

# Lake-Noxen forms basketball teams



**SONICS:** First row—Tonia Kruchinsky, Jack Davenport, Harriet Smith, Katie Stefanowicz. Second row—Chris Evgle, Steve Kemp, Andy Springer, Stacy Croman, Coach Mark Steele. Absent from picture, Jamie Romanchick.



**KNICKS:** First row—Kelly McNulty, Karen White, Kathy Doerfler, Jim Stuart, Art Getz, Howard Getz, Jeff Maceiko, Missy Wilson. Second row, Stan Sims, Doug Cundiff, Coach Joe White.

Photos by Mark Moran



**BUCKS:** First row—Scott Baker, Heather Whipple, T.J. Lenny Browski, Duane Austin. Absent: Lori Dubil, Zerfoss, Missy Yanchulis. Second row, Todd Ayers, Chantel Jones, Coach Ed Dubil.



**WARRIORS:** First row—Cindy Hopfer, Jerry Hopfer, Frederick, Coach Don Frederick. Absent from picture J.R. Smith, Jason Williams, Clint Strood. Second row—Mark Preston, Patti Stroud, Stasia Newell, Alex Ann Marie Wilson.



**HAWKS:** First row—Sandy Lamoreaux, Fred Boston, Jim Martin, Elmer Lyons. Second row—Dory Zacharias, Dara Crispell, Dave Callahan, Coach Armonde Cassagrande. Absent: Casey Cummings, Brian Murphy, Colleen Mooney.



**76ERS:** First row—Billy Derhammer, Leesa Sorber, Karen Crispell, Heather Williams. Second row—Becky Blansett, Kevin Carey, Brian Sorber, Dennis Hogan, Coach Ken Carey. Absent, Jason Razawick.

## Picketts Charge leads

Picketts Charge won two games last week to take a 3-0 lead in the Lake-Noxen Basketball League. Close on their heels is Hearthstone Pub with a 3-1 record, then Tupper's Sporting Goods 2-1, Jones 0-3 and Drury's Deli 0-4.

In action Monday night Hearthstone Pub defeated

Tupper's in the first game 81-72. Brian Sickler and Todd Lozo led the Pub in scoring while Tom Gauntlett was high scorer for Tupper's.

In the second game Picketts Charge defeated Jones 88-84 paced by P.J. Delaney and Jack Wolensky. Joe Rodriguez

and Rich Cronauer were high scorers for Jones.

In Friday night's games, postponed from Wednesday due to inclement weather, Picketts trounced Drury's 72-36 led by Rick Boice and Delaney. Punk Covert and Kenny Carey led Drury's. Hearthstone Pub edged

Jones 80-79 in the second game sparked by Mike Hosey and Sickler. High scorers for Jones were Tom Musser and Rodriguez.

The teams play every Monday and Wednesday night at the Lake-Noxen School with the first game starting at 7 p.m.

## Knight grapplers take dual

Lake-Lehman Knight grapplers picked up two wins last Monday night in a double dual meet at Hanover. The Knights downed Bishop O'Hara 49-18 and Honesdale 37-18.

In the meet with O'Hara, the Knights used seven pins and two decisions in picking up the win.

105-lb. Rusty Coolbaugh clamped Matt Pendrak in 1:01, 112-lb. Brad Hontz

flattened Mike Parette in 1:01, 126 lb. Wayne Rosencrans turned over Eric Viola in :22, 138 lb. Chris Wargo decisioned Angelo Luango 11-3, 145 lb. Quen Walzak flattened Joe Guziewicz in 5:03, 155 lb. Tracy Slocum clamped Pete Chiudzinski in :43 and 167 lb. Chuck Garnett took Bill Martellaro 6-0.

Chris VanGorder pinned 185 lb. Jim Melody in 1:22 and Hwt.

Frank Kutz turned over Bill Mozoleski in 3:27.

In the win over Honesdale the Knights had three falls with 112 lb. Brad Hontz picking up his second win of the night over ken Hubert in 1:15. 126 lb. Wayne Rosencrans collected his second one of the night over Tim Rose in 5:28 and 155 lb. Tracy Slocum turned over his second opponent, Bill Riesler in 1:13.

Other Knights winning were 105 lb. Rusty Coolbaugh 9-4 over Don Jones, 119 lb. George Steltz taking Peter Hocker 18-5, 138 lb. Chris Wargo decisioning Tony Branning 10-4, 145 lb. Quen Walzak outwrestling Bill Thompson 9-3 and 167 lb. Chuck Garnett edging Brad Goodrich 7-5.

Heavyweight Frank Kutz wrestled to a 4-4 draw with Jim Bass.

## CM has sports enrichment program

At which local college can you cover the basic of gymnastics, enroll in a class for weight and fitness control, or learn about one of the fastest growing sports in America? College Misericordia's non-credit program is the answer.

The non-credit enrichment program for sports and recreation enables class participants to take gymnastics, dance energy-aerobics, or enroll in one of three sessions of a cross-country ski clinic.

Cross-country skiing classes begin with session one Jan. 27 and 28. According to instructor, David Goodman, the popularity of cross-

country skiing is increasing quickly in the United States, particularly in the Wyoming Valley.

Cross-country skiing is a flexible and enjoyable sport for all ages. Its flexibility includes the variety of terrains available. It is enjoyable because it allows the participant to enjoy the fresh outdoors.

Cross-country skiing is a healthy form of exercise. Its equipment consists of lightweight slender, long skis, lightweight boots and poles longer than those used with downhill skis.

Misericordia's course sessions in cross-country

skiing are geared from young adult to adult, ranging from age 14 and up. The clinic is taught in two two-hour sessions, Jan. 27, 28, Feb. 3, 4, 10 and 11.

Equipment for the course is available for rental at a minimal fee.

College Misericordia's non-credit program offers 23 programs for its spring semester. Courses include programs in the sections

of Career Motivators, Business-Investment Updates, Interior-Exterior Design Workshops, Sports and Recreation Activities, "For Beginners" specials, Art Gallery Offerings, and Odds 'n Ends.

### Vets meet

Veterans of the Vietnam War, Post 2 will meet on Jan. 21, at 8 p.m. at the Coral Lounge, 245 Owen St., Swyersville.

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