

# Freezing fresh fruit a cinch

Most fresh fruit is a cinch to freeze. In fact, freezing's probably the easiest way to preserve it. Handle only fairly small quantities — two or three quarts at a time. Wash in a wire basket, dunking deep into cold water. After peeling, trimming, pitting, etc., fix fruit much as you would if you were serving it fresh. Cut large fruits to convenient size, or crush. Leave small fruits whole, or crush if you wish. Crush soft fruits with a wire potato masher. For firm ones, use a food chopper. Don't use a blender or you'll wind up with puree, or even soup.

Fruit may be frozen in rigid containers or plastic bags, using either dry or liquid pack. Remember to leave head room for fruit to expand as it freezes. It has a tendency, also to float to the top where it will change color when exposed to air, so crumple waxed paper or plastic wrap on top to hold fruit under the syrup.

To prevent darkening and help keep fruit from turning brown and mushy-looking, be sure to use Fruit-Fresh in every batch. Fruit-Fresh is a special formula that "locks in" just-picked firmness and flavor, keeps fruit looking and tasting its appetizing best. Fruit-Fresh is easy to use, dissolving instantly. Just stir into fruit and seal. For results to be proud of, remember Fruit-Fresh and use it soon in this special recipe:

### Avocado Stuffed with Tuna Salad

- 3 ripe avocados
- 2 tablespoons Fruit-Fresh
- 1 can (10 ounces) tuna, drained and flaked
- 1/2 cup chopped celery
- 1 can (11 ounces) mandarin oranges, drained
- 1/4 cup chopped red onion
- 2 cups diced cooked potatoes
- One-third cup mayonnaise
- One-third cup sour cream
- Salt and pepper

With sharp knife, cut avocados in half lengthwise. Remove seed. Sprinkle cut surfaces with Fruit-Fresh. In a bowl, mix remaining ingredients and season to taste with salt and pepper. Place avocados on serving platter and fill each half with a large mound of tuna mixture. Chill until ready to serve. Serve with thin slices of crisp French bread and glasses of iced tea. Serves 6.

### HL church serves fisherman's breakfast

The Alderson Methodist Church of Harveys Lake will hold a fisherman's breakfast, April 15, from 6 a.m. till noon at the church. Sausage, pancakes and eggs will be served. The price is \$2.75. All are invited to attend.



AVOCADOS STUFFED WITH TUNA

## HOMEMAKER SHOW '78 DOOR PRIZES\*

\*Partial List

- |                                       |                                 |
|---------------------------------------|---------------------------------|
| Case of Pepsi products                | Pepsi Cola Bottling Co.         |
| Sunbeam Hair Dry                      | Homemaker's School Inc.         |
| 20 bags of groceries                  | Dallas Holiday Market           |
| Gift package of Gallo Wines           | Mike & Roaly Breakstone         |
| AM-FM Radio                           | Back Mountain TV & Appliance    |
| Gift Certificate                      | Back Mountain Lumber & Coal Co. |
| 3 Arrow handkerchiefs                 | Adam's Clothes                  |
| 1 gallon Super Latex Paint            | Dallas Agway                    |
| 5 quarts of Uniflo Oil                | Dallas Exxon                    |
| 4' x 6' Oriental Rug                  | Owen Williams Floor Fashions    |
| Handbag                               | Rosemary's Sportswear           |
| Large pizza pie                       | Pizza Perfect                   |
| 2 gallons Sapolin Latex Paint         | Shavertown Lumber               |
| 2 rolls of wallpaper                  | New World Design                |
| Dish Garden                           | Hill The Florist                |
| 2 piece suit cleaned, pressed         | New Dallas Cleaners             |
| 3 piece Corningwear set               | Sutliff Furniture               |
| 3 bottles Optilets M500 vitamins      | Cook's Pharmacy                 |
| Smoke detector                        | Dallas Electric Supply          |
| International Harvester hedge trimmer | Uncle Mike's                    |
| Pair of Wrangler jeans                | Jeans Store                     |
| 2 half days instructional child care  | Explorer's Day Care             |
| Fresh flower arrangement              | Mum Farm Florist                |
| \$5 gift certificate                  | Powder Room/Showcase            |
| 10 frozen food gift certificates      | The Country's Best              |
| Free organ lessons                    | Morris Piano & Organ            |

### Pee Wee mat

tourney planned

in Endicott

The Annual Endicott Pee Wee Wrestling Tournament will be held April 15, at the Picciano Boys Club in Endicott, N.Y.

Age groups begin at 6 and under to 14 years, and will include five separate divisions involving 40 weight classes. Registrations and weigh-ins are from 8 a.m. to 10 a.m. with wrestling to begin at 11 a.m. Additional information available by contacting: Carlo Carlini (607) 785-1656

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# DARING'S

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*save ON PORK!*

FANCY RIB END  
**PORK ROAST** lb. **99¢**

FANCY LOIN END  
**PORK ROAST** lb. **\$1.09**

FANCY WHOLE  
**PORK LOINS** lb. **\$1.29**

FANCY LOIN HALF  
**PORK LOIN** lb. **\$1.29**

FANCY RIB HALF  
**PORK LOIN** lb. **\$1.19**

DARING'S OWN <b>LOOSE SAUSAGE</b> lb. <b>\$1.19</b>	DARING'S OWN <b>FRESH KOHLBASI</b> lb. <b>\$1.39</b>	DARING'S OWN <b>ITALIAN SAUSAGE</b> lb. <b>\$1.39</b>	DARING'S OWN <b>REGULAR SAUSAGE</b> lb. <b>\$1.39</b>
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**CASCADE** FOR DISHES! 50-oz. box **\$1.69**

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<b>SPIC'N SPAN CLEANER</b> 54-oz. box <b>\$1.65</b>	<b>IVORY LIQUID</b> 22-oz. bot. <b>79¢</b>	<b>ERA LIQUID DET.</b> 64-oz. bot. <b>\$2.49</b>	<b>WELCH GRAPE JELLY</b> 32-oz. jar <b>99¢</b>	<b>FINAL TOUCH</b> 64-oz. bot. <b>\$1.59</b>

<b>TOP JOB CLEANER</b> 28-oz. bot. <b>\$1.25</b>	<b>FOLGERS COFFEE</b> 1-lb. can <b>\$2.99</b>
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**KRAFT FAMILY REUNION SALE DAYS**

<b>PARKAY</b> (qtrs.) lb. <b>49¢</b>	<b>AMERICAN CHEESE SINGLES</b> 12-oz. <b>\$1.09</b>
<b>MAC. &amp; CHEESE DINNERS</b> 3 7/4-oz. boxes <b>89¢</b>	<b>ORANGE JUICE</b> 1/2 gal. <b>\$1.19</b>

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**frozen foods**

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<b>NEW! CABBAGE</b> lb. <b>19¢</b>	<b>Juicy Red or Golden Delicious APPLES</b> lb. <b>49¢</b>

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