

DISTRICT BAND MEMBERS-Seven Dallas Senior High School students will be in the District Band this weekend at Wilkes College Performing Arts Center. First row, left to right, are Mike Steinkirchner, Mona Sickler, Cindy Steinkirchner; second row, William Morgan, Robert Robinson; third row, Harry Davenport and Mark Miller. (Photo by **Charlot M. Denmon**)

District band includes seven

Dallas Senior High from about 40 different School will be represented high schools in norby seven students in theastern Pennsylvania. District 9 P.M.E.A. band concert on Jan 25-27 at Stanley F. Michalski, Wilkes College Center for director of bands at Clarion the Performing Arts.

Each of the students took the festival is Richard an individual audition at Rusnak, band director at Montrose High School on Bishop Hoban High School, Nov. 13 to qualify for this Wilkes-Barre. event. The band consists of



Wilkes College Performing Arts Center. Concerts will be held on Friday at 7:30 p.m. and on Saturday at 3 The conductor will be Dr. p.m. A varied program of both classical and contemporary music will be State College. The host for played. The public is invited to

these programs and tickets may be purchased at the door

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Communicating the 'people point of view'

Can you say yes to the following questions about your family life or work situation? Does everyone express his feelings freely? Is it easy to reaveal differences and shift roles? Are the people involved seen as people and not as roles?

Do the parents or the boss have the last say in every situation, or do you work from the "people point of view" instead of from the "role point of view."

To effectively communicate on the "people point of view" you have to be objective, point out Extension specialists at the Pennsylvania State

State to tighten

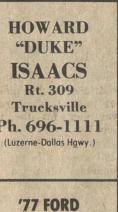
requirements

Proposed regulations governing the state Health Department's school immunization program would eliminate the 90-day grace period now permitted children entering school for the first time at the kindergarten and first grade level.

State Health Secretary Dr. Leonard Bachman said the proposed that regulations "require that a child be fully immunized prior to admission to school for the first time.

"A child who is partially immunized or who is unimmunized would no longer be admitted to school."

The Health Secretary said the law requires immunization against diptheria, tetanus, polio, measles, and rubella (German measles) as a basis to being admitted to school for the first time.



University. Observe what's going on. If the family or staff aren't really leveling with each other, find out what inner feelings you're unable to express and encourage others to share their inner feelings with you in family or staff conferences.

Assert yourself calmly. If you've been approaching things with a temper tantrum, back up and calm down. Then quietly say what you feel.

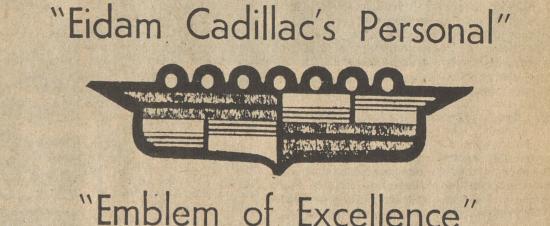
Each time you quietly but firmly express what you feel and what you think, you will become

stronger and feel better about yourself. This may help others change in relation to you.

person in the family, office or among friends with whom you can talk calmly, freely and openly, and whose support and understanding you can count

Cultivate at least one feelings, differences and pesonal growth.

Try to learn to relate to each of your family members or associates on a one-to-one basis. An open family or organization is one where there is room for



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