

POST COOKBOOK

# Maude McHenry offers portable recipes for camping meals

by Joan Kingsbury  
With the arrival of warm weather, families who go camping are preparing for their first weekend in the outdoors. This week Maude McHenry offers Post readers four tasty, portable recipes that she has found ideal for camping meals.

Although Ribbon Meatloaf takes a bit of preparation, it can be prepared ahead of time, then reheated when camping. The "ribbon" is a tasty cheese filling. Maude's family enjoys Ribbon Meatloaf served with baked potatoes and stir-fry vegetables. Maude takes frozen vegetables, cooks them according to package directions, then stir-fries them for just a

few minutes in butter garlic mixture.

Zucchini Bread is a nice breakfast bread or a delicious snack. Maude's recipe makes two loaves. With home gardens on the increase, this recipe will come in handy when the zucchini crop comes in. Maude's Wimpies recipe is a family specialty. This recipe calls for celery seed, tomato paste, chili sauce and bay leaf in addition to the usual ingredients. Perfect to make while camping or at home, Maude's Wimpies make a real tasty sandwich with a thick and zesty filling.

Nothing tastes more refreshing on a hot summer day than Creamy Fruit Salad. This salad is easy to make, using fruit

cocktail, bananas, and apples, fruits usually in stock in the home kitchen. Miniature marshmallows and whipping cream are added to make this salad truly special.

Maude and her husband, Bill, an employee of Bell Telephone, are originally from Kingston. The couple has three daughters, Kimberly, Karen and Kristen. Kimberly, a senior at West Side Tech, works for accountant Joseph Williams. Karen, a junior at West Side Tech, works part time at Trucksville Pharmacy. Both girls are studying Data Processing at Tech. Kristin, a sixth grader at Dallas Intermediate School, is a member of the band. Kristin plays the clarinet.

In addition to cooking, Maude enjoys novelty painting. Maude has loved to draw for as long as she can remember, but recently novelty painting has become a favorite pastime. She paints tee shirts and table cloths, and recently completed a mural on the wall of Peggy Straigis Hair Fashions, and decorated one wall in her daughters' room with Holly Hobbie figures. The mural in the beauty shop is an Oasis featuring palm trees, sand and beautiful blue sky. Other leisure activities for Maude include doing crewel work and



Maude McHenry

crochet. Maude is a member of Irem Temple Directors Staff ladies and Eastern Star. Bill is a Shriner.

The family loves camping. Shadowbrook has become a favorite camp ground. Cooking is another family project since the girls enjoy cooking as well as their mother.

- RIBBON MEATLOAF**  
3 slices soft bread in small pieces  
1 c. milk  
1 lb. gr. beef  
1/2 lb. lean gr. pork  
1 egg  
1 sm. onion, minced  
1/4 t. salt  
1/4 t. pepper  
1/4 t. garlic salt
- CHEESE FILLING**  
1 egg white  
1 T. water  
2 slices soft bread in small pieces  
4 oz. shredded cheddar cheese

Stir bread crumbs and milk together. Mix remaining ingredients except filling. Put half mixture into a loaf pan (greased). Combine cheese filling ingredients. Place on top of ground beef combination. Cover with remaining meat mixture. Bake for 1 hour and 30 minutes in a 350 degree oven.

- ZUCCHINI BREAD**  
3 eggs  
1 c. oil  
2 c. sugar  
2 c. peeled, ground zucchini  
t. vinegar  
3 c. flour  
1 t. salt  
1 t. baking soda  
1 t. cinnamon  
1 t. baking powder  
1/2 c. nuts
- Combine all ingredients. Bake at 325 degrees for 45 minutes. Makes 2 loaves.

- WIMPIES**  
1 med. onion  
1 T. butter  
1 lb. hamburger  
1/2 c. catsup  
1 T. Worcestershire sauce  
3 T. chili sauce  
1 T. vinegar  
1 sm. can tomato paste  
1 T. mustard  
1 t. celery seed  
2 T. sugar  
1 bay leaf

In a large frying pan saute onions in butter. Add hamburger and brown. Add remaining ingredients. Simmer 20 minutes. Serve on rolls.

