

Nancy Garvey's specialty--gourmet recipes

by Joan Kingsbury
As a home economics teacher, Nancy Garvey is naturally interested in trying new recipes. Nancy finds experimenting with gourmet recipes particularly interesting.

The recipes Nancy has agreed to share with our readers this week are varied. Liverwurst Spread is made smooth and flavorful by the addition of cream cheese, Worcestershire sauce,

minced scallions and hard cooked eggs. Liverwurst spread is good served with assorted crackers. Seafood Quiche is a tasty variation of this popular French dish. Mushrooms, shrimp,

onions, Swiss cheese and seasonings are blended with beaten eggs and heavy cream. Pour this mixture into a prepared pie shell, then bake. Seafood Quiche makes a nice luncheon or dinner.

Spaghetti and Meatballs is a favorite of almost everyone. Nancy bakes her meatballs, making them moist. Nancy flavors her spaghetti sauce with parsley flakes, celery, garlic powder, bay leaves and oregano.

College. Following graduation, Nancy worked for ARA Food Service. For the past four years Nancy has done substitute teaching in the Dallas School District.

Nancy, her husband, Dennis, and their two daughters live on Lehman Avenue in Dallas. Their oldest daughter Caitlin is three-years-old while Meighan her younger sister, is 15-months old. Dennis grew up in Philadelphia. An employee of Kidder-Peabody Inc., Dennis attended the University of Scranton. He is a member of the Wilkes-Barre Kiwanis, the Back Mountain Jaycees and the Back Mountain Drug and Alcohol Abuse Council. In his spare time, Dennis enjoys hunting and playing tennis and golf.

Nancy is a member and former secretary of Newcomers Club. Recently she became a member of the Back Mountain Jay-Cettes. Although her two charming daughters keep their mother very busy, Nancy does enjoy playing tennis and bridge, sewing and embroidering when she finds time to relax.

The Garveys are members of Gate of Heaven Church in Dallas.

Are you having guests for dinner and don't know what to serve? Try any one of Nancy's recipes to insure a successful meal.

LIVERWURST SPREAD
1/2 lb. liverwurst spread
1-8 oz. pkg. cream cheese (softened)
3 T. Worcestershire sauce

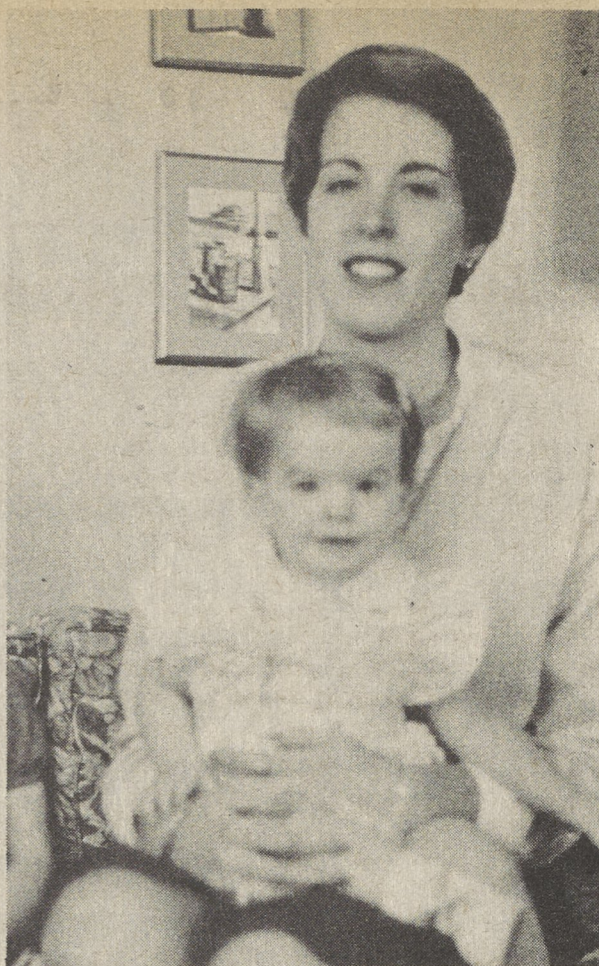
1/4 c. finely minced scallions
4 hard boiled eggs, minced
Cream liverwurst, cream cheese and Worcestershire sauce with a mixer. Add scallions and 3 eggs (save one egg yolk). Chill several hours or overnight. Just before serving grate extra yolk over the top of the spread.

SPAGHETTI AND MEATBALLS

MEAT BALLS
2 slices bread
1/2 c. milk
1 lb. ground meat
1 egg
1/2 t. oregano
1 t. salt
1/2 t. pepper
1/2 c. grated cheese
1 onion

Soak bread in milk. Combine all ingredients. Bake at 350 degrees for 20 minutes. Place in sauce.

SAUCE
1 chopped med. onion
2 T. dry parsley flakes
1 c. chopped celery
4 T. oil
1/4 t. garlic powder
2 sm. cans tomato paste or 1-12 oz. can



Nancy Garvey and daughter, Meighan

2 sm. bay leaves
2 t. oregano
1/2 t. salt
1/4 t. pepper
1 can (or two 8-oz.) whole tomatoes

Combine ingredients, simmer until done. Add meat balls and serve over spaghetti.

SEAFOOD QUICHE

1-4oz. can mushrooms (sliced)
1-4 oz. can tiny shrimp (sliced fine)
one third c. sauteed chopped onions
2 eggs (3 eggs if using 9" shell)

1 c. heavy cream (or 3/4 c. milk and 1 T. cornstarch)
dash of salt
pepper
garlic salt
paprika
4 oz. grated Swiss cheese
2 T. margarine or butter

Bake 8" Mrs. Smith pie shell for five minutes at 400 degrees. Saute onions and mushrooms in margarine. Beat eggs and add cream (or milk and flour) plus seasonings and half of the cheese. Fold together all other ingredients. Pour into the pie shell and bake at 425 degrees for 15 minutes. Reduce heat to 375 degrees and bake for 30 minutes. Sprinkle the rest of the cheese on top and bake until cheese is melted. (about 8-10 minutes.)

HARVEY HOUSE COLE SLAW

1 hd. cabbage, slivered
1 gr. pepper cut into rings
2 purple salad onions, cut into rings
1 c. sugar
1 t. dry mustard
1 t. celery seed
1 c. white vinegar
2 t. sugar
1 T. salt
3/4 c. salad oil

In a large bowl, layer cabbage, green pepper and onion; sprinkle 1 cup of sugar over the top and cover with saran wrap.

In a saucepan, combine mustard, 2 t. sugar, celery seed, vinegar, salt and oil. Mix well. Bring the mixture to a full boil, stirring constantly. Remove from heat and pour over the cole slaw. Refrigerate, covered with saran wrap for at least 4 hours. Toss before serving.

PETITE CHERRY

CHEESECAKES
1 (1-lb. 5 oz. can) cherry pie filling
24 vanilla wafers
2-8 oz. pkgs. cream cheese (softened)
3/4 c. sugar
2 eggs
1 T. lemon juice

Beat together: cream cheese, sugar, eggs, lemon juice and vanilla until light and fluffy. Line muffin pans with 24 paper bake cups. Place a vanilla wafer in the bottom of each cup. Fill each cup two thirds full. Bake at 375 degrees for 15-20 minutes or just until set. Top with one tablespoon cherry pie filling. Makes two dozen cakes.

An idealist is a person who helps other people to be prosperous. Henry Ford.

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