

KNOW YOUR NEIGHBOR

Making friends part of life for 'People' cast

by Charlot Denmon

Two young persons presently visiting in the Back Mountain area well understand the phrase "Know Your Neighbor" long used by the Dallas Post.

Cary Robnett, young lady from California, and Tryggvi Jonsson, a young man from Iceland, are the advance public relations representatives for their cast of "Up With People", who will present a two-hour musical program this Saturday and Sunday evening at the Dallas Junior High School. The cast of young amateurs are sponsored by the Dallas Junior Women's Club and their musical spectacular is designed for the entire family.

Cary is a native of Napa Valley, Calif. She plans to study law following her tour with "Up With People" at Pepperdine University. A 1977 high school graduate, she attended one of the casts' shows in her hometown. Enthused with the program and the aim of the group "to promote friendship among people from all countries", Cary filled out an application. She was interviewed by two members of the cast and selected for this year's tour.

Cary never danced until she joined "Up With People" but she does now—in fact, the entire group sings and dances.

Interested in politics and history, she learns a lot of interesting information with the cast since they are from so many countries, of so many beliefs and denominations. She finds it interesting to learn the views and opinions people from other countries have about America as well as the things they are proud of in their country.

Cary likes to write and enjoys English. She writes "thousands" of letters to family, friends, sponsors, host families telling about her experiences while traveling around the country.

Since working with "Up With People", she is looking forward to college with more self-confidence and ambition than she had a year ago. The tour ends June 10 and she would like to travel some before she goes home and visit some of the host families she met while on tour.

When Cary returns to her home, she plans to share her year's experience with the businessmen in her community who sponsored her. She also will talk to all groups who are interested.

Tryggvi is one of the one percent of the cast who joined without knowing what the group was all about. He learned about it through a friend in Wisconsin. Actually, the friend was a member of the host family of an Icelandic friend of his who was a member of the AFS program in Wisconsin.

Tryggvi joined in order to see the states. Like all persons who are accepted, he went to Tucson, Ariz., where all of the "Up With People" members practice 12 hours daily, six days a week for five weeks.

He is a student in business administration at the University of Iceland, but took off a year to travel with "Up With People". He is especially interested in politics, economics and music. Tryggvi plays the guitar in the group's band.

He finds many things different in America. In Iceland, he said, one takes off his shoes in the entry of the home. No one, said Tryggvi, would think of walking through the house with their shoes on.

Fish and lamb are their main entrees and most of their food in Iceland is different.

Tryggvi finds Americans spend much more time traveling.

In his country, the economic system is different. Fishing is the main industry; agriculture is second.

According to him, he will return to Iceland knowing himself better. "Up With People" has opened his eyes to the many possibilities he never knew or realized existed. He has made friends from all over the world since joining the cast. He said that it will be nice to know he will be able to go to a foreign country and have friends instead of being a complete stranger. Tryggvi said that "Up With People" has opened new horizons for him.

He believes the self confidence he has gained may help him in securing better positions in his future.

Cary and Tryggvi are the advance team of the cast of 80 young people who will be

in the Back Mountain this week, 13 of them in the band—the rest dancers and singers, and, of course, some who act as technical crew for the lights and sound. All members of the cast take turns at doing different tasks while on tour. But those who express an interest in a certain area usually have an opportunity to try it.

Before coming to Dallas, the Cast A as it is known, has appeared in Utah, Idaho, Montana, Southwest Canada, California, Oregon, Washington, Texas, Mexico, Mississippi, Louisiana, Arkansas, Tennessee, Ohio, now in Pennsylvania. When they leave here they will tour the New England

states, ending with a final appearance in Rochester, N.Y.

The cast which appears here, there are five in all, has members from Belgium, France, Ireland, Iceland, Canada, Mexico, Venezuela and the United States. Those who don't speak English when they join, learn it while with the group.

There are 21 countries represented among the members of the five casts. During the first three weeks all rehearse together, then divide into casts. So all members of "Up With People" have plenty of opportunity to become friends.

Cary and Tryggvi said that their local sponsors

have been extremely helpful—finding them host families, having the tickets printed and posters made. They are looking forward to making friends of residents in the Back Mountain through their two-hour musical spectacular for the entire family.

Although only members of the community for a short visit, these young people will be remembered long after they go on to another community and another program. They will be remembered for their friendliness and a certain charm which comes from making friends around the world.



I'M GOING—I'm going to hear "Up With People," five-year old Laura Poynton tells Triggvi Jonsson and Cary Robnett, the public relations members of the cast who came to the Back Mountain last week to finalize plans for the group who will perform at Dallas Junior High School this weekend. Triggvi and Cary stopped to talk to Laura and tell her a little about the "Up With People" program. (Photo by Charlot M. Denmon)

Jr. women sponsor screening

In cooperation with the American Heart Association of Northeast Pennsylvania, the Dallas Junior Woman's Club is sponsoring a heart screening program. The screening for Back Mountain residents will begin May 8 from 1 p.m. to 6 p.m.; May 9 from 9:30 a.m. to 3:30 p.m. and May 10.

All residents are urged to participate in the heart screening. It is a painless series of tests taking about 20 minutes. They include a personal and family history, height, weight,

blood cholesterol, blood sugar, and electrocardiogram. The tests' results are forwarded to the participants family physician.

The tests are aimed at early detection of victims with conditions leading to premature heart attacks and strokes. High blood pressure also has a high priority since approximately one-half of those having this condition are unaware. If undetected, high blood pressure may result in heart attacks, strokes and kidney disease.

Nurses and members of the Dallas Junior Woman's Club will assist technicians from the Kirby Memorial Health Center who conduct the screening.

Appointments must be made with Mrs. Kit Karzura, 98 Rice St., Trucksville, Pa. from 9 a.m. to 4 p.m. Tuesday thru Friday, beginning April 17 and ending April 21. The screening will be held at the Dallas Intermediate School with a nominal fee of \$6.

Chairwoman of the heart screening is Mrs. Thomas Landon.



HEART SCREENING—High blood pressure, tired, not feeling up to par—plan to attend the heart screening sponsored by Dallas Junior Women's Club in cooperation with American Heart Association, May 8, 9 and 10 at Dallas Intermediate School. Making plans

for the program are members of the committee; seated, left to right, are Mrs. Kit Karzura, Mrs. Robert Eyet, Mrs. Thomas Landon, chairwoman; standing, Mrs. Ronald Moran, Mrs. John Wartella. (Photo by Charlot M. Denmon)

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