**CREAMY FRUIT SALAD**  
1 can fruit cocktail, 8 oz.  
1 apple, diced  
2 bananas, sliced  
1/4 c. mini marshmallows  
1/2 c. whipping cream

Combine fruit and marshmallows in a large bowl. Add whipping cream. Refrigerate to chill thoroughly. Serve.

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**LIBRARY NEWS**

by Nancy S. Kozemchak  
Featured in our display case for the next four weeks will be a collection of dog miniatures loaned to us by Bonnie West of Sweet Valley. The love of dogs is evident in the family as Bonnie's grandfather showed English setters and 10 years ago, she acquired a Belgian Tervuren as a show dog and now has a 40 foot kennel building in Sweet Valley. With this background, she started collecting these china, metal, glass, porcelain, wood, stone and antique miniatures. A few specialty items are a hand carved wood German shepherd dog from Italy; a hand crafted pottery collie done by Artesania Rinoconoda of Uruguay; Sparky, the original RCA Victor dog; and her newest addition, a hand made pewter beagle.

Bonnie has six or eight dogs in the kennel at a time, which she is raising

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## Dog miniatures on display

received a standing ovation for their performance and then the cantata went to synod at Westminster College. Rather a happy ending to a 25c book purchase at a library auction. Thanks to all the ladies at Trinity Presbyterian.

We set a new record in circulation for the main building in April when 5,231 books were taken out of the library topping the previous record of 5,055 set in July of 1980.

The Book Club will meet at the library annex Monday, May 18 at 1:30. Guests are welcome.

New books at the library: "Theory Z" by

Church given by the women of the church. The women sponsor 'The Closet Boutique' at their church and had decided to share their profits with the library. I very gratefully accepted their donation of \$100 on behalf of the library. Catherine Bolinski, the president, told me a story about a book she bought at one of our auctions for 25c on marionettes, which they used and had the teenagers of the church make puppets and presented a Christmas Cantata, "A Night of Miracles" at their 11 a.m. Sunday Service for Christmas. The teenagers

William Ouchi is the story of how American business can meet the Japanese challenge. In this dynamic new book, the author shows how American corporations can meet this challenge with a highly effective management style in the 1980's.

"The Bonner Boys" by Campbell Geeslin is a novel about Texans and five brothers who grew up on a ranch in West Texas before World War II. This is a story about American men today and the price they paid to survive. Each of the Bonner brothers is a different kind of man.

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## Dallas UM holds Mother's Day event

A Mother's Day celebration, sponsored by the Dallas United Methodist Women and the Sarah Circle, was held May 12, at 7 p.m. in the church social rooms. The following program was presented.

Greetings, by Hazel Garris, president, U.M.W.; My Master's Reflection, Sylvia Kuhnert, vice president; "Old Fashioned Mother", Norma Knecht, Mary Knecht; "Miracles", Jane Stair, daughter Megan, Jennie Brown, Ruth Owens, Louise Hess; "A Mother Speaks",

Sharon Miers, daughter Susan; "Recognition", Laurie and Eric Lehman, mother, Donna Lehman; "Young Mother", Amy Williams, mother Marion Williams; "Stubborn Grandmother", Betty Gosart, Myra Gosart, baby daughter Erica;

Also, "Her Occupation", Linda Parry, Mother Betty Parry; "A Mother is Love", Polly Kunkle, mother Romaine Kunkle; "A Letter to my Mother", Jean Myers; and "A Little Parable for Mothers", Mary Mohr, reader, Linda Akers,

vocalist and Doris Carey, pianist.

Flowers were presented by Leslie Myers, Marilyn Ward and Marjorie Myers. Presentation of plants was made to the

oldest and youngest mothers. Closing hymn was "Mother's Love." Refreshments were served by the Sarah Circle.

## Nursery holds Arbor Day

Trinity Nursery School recently held an Arbor Day program and open house. Manny Gordon, retired State District Forester and Smokey the Bear visited the school as part of the activities.

Registrations are now being accepted for the fall semester. Classes are

available for four and five-year-olds, mornings and afternoons, Monday through Friday.

The school is located in the Trinity United Presbyterian Church, Church Street, Dallas.

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