

Turn your hamburger into Maryann Yurko's Meatball Stew

by Joan Kingsbury
If you're wondering what to make with that pound of hamburger in the freezer this week's cook Maryann Yurko suggests her Meatball Stew. This tasty casserole combines meatballs with diced carrots, diced potatoes and diced celery. If desired, green beans may also be added. Meatball Stew is not only good tasting, but also convenient to prepare since everything is cooked in one pot.

When preparing her Chili Con Carne Maryann uses home canned tomatoes from her garden. Gardening is one of Maryann's favorite summer pastimes. While canning, Maryann often cans tomatoes, onions and green peppers together. This enables Maryann to make her chili in about a half hour since the vegetables are already tender. Maryann suggests using two-thirds tablespoon chili powder but she notes that everyone's taste varies. Pineapple Tarts have proved to be very popular with Maryann's guests.

Although Maryann makes Pineapple Tarts from this recipe, pineapple squares can be made by patting the dough into a jelly roll pan. Any filling may be used in these tarts; Maryann has included a recipe for homemade Pineapple filling. If desired, before baking nuts, cherries or coconut may be used to garnish the top of the tarts. When patting the dough into the baking pan, Maryann cautions readers to make sure the dough is rather thin, since the dough raises while baking.

Maryann is very active in community affairs. As secretary of the GFWC Dallas Jr. Women's Club, she tries to participate in as many of the club's projects as possible. Maryann enjoys doing Meals on Wheels, blood pressure readings sponsored by the club and in the past enjoyed guiding at the Swetland Home. A member of both Truckville and Westmoreland PTO's, Maryann serves as hospitality co-chairman at Truckville. She serves

as a library aide at both schools. Maryann is also a member of the Dallas School District's Parent Advisory Committee. In addition to gardening, Maryann enjoys working with crafts during her leisure time. Making projects with pine cones and other natural materials, making items from bread dough, like bread dough flowers, and doing ceramics and needlework are all activities Maryann finds interesting. Recently Maryann won first prize in the Women's Club arts festival for one of her ceramic lamps.

The Yurko's are a family who enjoy spending time outdoors. Picnics and fishing are two family activities that are popular. Emery's hobbies include hunting and fishing. He recently completed assembling a muzzle loader. Emery IV was a goalie and forward on the Spurs soccer team last season and is looking forward to joining Little League this spring.

Combine ground beef, onions, egg, salt, pepper, garlic salt, Worcestershire sauce, breadcrumbs and 1/4 cup tomatoes. Shape into meatballs. Fry to brown, drain off grease. Cover meatballs with 1/2 cups tomatoes and water. Add carrots, celery, onions simmering about 40 minutes. Add potatoes, simmer until done. About 10 minutes before vegetables are done add 1 package of frozen green beans, if desired. Serves 4-5.

minutes until golden brown.
MISSION BALLS
1 1/2 c. sugar
2 c. chopped dates
2 T. milk
1 c. margarine or butter
4 1/2 c. rice crispies
1 t. vanilla
1 c. chopped nuts
1 t. salt
coconut
Combine sugar, dates, milk and margarine. Bring to a boil; boil 10 minutes. Watch constantly so that the mixture doesn't scorch. Set aside to cool slightly. When slightly cool add rice crispies, vanilla, chopped nuts and salt. Shape into 1 inch balls. Roll in coconut. Refrigerate.



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MEATBALL STEW
1 lb. ground beef or ground chuck
1/2 c. chopped onions
1 egg
1/2 t. salt
1/4 t. pepper
1/8 t. garlic salt
1 t. Worcestershire sauce
1/4 c. breadcrumbs
1/4 c. tomatoes
1 1/2 c. crushed tomatoes
1 c. water
1 c. diced carrots
1/2 c. sliced celery
2 onions cut into pieces
4 lg. potatoes, diced
1 pkg. frozen green beans, optional

CHILE CON CARNE
1 1/2 lb. ground chuck
1 med. onion, diced
1/2 clove garlic, diced
1 T. oil
1 c. green pepper, diced
1 qt. crushed tomatoes
Salt and pepper to taste
Two third T. chili powder
1 T. vinegar
2 cans red kidney beans
Brown chuck, diced onion and diced garlic in oil. Add green pepper and crushed tomatoes with salt, pepper and chili powder. Simmer until peppers are tender, about 1 hour. When peppers are tender add vinegar and kidney beans. Heat through.

PINEAPPLE TARTS
4 c. flour
1/2 t. baking powder
1/2 t. baking soda
pinch salt
1 c. sugar
2 sticks oleo
2 eggs
1/2 c. orange juice
Combine ingredients. Form into two balls. Refrigerate dough at least one hour. Remove dough from refrigerator. Pat into tiny muffin pans or into a jelly roll pan. Fill with desired filing

PINEAPPLE FILLING
2 lg. cans crushed pineapple
1 c. sugar
3 T. cornstarch
Combine ingredients in a double boiler until thick.

Bake pineapple tarts in a 350 degree oven for 30



Maryann Yurko

UNICO Aux. to meet

A meeting for UNICO Ladies Auxiliary, Dallas, will be held on Wednesday, Feb. 25, 7:30 p.m., at the Mark II Restaurant, Memorial Highway, Dallas. All interested women of Italian extraction or married to an Italian are eligible to join. Nominations for officers and committees will be planned. For further information contact Mary L. Rice, 675-2881 after 4 p.m.

Lake-Noxen School to hold Open House

You are cordially invited to attend Open House at the Lake-Noxen Elementary School on Wednesday, Feb. 18 from 7 until 9 p.m. This evening is scheduled to provide the opportunity for all interested community members to see the new facility. Refreshments will be served in the cafeteria.

Shavertown Fire Aux. meets

The Womens Auxiliary of the Shavertown Fire Company will hold a game party, Feb. 19 at 7:30 p.m. in the fire hall.

Guide to Good Eating

Empire China features oriental dishes

Empire China Restaurant with its Polynesian Cocktail Lounge is located at 695 Kidder St., Wilkes-Barre, Route 115, next to Wyoming Valley Mall.

The restaurant, managed by Allen Wong, has been in business for five years, and specializes in takeout service, party trays, and special luncheon buffet every Monday and Wednesday.

Courteous waiters serve diners authentic Chinese and Polynesian entrees prepared on the premises. Diners also may enjoy regular or Polynesian cocktails from the restaurant's cocktail lounge.

The spacious diningroom, with Oriental appointments accented with red, each table featuring fresh floral centerpieces, has banquet facilities for 10 to 60 persons.

The cocktail bar on the left is separated from the diningroom by a wood open work divider.

Empire China Restaurant, open Monday through Thursday, 11 a.m. to 11 p.m., Friday and Saturday, 11 a.m. to midnight, and Sunday, 11 a.m. to 10 p.m., accepts most major credit cards. The formal family type diningroom is ideal for those who enjoy Chinese or Polynesian food.



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