only enough so that the mixture is not wet or sticky. When you can handle this mixture, knead until smooth and creamy, about 10 minutes. Shape into Easter eggs using a tablespoon. Refrigerate until firm. Coat with chocolate.

19TH ANNUAL ANTIQUE SHOW AND SALE

Sponsored by: The West Side Junior Woman's Club
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166 SOUTH SPRAGUE AVE.
KINGSTON, PA.
Saturday, April 3 from 11 a.m.-8 p.m.
Sunday, April 4 from 11 a.m.-6 p.m.
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Here's what's cooking

WEST SIDE TECH
April 5-9

- MONDAY--Hot ham on bun, buttered corn, chilled fruit cup, milk.
- TUESDAY--Juice, hoagie w-lettuce-tomato, Italian dressing, chips, ice cream and cookies, milk.
- WEDNESDAY--Relish cup, beef a roni, creamy cole slaw, roll-butter, Easter basket cupcakes, milk.
- THURSDAY--No school. Holy Thursday.
- FRIDAY--No school. Good Friday.

RAGGEDY ANN & ANDY PLAYSCHOOL
April 1-6

- THURSDAY--Ravioli, bread-butter, jello, milk.
- FRIDAY--Pizza, raw vegetables, pudding, milk.
- MONDAY--Chicken patties, French fries, corn, jello, milk.
- TUESDAY--Peanut butter-jelly sandwich, chips, pudding, milk.

LAKE-LEHMAN SCHOOLS
Mar. 31 - Apr. 6
Junior High & Elementary

- WEDNESDAY--Hot dog on bun, potato puffs, baked beans, peaches, milk.
- THURSDAY--Holiday dinner--Sliced roast turkey w-dressing, mashed potatoes-gravy, buttered peas, cranberry sauce, ice cream, milk.
- FRIDAY--Pizza or peanut butter-jelly sandwich, potato chips, carrot-celery sticks, strawberry fruit cup, milk.
- MONDAY--Minced bologna-sliced cheese on wheat bread, pickle chips, vegetable soup, saltine, peaches, milk.
- TUESDAY--Sloppy Joe on bun, potato puffs, buttered green beans, pudding, milk.

Senior High School

- WEDNESDAY--Potato and cheese pierogis w-melted butter, stuffed celery, mixed vegetables, Parker House roll-butter, peaches, milk.
- THURSDAY--Holiday dinner--Sliced roast turkey-dressing, mashed potatoes-gravy, buttered peas, cranberry sauce, ice cream, milk.
- FRIDAY--Pizza or egg salad sandwich, carrot-celery sticks, potato chips, pineapple tidbits, milk.
- MONDAY--Hamburg or chicken pattie on bun, French fries or small salad, applesauce, cookies, milk.
- TUESDAY--Hoagie w-trimmings, chicken noodle soup-saltines, fruited jello, milk.

DALLAS SCHOOLS
April 1-6

- THURSDAY--Breakfast for lunch--Orange juice, oatmeal w-raisins and brown sugar, breakfast sausage pattie, coffee cake, sliced peaches, choice of milk. Easter Buffet at Junior High.
- FRIDAY--Toasted cheese sandwich, chilled fruit juice, sliced pears, choice of milk.
- MONDAY--Mexican ground beef taco (meat-cheese-lettuce), potato rounds, rosy applesauce, choice of milk.
- TUESDAY--Happy Easter--Roast turkey w-gravy, spring stuffing, buttered whipped potatoes, Peter Cottontail's favorite: fresh carrot-celery sticks, Easter bunny cake, choice of milk.

12th annual festival at Tunkhannock

The women of the United Methodist Homes Guild, Wilkes-Barre District met Tuesday, March 23, to lay the plans for the 12th Annual Spring Festival and Bazaar to be held at the Tunkhannock Methodist Manor on May 7 and 8. Bazaar will be open from 10 a.m. Friday, May 7 until 7 p.m. and from 10 a.m. to 3 p.m. on Saturday, May 8.

Chairmanship for the various booths were named as follows: Candy-Kathryn Kramer; Baked Goods-Bea Beatty; Jewelry-Mrs. Elwood Paten; Attic Treasures-Alice Borthwick; House & Garden-Louise James; Novelties-Ruth Thomas; Manor Booth-Beverly Payne; Clothing-Mrs. Karlyle Stevens; Childrens Attic-Margaret Watkins and Lunches-Laura Fitch.

If you wish to make a donation or help in any department please contact Mrs. Russell Lawry, Bertie Penck or any of the chairpersons. They can be reached through the Methodist Manor.

Ruth Thomas presided in the absence of the president, Mary Lawry. Thirty two women were in attendance.

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